MIRACLES IN THE MAKING.
Acute inpatient rehabilitation services.
YOUR FUTURE STARTS HERE

Your life can change in a split second, making even everyday activities challenging. The Rehabilitation Services program at Jackson North tailors treatment plans to meet your specific needs, from physical injuries to neurological conditions, ensuring you learn all the skills needed to navigate your daily life.

We offer a full continuum of care for adult patients. We specialize in a number of conditions and offer our patients specialty rehabilitation services and support, including:

Rehabilitation conditions

- Amputation/joint prostheses
- Autoimmune disorders
- Burn injuries
- Guillain-Barré Syndrome
- Hip fractures/joint replacements
- Multiple trauma
- Muscular sclerosis
- Neurological disorders
- Orthopaedic disabilities
- Parkinson's disease
- Polyarthritis
- Spinal cord injuries
- Stroke
- Transplant
- Traumatic brain injuries

Rehabilitation scope of services

- Activities therapy
- Neuropsychology
- Mentoring and support groups
- Physical therapy
- Occupational therapy
- Cognitive rehabilitation
- Speech therapy
- Family education
- Prosthetic training
- Community outreach
- Educational programs
- Rehabilitation nursing
- Tracheostomy care and weaning
- Wound care management
- Bowel and bladder training
- Wheelchair positioning and seating
- Social work and case management

Support services

- Medical services
- Nutritional therapy and dietary services
- Pharmaceutical services
- Respiratory services
- Diagnostic radiology services
- Pathology services
- Laboratory services
- Spiritual care
The Rehabilitation Services program at Jackson North has provided comprehensive rehabilitative care for more than 40 years. In addition to helping patients and their families through the recovery process, our goal is to ensure that patients achieve their greatest potential. Patients receive therapy seven days a week, contributing to our reduced length of stay and ensuring you return home faster.

Our commitment to you

Our services are delivered by specialists who have pledged to adhere to the mission, philosophy, and operating policies of our program, including:

- Showing respect for the dignity of patients and their loved ones
- Providing the highest-quality services
- Demonstrating fairness, honesty, and maintaining ethical behavior in all interactions
- Adhering to professional codes and practical guidelines
- Providing an accurate portrayal of the services and outcomes of the program
- Committing to ethical conduct in all communications and outreach efforts

The road to recovery

Upon admission, each patient is evaluated by our team to establish performance activities of daily living, functional mobility, memory and attention, social adjustment, and safety. Results of the evaluation along with input from the patient and his or her family are used to determine the appropriate treatment plan and goals for discharge. Our team will then develop therapy based on their needs and will monitor program goals and progress throughout their stay. Our goal is to return our patients home and to restore them to their optimum level of independence.

What you will need

To help make your stay more comfortable, bring loose-fitting clothing and personal items from home. A washer and dryer are available for patients and families in the unit.

WE RECOMMEND THE FOLLOWING ITEMS:

- Gym clothes
- Shirts
- Underwear
- Warm pajamas
- Robe
- Lightweight jacket or sweater
- Closed rubber-soled shoes
- Socks
- Feminine hygiene products
- Any aids such as dentures, glasses, and hearing aids and batteries
- Toiletries
  - Toothbrush
  - Toothpaste
  - Comb
  - Shampoo and conditioner
  - Shaving essentials
  - Lotions

For your convenience

Our rooms are equipped with Wi-Fi, televisions, and clocks. At your discretion, you may bring other personal devices, but Jackson North does not assume liability if damage, loss, or theft occurs. We recommend you leave your valuables at home.

Family support

Family and caregivers are an integral part of every recovery treatment plan. We provide comprehensive education, physical training, advocacy training, and supportive counseling to prepare the family for the needs of the patient moving forward. We encourage family and caregiver participation throughout the rehab stay.

Neuropsychology and rehabilitation psychology

We provide inpatients and outpatients with a comprehensive array of neuropsychological, behavioral medicine, and rehabilitation psychology services by a team of specialized experts.

Admissions and referrals

Our inpatient and outpatient rehabilitation settings provide ongoing medical care, education, and emotional support to patients, their families, and individuals throughout the community who need specialized rehabilitation services. We have made the admission and referral process simple. For admissions and referrals, call 305-654-3134.

The Jackson Approach

THE JACKSON APPROACH

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**WHY CHOOSE US**

**We get you home sooner**

On average, patients admitted to the rehabilitation unit at Jackson North show more functional improvement than patients at other rehabilitation facilities, both locally and nationally. With a strong emphasis on quality outcomes, we provide excellent services to help patients achieve the highest level of independence possible.

**Team-based approach**

Our team of physicians, speech pathologists, nurses, physical and occupational therapists, dietitians, pharmacists, professional and support staff, work together to ensure coordination of care throughout recovery.

**Unrivaled resources**

The Rehabilitation Services program at Jackson North is aligned with the standards of academic excellence at Jackson Health System and UHealth — University of Miami Health System, which provides a depth of resources unavailable to most rehabilitation programs.

**OUR STRENGTH IN NUMBERS**

Our team achieves the best possible outcome for patients. These models illustrate how coordinated care leads to maximum outcomes:

- **Patient Satisfaction**
  - Higher is better
  - 99%
  - 2020

- **Length of Stay (Days)**
  - Lower is better
  - 11.7
  - 15.7
  - Rehab Unit at Jackson North
  - National Average

- **Mobility**
  - Higher is better
  - 4.2
  - 3.6
  - Rehab Unit at Jackson North
  - National Average

- **Self Care**
  - Higher is better
  - 4.9
  - 4.6
  - Rehab Unit at Jackson North
  - National Average

- **Functional Efficiency**
  - Higher is better
  - 5.85
  - 2.61
  - Rehab Unit at Jackson North
  - National Average

- **Discharge to Nursing Home**
  - Lower is better
  - 6.9%
  - 15.2%
  - Rehab Unit at Jackson North
  - National Average

- **Discharge to Community**
  - Higher is better
  - 89%
  - 72.3%
  - Rehab Unit at Jackson North
  - National Average

- **Discharge to Acute Care**
  - Lower is better
  - 4.1%
  - 12.1%
  - Rehab Unit at Jackson North
  - National Average
2020 PERFORMANCE

100% of our patients are satisfied with their progress and the goals they achieved during their stay.

100% of our patients rate their services as excellent.

3.2 HOURS is the average time our patients receive treatment per day.

99.2% of patients felt our program adequately prepared them to return home after discharge.

99.3% felt the program improved their quality of life.

PATIENTS SERVED IN 2020

PROGRAM INFORMATION

Total patients – 182 | Average age – 66.6 years

DEMographics:

- Women 55%
- Men 45%

BY Diagnosis:

- Neurologic 62%
- Orthopaedic 13%
- Medical/Other 25%

BY Payer:

- Medicare 61%
- Commercial 30%
- Medicaid 10%

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BY Payer:

- Medicare 61%
- Commercial 30%
- Medicaid 10%
We accept most insurance plans, including Medicaid, Medicare, managed care programs, commercial insurance, workers’ compensation, and self-pay. Benefits will be verified before admission.

Please call 305-654-3134 or visit JacksonRehabCare.org to discuss care and treatment options, or to take a tour of our facility.
OUR STRENGTH IN NUMBERS

PATIENT SATISFACTION

Overall Rating 2020
99%

WALKING

88.5% of our patients were able to walk and care for themselves earlier than expected. Well above the national average of 66.5%.

PATIENT SATISFACTION

In 2020, 100% of patients were satisfied with progress and goals. 100% of patients rate their services as excellent.

LENGTH OF STAY (DAYS)

Rehab Unit Jackson North
11.7 DAYS
National Average
15.7 DAYS

Average time our patients receive treatment.

Walking

6-7 DAYS / WEEK
3.2 HOURS / DAY

Average time our patients receive treatment.

DISCHARGE TO NURSING HOME

Rehab Unit Jackson North
6.9%
National Average
15.2%

Lower is better.

DISCHARGE TO HOME

Rehab Unit Jackson North
89%
National Average
72.3%

Higher is better.

DISCHARGE TO ACUTE CARE

Rehab Unit Jackson North
4.1%
National Average
12.1%

Lower is better.

2020 PERFORMANCE

100% of patients satisfied with progress and goals.

100% of patients rate their services as excellent.

6-7 DAYS / WEEK
3.2 HOURS / DAY

Average time our patients receive treatment.

99.2% of patients felt our program prepared them to return home after discharge.

99.3% of patients felt our program improved their quality of life.

REHAB UNIT JACOBSON NORTHERN MEDICAL CENTER

PROGRAM INFORMATION

Total patients
182

Average age
66.6 years

BY DIAGNOSIS:

Medical/Other 25%
Neurologic 62%
Orthopaedic 13%

BY PAYER:

Medicare 61%
Commercial 30%
Medicaid 10%

DEMGRAPHICS:

Women 55%
Men 45%

Rehabilitation
Top Cases
Percent

Stroke .............................................. 70 37.64%
Cardiac and pulmonary .................. 32 21.35%
Medical/Other conditions ............... 32 17.75%

Hip fractures, multiple trauma, ....... 27 14.04%
Orthopaedic disorders ................... 27 14.04%

Neurological disorders ................. 27 14.04%
Or spinal injury

Brain injury .................................... 18 10.11%

Amputation, lower extremity ........... 4 2.25%

178 100%

PATIENTS SERVED IN 2020

Please call 305-585-4321 or visit JacksonRehabCare.org to discuss care and treatment options, or to take a tour of our facility.
OUR STRENGTH IN NUMBERS
Stroke Program at Jackson North Medical Center

PATIENT SATISFACTION
Overall Rating 2020
99%

LENGTH OF STAY (DAYS)
Rehab Unit Jackson North
13.8 DAYS
National Average
18.6 DAYS

WALKING
80.6% of our patients were able to walk and care for themselves earlier than expected. Well above the national average of 66.5%.

DISCHARGE TO NURSING HOME
Rehab Unit Jackson North
6%
National Average
19.8%

DISCHARGE TO HOME
Rehab Unit Jackson North
91%
National Average
66.8%

DISCHARGE TO ACUTE CARE
Rehab Unit Jackson North
3%
National Average
11.2%

2020 PERFORMANCE
100% of patients satisfied with progress and goals.

6-7 DAYS / WEEK
3.4 HOURS / DAY
Average time our patients receive treatment.

100% of patients felt our program prepared them to return home after discharge.

100% of patients felt our program improved their quality of life.

PROGRAM INFORMATION
Total patients 67
Average age 65.8 years

Join us for our support group the second Thursday of every month at 3 p.m. and for our wellness group the fourth Friday of every month at 1 p.m. For more information on either, please call 305-654-5043.

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