
POSTDOCTORAL RESIDENCY ADMISSIONS, SUPPORT, AND INITIAL PLACEMENT DATA

Postdoctoral Residency Program Admissions

Date Program Tables updated: November 23, 2020

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on resident selection and practicum and academic preparation requirements:

The **Clinical Health Psychology Adult Outpatient** Residency offers a one-year position designed to provide the necessary clinical experience and supervision to prepare the postdoctoral resident to become an independent practitioner in Clinical Health Psychology in multiple settings. As of July 2019, the Clinical Health Psychology- Adult Outpatient Residency training program is **accredited on contingency** by the Commission on Accreditation (CoA) of the American Psychological Association (APA). Questions related to the program's accredited status should be directed to: American Psychological Association; Office of Program Consultation and Accreditation; 750 First St., NE; Washington, DC 20002-4242; Telephone: (202) 336-5979 E-mail: apaaccred@apa.org; Web: www.apa.org/ed/accreditation.

This position emphasizes the relationship among emotional, cognitive, social, cultural and biological aspects of health and disease and promotes the use of evidence-based interventions to address the highly complex and challenging needs of a population that often presents with medical illnesses complicated by severe psychosocial stressors and psychiatric disorders. The training for this position takes place in the Adult Outpatient Center for Behavioral Medicine (AOCBM) located in Jackson Behavioral Health Hospital and under the supervision of Dr. Clara Lora Ospina and Dr. Keith Lit.

At AOCBM, the multidisciplinary team provides evidence-based interventions to address the multifactorial aspects of mental disorders secondary to HIV/AIDS, Cancer, Traumatic Injury, Diabetes, and other Chronic Illness, as well as providing Pre-Transplant support and Pre- Bariatric Surgery assessment. In the AOCBM, emphasis is placed on teaching brief and long- term psychodynamic, cognitive behavioral, and ACT strategies in individual and group modalities with a wide variety of patients who present with primary psychiatric and personality disorders complicated by medical illness and severe psychosocial stressors.

The Adult Outpatient Center for Behavioral Medicine works in close collaboration with Jackson Health System's medical teams and with Miami Dade community providers. The clinic provides evidence-based interventions to address the multifactorial aspects of mental disorders associated with medical illnesses. Common patient diagnoses include: affective disorders, anxiety disorders, PTSD, psychosis, personality disorders, and concurrent substance abuse. The postdoctoral resident carries a diverse outpatient psychotherapy caseload, representing a spectrum of demographic and cultural backgrounds, clinical presentations and treatment needs. Essentially, the Adult Outpatient Health Psychology Track allows the postdoctoral resident to gain clinical experience with patients from different ethnic and socioeconomic backgrounds with a wide range of psychopathology, as well as to learn about treatment systems by becoming an integral member of a multidisciplinary treatment team. The treatment team at the AOCBM consists of psychiatrists, social workers, psychiatry and psychology interns, practicum students, and

support staff.

Applicants who have had experience working with patients with chronic medical conditions such as HIV/AIDS, Cancer, Diabetes and Transplant are preferred as are those who work well with multidisciplinary teams. Postdoctoral residents will need to be able to manage complex cases, handle varied responsibilities efficiently, and be comfortable providing culturally sensitive mental health services to clients usually underserved for reasons such as financial limitations, restricted insurance coverage, limited English proficiency, and stigma associated with the illness, gender identity or sexual orientation. This training program provides the postdoctoral training hours and the supervision required for licensing eligibility. Approximately 30% of clients in this clinic are monolingual Spanish speakers.

Selected applicants will be invited to attend one of our in-person interview days that will be scheduled for a Monday, Wednesday and Friday in early February. Invited applicants will have individual interviews with training faculty, will go on a tour with current trainees, and will have time during lunch to interact with current trainees. Onsite interview preferred but applicants who are unable to attend an in-person interview day due to extenuating circumstance will be given the opportunity to do telephone or video interviews with current training faculty.

We will be adhering to the APPIC Uniform Notification Date Guidelines with offers being made February 24, 2020 at 10:00 am.

Describe any other required minimum criteria used to screen applicants:

Eligibility: Applicants must meet the following prerequisites to be considered for our postdoctoral training program:

1. Completion of doctoral degree, including defense of dissertation, from a clinical or counseling psychology doctoral program accredited by the American Psychological Association (APA) before the start date of residency.
2. Completion of an APA-accredited or APPIC membership internship site.

Applicants who are selected will be required post-selection to:

1. Pass an on-site physical, drug screen and criminal background check within the 30 days prior to Residency start date.
2. Have an active Basic Life Support (BLS) card from the American Heart Association before starting their residency year.
3. Must be available to start residency on September 1, 2020.

Financial and Other Benefit Support for Upcoming Training Year*

Annual Stipend/Salary for Full-time Residents	\$42,000
Annual Stipend/Salary for Half-time Residents	N/A
Program provides access to medical insurance for Resident?	Yes
If access to medical insurance is provided:	
Trainee contribution to cost required?	No
Coverage of family member(s) available?	Yes
Coverage of legally married partner available?	Yes
Coverage of domestic partner available?	Yes
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	18 days total for all leave
Hours of Annual Paid Sick Leave	18 days total for all leave
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to residents/residents in excess of personal time off and sick leave?	Yes
Other Benefits (please describe): 11 Federal holidays (in addition to 18 personal leave days for illness, vacation, educational, licensure, interview leave); Bereavement Leave; Jury Duty Leave; Medical, Dental & Vision coverage	

Initial Post-Residency Positions

(Provide an Aggregated Tally for the Preceding 2_Cohorts)

	2018 - 2020	
Total # of residents who were in the 2 cohorts	2	
Total # of residents who remained in training in the residency program	0	
	PD	EP
Community mental health center	0	0
Federally qualified health center	0	0
Independent primary care facility/clinic	0	0
University counseling center	0	2
Veterans Affairs medical center	0	0
Military health center	0	0
Academic health center	0	1
Other medical center or hospital	0	0
Psychiatric hospital	0	0
Academic university/department	0	0
Community college or other teaching setting	0	0
Independent research institution	0	0
Correctional facility	0	0
School district/system	0	0
Independent practice setting	0	0
Not currently employed	0	0
Changed to another field	0	0
Other	0	0
Unknown	0	0

PD = Post-doctoral residency position; EP = Employed Position