

## **Superfood drinks**

100% natural and vegan ingredients, easy to make, rich in proteins and dietary fiber.

@tolivesmoothies





## More than just a Smoothie



Protein Empower your body



Immune
Strengthening the immune system



Cleanse
Reduce
inflammation



Energy
Breakfast meal replacement



Relax & Calm

## **ToLive**, Nutrition that fits your lifestyle

We believe in the power of real food and our mission is to share our passion for wellness and bring you the healthiest and yummiest superfoods smoothie powder. We are obsessed with choosing the best ingredients without compromising on taste. Using sustainably harvested and fair trade.

Tolive superfood drinks are 100% natural & plant based, made from freeze-dried fruits & vegetables (NASA Tech) it is the best way to lock in nutritional value. Rich in plant proteins, fiber and medicinal herbs. Low in calories, No added sugar & no preservatives.

We designed our products with a professional dietitian and a medicinal herbalist. Every smoothie has a special effect on your body - it's a functional drink.

With ToLive you can have a healthy smoothie ready in 2 minutes anywhere and anytime. Without wasting time on preparations, no special accessories, and no mess. All you need to do is just add a glass of water or milk to a shaker, add one ToLive pouch and shake.



Upcycle ingredients, Refreshing & tasty, No added sugar, No preservatives, Gluten-free, Plant-based protein, High fiber Smoothie texture, Long shelf life, Functional ingredients



**Active smoothie**. Energizing functional drink for long-lasting energy. Made of a combination of red berries, bananas and proteins. Rich in Siberian ginseng root, known to improve physical abilities (strength and endurance) as well as being uplifting and stimulating.

Pre-workout | As a morning smoothie



**Green Smoothie**. Detoxifying smoothie for cleansing the body of toxins and strengthening the immune system. A refreshing combination of wheatgrass, moringa fruits & protein. Enriches the body with chlorophyll which is known for aiding in detoxification and with astragalus root, which strengthens the immune system and increases the vitality and physical fitness.

Suitable after training to cleanse the body of toxins



**Revive Smoothie.** Antioxidizing smoothie for strengthening the immune system. Made of a combination of purple berries such as acai, blueberries and raspberries, which are rich in antioxidants and anthocyanins, as well as astragalus root – a known aid in improving recovery and strengthening the immune system.

Suitable before and after training | A source of energy is available during the day



**Protein Smoothie**. A functional smoothie drink rich in high-quality plant protein that contributes to strengthening and recovery after training. Rich in 3 different protein sources - pea, chickpea and flax seed as well as a mixture of fruits and anti-inflammatory spices(turmeric, cinnamon and black pepper).

Post-workout | A satisfying supplementary meal on a busy day



**Cocoa Pro Smoothie**. A functional smoothie drink rich in high-quality plant protein that contributes to relaxing and calming the body. Rich in 3 different protein sources - pea, chickpea and flax seed as well as cocoa and ashwagandha root – a known to reduce stress & anxiety.

Post-workout | A relaxing drink after a busy day



