

SHADOWING

MAKE THE MOST OF IT!

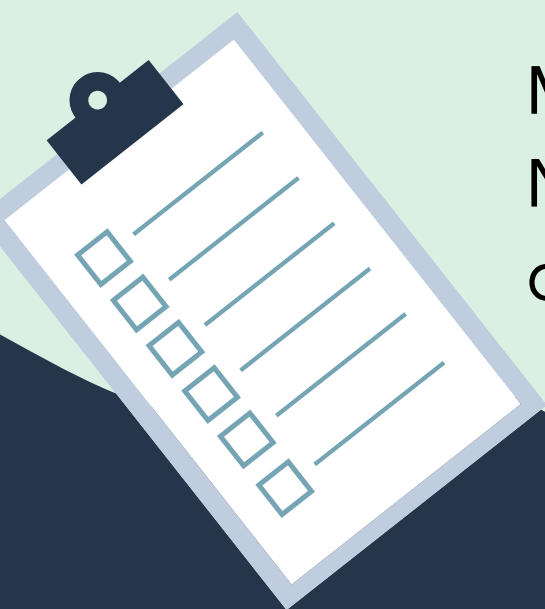
PAY ATTENTION

Avoid eating meals, putting on makeup, multi-tasking while sitting in-person or virtual appointments while shadowing online or in the clinics.



ASK ALL THE QUESTIONS

Make a list of questions during NEO to ask your team lead during shadowing.



MINIMIZE DISTRACTIONS VIRTUALLY

Be mindful of your children or family in the background. Not only can it violate HIPAA, but modeling distractions for clients and other staff in services will set a precedent that we're not striving for excellence.



CONSIDER YOUR CONVERSATIONS

Talking about going out for drinks in front of someone who has had substance use challenges, or talking about diets in front of an individual who has had an eating disorder may be triggering without your knowledge.

