



Comprehensive maternity care for you and
your little miracle

Jackson
HEALTH SYSTEM
Miracles made daily.



A special place for your special time

Having a baby is a special time in a woman's life – full of emotion and anticipation. That's why our maternity services provide mom and baby with an experience every family deserves. Whether you're expecting your first baby or you're a seasoned pro, you'll find innovative medical care, state-of-the-art facilities, and great comfort when you choose Jackson Health System for the arrival of your little miracle.

Since 1918, thousands of families have trusted Jackson Memorial Hospital for care during pregnancy and childbirth. That tradition continues today at Jackson Memorial and at our other full-service hospitals: **Jackson North Medical Center** and **Jackson South Medical Center**. No matter where you live in South Florida, there's a Jackson hospital close by, always working toward one goal: a healthy and happy start for your family.





Baby-friendly, family-centered

When it comes to choosing a hospital for your delivery, the words “baby-friendly” have special meaning. That’s because the internationally recognized Baby-Friendly designation by the World Health Organization (WHO) and United Nations Children’s Fund (UNICEF) refers to the standard of care for breastfeeding support and mother/baby bonding. This global initiative is only given to hospitals and birthing centers that offer the best care.

In South Florida, Jackson was the first health system to achieve the Baby-Friendly designation. All Jackson hospitals embrace Baby-Friendly standards, which empower mothers to give their babies the best possible start by educating them about the benefits of breastfeeding and bonding.

Our maternity programs apply a family-centered approach that starts immediately after birth. Babies are placed skin-to-skin on their mother’s chest, allowing for the most intimate contact. During this “golden hour,” babies are most alert and can immediately bond with their mom. With family-centered care, new moms and babies stay together in the same room from the moment babies are born.

Lactation services

Our board-certified lactation consultants are available to assist you with your breastfeeding questions. For more information about our lactation services, please call the hospital location nearest you.

The Women’s Hospital at Jackson Memorial: **305-585-4744**

The Women’s Pavilion at Jackson North: **305-654-5604**

The Women’s Center at Jackson South: **305-256-5382**



Comfort and care at every step

From the start of your pregnancy to the first days with your new baby, Jackson offers parents everything they need to have the best experience. A healthy start begins with prenatal care, including ultrasound screening, genetic testing, and specialized support for high-risk pregnancies.

You can also prepare for your new baby by participating in our breastfeeding seminars with board-certified lactation consultants, and attending classes about childbirth and newborn care.

Are you ready for your little miracle?

Each of our hospitals hosts a range of programs for expecting parents, including prenatal education, tours of our labor and delivery facilities, breastfeeding support groups, and parenting classes.

Visit **JacksonMaternity.org** to see which programs are offered at each of our hospitals. Register online or call **305-585-4MOM** to reserve your space today.

Nurse Station



Maternity unit at Jackson Memorial



Specialized care for every pregnancy

Some little miracles need extra help, and Jackson offers specialized care to address these circumstances. From our maternal-fetal medicine specialists for high-risk pregnancies to one of the largest and most advanced newborn intensive care units in Florida, Jackson has the expertise to help you and your baby face any complications that may happen.

Vaginal birth after Cesarean (VBAC)

Many expecting moms who have already delivered a baby by Cesarean section may want to experience vaginal birth. Following the American College of Obstetricians and Gynecologists' guidelines, Jackson fully supports vaginal birth after Cesarean (VBAC) deliveries. In fact, The Women's Hospital at Jackson Memorial is the only designated VBAC Center of Excellence by the Maternal Safety Foundation in South Florida. If you have a history of Cesarean delivery, it may be possible to experience vaginal birth with your next baby. Before moving forward with the procedure, we recommend you speak to one of our OB/GYNs to determine if a VBAC is safe for you.

Newborn intensive care

For moms who deliver at a Jackson hospital, expert newborn intensive care is easily available if the need arises. The Schatzi and Stanley Kassal Project: Newborn Neonatal Intensive Care Unit at Holtz Children's Hospital is next to the maternity unit at Jackson Memorial. It's designated as a Level IV NICU, the highest designation level for newborn intensive care, and Regional Perinatal Intensive Care Center by the state of Florida, boasting some of the best survival rates and outcomes in the country. Jackson North's Level II NICU is also just down the hall from its maternity unit. Babies born at Jackson South who require additional care can be transferred to Holtz Children's.

These days, many women wait longer to have children, and moms face unique challenges during pregnancy. Jackson offers multidisciplinary care to manage any high-risk concern for mom or baby, before and after delivery, including:

- Pregnancy after age 35
- Fertility challenges
- History of preterm labor
- Fetal abnormalities
- Twins, triplets, and quadruplets
- Multiple miscarriages
- Heart disease, including congenital heart defects
- Diabetes
- Known genetic or hereditary disorders



Relax, make yourself at home

It may be your baby's birthday, but you deserve special treatment, too, starting with accommodations to make your stay at our hospitals as comfortable as possible.

No matter which Jackson hospital you choose, you'll have access to a private room with a private bathroom after your delivery. Our postpartum rooms have been recently renovated with flat screen TVs and modern furniture. And all families at Jackson receive a gourmet meal for two to celebrate their new arrival.

At Jackson, we know every baby is a miracle, so we go out of our way to make sure you and your family have an unforgettable experience.

Visit **[JacksonMaternity.org](https://www.jacksonmaternity.org)** or call **305-585-4MOM** to register for a tour at the Jackson hospital of your choice. We invite you to see how Jackson can help you welcome your little miracle.



The Women's Hospital
at Jackson Memorial



The Women's Pavilion
at Jackson North



The Women's Center
at Jackson South



Miracles made daily.



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**The Women's Hospital
at Jackson Memorial**

East Tower, Third Floor
1611 N.W. 12th Ave.
Miami, FL 33136

**The Women's Pavilion
at Jackson North**

160 N.W. 170th St.
North Miami Beach, FL 33169

**The Women's Center
at Jackson South**

9333 S.W. 152nd St.
Miami, FL 33157

305-585-4MOM
www.JacksonMaternity.org

Your support is important to Jackson Health System. To find how you can get involved, contact Jackson Health Foundation today at **305-585-GIVE (4483)** or **JacksonHealthFoundation.org**.

Medical excellence for a global community

Jackson International connects patients from around the world with expert treatment for complex medical and surgical care. Jackson International provides a one-of-a-kind medical concierge and hospitality program. The program, which supports international patients and their families, assigns a hospitality coordinator who provides compassionate, professional, and personal assistance 24 hours a day.



Luxurious patient reception center

The VUMI International Patient Reception Center at Jackson Memorial Hospital is an upscale oasis for international patients and their families. The center features first-class hospital amenities in addition to luxurious waiting areas, examination rooms, and a full-service business center.

24-Hour access to expert medical care

Our hospitality coordinators are always available to assist with every aspect of inpatient and outpatient stays. Calling **+1 305-355-1212** connects the caller with foreign medical graduates trained to facilitate all aspects of emergency medical transfers.

Jackson International

11611 N.W. 12th Avenue · International Patient Center C-152 Miami, FL 33136

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