

# Rehabilitation services

Skilled treatment for optimal movement and function.



Jackson South Medical Plaza

## A multidisciplinary team

We work collaboratively to provide optimum rehabilitation services for our patients. Our care team includes:

- Board-certified physicians
- Cardiopulmonary specialists
- Neurologists
- Nurses
- Occupational therapists
- Oncologists
- Orthopedists
- Physical therapists
- Social workers
- Speech/language pathologists



Rehabilitation Care

JACKSON SOUTH MEDICAL CENTER

# Relieving pain and improving function

Our rehabilitation services program strives to provide successful, timely outcomes for a variety of patients with physical and functional challenges. Conveniently located in south Miami-Dade, we offer treatment for patients recuperating from debilitating illnesses, living with degenerative conditions, or recovering from accidents.



## Our approach

Working closely with patients and family members, our team creates an individualized treatment plan during and after hospital stays. Combined with patient education and prevention, we aim to restore and achieve optimal function, relieve pain, and maximize ability to return to daily routines.

### Rehabilitation services

- Physical therapy
- Occupational therapy
- Speech/language pathology
- Outpatient services

### Specialty rehabilitation services

- Arthritis treatment
- Back/neck rehabilitation
- Balance and fall prevention
- Cognitive/perceptual retraining
- Education and prevention therapy
- Hand/wrist/shoulder therapy
- Manual therapy
- Neurological rehabilitation
- Orthopedic/sports medicine
- Pain assessment and management
- Pilates rehabilitation
- Posture and body mechanics education
- Splinting
- Therapeutic massage
- Lymphedema therapy



## Our facility

Our spacious interiors are well-appointed, not only nurturing our patients as they move through the facility, but encouraging a seamless transition from the hospital.

### Our facility includes the following features:

- Fully equipped gym with weight exercise equipment
- Treadmills
- UBEs
- Parallel bars
- Traction
- Six treatment rooms
- Pilates reformer
- PhysioGait dynamic unweighting system

Visit [JacksonRehabCare.org](https://JacksonRehabCare.org) or call 305-256-5370 for more information.  
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**UHealth Jackson**  
Rehabilitation Care  
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