

# Miracles in the making.

Acute inpatient rehabilitation services.



 **Health Jackson**

Rehabilitation Care  
JACKSON NORTH MEDICAL CENTER

# Your future starts here

Your life can change in a split second, making even everyday activities challenging. UHealth Jackson Rehabilitation Care at Jackson North Medical Center tailors treatment plans to meet your specific needs, ensuring you learn all the skills needed to navigate your daily life.

We specialize in treating a number of conditions, and offer adult patients specialty rehabilitation services and support.

## Rehabilitation conditions

- Amputation/joint prostheses
- Autoimmune disorders
- Burn injuries
- Guillain-Barré syndrome
- Hip fractures/joint replacements
- Muscular sclerosis
- Neurological disorders
- Orthopedic disabilities
- Parkinson's disease
- Polyarthritis
- Spinal cord injuries
- Stroke
- Transplant
- Traumatic brain injuries

## Rehabilitation services

- Activities therapy
- Bowel and bladder training
- Cognitive rehabilitation
- Community outreach
- Educational programs
- Facility dog therapeutic activities
- Family education
- Mentoring and support groups
- Neuropsychology
- Occupational therapy
- Physical therapy
- Prosthetic training
- Rehabilitation nursing
- Social work and case management
- Speech therapy
- Tracheostomy care and weaning
- Wheelchair positioning and seating
- Wound care management

## Support services

- Diagnostic radiology services
- Laboratory services
- Medical services
- Nutritional therapy and dietary services
- Pathology services
- Pharmaceutical services
- Respiratory services
- Spiritual care





# The Jackson approach

UHealth Jackson Rehabilitation Care at Jackson North has provided comprehensive rehabilitative care for more than 40 years. In addition to helping patients and their families through the recovery process, our goal is to ensure that patients achieve their greatest potential. Patients receive therapy seven days a week, contributing to our reduced length of stay and ensuring they return home faster.

## Our commitment to you

Our services are delivered by specialists who have pledged to adhere to the mission, philosophy, and operating policies of our program, including:

- **Showing respect for the dignity of patients and their loved ones.**
- **Providing the highest-quality services.**
- **Demonstrating fairness, honesty, and maintaining ethical behavior in all interactions.**
- **Adhering to professional codes and practical guidelines.**
- **Providing an accurate portrayal of the services and outcomes of the program.**
- **Committing to ethical conduct in all communications and outreach efforts.**

## The road to recovery

Upon admission, each patient is evaluated by our team to establish performance activities for daily living, functional mobility, memory and attention, social adjustment, and safety. Results of the evaluation, along with input from the patient and their family, are used to determine the appropriate treatment plan and goals for discharge. Our team will then develop therapy based on their needs and will monitor program goals and progress throughout their stay. Our goal is to restore our patients to their optimum level of independence.

## What you will need

To help make your stay more comfortable, bring loose-fitting clothing and personal items from home. A washer and dryer are available for patients and families in the unit.

### We recommend the following items:

- **Gym clothes**
- **Shirts**
- **Underwear**
- **Warm pajamas**
- **Robe**
- **Lightweight jacket or sweater**
- **Closed rubber-soled shoes**
- **Socks**
- **Feminine hygiene products**
- **Any aids, such as dentures, glasses, and hearing aids, and batteries**
- **Toiletries**
  - Toothbrush
  - Toothpaste
  - Comb
  - Shampoo and conditioner
  - Shaving essentials
  - Lotions
  - Bath soap

## For your convenience

Our rooms are equipped with Wi-Fi, televisions, and clocks. At your discretion, you may bring other personal devices, but Jackson North does not assume liability if damage, loss, or theft occurs. We recommend you leave your valuables at home.

## Family support

Family and caregivers are an integral part of every recovery treatment plan. We provide comprehensive education, physical training, advocacy training, and supportive counseling to prepare families for patients' needs moving forward. We encourage family and caregiver participation throughout the rehab stay.

## Facility dogs

Facility dogs are specially trained service dogs that work with a trained professional. The work of a facility dog provides professional therapy while working with the therapist in a variety of settings to assist patients. These dogs, coupled with trained human handlers, enhance the quality of life for the people using the services provided by the organization. Patients enjoy feeding, grooming, walking, and playing with these well-trained dogs, as well as performing therapeutic exercises with them.

## Neuropsychology

We provide inpatients with a comprehensive array of neuropsychological and behavioral medicine services by a team of specialized experts.

## Admissions and referrals

Our inpatient and outpatient rehabilitation settings provide ongoing medical care, education, and emotional support to patients, their families, and individuals throughout the community who need specialized rehabilitation services. We have made the admission and referral process simple. For admissions and referrals, call **305-654-3134**.

# Why choose us

## We get you home sooner

On average, patients admitted to the rehabilitation unit at Jackson North show more functional improvement than patients at other rehabilitation facilities, both locally and nationally. With a strong emphasis on quality outcomes, we provide excellent services to help patients achieve the highest level of independence possible.

## Team-based approach

Our team of physicians, speech pathologists, nurses, physical and occupational therapists, dietitians, pharmacists, professional and support staff, work together to ensure coordination of care throughout recovery.

## Unrivaled resources

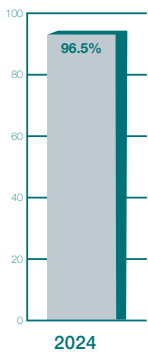
UHealth Jackson Rehabilitation Care at Jackson North is aligned with the standards of academic excellence at Jackson Health System and UHealth — University of Miami Health System, which provides a depth of resources unavailable to most rehabilitation programs.

# Our strength in numbers

Our team achieves the best possible outcomes for patients. These models illustrate how coordinated care leads to maximum outcomes:

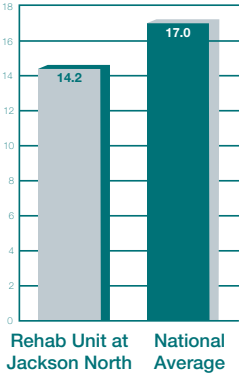
### PATIENT SATISFACTION

(Higher is better)



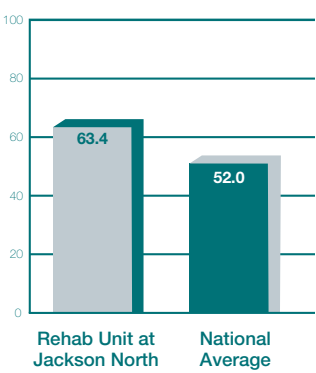
### LENGTH OF STAY (DAYS)

(Lower is better)



### MOBILITY

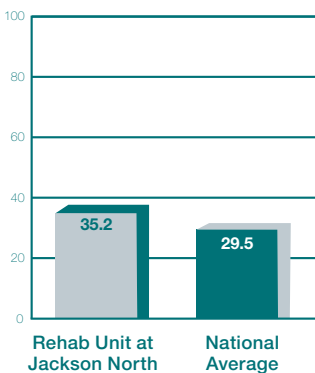
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The average mobility functional score achieved upon discharge.

### SELF-CARE

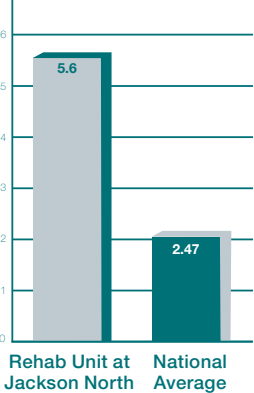
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The average self-care functional score achieved upon discharge.

### FUNCTIONAL EFFICIENCY

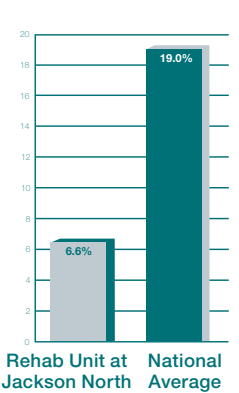
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The average amount of overall functional change patients achieved each day.

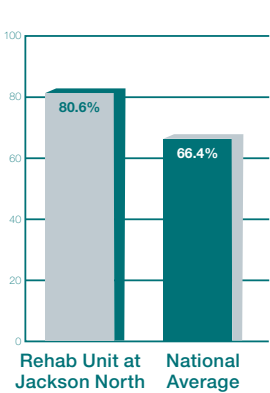
### DISCHARGE TO NURSING HOME

(Lower is better)



### DISCHARGE TO COMMUNITY

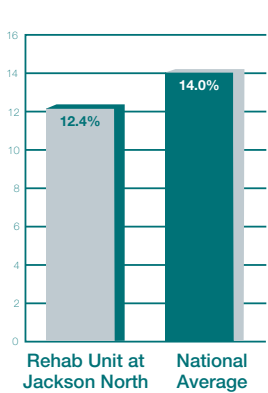
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The percentage of total rehab patients who were discharged home in 2024 instead of being discharged to another facility.

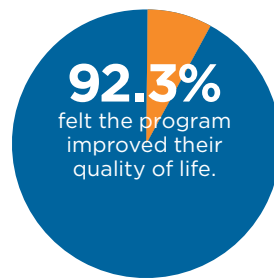
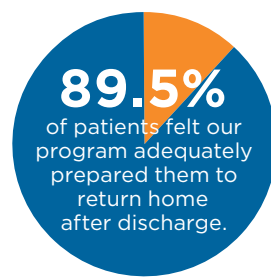
### DISCHARGE TO ACUTE CARE

(Lower is better)





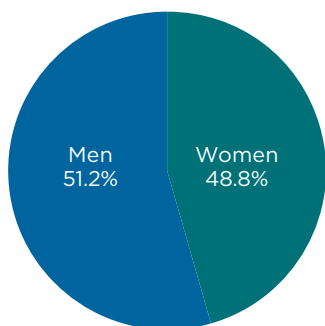
## 2024 Performance



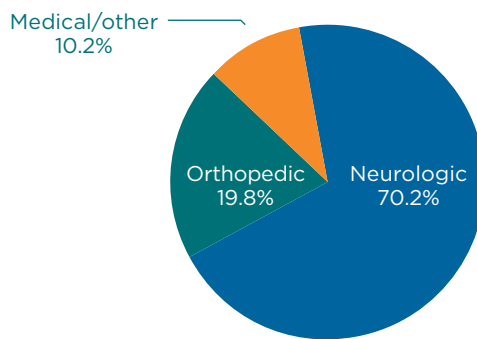
## Program information

Total patients – 258 | Average age – 67.2 years

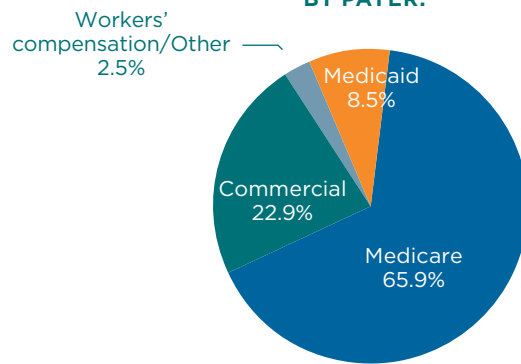
### DEMOGRAPHICS:



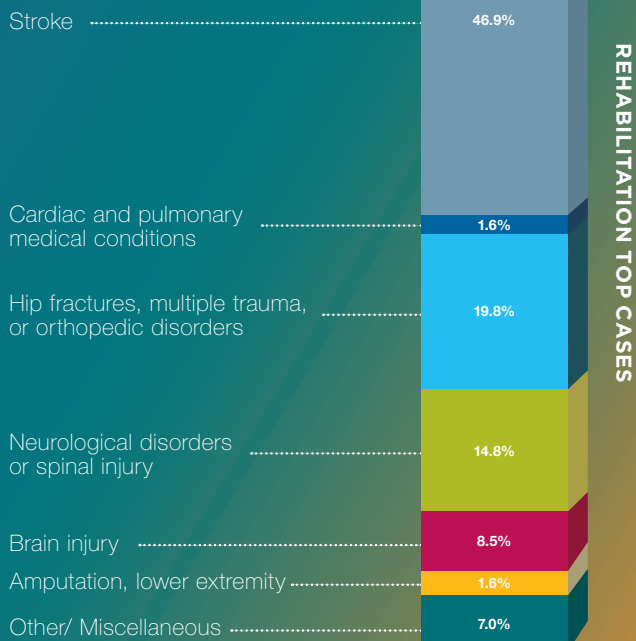
### BY DIAGNOSIS:



### BY PAYER:



## Patients served in 2024





Please call **305-654-3134** or visit **JacksonRehabCare.org** to discuss care and treatment options, or to take a tour of our facility.

**UHealth Jackson**  
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We accept most insurance plans, including Medicaid, Medicare, managed care programs, commercial insurance, workers' compensation, and self-pay. Benefits will be verified before admission.