



My Visit to UHealth Jackson Urgent Care



When I feel sick or hurt, my family will take me to the Urgent Care to see a doctor to feel better.



Before I leave my home, I can choose to bring something with me to help entertain myself while I am waiting.



When I arrive at the Urgent Care, we will park and then go inside the building. When we go into the office it may be busy, loud, and cold. I will try to stay calm and close to my family.





When we go into the office, I will check in at the front desk with my family.



After I check in with my family, I will try to wait quietly in the waiting room until it is my turn.





While I wait for my turn to see the doctor, I can choose to sit with my family and use the item I brought with me or I can use the sensory items. I will do my best to stay in the waiting room and follow the rules.



When it is my turn to see the doctor, a nurse will go to the waiting room and call my name. I will get up with my family and then walk with the nurse.

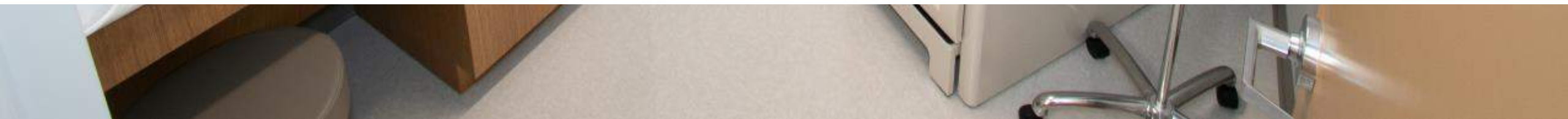




Before we go into the clinic room, the nurse will measure my height and weight.



After, the nurse will take me and my family to a clinic room to wait for the doctor. I can sit on the large chair that has the white paper on it. My family will stay in the room with me.





While we wait for the doctor, the nurse will check my temperature and heart rate by putting a thermometer in my mouth and clip on my finger. This will not hurt and will only take a couple of seconds. The nurse will check my blood pressure. The nurse will put a cuff on my arm. It will be tight for a couple of seconds and then the nurse will take it off.



The doctor will come in the clinic room to check on me. The doctor is a nice person who is there to help. The doctor will ask me and my family questions to understand why I do not feel good or why I am hurt.



The doctor will check my body to find out where I feel sick or hurt. The doctor may check my eyes and ears. I can ask the doctor to first show me the tool before checking me to make me feel comfortable.



Next the doctor may check my mouth. I will need to open my mouth for a couple of seconds. Then the doctor will use a stethoscope to listen to my heartbeat. The doctor will put it on my chest and back. It could be cold but that is okay.



The doctor may need to give me medicine to make me feel better again. The medicine may be something to drink or a shot. The shot will only pinch for a second. I can hold my family's hand to feel better.



Sometimes the doctor may need to take some pictures and tests. These machines will make noises and look scary, but these machines will not hurt me. These machines will help the doctor figure out how to make me feel better.



When the doctor is all done, the nurse or doctor will give me a prize for finishing the visit.



The doctors and nurses at the Urgent Care are all nice and helpful. Going to the Urgent Care will help make me feel better.