



VCC Visitation Guidelines

Effective Friday, February 11, 2022.

These guidelines must be **STRICTLY adhered to for the duration of your visit, regardless of vaccination status.**
If any of the above guidelines are not followed, you will be kindly asked to leave, as these are crucial to the success/continuation of these visits and everyone's safety.

- **Indoor visitations may occur if parties adhere to these Core Principles of COVID-19 Infection Prevention:**
 - ▶ Visitors will be denied entry if they have been positive for COVID-19 in the last 10 days, have symptoms of COVID-19 ([see list on page 2](#)), or have had close contact with someone who has COVID-19 in the last 10 days.
Close contact is defined by the CDC as: Being within 6 feet for an accumulated total of 15 minutes in one 24-hour period with someone who has COVID-19.
 - ▶ Frequent hand hygiene is very important. (Use of alcohol-based hand rub is preferred.)
 - ▶ Use of a well-fitting covering by visitor and resident required.
- **After the lobby is closed**, visitors will need to call security to enter the facility.
- **All visitors must** be screened and sign the log book, and then proceed directly to the resident's room or designated visitation area (Main Dining Room).
- **Visitors must wear** a well-fitting covering in corridors and common areas and remain 6 feet from other residents and staff in the facility, regardless of vaccination status.
- **Children must** be able to wear a well-fitting face covering and stay in the resident's room.
- **If a resident has a roommate**, the visit should not occur in the resident's room.
- **The safest practice while visiting** is for residents and visitors to wear a well-fitting covering and physically distance, particularly if either are at high risk or are unvaccinated. If the resident and all their visitors are up to date with all recommended COVID-19 vaccine doses, they can choose not to wear a face covering and to have physical contact.
 - ▶ *Up to date is defined by the CDC as having received all recommended COVID-19 vaccinations (fully vaccinated), plus any booster dose(s) when eligible. A person is eligible for their booster 5 months after their 2nd dose of Moderna or Pfizer, OR 2 months after Johnson & Johnson.*
- **While not recommended**, residents who are on transmission-based precautions or quarantine can still receive visitors. The resident needs to wear a well-fitting face covering. Visitors need to be aware of potential risks of visiting and precautions needed to visit the resident.
- **If a new case of COVID-19 occurs in a resident or a staff member**, the facility will immediately begin outbreak testing in accordance with CMS and CDC guidelines.
 - ▶ While it is safer for visitors not to enter the facility during an outbreak, visitors are still allowed. Visitors need to be aware of the risks of visiting during an outbreak and must wear a well-fitting face covering regardless of vaccination status.
- **Outdoor visits continue to be the preferred method for visitations, weather permitting**, especially when the resident and/or visitors are not up to date with vaccines. This method of visiting generally poses a lower risk of transmission of COVID-19.

Review These Symptoms Carefully

PLEASE DO NOT ASSUME YOU ARE OK.

If you have any of these symptoms, do not enter the building.

MANY people who test positive to COVID-19 have said:
“I thought it was just a cold,” or “My allergies are acting up.”

Re-scheduling your visit will keep everyone safer.



We will be very happy to arrange a video visit.



COVID-19 Symptoms

Help prevent the spread of COVID-19



You may have COVID-19 if you experience one or more of the following:

- Fever or chills.
- Cough.
- Shortness of breath or difficulty breathing.
- Fatigue.
- Muscle or body aches.
- Headache.
- Loss of taste or smell.
- Sore throat.
- Congestion or runny nose.
- Nausea or vomiting.
- Diarrhea.

Symptoms range from mild to severe and may appear two to 14 days after exposure to the virus.