

JACKSON HEALTH SYSTEM

in affiliation with the University of Miami,
Miller School of Medicine



PSYCHOLOGY INTERNSHIP PROGRAM

2025-2026

GENERAL INFORMATION

Jackson Health System (JHS), one of the nation's largest public health systems, is in the midst of a \$1.7 billion, 10-year capital plan that includes new construction projects, the renovation of existing facilities, technology upgrades, cutting-edge, equipment, and infrastructure improvements. This "Jackson Miracle Building Plan" is transforming Jackson into a modernized, patient-centered healthcare system that can better meet the future needs of Miami-Dade County residents and patients from around the world who travel to Jackson because of its medical expertise. Jackson Memorial Hospital (JMH) is an accredited, non-profit, tertiary care teaching hospital with more than 1,550 licensed beds. Associated with the University of Miami (UM), Miller School of Medicine and the Florida International University (FIU) Herbert Wertheim College of Medicine, JHS provides a wide range of patient services and educational programs, a clinical setting for research activities, and a number of health-related community services. It is a regional referral center and a magnet for medical research and innovation. JHS's world-renowned treatment facilities include Ryder Trauma Center, UM/JMH Burn Center, Holtz Children's Hospital, the new Christine E. Lynn Rehabilitation Center for The Miami Project to Cure Paralysis and the Miami Transplant Institute. Based on the number of admissions to a single facility, Jackson Memorial Hospital is one of the nation's busiest hospitals.

The robust multicultural diversity of South Florida makes for a rich training environment, with large Hispanic, Haitian, and African American populations. Approximately 30% - 40% of the clinical population we serve are monolingual Spanish speaking. Opportunities exist for bilingual trainees to conduct individual, family and group therapy as well as psychological testing and screenings in Spanish, and to receive supervision from one of our bilingual psychologists on faculty. JHS also serves a large international population drawing many patients from around the world, especially Central and South America and the Caribbean. We utilize the hospital system's multi-language line and interpreter services to aid in communicating with individuals as needed. The APA accredited JHS internship program emphasizes cross cultural training and incorporation of cultural issues into all psychological assessment and treatment.

At JHS, the role and importance of psychologists in the medical center has been fully accepted and embraced by all medical disciplines. The psychological stress and emotional trauma associated with a serious injury or disease plays a significant role in the eventual outcome of medical treatment and rehabilitation of medically and/or psychiatrically impaired individuals. Similarly, psychologists are integrally involved in the assessment, differential diagnosis and treatment of psychiatric patients, and there is excellent collaboration between Psychiatry and Psychology in the areas of mental health, consultation of acute medical patients, and behavioral medicine and rehabilitation.

DEPARTMENT OF PSYCHOLOGY

The Department of Psychology at JHS provides diagnostic and treatment interventions to inpatients and outpatients with acute and chronic diseases, as well as physical, psychiatric, and

neurological disabilities, as part of a well-integrated multidisciplinary team approach. These comprehensive clinical activities provide a rich environment for the Psychology Internship Program. The JHS Psychology Department is comprised of 17 full-time and one part-time licensed psychologists with expertise in various specialty areas throughout the medical center. The theoretical orientation of the faculty is quite varied, ranging from cognitive-behavioral, ACT, and interpersonal, to psychoanalytic. Interns have multiple opportunities for involvement with other UM psychologists through research and training experiences.

INTERNSHIP TRAINING PROGRAM

The Training Program in Psychology is fully accredited by the American Psychological Association through the Commission on Accreditation located at 750 First Street, NE, Washington, DC 20002. Their phone number is (202) 336-5979. The program offers a one-year, full-time appointment with a stipend of \$38,000. Currently, there are multiple internship positions being offered (nine in total). The appointment involves intense therapeutic interventions with patients and their families on an individual and group basis. Clinical services are provided to patients throughout the medical center. The psychological interventions are an integrated part of each medical/psychiatric team service and are supervised by at least one senior attending psychologist from the department. All tracks focus on the psychological clinical core competencies of assessment, psychotherapy, and consultation and on average the work week throughout the tracks is 45-50 hours.

After an initial orientation, interns begin their one-year assignment. Interns are offered a variety of supervised clinical experiences that involve assignment of specific cases and may include assessment, psychotherapeutic intervention, family therapy, rounding on walking and kardex rounds, family and patient conferences, chart and report writing, integration with other services, and case management. Supervision on these tasks is extensive and exceeds APA requirements. The size of the caseload and the difficulty level of the cases will increase with the intern's competence on each clinical service.

The following tracks are offered for training and will be more fully explained in the next section:

- Adult Psychology Service Track (four positions – three in the General Track & one in the Hispanic Track)
- Rehabilitation Psychology Track (one position)
- Adult Clinical Neuropsychology Track (one position)
- Pediatric Psychology Service Track (one position)
- Clinical Child Track (two positions)

In addition to clinical activities, interns are required to attend the academic and didactic training conferences and seminars that are presented throughout the year. These include: Introductory Seminar, Behavioral Pain Management Seminar, Psychodiagnostic Seminar, Case Conference Seminar, Diversity Seminar, Ethics Seminar and Psychiatry Grand Rounds. In addition, interns may also attend Morbidity and Mortality Conferences, Neurology/Neurosurgery Grand Rounds, Brain Cutting, and other seminars and special conferences that are offered in the medical center at the discretion of the intern's primary supervisor, and depending on the assigned track.

Opportunities for participating in research are also available.

Regardless of track, interns are required to have two core experiences throughout the training year, i.e., psychological testing and long-term psychotherapy cases (minimum of 12 sessions in treatment length). At least six full psychological testing batteries and two long-term psychotherapy cases throughout the year are assigned to each intern to fulfill this requirement. In addition to Federal Holidays, benefits include 18 personal leave days (for vacation, sick, and dissertation leave time) and health benefits (medical, vision and dental). Interns also have access to the psychiatry library, which provides access to a variety of databases including PubMed, PsycINFO, Medline and ClinPsych, as well as a host of online full-text journals and books.

PHILOSOPHY & MISSION OF THE TRAINING PROGRAM

The fundamental internship training mission is to facilitate the development of mature and competent clinical psychologists capable of functioning independently in a multidisciplinary/multicultural setting. The training staff believes this is best accomplished through a constant interplay of experiential and didactic experiences. Interns are encouraged to become analytical and critical consumers of current theory and practice in the field. Hence, one of our fundamental goals is the development of clinicians, not technicians, which is consistent with the program's practitioner/scholar model.

Within this context, the main philosophy and mission of the Psychology Internship Training Program in the Department of Psychology are:

1. To provide psychology interns with the necessary supervised experience to become effective practicing psychologists. The program evaluates each intern according to their entry competency and supervised clinical activities are sequential, cumulative, and graded in complexity.
2. To provide the intern with an understanding of the theoretical basis, both psychological and physiological, for effective assessment and therapeutic interventions. In addition, interns will become well versed in cultural and individual differences and its influence on assessment and interventions.
3. To provide the specific techniques and skills, along with medical knowledge, necessary for effective assessment and treatment of patients with psychological and/or physiological and medical conditions from a behavioral, cognitive, or psychoanalytic framework.
4. To provide an opportunity to conduct research and/or an understanding of the importance of research as it relates to effective clinical intervention.
5. To establish high ethical and professional standards of behavior for psychologists and interns.
6. To gain an understanding and appreciate ethnic, religious, socioeconomic and individual differences.

7. To provide a single standard of care to patients based on need of service regardless of other factors.

The training philosophy, mission and goals are consistent with the philosophy, mission and goals of both Jackson Health System and the University of Miami, Miller School of Medicine.

CRITERIA FOR SUCCESSFUL COMPLETION OF THE PSYCHOLOGY INTERNSHIP PROGRAM

Criteria for successful completion of the Psychology Internship include demonstrated competence in the areas of: Research, Ethical and Legal Standards, Individual and Cultural Diversity, Professional Values and Attitudes, Communication and Interpersonal Skills, Assessment, Intervention, Supervision and Teaching, and Consultation and Interdisciplinary Skills.

Competency ratings are as follows: Level 1 – Insufficient Competence, Level 2 – Emerging Competence, Level 3 – Maturing Competence, Level 4 – Competent, Level 5 – Proficient. In order to graduate, by the end of the internship year all competency areas must be rated at level of 5 (Proficient).

These criteria for successful completion of the internship are discussed with the interns during the initial orientation period by the Director of Internship Training. They are reiterated throughout the training year in seminars and supervisory sessions. Expectations as to number of patients seen, number of psychological testing reports completed, etc. are also communicated during orientation and throughout the training year.

All training staff involved with the intern's clinical work will provide interns with the appropriate feedback during their routine weekly supervisory sessions. The intern's performance is discussed monthly during the Psychology Faculty meetings. In addition, all supervisors are asked to complete formal written evaluations of the interns' progress toward achieving these competencies on a quarterly basis. If interns' progress in achieving these competencies is observed to be deficient, all efforts will be made to remedy existing deficiencies.

SUPERVISION OF TRAINEES

Each intern is assigned a primary supervisor who is responsible for all of the intern's professional activities. The intern will have a minimum of two hours per week of sit down face-to-face supervision, one of which will be with their primary supervisor and the second hour will be with their secondary supervisor. Furthermore, professional and ethical issues, as well as content and manner of case consultation are discussed. Interns also receive group supervision throughout the year in Psychotherapy Case Conference, Clinical Ethics Rounds, Diversity Seminar and Psychodiagnostic Seminar.

All supervisors within the medical center have major patient-care responsibilities, so interns gain skills and knowledge by working side by side with their supervisors. Interns can expect intensive

supervision with the opportunity to take on considerable professional responsibility. Faculty members are eligible to be primary supervisors if they are licensed in the state of Florida, have been licensed for a total of two years, and have served within their service for a minimum of six months.

The supervisor works with the intern at the beginning to delineate training goals. Supervisors schedule regular direct supervision sessions. Based upon the supervisor's assessment of intern's progress, additional supervision may be scheduled as needed. In addition to individual supervision sessions, supervisors are available to meet with interns on an immediate basis to discuss urgent clinical matters as they occur. It is also the supervisor's responsibility to provide a thorough orientation to the clinical service to which the intern is assigned.

Supervisors will co-sign all clinical notes, treatment plans, assessment reports, patient-related correspondence and any other intern entries into the medical record. When the supervisor is unavailable, he or she arranges for another psychologist to provide coverage, including supervision and to co-sign for the intern. This covering supervisor must be a faculty member, or have faculty privileges in the institution.

ACADEMIC SCHEDULE

Introductory Seminar

Coordinator: Clara Lora Ospina, Psy.D.

Required for all interns. The goal of the Introductory Seminar series is to provide an introduction to basic information and skills needed for providing psychological services at Jackson Health System. Topics such as Florida mental health laws, suicide assessment, risk management, safety planning at JHS and in Miami, social media practices, countertransference, stress management and mindfulness, self-care, finding postdocs, EPPP and licensure, and internship policies and procedures are reviewed and discussed.

Behavioral Pain Management Seminar

Facilitators: Mario Olavarria, Psy.D. & Mary I. Ishii, Psy.D.

Required for all interns. During this seminar, interns are introduced to various theories of pain, concept of behavioral pain management, assessing for pain, as well as discussing and demonstrating various types of interventions, including cognitive reframing, psychoeducation, relaxation and hypnosis.

Psychodiagnostic Seminar

Facilitator: Sheba Kumbhani, Ph.D.

Required for all interns. Our interns provide hospital-wide psychodiagnostic testing which exposes the interns to the awareness of ethical, sociocultural, diversity, legal, and administrative issues in the consultation process. The purpose of the psychodiagnostic seminar is to present and integrate psychological testing data – objective and projective personality testing, along with intellectual and neuropsychological evaluations – which informs the intern's diagnostic and treatment planning for those patients who present some difficulty in diagnosis or treatment course. Interns are provided a weekly opportunity to refine their skills in the administration and

interpretation of psychological tests while also learning important methods to integrate and communicate test results effectively. All interns are expected to present twice during the training year.

Case Conference Seminar

Facilitators: Scott Christian, Psy.D. & Jonathan L. Cohen, Psy.D.

Required for all interns. A weekly, 90-minute conference where interns present psychotherapy cases for discussion according to a formal psychiatric model. The 90 minutes are devoted to the case to accomplish a thorough review and discussion of each patient and the specific techniques utilized in psychotherapeutic sessions. The focus of each presentation is on the integration between theory, clinical application, and utilization of the literature. Presentations are in-depth, and generate interesting and stimulating discussions. All interns are expected to present two case conference presentations during the training year.

Diversity Seminar

Facilitator: Natasha Pouloupoulos, Psy.D.

Required for all interns. The Diversity Seminar is designed to provide interns with the sensitivity, awareness, knowledge, and skills for multiculturally competent clinical care in the field of psychology. At the conclusion of the seminar, interns will be able to:

- Identify and describe how their own personal/cultural history, attitudes, and biases may affect how they understand and interact with people different from themselves.
- Identify and describe salient aspects of their patient's unique worldview and how to successfully integrate this into assessment and treatment.
- Recognize the need for consultation, and properly identify/utilize culturally relevant knowledge bases and resources.
- Implement successful multiculturally competent assessment, intervention, and professional communication skills within clinical practice, supervision, and consultation.

The seminar is experiential and requires interns to experience several of the unique cultural events that Miami offers in the community. The seminar is further enhanced by Diversity Didactics (see description below).

Diversity Didactics

Coordinator: Clara Lora Ospina, Psy.D.

Required for all interns. This seminar series combines faculty and outside JHS facility speakers who are experts in their field in regards to considerations for mental health and interventions with particular patient populations that interns interact with daily given the diverse culture in Miami and at JHS (e.g., best practices for providing mental health care within the Haitian culture, providing mental health care to Hispanics/Latinos/as/x, working with LGBTQ individuals, working with physically disabled individuals, and men's and women's mental health issues, etc.).

Ethics Seminar

Facilitator: Lisa Gonzalez-Alpizar, Psy.D. & Carolina Avila, Psy.D.

Required for all interns. As professional psychologists and practitioners in a large medical center, we are constantly faced with numerous ethical, moral, and legal issues involving patients,

physicians and allied professional health staff. The Ethics Seminar helps interns understand and adhere to the APA Ethical Principles of Psychologists and Code of Conduct, including 2010 and 2016 Amendments. Common issues include confidentiality, duty to warn, dual relationships, physical and sexual abuse, DNR/DNI (Do Not Resuscitate and Do Not Intubate Orders), AND (Allow Natural Death), refusal of medical/psychiatric interventions, diminished capacity, and competency. The purpose of Ethics Seminar is to discuss the ethical, moral, and legal implications of issues that arise in the context of a clinical case. Interns are expected to present an ethics case/concept during the training year and actively participate in all group discussions.

Psychiatry Grand Rounds

Coordinator: Department of Psychiatry and Behavioral Sciences

Required for all interns. Bi-weekly formal academic presentations about various topics in psychiatry presented by psychiatrists and psychologists who are local and nationally known speakers. Meets for 90 minutes every other week. Interns are required to attend at least 50% of these rounds.

Morbidity and Mortality (M&M) Conference

Coordinator: Department of Psychiatry and Behavioral Sciences

Elective for all interns. Interns may elect to attend the University of Miami's M&M conference. M&M is a peer review seminar dedicated to learning from complications and errors occurring during the care of patients in which psychiatry and/or psychology was involved. The main objective is to identify mistakes and to modify behavior and judgment to prevent repetition of error leading to complications or death. Another important objective of this seminar is to identify systems issues (e.g., outdated policies, changes in patient identification procedures, etc.) that affect patient care. M&M is meant to be non-punitive and focused on the goal of improved patient care. M&M conference takes place once a month and attendance is required for any intern that has involvement in the case being presented.

CLINICAL TRACKS

ADULT PSYCHOLOGY SERVICE (APS) TRACK

Based in the Jackson Behavioral Health Hospital (JBHH) and situated within a large medical campus, APS provides in-depth training experiences in general clinical psychology, outpatient psychotherapy, psychiatric inpatient consultation, and clinical health psychology. The APS team works within an interdisciplinary system to provide evidence-based psychological assessment and intervention services to address the multiple biological, social, and psychological factors contributing to both primary mental health complaints and the emotional and behavioral sequelae of serious medical conditions. Despite its overall emphasis on generalist training, APS also provides a particularly strong training experience in the treatment of traumatic disorders, as a large majority of the people we serve have extensive exposure to acute, chronic, and complex trauma.

The largest component of the clinical training experience at APS is in outpatient individual psychotherapy, with most interns spending approximately three quarters of their clinical hours with individual patients. Additionally, an intern's weekly schedule also includes group therapy,

inpatient consultation, and intake evaluations, in addition to the various supervisory and didactic experiences of the larger internship program. Interns also conduct pre-bariatric surgery assessments, as well as general psychological assessment/testing throughout the training year. Inpatient consultation services include diagnostic and cognitive assessments, supportive psychotherapy, behavior management strategies for care teams, and brief problem-focused interventions for the general, forensic, and geriatric psychiatric units within the behavioral health hospital.

The population served by APS mirrors the population of Miami-Dade County, which is broadly diverse and is comprised in large part by groups of people experiencing significant health disparities and numerous barriers to care. APS interns therefore base their clinical work in a broad perspective that integrates cultural and individual diversity factors, an understanding of the hierarchy of human needs, and specific theoretical approaches to the conceptualization and treatment of psychological complaints. Interns are encouraged to expand and deepen their existing theoretical perspectives, and supervisors provide teaching in both brief and long-term psychotherapeutic strategies integrating acceptance/mindfulness/compassion-based, psychodynamic, cognitive-behavioral, and humanistic/ existential approaches.

Typical presentations at APS include depressive and mood disorders, anxiety disorders, trauma- and stressor-related disorders, personality disorders, substance misuse, and adjustment difficulties, including adjustment to serious medical conditions. APS works in a multidisciplinary team including special immunology, psychiatry, and psychology to provide psychological services to people living with HIV/AIDS, and interns will gain experience in providing individual, group, and assessment services for these patients. Additionally, we regularly receive referrals from medical teams to provide psychological services for people living with cancer, sickle-cell anemia, traumatic injuries, and a wide array of other chronic illnesses.

Supervision at APS is provided by three attending psychologists in both individual and group format. The emphasis in supervision is on refining diagnostic and conceptualization skills to inform intervention approaches, cultivating one's own professional identity and interdisciplinary skills, and expanding the scope of one's clinical experience. Additionally, for those interns who choose to do so, supervisors are particularly open to discussing the emotional rigors of providing clinical services in this intense environment and utilizing that learning to become more seasoned professionals.

The treatment team at the APS consists of psychologists, psychiatrists, social workers, psychiatry and psychology trainees, and support staff. Applicants that have experience working with patients with trauma- and stressor-related disorders and/or chronic medical conditions are preferred, as are those who work well within interdisciplinary teams. Interns will need to be able to manage complex cases, handle varied responsibilities efficiently, and pursue cultural competence in working with a multicultural population. This training program provides the internship training hours and the supervision required for licensing eligibility.

Adult Psychology Services (APS) - Hispanic Track: One of the four available internship positions is designated specifically to attend to the multiple issues of the Hispanic/Latino population. Approximately 30-40% of our clinical populations are monolingual Spanish

speakers. Interns with full bilingual Spanish ability may work with bilingual supervisors, conduct assessments using Spanish-language tools, and be supervised by bi-cultural supervisors who are knowledgeable about the many cultures that comprise our Hispanic/Latino diaspora – from Cuba, Puerto Rico and the Caribbean basin, to Mexico, and Central and South America. Further, Miami-Dade and South Florida are home to many immigrants, refugees, undocumented migrants and various protected groups from Dreamers to Haitian refugees. The refugee experience, acculturation, and bicultural identity formation are addressed in the Diversity Seminar Series. To address the complex needs of these clients, general knowledge about Hispanic culture and Spanish language proficiency is preferred.

REHABILITATION PSYCHOLOGY TRACK

This full year internship experience takes place within an exciting, medical setting – our new state-of-the-art Christine E. Lynn Rehabilitation Center in which psychology is exceptionally well integrated, well utilized, and much appreciated. This track is designed to prepare the intern to function independently as a doctoral level clinical psychologist with a specialty in behavioral medicine and rehabilitation psychology, whether in a medical setting or independent practice. An emphasis in neuropsychology is available for the intern with advanced training and career goals in neuropsychology. Our department enjoys a prominent position nationally in the field of Rehabilitation Psychology, with three past presidents of Division 22 of APA (Rehabilitation Psychology) and a past president of the ABPP Board in Rehabilitation Psychology. The two supervising faculty on this track provide exposure to and supervision in the various subspecialty areas within the fields of behavioral medicine, rehabilitation psychology and neuropsychology.

Note that the position will provide extensive treatment experience with our diverse multi-cultural population. The cultural diversity of South Florida makes for a rich training environment, with large Hispanic, Haitian, and African American populations. The Christine E. Lynn Rehabilitation Hospital also serves a large international program drawing many patients from around the world, especially Central America, South America and the Caribbean. This track emphasizes cross cultural training and incorporation of cultural issues into psychological/neuropsychological assessment and treatment.

The intern on this track will also experience working with a broad spectrum of patients in terms of socio-demographic, medical, and psychological characteristics. Patients on this rotation range in age from adolescents to elders. Medical diagnoses include a broad range of injuries and illnesses, such as spinal cord injury, multiple orthopedic trauma, amputation, multiple sclerosis, cancer, brain injury, diabetes, etc. A wide variety of psychiatric diagnoses are represented.

This track takes place within the medical units of Jackson Memorial Hospital, with many patients entering through our world-renowned Level One Ryder Trauma Center. Interns are integrally involved in the treatment teams within the Departments of Neurology, Neurosurgery, Orthopedics, and Rehabilitation. Interdisciplinary work with these teams is a central focus of this track. Doctoral interns are highly valued and utilized members of the team in these departments, frequently sought out for assistance regarding behavioral management and the many emotional and behavioral issues in patient care. Frequent opportunities to participate in Grand Rounds, interdisciplinary rounds and other training in the above departments are available to interns. The Miami Project to Cure Paralysis, founded by one of our patients and our chief neurosurgeon in

1985, has brought the best researchers from around the world to work together here, and an internationally renowned treatment team, resulting in an exciting working environment. It is in this spirit that our psychologists strive to offer evidence-based and innovative treatment approaches and cutting edge treatment programs to facilitate our patients' emotional adjustment to their medical conditions or disabilities.

This track consists of 4 emphasis areas, which run simultaneously:

1. Acute Inpatient and Intensive Care

This rotation provides the intern a unique opportunity to learn and utilize behavioral medicine principles and techniques in an intensive care and acute care medical setting. The intern begins work with assigned patients and families from the day they enter the medical system. Interns can follow some patients through the entire treatment process as they progress from intensive care to acute care to inpatient rehabilitation and reintegration into the community in the outpatient phases of care, providing a comprehensive, long-term therapy experience over the course of the internship year. Patients seen in intensive care are critically injured or ill, and many have catastrophic injuries such as amputations, spinal cord injuries, severe multiple trauma, or acute exacerbations of oncologic or neurologic conditions.

The intern in a critical care environment must establish a communication system if the patient is intubated or trached, evaluate the patient from a cognitive and emotional perspective, evaluate family functioning, and implement a program of crisis intervention, psychotherapy, support, behavioral management, and psychoeducation. Issues such as ego defenses and understanding of medical condition, health care beliefs, "ICU psychosis," acute stress disorder, head injury and post-traumatic amnesia, treatment compliance, and emotional distress are routinely addressed. As premonitory psychopathology is often exacerbated by a medical crisis, the intern is involved in diagnosis and treatment of a wide range of psychopathology. Psychologists play an important role in helping patients wean off respirators and manage pain, and are often involved with evaluation of capacity regarding ability to make medical decisions. Additionally, the intern will apply rehabilitation psychology principles regarding consultation and systems intervention with the interdisciplinary team (physicians, nurses, physical and occupational therapists, social workers, case managers, etc.) to facilitate maximal patient and family adjustment to and compliance with critical medical treatment regimens. The intern will report on his or her patients in weekly interdisciplinary rounds. Interns may be involved in patients' end-of-life decisions (withdrawal or withholding of life support) and attendance at the hospital Bioethics Committee meetings may be part of these cases.

The intern will leave this rotation with well-established crisis intervention skills and ability to work in ICU and acute care settings, a growing area of demand in our current health care climate.

2. Inpatient and Outpatient Rehabilitation

This experience allows the intern to develop and apply a variety of rehabilitation psychology and behavioral medicine principles and techniques in our CARF accredited inpatient rehabilitation center and outpatient program, and to work on advanced psychotherapy and assessment skills that will prepare him or her to work in a medical or private practice

setting. The patient population includes spinal cord injury, mild to moderate brain injury, amputations, multiple orthopedic trauma, multiple sclerosis, cancer, and a variety of other medical conditions, ranging from catastrophic to moderate levels of impairment. Patients range in age from adolescents to geriatric, with all ages ranges well represented. The intern will provide a comprehensive initial assessment on each patient assigned, provide individual and family therapy, and co-facilitate at least one patient group psychotherapy session per week, as well as a multiple family group psychotherapy session twice per month. Issues of focus include adjustment to and coping with the psychological aftermath of serious injury/illness, treatment of acute stress disorder and PTSD, pain management, and treatment of the full spectrum of psychopathology, as medical crises often exacerbate premorbid psychopathology. Consultation with the interdisciplinary team (physicians and surgeons, nurses, physical and occupational therapist, social workers, recreation therapists, dieticians, respiratory therapists, etc.) regarding patient/family emotional status, behavioral management and treatment compliance issues is a critical role of the psychologist/intern, and a core concept of rehabilitation psychology. Interns will report in interdisciplinary rounds and may participate in bedside walking rounds weekly as well. Charting, documentation and outcome issues as required in accredited Rehabilitation settings are taught (e.g. FIMS) and familiarity with accreditation issues will prepare the intern to assume leadership in facilities in which they may serve in the future. Many past interns are now heading up Rehabilitation Psychology programs around the country and have told us this aspect of training was particularly valuable. Outpatient work will also be available at the Adult Outpatient Center for Behavioral Medicine, located in the Jackson Behavioral Health Hospital.

Psychology is well integrated and utilized on this service, which makes for a rich and rewarding experience. Supervision includes emphasis on treatment planning, advanced psychotherapy skills, application of behavioral medicine principles and techniques, integration of the interdisciplinary team in treatment, and addressing the diverse cultural issues present in our population as they affect health care beliefs and psychological treatment.

3. Psychological/Neuropsychological Testing/Assessment Rotation

This rotation will vary in level of advancement and amount of emphasis depending on the intern level of training and interest. For the intern with little or no training in neuropsychology, this rotation will provide training geared toward a basic level of competency in intellectual and personality assessment, as well as at least a basic level of competency in performing neuropsychological screening. *For the intern with more advanced skills, this rotation offers advanced level training and more extensive experience.* This rotation is supervised by a neuropsychologist specializing in the identification and treatment of brain injury and neuropsychological conditions in acute, rehabilitation and outpatient medical settings, including the Adult Outpatient Center for Behavioral Medicine as necessary.

Since many of our patients enter our system via our Level 1 Trauma Center with neurologic or orthopedic trauma, there is a high incidence of concomitant brain injuries, usually in the mild to moderate ranges. Many of these patients have “silent” injuries, those that are not diagnosed or a focus of treatment in the acute stages of injury, but that are noted later as the patient experiences cognitive or other symptoms which suggest brain injury. The psychology intern plays a critical role in diagnosing and treating these patients on this rotation. Referrals

come from attending physicians, interdisciplinary team members, case managers, attorneys and the courts. Referrals may also include vocational/educational and disability determinations.

All interns on this rotation will complete a minimum of six full psychological testing batteries, which will be completed in both the inpatient and outpatient settings. This rotation is designed to provide the intern with competency in administration, scoring, interpretation and report writing of personality (objective and projective) and intellectual tests, as well as neuropsychological testing tailored to the level of previous training and interest of the intern. This rotation emphasizes cross-cultural issues in assessment in light of the wide diversity of cultures and ethnicities represented in our patient population. A flexible battery approach is used, tailored to the diagnosis and referral. The provision of recommendations and feedback to the interdisciplinary team and referral sources, as well as the patient and family, are emphasized. Additionally, integration of the testing data into a comprehensive written report will also be a focus of training.

This rotation also provides training and experience in the use of remedial strategies and cognitive retraining methods to compensate for patients' cognitive and behavioral deficits. Interns will work with patients, teams and referral sources regarding issues such as competency to make medical decisions, readiness to return to work, education, driving, living independently, etc.

4. Psychological and Behavioral Pain Management

This seminar and training experience is required for interns on the Rehabilitation Psychology track and the seminar portion is open to all interns on other tracks. It is provided via a weekly seminar which includes didactic instruction from several faculty, supervised practice, case presentations and application of principles and techniques in the clinical settings of the track.

The intern on this rotation will gain competency in theoretical, diagnostic and clinical issues regarding anxiety and pain syndromes, and be able to provide appropriate interventions geared toward symptom relief. Various theories related to the mind-body relationship and pain are addressed. Interventions include cognitive behavioral and behavioral techniques, various relaxation techniques, and visual imagery strategies. Faculty certified in clinical hypnosis will provide training in hypnosis, and emphasize the use of hypnosis in treatment of pain syndromes.

ADULT CLINICAL NEUROPSYCHOLOGY TRACK

The Adult Clinical Neuropsychology full year track satisfies the requirements for a Neuropsychology Internship established by APA Division 40 (Neuropsychology). Previous background and training in neuropsychology is required for this track.

Competitive applicants have a strong foundational background in neuropsychological testing, neuroanatomy/neuropathology, and general clinical psychology and psychotherapy training. Experience with rehabilitation is preferred but not required.

Program Structure and Settings

The Adult Neuropsychology Service is housed in a suite within the UHealth/Jackson Christine E. Lynn Rehabilitation Center, a state-of-the-art rehabilitation facility that opened its doors in 2020. Training is provided on 3 services: inpatient rehabilitation, outpatient rehabilitation, and acute. Neuropsychology track interns function as part of interdisciplinary teams that include physiatrists, neurosurgeons, trauma surgeons, neurologists, and psychiatrists across services.

Training is provided in a hierarchical manner, in which interns learn first by observing faculty, then by being observed, and then by carrying their own caseload with supervision. Complexity of diagnoses, co-morbidities, and other factors is increased over time as the intern gains experience and competence. Once trained, interns will follow patients concurrently in all 3 settings rather than rotating between settings. This allows year-long training in all services.

Inpatient Rehabilitation

The primary setting for the intern is the 80-bed Lynn Rehabilitation Center inpatient rehabilitation program. Interns function in an embedded manner within the program, providing initial evaluations, ongoing neuropsychological screening, assessment of decision-making ability, interventions to enhance pain management and compliance, cognitive retraining, and patient/family education and supportive therapy. Interns also participate in family conferences and weekly interdisciplinary team rounds.

Outpatient Rehabilitation

Outpatient rehabilitation also is housed within the Lynn Rehabilitation Center. Priority is given to neurologically involved outpatients who are treated within the comprehensive outpatient rehabilitation program and who possess strong rehabilitation potential for return to gainful functioning. Interns will conduct a minimum of 8 full neuropsychological evaluations including interview, testing, scoring, interpretation, writing, and feedback. Interns also will follow 5-6 long-term psychotherapy cases with neurologically involved outpatients. Interns may also have the opportunity to conduct group psychotherapy with a faculty co-facilitator.

Didactic training in neuropsychological assessment is based upon a combined quantitative and qualitative approach that emphasizes a dynamic understanding of cortical functioning and brain-behavior relationships. A flexible approach is taken to address the referral question, level of functioning, and sociodemographic factors. Measures are selected to best clarify a patient's cognitive, emotional, personality, and behavioral status, provide information that is clinically applicable to the individual's rehabilitation, and to render comprehensive and usable recommendations.

Acute Services

Interns will see acute neurology, neurosurgery, and trauma patients within the Jackson Memorial Hospital Neurology and Neurosurgery floors, as well as within the Ryder Trauma Center, a world-renowned Level I trauma center that receives patients from South Florida, Latin America, and the Caribbean. Within the acute neuropsychology service, interns function on a consult basis, seeing primarily TBI patients from shortly post-injury throughout their hospital stay. After initial evaluation, patients are followed for sequential brief assessment including assessment of decision-making ability, brief interventions, coma stimulation and cognitive retraining, crisis intervention, and family education/support.

Adult Neuropsychology interns have the unique opportunity to follow some patients throughout their recovery process, from the intensive care unit to outpatient treatment.

Additional Opportunities

Interested interns who have demonstrated mastery within the internship program may also have the opportunity to provide supervised supervision of practicum students. Additionally, interns may have the opportunity to participate in clinically relevant research.

Populations Served

Interns have the opportunity to work with patients and families from a diverse sociocultural, ethnic, and language spectrum, allowing them to learn about the impact of these issues on evaluation, intervention, and recovery. Experience is provided with a broad range of neurological and neuropsychiatric conditions (e.g., traumatic brain injuries, cerebrovascular accidents, polytrauma, neuromuscular and neurodegenerative disorders, transplants, neuro-oncology).

Training Experiences:

Neuropsychology-Specific Didactics

The weekly Neuropsychology/Rehabilitation Psychology Case Conference provides a variety of training, including case presentations following the fact-finding model. Training for the service also is accomplished through readings, attendance at brain cuttings, Neurological Rehabilitation patient and family rounds, and Rehabilitation in-services. Additional opportunities include observing neurosurgeries and Department of Neurology Grand Rounds. Areas of training include: 1) functional neuroanatomy, 2) neuropathology, 3) neuropsychological assessment, 4) neurobehavioral and cognitive retraining, 5) psychotherapeutic interventions with neurologically involved patients and their significant others, 6) behavioral management of maladaptive behaviors, and 7) ethics.

Supervision

Interns receive a minimum of 2 hours of face-to-face supervision, as well as extensive informal supervision. Supervision is provided by all 3 neuropsychologists, determined by which service the patient is on. In addition to completing supervised neuropsychological evaluations, interns receive supervised training in neuropsychological psychotherapeutic and rehabilitative techniques, including individual, family and group psychotherapy, family support groups and conferences, behavior modification, training of remedial techniques to compensate for cognitive-behavioral deficits, and cognitive retraining of attention, memory, executive, and other mental functions.

Opportunities for Bilingual English/Spanish Trainees

Residents who are bilingual in English and Spanish will have the opportunity to provide assessment and intervention to patients and families in Spanish on all services. They also will have the opportunity to receive supervision by an experienced bilingual neuropsychologist, Dr. Gisela Aguila-Puentes.

PEDIATRIC PSYCHOLOGY SERVICE TRACK

The Pediatric Psychology Service track combines inpatient consultation-liaison services to Holtz Children's Hospital and outpatient treatment through the Miami Transplant Institute (MTI) under the leadership of service director, Dr. Melisa Oliva and attending psychologist, Dr. Natasha Pouloupoulos. The pediatric psychology intern will also have the opportunity to complete psychological testing batteries through the Child and Adolescent Acute Inpatient Psychiatric (CAAP) unit under the supervision of Dr. Ana M. Ojeda.

Holtz Children's Hospital is one of the largest children's hospitals in the southeast United States, treating children throughout Florida and the Caribbean. Located at the University of Miami/Jackson Memorial Medical Center, it is known worldwide for the outstanding team of pediatric specialists experienced in treating children with all types of needs; from routine care to life-saving procedures. Holtz Children's Hospital is among the nation's best children's hospitals, according to the U.S. News & World Report Best Children's Hospitals rankings. The Miami Transplant Institute is a world-class transplant center that offers life-saving transplant, support, and rehabilitation programs to children and adults facing organ failure. MTI has ranked as the #1 transplant center in the United States two years in a row. Embedded training at MTI will take place during pediatric transplant clinics and mental health services are based on a specialty care model.

Training in this track emphasizes the relationship among behavioral, emotional, cognitive, social, cultural, developmental and biological aspects of health and disease in order to promote wellbeing, prevent illness and aid in the rehabilitation process. The candidate selected for the Pediatric Psychology internship will gain specialized clinical experience in pediatric psychology, including adjustment to new or chronic medical illness, preparation for medical procedures/surgery, end stage organ disease, conducting solid organ pre-transplant evaluations, trauma, end of life issues, eating disorders, somatic symptom and related disorders, pain management, anxiety, depression, poor adherence to medical and psychiatric treatment, safety assessments, and multidisciplinary collaboration with medical teams.

This track consists of 4 emphasis areas, which run simultaneously:

1. Pediatric psychology consultation-liaison to inpatient medical units

Pediatric psychology consults are requested by medical staff across a number of pediatric specialties including solid organ transplant (liver/intestine/multivisceral, kidney, heart, and lung), nephrology, gastrointestinal, cardiology, pulmonology, intensive care, orthopedics, trauma, neurology, and general pediatrics teams. The intern is exposed to patients ranging in age from infancy to young adulthood as well as their families. Consultations encompass a wide variety of issues, including adjustment to chronic illness/recurrent hospitalization, pre-transplant evaluation and post-transplant management, pain management, non-adherence, somatic symptom and related disorders, anticipatory anxiety, regimen adherence/pill swallowing, illness-related challenges to quality of life (peers, academics, loss of independence), end-of-life/palliative care, patient-staff communication issues, parental support/bereavement, and acute stress/reaction to trauma and body disfigurement as a result of injury/treatment. Our approach is multidisciplinary and we work closely with teams comprised of medical interns/residents/fellows/attendings, surgeons, social workers, physical, occupational and

speech therapists, child life specialists, music therapists, nurses, child and adolescent psychiatry 2nd year fellows, and ethicists. We attend specific medical team rounds, as needed or requested to provide feedback on patient care and coordination (e.g., trauma and solid organ transplant rounds, nephrology rounds and selection committee, GI transplant selection committee, pediatric bioethics committee, etc.) In addition, the Pediatric Psychology Service is an official part of the Pediatric Palliative Care Team (PediPals). We work with a culturally, linguistically, and socioeconomically diverse patient population and staff. While the emphasis of consultation is on assessment and providing recommendations to the family and medical team, there are many opportunities for brief, solution-focused interventions as well as longer-term, intensive interventions as a large portion of our patients remain in the hospital for several days to many months and/or have chronic conditions requiring frequent inpatient admissions.

2. Outpatient therapy through pediatric MTI clinics

In addition to inpatient consultation-liaison, the intern will be integrated into the Miami Transplant Institute's pediatric clinics utilizing a specialty care model. The intern will have exposure to conducting routine psychological pre-transplant evaluations and solution-focused brief therapy as well as triage cases and provide referrals for longer-term treatment. The intern will also be expected to carry approximately 2-4 outpatient cases in the MTI clinic with a longer-term therapeutic pediatric psychology focus. In addition, the intern will have the opportunity to carry transplant cases initially consulted on in the hospital through to the outpatient therapy setting.

3. Acute inpatient psychological testing through CAAP unit

The CAAP unit provides interns with an opportunity to test children and adolescents with more significant mental health challenges in an acute inpatient psychiatric setting. CAAP provides short-term care for children and adolescents through age 17, who present with a wide range of diagnoses including mood, anxiety, developmental, disruptive behavioral, adjustment, and personality disorders as well as psychosis. A minimum of six full psychological testing batteries are expected by the end of the internship year, including interview, testing, scoring, interpretation, and writing. A flexible approach is taken to testing in order to address the referral question, level of functioning, and sociodemographic factors. Measures are selected to best clarify a patient's cognitive, emotional, personality, and behavioral status, provide information that is clinically applicable to the individual's recovery, and to provide comprehensive and useful recommendations.

4. Pediatric Psychology Service didactics

In addition to providing services at Holtz Children's Hospital and pediatric MTI clinics, the pediatric psychology intern will also be involved in the following pediatric focused didactics:

1. Pediatric Psychology Consultation-Liaison Seminar

Facilitators: Melisa Oliva, Psy.D. & Natasha Poulopoulos, Ph.D.

The Pediatric Psychology intern, along with the pediatric psychology fellow, participate in a 60 minute Pediatric Psychology Consultation-Liaison Seminar totaling 11 sessions during the training year. This seminar provides an opportunity

to discuss timely journal articles and evidence-based practices regarding all topics related to being part of an inpatient pediatric consultation-liaison service. Topics range from foundational (e.g., the role of the C/L team, working within a multidisciplinary team) to skills-based learning with particular populations that the service is routinely consulted on (e.g., working with transplant patients, pediatric medical traumatic stress, pain management, somatic symptoms and related disorders, etc.). In addition to these topics, the intern will have the opportunity to present on a topic and a case that they have been involved in consultation and treatment in the hospital setting. This provides the intern the opportunity to present and teach interdisciplinary team members.

a. *Pediatric Palliative Care (PediPals) Multidisciplinary Meeting*

Facilitators: Patricia Cantwell, M.D., Chief, Division of Pediatric Critical Care Medicine and Director, Pediatric Palliative Medicine; Amanda Alladin, M.D., PICU and Pedipals Attending & Kimberly Juanico, RN, BSN, CHPPN, Pediatric Palliative Care Nurse Coordinator

The Pediatric Psychology intern takes part in the Pediatric Palliative Care rounds once a week with multidisciplinary team members through Holtz Children's Hospital, including the Pediatric ICU Director and attending, Palliative Care Team Coordinator, medical students/residents/fellows rotating through the Palliative Care Service, Child Life, Music Therapy, Pastoral Care, and Hem-Onc psychologist and trainees. Current hospitalized patients with chronic or life-limiting illnesses are discussed as well as problem-solving/formulating interdisciplinary plans to improve care and quality of life.

b. *Pediatric Grand Rounds & Pediatric Staff Conference*

Facilitators: Pediatric Chief Medical Officer & Pediatric Chief Medical Resident

Optional weekly formal academic presentations about various topics in pediatrics presented by local and nationally known speakers. Attended by pediatric attendings and trainees (medical students, interns, residents and fellows). Meets for 60 minutes every week.

The intern can also participate in seminars and special conferences that are offered in the medical center at the discretion of the intern's supervisor. The intern will work within a multidisciplinary team, including close collaboration between psychology and medical staff and trainees. The intern will be provided the opportunity to teach multidisciplinary trainees in pediatrics, psychiatry, psychology and other disciplines. The intern will receive two hours of individual supervision and mentorship will be provided in teaching, supervision, research, and overall career and professional development.

CLINICAL CHILD TRACK

The Clinical Child track consists of a one-year experience in the Child and Adolescent Center (CAC) and simultaneously providing services in the Dialectical Behavior Therapy Program for Adolescents (DBT-A) and the Child and Adolescent Acute Inpatient Psychiatry Unit (CAAP). Below is a description of each of the services:

1. Child and Adolescent Center (CAC)

In the CAC the intern provides treatment to children and adolescents with a wide range of childhood disorders, including: mood and anxiety disorders, ADHD, disruptive behavior disorders, PTSD, obsessive-compulsive disorder, phobias, adjustment disorders, conduct disorder, autism spectrum disorders, intellectual disability and parent-child conflicts. Children range in age from 4 to 18 years, and come from diverse cultural and socioeconomic backgrounds. Working with parents is an integral part of therapy in the CAC therefore the intern works individually or co-jointly with their client's caretakers.

The internship experience in CAC includes the following:

- Providing individual and family therapy. Modalities of therapy include cognitive behavioral therapy, play therapy, and interpersonal therapy. When needed, interns will work closely with psychiatry to improve their client's adherence with their medication.
- Parenting skills with parents/caretakers of your own clients or other CAC client's parents.
- Psychological testing utilizing a variety of testing measures with emphasis on learning to select appropriate tests and interpretation/integration of data for comprehensive reports.

2. Dialectical Behavior Therapy Program for Adolescents (DBT-A)

In the DBT-A program, the intern provides group treatment to adolescents and their families experiencing multiple problems. All treatment is performed within a DBT-A format under the guidance of an intensively trained team. Adolescents range in age from 11-18 years.

The internship experience in the DBT-A Program includes:

- Adolescent skills training groups, multifamily skills training groups
- Weekly DBT specific individual supervision
- Weekly DBT group supervision
- Individual Therapy case - optional
- Optional participation in ongoing research projects

3. Child and Adolescent Acute Inpatient Psychiatry Unit (CAAP)

CAAP is an acute inpatient psychiatric unit that provides short-term care for children and adolescents, ages 6 through 17, presenting with a wide range of severe psychiatric disorders including Mood Disorders, Anxiety Disorders, Psychosis, Developmental Disorders, Disruptive Behavioral Disorders, Adjustment Disorders, Personality Disorders, etc. The patient population is diverse, though many of the patients come from highly conflictual family dynamics, lower SES family systems, and/or have been abused and/or neglected in some manner.

The CAAP unit provides interns with an opportunity to work directly with a high risk child and adolescent population within an inpatient psychiatric facility. Interns are an integral part of the multidisciplinary team working closely with psychiatrists, psychiatry residents and fellows, recreation therapists, nurses, and social workers. During their time on CAAP, interns will work collaboratively on the milieu with the attending psychologist / supervisor and psychology fellows, providing ongoing exposure for in-vivo learning and supervision. Interns have the opportunity of co-facilitating DBT skills groups, provide individual and / or family therapy, and conduct psychological assessments to provide the medical team with diagnostic clarification and/or treatment recommendations. At times, interns will also assist milieu staff in de-escalating a patient before, during and after a crisis utilizing a DBT approach. Since CAAP is a DBT based milieu, interns are part of our DBT consultation team, which provides another layer of training and support while working with clinically complex patients.

4. Child Clinical Track Didactics

In addition to providing services in CAC, DBT-A and CAAP, the interns will also be involved in the following child focused didactics:

1. *Child Division Rounds*

Coordinators: Psychiatry Attendings

Child Division Rounds consist of case presentation, journal club, and ethics cases. The intern will have the opportunity to work with child and adolescent psychiatry fellows and administer and present psychological testing results during the fellow's case presentation. The interns will also present one of their own cases with an emphasis on psychological test interpretation.

2. *DBT for Adolescents Didactic*

Coordinators: DBT-A Team

DBT-A didactics are offered bi-weekly and includes review and discussion of the major literature and research related to the understanding and delivery of DBT to adolescents and their families. This includes book chapters and journal articles to help trainees gain a greater understanding of the model of treatment as well as how to deliver the model with fidelity.

PROGRAM FACULTY

SUPERVISING PSYCHOLOGISTS:

GISELA AGUILA-PUENTES, PSY.D.

Nova Southeastern University (Clinical), 1992

Clinical Internship: Jackson Memorial Hospital/University of Miami School of Medicine

Postdoctoral Fellowship: Jackson Memorial Hospital/University of Miami School of Medicine

Dr. Puentes is the Director of the Neuropsychology Service and an attending neuropsychologist. Her clinical interests are in the neuropsychological diagnosis and treatment of patients with neurological dysfunctions, as well as psychotherapy with adults. Her research interests are primarily within the area of memory disorders.

CAROLINA AVILA, PSY.D.

Nova Southeastern University (Clinical), 2013

Clinical Internship: The Help Group

Postdoctoral Fellowship: Jackson Memorial Hospital/University of Miami School of Medicine

Dr. Avila is the Director for the Dialectical Behavior Therapy Program for Adolescents (DBT-A). She is responsible for supervising individual, group and family therapy in both the Child and Adolescent Center (CAC) and the DBT-A program as well as supervising psychological testing within CAC. She is also the Director for Practicum Training, working as a liaison between the Department of Psychology, practicum students and local universities. Her clinical and research interests are in the areas of DBT with children and adolescents, as well as trauma, depression, anxiety, ADHD, developmental disorders, family therapy and parenting skills training. Dr. Avila is a member of the American Psychological Association, the Society of Clinical Child & Adolescent Psychology (Division 53), the Society for Child and Family Policy and Practice (Division 37), and the Association for Behavioral and Cognitive Therapies (ABCT).

JUDD SCOTT CHRISTIAN, PSY.D.

Nova Southeastern University (Clinical), 2003

Clinical Internship: Jackson Memorial Hospital/University of Miami School of Medicine

Postdoctoral Fellowship: Jackson Memorial Hospital/University of Miami School of Medicine

Dr. Christian serves as an Attending Psychologist for the Clinical Health Psychology Behavioral Medicine/Consultation-Liaison Psychology Service within the inpatient acute care medical hospital at Jackson Memorial Hospital. During his tenure as the Training Director of the Adult Clinical Health Psychology Fellowship Training program, he played an integral role in having the program awarded full accreditation by the Commission on Accreditation (CoA) of the American Psychological Association. While serving as the Chief Intern and Chief Postdoctoral Resident in Psychology during his training at Jackson Memorial Hospital, he trained in general psychotherapy, health psychology, and acute care medical inpatient consultation-liaison psychology in the areas of psychosocial oncology and women's health. After graduation, Dr. Christian maintained an independent private practice for approximately 11 years (specializations included general psychotherapy (individual/couple/marital), biofeedback, health psychology-based interventions, treatment/psychotherapy resistant clients, and standardized psychological assessment). During this time, he augmented his 11 years in private practice through appointments as an Adjunct Faculty/Professor and Supervisor at local universities (Nova Southeastern University - Doctoral Program; Albizu University - Doctoral Program). Dr. Christian returned to the Jackson Health System in 2015. His clinical interests are in health psychology, applied psychotherapy, consultation-liaison psychology, growth through grief/bereavement, women's health, standardized assessment, and the therapeutic application of positive psychology/strength-based psychological interventions. In addition, Dr. Christian provides fellow and practicum supervision, as well as co-facilitating the Clinical Case Conference seminar for psychology interns. Dr. Christian has taught, trained, and supervised across several different psychotherapeutic modalities.

JONATHAN L. COHEN, PSY.D.

Nova Southeastern University (Clinical), 1993

Clinical Internship: Children's Hospital/Judge Baker Children's Center/Harvard Medical School

Pre-doctoral Fellowship: Children's Hospital/Judge Baker Children's Center/Harvard Medical School

Dr. Cohen is a part-time clinical psychologist in the Department of Psychology. His primary duties are with the Child and Adolescent Center (CAC) and the Miami-Dade County Court Marchman Act Program. He is responsible for supervising psychology residents providing outpatient individual and family psychotherapy in the CAC. Dr. Cohen also facilitates the Supervision of Supervision seminar for psychology residents and co-facilitates Clinical Case Conference for psychology interns. His clinical interests are in the areas of father-infant bonding, paternal role in parenting, treatment of children, adolescents and families, and parenting skills. Dr. Cohen is a member of the American Psychological Association.

JUSSETHY CORTINA, PSY.D.

Carlos Albizu University (Clinical), 2016

Clinical Internship: Family Service and Guidance Center

Postdoctoral Fellowship: Citrus Health Network Statewide Inpatient Psychiatric Program, Center for Adolescent Treatment Services

Dr. Cortina is an Attending Psychologist within the Dialectic Behavior Therapy Program for Adolescents (DBT-A). She has experience working with children, adolescents, families in the mental health field and her experience has included the provision of a wide range of therapeutic services, community presentations and psychological assessments in both outpatient and inpatient psychiatric settings. Her clinical experience has also included working with underprivileged and underserved populations providing crisis interventions, including individual, group and family therapy. Dr. Cortina has successfully worked with individuals with various diagnoses with a strong emphasis on treating children and adolescents with trauma, anxiety disorder, PTSD and severe emotional difficulties. Furthermore, her primary areas of interest include working with children and adolescents, providing high-fidelity psychotherapeutic services. Her clinical and research interests are in the areas of DBT with children and adolescents, as well as trauma, anxiety and the exploration of parental involvement pertaining to attachment theory and its effects on a child's and adolescent's academic, social, and psychological development. She has served as an Adjunct Assistant Professor at Albizu University and St. Thomas University. Dr. Cortina is a member of the American Psychological Association.

JONATHAN DUGDILL, D.CLIN.PSYCH.

University of Bangor, Wales (1997)

Dr. Dugdill is the Chief of Psychology. He is an experienced psychologist and clinical leader with over twenty-five years of experience in hospital settings and private practice. He was trained in the UK and served as Chief of Psychology at two hospitals in the US before joining Jackson in 2021. His areas of interest involve leadership and team management in the medical setting, and

program development. His clinical interests include cognitive-behavior therapy for psychosis, forensic psychology, ACT and DBT for adults. His primary research interests include the diagnosis and treatment of severe mental illness, particularly delusional beliefs.

CATHERINE de la OSA, PSY.D.

Carlos Albizu University (Clinical), 2016

Clinical Internship: Mental Health Center of Florida

Postdoctoral Fellowship: Jackson Memorial Hospital/University of Miami school of Medicine

Dr. de la Osa is the Director of the Adult Behavioral Medicine/Consultation-Liaison Service and Clinical Health Psychology Fellowship Training. Dr. de la Osa provides psychotherapy with various medical populations, and has experience in clinical psychotherapy, health-related psychotherapy, consultation, and assessment. Throughout her training and professional practice, she has focused on the areas of health interventions and general psychotherapy. Other areas of clinical interest include the application of positive psychology within medical settings, as well as, leadership and team roles. Dr. de la Osa has experience with executive and leadership coaching. This has enabled her to aid others with professional development with a focus on leadership skills and the creation and achievement of their goals. She received yellow belt certification in Lean Six Sigma for Healthcare with the Business & Operational Improvement Team at JHS. This training focuses a combination of methodologies, which can help improve the efficiency and quality of healthcare by eliminating waste and reducing variability. Dr. de la Osa is also responsible for supervising fellows and practicum students.

LISA GONZALEZ-ALPIZAR, PSY.D.

Nova Southeastern University (Clinical), 2005

Clinical Internship: Jackson Memorial Hospital/ University of Miami

Postdoctoral Fellowship: Jackson Memorial Hospital/University of Miami school of Medicine

Dr. Gonzalez-Alpizar is an Attending Psychologist within the inpatient Adult Behavioral Medicine/Consultation-Liaison Service. She provides psychotherapy with various medical populations, and has extensive experience in applied clinical psychotherapy, health-related psychotherapy, consultation, and assessment. Throughout her training and her professional practice, she has spent the majority of her career in the areas of psycho-oncology and palliative care. Other areas of clinical interest include oncology survivorship, women's health issues and program/professional development. Dr. Gonzalez-Alpizar has taught, trained, and supervised in many psychotherapeutic modalities and facilitates the ethics seminar for the fellows and interns. As such, she is responsible for supervising fellows, interns, and practicum students.

SUSAN IRELAND, PH.D.

University of Miami (Clinical, Health), 1995

Clinical Internship: Miami VA Medical Center (Neuropsychology)

Postdoctoral Fellowship: Jackson Memorial Hospital/ University of Miami (Neuropsychology, Rehabilitation Psychology)

Dr. Ireland is the Director of Outpatient Adult Neuropsychology and an attending neuropsychologist and rehabilitation psychologist on the Neuropsychology service, with over 30 years of experience. She provides neuropsychological testing, psychotherapy, cognitive retraining, and family education/support to neurologically involved outpatients with rehabilitation potential. Primary training responsibilities include supervision of neuropsychological batteries and long-term psychotherapy cases. Clinical and research interests include assessment and treatment of individuals with neurological conditions, including traumatic brain injury, cerebrovascular accidents, post-COVID, and rare conditions.

SHEBA R. KUMBHANI, PH.D.

Palo Alto University (Clinical), 2007

Clinical Internship: Baylor College of Medicine

Postdoctoral Residency: Dartmouth-Hitchcock Medical Center/Geisel School of Medicine at Dartmouth

Dr. Kumbhani is an Attending Neuropsychologist in the Neuropsychology/Rehabilitation Psychology department, primarily serving the acute and inpatient rehabilitation neuropsychology services. The acute service provides assessment and treatment to new traumatic brain injury patients, ranging from mild to severe, as well as consultations that arise out of the Neurology and Neurosurgery Services. Her clinical and research interests are in the assessment and treatment of adults with neurological disorders, particularly traumatic brain injury and disorders of consciousness/coma stimulation. Dr. Kumbhani is a professional member of the National Academy of Neuropsychology (NAN), International Neuropsychology Society (INS), and American Congress of Rehabilitation Medicine (ACRM), and she is a member of the Culture and Diversity in TBI task force through ACRM. She is the primary Facilitator for the Psychodiagnostic Seminar didactic series for the internship program.

KEITH LIT, PH.D.

Nova Southeastern University (Clinical), 2017

Clinical Internship: South Florida Consortium Internship Program – Broward Health Medical Center

Postdoctoral Fellowship: Jackson Memorial Hospital/University of Miami School of Medicine

Dr. Lit is an Attending Psychologist in the Adult Psychology Service. His role in APS involves leading the consultation/liaison service for the adult inpatient psychiatric units at the Behavioral Health Hospital, providing psychotherapy services to patients, and supervising assessment and inpatient cases for interns and fellows. Dr. Lit's training background and interests include clinical health psychology, psychological assessment, the integration of mindfulness and acceptance with other psychotherapy approaches, and contemporary applications of behavior analysis across a range of clinical disorders.

CLARA LORA OSPINA, PSY.D.

Nova Southeastern University (Clinical), 2004

Clinical Internship: Boston Veterans Affairs Medical Center/Harvard Medical School

Postdoctoral Fellowship: Providence Veterans Affairs Medical Center

Dr. Lora Ospina is Clinical Director of the Adult Psychology Service (APS). She is also a voluntary Assistant Professor at the University of Miami's Miller School of Medicine. Dr. Lora Ospina's areas of interest include Post-Traumatic Stress Disorder (PTSD) and other anxiety-related disorders, depression, marital discord, bereavement and adjustment due to loss, issues pertaining to difficulty with infertility, chronic pain management, end of life issues, and situational stressors. Dr. Lora Ospina was a clinical supervisor at Boston University's Center for Anxiety and Related Disorders (CARD) and Psychological Services Center (PSC), and an Adjunct Professor at Emmanuel College in Boston. Dr. Lora Ospina worked in the private sector in Boston and was a Clinical Director at Commonwealth Psychology Associates before returning to Miami in 2014 to set up her own practice in Coral Gables. Dr. Lora Ospina is fully bilingual (English/Spanish) and conducts counseling and psychotherapy using various therapeutic approaches including psychodynamic, cognitive-behavioral, existential, and family systems.

ANA M. OJEDA, PSY.D., ABPP

Regent University (Clinical), 2008

Clinical Internship: Jackson Memorial Hospital/University of Miami School of Medicine

Postdoctoral Fellowship: Miami Children's Hospital and Ciminero & Associates; Jackson Memorial Hospital/University of Miami School of Medicine

Dr. Ojeda joined Jackson Health System, Department of Psychology, in September 2023. She comes with a wealth of knowledge and experience in both outpatient and inpatient psychiatric settings. She became Board Certified in Clinical Psychology by the American Board of Professional Psychology in 2018. She has served as an Assistant Professor at Albizu University and as an Adjunct Assistant Professor for Florida International University through Nicklaus Children's Hospital, Department of Psychiatry. Dr. Ojeda has also had a strong role in the community, as co-founder, executive director and supervising psychologist for Urban Promise Miami, Inc., a program pioneered in Camden, New Jersey focused on empowering neighborhood youth to reaching their potential, despite the odds against them. Dr. Ojeda has also been involved in multiple community presentations as well as television and social-media interviews. She is a member of the American Psychological Association, Florida Board of Psychology and American Board of Professional Psychology.

MARIO OLAVARRIA, PSY.D.

California School of Professional Psychology - Fresno (Clinical), 1998

Clinical Internship: Jackson Memorial Hospital/University of Miami School of Medicine

Postdoctoral Fellowship: Biscayne Institute of Health and Living and University of Miami School of Medicine

Dr. Olavarria is an attending psychologist on the Rehabilitation Psychology Service. Dr. Olavarria is also the Director of the Spinal Cord Injury Acute and Rehabilitation Psychology Services for

Jackson Health System. Dr. Olavarria is responsible for providing psychological services to two acute neurosurgical units, the Neurosurgical Intensive Care Unit, the Trauma Intensive Care Unit, two acute care units and the Rehabilitation Unit. His areas of professional interest are in cross cultural studies, behavioral pain management, hypnosis, family and systems intervention with medical patients, and the psychological adaptation process of patients with physical trauma and disabilities (i.e. spinal cord injury, amputation and orthopedic trauma).

MELISA OLIVA, PSY.D.

Nova Southeastern University (Clinical), 2007

Clinical Internship: Jackson Memorial Hospital/University of Miami School of Medicine

Post-Doctoral Fellowship: Harvard Medical School/Boston Children's Hospital

Dr. Oliva is the Director of the Pediatric Psychology Service and the Director of the Pediatric Psychology Postdoctoral Fellowship Program. Dr. Oliva specializes in the area of pediatric psychology and professional interests include pediatric solid organ transplantation, non-adherence to medical recommendations, bioethics, and biofeedback assisted relaxation training. Dr. Oliva is involved in research with the pediatric transplant population, including assessment on the utilization of mental health services, quality of life, non-adherence, psychological integration of grafts, psychological factors impacting transplant outcomes, and transition to adult health care. Dr. Oliva has participated in NIH funded research studies and has several publications in the areas of pediatric psychology and pediatric psychiatry consultation-liaison services. Dr. Oliva is a member of the American Psychological Association, the Society of Pediatric Psychology (Division 54), and the International Pediatric Transplant Association (IPTA).

NATASHA L. POULOPOULOS, Ph.D.

Rosalind Franklin University of Medicine and Science (Clinical), 2019

Clinical Internship: Jackson Health System/University of Miami School of Medicine

Postdoctoral Fellowship: Boston Children's Hospital/Harvard Medical School

Dr. Pouloupoulos is a pediatric psychologist at Holtz Children's Hospital and the Miami Transplant Institute. She provides clinical supervision and mentorship for the pediatric psychology service intern and fellow. Dr. Pouloupoulos' clinical interests include consultation/liaison, somatic symptom and related disorders, quality of life enhancement for youth with chronic illness, and LGBTQ+ health. As an LGBTQ+ health expert, Dr. Pouloupoulos teaches seminars and trainings regarding gender and sexual diversity and an affirming care approach within hospitals to establish a safe and inclusive environment for LGBTQ+ patients, families, and colleagues. Her advocacy focuses on reducing mental health disparities among underrepresented youth, and her work has been featured in local and national media outlets. Dr. Pouloupoulos is a member of the Society of Pediatric Psychology (Division 54) and has co-authored numerous peer-reviewed publications and presentations.

SOFIA RICARDO, PSY.D.

Nova Southeastern University (Clinical), 2022

Clinical Internship: Broward Health Medical Center, South Florida Consortium Internship Program

Postdoctoral Fellowship: Jackson Behavioral Health, Adult Outpatient Center for Behavioral Medicine and Consultation Liaison

Dr. Ricardo is an Attending Psychologist in the Adult Psychology Services and provides supervisor for both interns and fellows in APS. Dr. Ricardo's areas of interest include post-traumatic stress disorder, complex trauma, depression, anxiety related disorders, and suicide. Additionally, Dr. Ricardo's training background and interests include clinical health psychology, Consultation/Liaison psychology, and conducting transplant and bariatric evaluations. Dr. Ricardo specializes in collaborating with interdisciplinary teams to improve the treatment of patient's mental health concerns in both inpatient and outpatient settings Dr. Ricardo is fully bilingual (English/Spanish) and conducts psychotherapy using various therapeutic approaches including integrating psychodynamic, cognitive behavioral, humanistic/existential, and third wave behavioral approaches.

SAMANTHA ZAID, PSY.D.

William James College (Clinical) 2016

Clinical Internship: Northwell Health/Zucker Hillside Hospital

Postdoctoral Fellowship: Audrey Hepburn Children's House at Hackensack Meridian Health

Dr. Zaid is an attending psychologist for the Dialectical Behavior Therapy program for Adolescents (DBT-A), where she provides individual, group and family therapy for teens and their families. Dr. Zaid is also responsible for clinical supervision of pre-doctoral child psychology interns for therapy and psychological testing. Her clinical and research interests are in the areas of trauma (including child abuse and neglect), emotion dysregulation, the application of evidence-based treatments (including DBT and exposure-based cognitive behavioral therapies [CBT]), risk assessment, assessment and treatment of problematic sexual behavior, and sexual abuse prevention. Dr. Zaid is a member of the Association for Behavioral and Cognitive Therapies (ABCT) and the Association for the Treatment and Prevention of Sexual Abuse (ATSA).

UNIVERSITY OF MIAMI FACULTY

MARY I. ISHII, PSY.D.

Illinois School of Professional Psychology-Chicago (Health Psychology Specialization), 1997

Clinical Internship: Jackson Memorial Hospital/University of Miami School of Medicine

Postdoctoral Fellowship: University of Miami School of Medicine

Dr. Ishii is a Voluntary Clinical Assistant Professor in the Department of Psychiatry and Behavioral Sciences at the University of Miami Leonard Miller School of Medicine/JMH. She is the attending psychologist for the UM/JMH Burn Center in the Department of Surgery and provides consultation services to the Orthopaedic Hand, Orthopaedic Trauma, and Trauma

services for amputees, pain management and other intensive trauma related injuries. Dr. Ishii developed and facilitates a bi-weekly Burn Survivor Support Group as well as serves as an advisor to a local Amputee Support Group. Her research and clinical interests are in the areas of burn injuries and psychological sequelae, traumatic amputations, orthopaedic/traumatic injuries, medical issues, hypnosis, and HIV/AIDS. Dr. Ishii is a member of the American Psychological Association, American Burn Association and American Society for Clinical Hypnosis.

APPLICATION INFORMATION

Applicants from APA-accredited clinical and counseling psychology programs are welcome to apply. Applicants do not need to have US citizenship, but if not a US citizen applicants are required to have proof of authorization to work in the United States.

The application deadline for the 2025-2026 internship year is **November 1, 2024**.

Applicants are required to submit the APPI online application including the following documents:

1. Official Graduate Transcript(s)
2. Curriculum Vitae
3. Three Letters of Recommendation
4. Two de-identified recent work samples (e.g., psychological evaluations, treatment or case summary)

Since we offer six clinical tracks, ***please list and rank up to three choices*** for interviewing purposes at Jackson Health System in affiliation with the University of Miami, Miller School of Medicine. This rank will solely be used for arranging interviews (in accordance with APPIC Match Policy # 5d). **Include your rank order list CLEARLY in the first paragraph of your cover letter in bold font.**

The following is a list of the specific track(s) to choose from:

CLINICAL TRACKS	APPIC PROGRAM CODE
Adult Psychology Service (APS) – General Track	121924
Adult Psychology Service (APS) – Hispanic Track	121911
Rehabilitation Psychology Track	121913
Adult Clinical Neuropsychology Track	121912
Pediatric Psychology Service Track	121915
Clinical Child Track	121922

Applications will be reviewed by the supervisors for each track that you have selected. They will then make a decision whether to offer an interview for their track. A select number of applicants will be offered interviews.

This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant.

All applicants can expect to be notified via e-mail as to their interview status on or before December 13, 2024. If you have been invited for an interview(s) you will be asked to complete an online sign-up tool to schedule your **virtual interview(s)***. If you have not heard from the program after the date listed above, feel free to e-mail the Director of Internship Training to inquire about the status of your application. (clara.loraospina@jhsmiami.org).

*In line with recommendations made by the APPIC Board of Directors, **we will be exclusively using virtual, remote, or on-line interviews and tours for the entire selection process and we will not be offering any in-person recruitment formats.** Virtual interviews will be conducted throughout the month of January 2025. We generally offer approximately 10 interviews per position. Each applicant that is invited to interview will have two sessions scheduled. Structured interviews are conducted by at least two attending psychologists from each individual track, and the current interns. Interview sessions last approximately 45 minutes. In addition, interviewees may be asked to produce a writing sample between interviews.

Applicants who are matched to JHS/UM will be required post-match to: 1) pass an on-site physical & drug screen one to two weeks prior to internship start date (please refer to JHS Policy #337 Drug-Free Workplace for detailed information), and Level 2 criminal background check (please see JHS Policy #369 Employment Screenings Policy for further detail) within 30 days prior to the start of internship, 2) have an active Basic Life Support (BLS) card from the American Heart Association before starting internship year, and 3) sign an affidavit of good moral character.

Submit all materials via the APPIC online submission portal.

Direct any questions to:

Clara Lora Ospina, Psy.D.
Director of Internship Training
Clinical Director of Adult Outpatient Center for Behavioral Medicine
Department of Psychology
Jackson Health System in affiliation with the
University of Miami Miller School of Medicine
1695 NW 9th Ave.
Miami, FL 33136
Phone: (305) 355-8085
Fax: (305) 355-8095
Email: clara.loraospina@jhsmiami.org

INTERNSHIP ADMISSIONS, SUPPORT, AND INITIAL PLACEMENT DATA

Date Program Tables are updated: 07/01/2024

Program Disclosures

Does the program or institution require students, trainees, and/or staff (faculty) to comply with specific policies or practices related to the institution's affiliation or purpose? Such policies or practices may include, but are not limited to, admissions, hiring, retention policies, and/or requirements for completion that express mission and values?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
If yes, provide website link (or content from brochure) where this specific information is presented: 	

Internship Program Admissions

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:
Applicants from APA-accredited clinical and counseling psychology programs are welcome to apply.

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:			
Total Direct Contact Intervention Hours	Yes		Amount: 350 *
Total Direct Contact Assessment Hours	Yes		Amount: 150*/300* Neuro track only

Describe any other required minimum criteria used to screen applicants:
Applicants from APA-accredited clinical and counseling psychology programs are welcome to apply. *If your training experience hours were affected by COVID-19 restrictions and you are interested in our program, please apply even if your hours do not meet our stated minimums and be prepared to discuss service interruptions during the interview process.

Financial and Other Benefit Support for Upcoming Training Year*

Annual Stipend/Salary for Full-time Interns	\$38,000	
Annual Stipend/Salary for Half-time Interns	N/A	
Program provides access to medical insurance for intern?	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
If access to medical insurance is provided:		
Trainee contribution to cost required?	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Coverage of family member(s) available?	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Coverage of legally married partner available?	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Coverage of domestic partner available?	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	18 days total for all leave	
Hours of Annual Paid Sick Leave	18 days total for all leave	
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Other Benefits (please describe): 11 Federal holidays (in addition to 18 personal leave days for illness, vacation, educational, dissertation and postdoctoral interview leave); bereavement leave; jury duty leave; medical, dental and vision coverage.		

¹ Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table

Initial Post-Internship Positions

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

	2020-2023	
Total # of interns who were in the 3 cohorts	27	
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	0	
	PD	EP
Academic teaching	PD = 0	EP = 0
Community mental health center	PD = 1	EP = 0
Consortium	PD = 0	EP = 0
University Counseling Center	PD = 0	EP = 0
Hospital/Medical Center	PD = 10	EP = 0
Veterans Affairs Health Care System	PD = 3	EP = 0
Psychiatric facility	PD = 1	EP = 0
Correctional facility	PD = 0	EP = 0
Health maintenance organization	PD = 0	EP = 0
School district/system	PD = 0	EP = 0
Independent practice setting	PD = 3	EP = 7
Other	PD = 2	EP = 0

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.