MIRACLES IN THE MAKING.
Acute inpatient rehabilitation services.
Your life can change in a split second, making even everyday activities challenging. The Rehabilitation Services program at Jackson North tailors treatment plans to meet your specific needs, from physical injuries to neurological conditions, ensuring you learn all the skills needed to navigate your daily life.

We offer a full continuum of care for adult patients. We specialize in a number of conditions and offer our patients specialty rehabilitation services and support, including:

**Rehabilitation conditions**
- Amputation/joint prostheses
- Autoimmune disorders
- Burn injuries
- Guillain-Barré Syndrome
- Hip fractures/joint replacements
- Multiple trauma
- Muscular sclerosis
- Neurological disorders
- Orthopaedic disabilities
- Parkinson’s disease
- Polyarthritis
- Spinal cord injuries
- Stroke
- Transplant
- Traumatic brain injuries

**Rehabilitation scope of services**
- Activities therapy
- Neuropsychology
- Mentoring and support groups
- Physical therapy
- Occupational therapy
- Cognitive rehabilitation
- Speech therapy
- Family education
- Prosthetic training
- Community outreach
- Educational programs
- Rehabilitation nursing
- Tracheostomy care and weaning
- Wound care management
- Bowel and bladder training
- Wheelchair positioning and seating
- Social work and case management

**Support services**
- Medical services
- Nutritional therapy and dietary services
- Pharmaceutical services
- Respiratory services
- Diagnostic radiology services
- Pathology services
- Laboratory services
- Spiritual care
Admissions and referrals

Our inpatient and outpatient rehabilitation settings provide ongoing medical care, education, and emotional support to patients, their families, and individuals throughout the community who need specialized rehabilitation services. We have made the admission and referral process simple. For admissions and referrals, call 305-654-3134.

For your convenience

Our rooms are equipped with Wi-Fi, televisions, and clocks. At your discretion, you may bring other personal devices, but Jackson North does not assume liability if damage, loss, or theft occurs. We recommend you leave your valuables at home.

Family support

Family and caregivers are an integral part of every recovery treatment plan. We provide comprehensive education, physical training, advocacy training, and supportive counseling to prepare the family for the needs of the patient moving forward. We encourage family and caregiver participation throughout the rehab stay.

Neuropsychology and rehabilitation psychology

We provide inpatients and outpatients with a comprehensive array of neuropsychological, behavioral medicine, and rehabilitation psychology services by a team of specialized experts.

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THE JACKSON APPROACH

The Rehabilitation Services program at Jackson North has provided comprehensive rehabilitative care for more than 40 years. In addition to helping patients and their families through the recovery process, our goal is to ensure that patients achieve their greatest potential. Patients receive therapy seven days a week, contributing to our reduced length of stay and ensuring you return home faster.

Our commitment to you

Our services are delivered by specialists who have pledged to adhere to the mission, philosophy, and operating policies of our program, including:

- Showing respect for the dignity of patients and their loved ones
- Providing the highest-quality services
- Demonstrating fairness, honesty, and maintaining ethical behavior in all interactions
- Adhering to professional codes and practical guidelines
- Providing an accurate portrayal of the services and outcomes of the program
- Committing to ethical conduct in all communications and outreach efforts

The road to recovery

Upon admission, each patient is evaluated by our team to establish performance activities of daily living, functional mobility, memory and attention, social adjustment, and safety. Results of the evaluation along with input from the patient and his or her family are used to determine the appropriate treatment plan and goals for discharge. Our team will then develop therapy based on their needs and will monitor program goals and progress throughout their stay. Our goal is to return our patients home and to restore them to their optimum level of independence.

What you will need

To help make your stay more comfortable, bring loose-fitting clothing and personal items from home. A washer and dryer are available for patients and families in the unit.

WE RECOMMEND THE FOLLOWING ITEMS:

- Gym clothes
- Shirts
- Underwear
- Warm pajamas
- Robe
- Lightweight jacket or sweater
- Closed rubber-soled shoes
- Socks
- Feminine hygiene products
- Any aids such as dentures, glasses, and hearing aids and batteries
- Toiletries
  - Toothbrush
  - Toothpaste
  - Comb
  - Shampoo and conditioner
  - Shaving essentials
  - Lotions

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WHY CHOOSE US

We get you home sooner

On average, patients admitted to the rehabilitation unit at Jackson North show more functional improvement than patients at other rehabilitation facilities, both locally and nationally. With a strong emphasis on quality outcomes, we provide excellent services to help patients achieve the highest level of independence possible.

Team-based approach

Our team of physicians, speech pathologists, nurses, physical and occupational therapists, dietitians, pharmacists, professional and support staff, work together to ensure coordination of care throughout recovery.

Unrivaled resources

The Rehabilitation Services program at Jackson North is aligned with the standards of academic excellence at Jackson Health System and UHealth — University of Miami Health System, which provides a depth of resources unavailable to most rehabilitation programs.

OUR STRENGTH IN NUMBERS

Our team achieves the best possible outcome for patients. These models illustrate how coordinated care leads to maximum outcomes:

**PATIENT SATISFACTION**

(Higher is better)

- 2021: 99.7%

**LENGTH OF STAY (DAYS)**

(Lower is better)

- Rehab Unit at Jackson North: 11.8 days
- National Average: 16.1 days

**MOBILITY**

(Higher is better)

- Rehab Unit at Jackson North: 4.5
- National Average: 3.5

**SELF CARE**

(Higher is better)

- Rehab Unit at Jackson North: 5.1
- National Average: 4.4

**FUNCTIONAL EFFICIENCY**

(Higher is better)

- Rehab Unit at Jackson North: 6.34
- National Average: 4.05

**DISCHARGE TO NURSING HOME**

(Lower is better)

- Rehab Unit at Jackson North: 2.3%
- National Average: 16%

**DISCHARGE TO COMMUNITY**

(Higher is better)

- Rehab Unit at Jackson North: 84.2%
- National Average: 70.7%

**DISCHARGE TO ACUTE CARE**

(Lower is better)

- Rehab Unit at Jackson North: 13.5%
- National Average: 12.7%
2021 PERFORMANCE

96.9% of our patients are satisfied with their progress and the goals they achieved during their stay.

99.7% of our patients rate their services as excellent.

3.34 HOURS is the average time our patients receive treatment per day.

97.6% of patients felt our program adequately prepared them to return home after discharge.

95.5% felt the program improved their quality of life.

PROGRAM INFORMATION

Total patients – 219 | Average age – 64.3 years

DEMOGRAPHICS:

Women 47.2%
Men 52.8%

BY DIAGNOSIS:

Neurologic 60%
Orthopaedic 30%
Medical/Other 10%

BY PAYER:

Medicare 47%
Commercial 32%
Medicaid 21%

95.5% felt the program improved their quality of life.

PATIENTS SERVED IN 2021

Stroke 40.64%
Cardiac and pulmonary medical conditions 7.79%
Hip fractures, multiple trauma, or orthopaedic disorders 29.68%
Neurological disorders or spinal injury 14.60%
Brain injury 4.67%
Amputation, lower extremity 2.76%
We accept most insurance plans, including Medicaid, Medicare, managed care programs, commercial insurance, workers’ compensation, and self-pay. Benefits will be verified before admission.

Please call 305-654-3134 or visit JacksonRehabCare.org to discuss care and treatment options, or to take a tour of our facility.
OUR STRENGTH IN NUMBERS

PATIENT SATISFACTION

Overall Rating 2021
99.7%

Higher is better.

LENGTH OF STAY (DAYS)

Rehab Unit Jackson North
11.8 DAYS
National Average
16.1 DAYS

Lower is better.

WALKING

82.1% of our patients were able to walk and care for themselves earlier than expected. Well above the national average of 61.0%.

Higher is better.

PATIENT SATISFACTION

96.9% of patients satisfied with progress and goals.

99.7% of patients rate their services as excellent.

6-7 DAYS / WEEK
3.34 HOURS / DAY

Average time our patients receive treatment.

97.6% of patients felt our program prepared them to return home after discharge.

95.5% of patients felt our program improved their quality of life.

2021 PERFORMANCE

PROGRAM INFORMATION

Total patients
219

Average age
64.3 years

BY DIAGNOSIS:

Medical/ Other 10%
Neurologic 60%
Orthopaedic 30%

BY PAYER:

Medicare 47%
Medicaid 21%
Commercial 12%

DEMOGRAPHICS:

Women 47.2%
Men 52.8%

PATIENTS SERVED IN 2021

Rehabilitation
Top Cases
Percent
Stroke ........................................ 89 40.64%
Cardiac and pulmonary ............ 17 7.76%
medical conditions
Hip fractures, multiple trauma, ... 65 29.68%
or orthopaedic disorders
Neurological disorders .......... 32 14.61%
or spinal injury
Brain injury .......................... 10 4.67%
Amputation, lower extremity ...... 6 2.74%

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## OUR STRENGTH IN NUMBERS
Stroke Program at Jackson North Medical Center

### PATIENT SATISFACTION
- **Overall Rating 2021**
  - 100%

  *Higher is better.*

### LENGTH OF STAY (DAYS)
- **Rehab Unit Jackson North**
  - **13.3 DAYS**
  - National Average **18.8 DAYS**

  *Lower is better.*

### WALKING
- 82.6% of our patients were able to walk and care for themselves earlier than expected. Well above the national average of 55.3%.

  *Higher is better.*

### DISCHARGE TO NURSING HOME
- **Rehab Unit Jackson North**
  - **1.12%**
  - National Average **19.6%**

  *Lower is better.*

### DISCHARGE TO HOME
- **Rehab Unit Jackson North**
  - **82%**
  - National Average **66.7%**

  *Higher is better.*

### DISCHARGE TO ACUTE CARE
- **Rehab Unit Jackson North**
  - **16.9%**
  - National Average **12.9%**

  *Lower is better.*

## 2021 PERFORMANCE
- **97.1%** of patients satisfied with progress and goals.
- **6-7 DAYS / WEEK**
  - **3.51 HOURS / DAY**
  - Average time our patients receive treatment.

- **96.8%** of patients felt our program prepared them to return home after discharge.

- **100%** of patients felt our program improved their quality of life.

### PROGRAM INFORMATION
- **Total patients**
  - 89

- **Average age**
  - 64.4 years

- **DEMOGRAPHICS:**
  - Men: 54
  - Women: 35

- **BY PAYER:**
  - Medicare: 51.7%
  - Medicaid: 19.1%
  - Commercial: 28.1%

Join us for our support group the second Thursday of every month at 3 p.m. and for our wellness group the fourth Friday of every month at 1 p.m. For more information on either, please call 305-654-5043.

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