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## Research paper 26

## **RP 26**

Expression of Hypoxia Inducible Factor- $1\alpha$  and microvessel density in head and neck squamous cell carcinomas

D. Soni<sup>1</sup>, S. Mukhopadhyay<sup>1</sup>, G. Goel<sup>1</sup>, V. Gupta<sup>2</sup>, S. Das<sup>3</sup>, N. Kapoor<sup>1</sup>

<sup>1</sup>Department of Pathology & Lab Medicine<sup>1</sup>, <sup>2</sup>Department of Otorhinolaryngology, <sup>3</sup>Department of Radiotherap<sup>3</sup>, All India Institute of Medical Sciences, Bhopal, India

Introduction and objectives: Hypoxia is a key tumour microenvironmental factor in head and neck squamous cell carcinomas (HNSCC) implicated in local neo-angiogenesis, tumour growth and tumour resistance to radio and chemotherapies. Immunohistochemical expression analysis of hypoxia-inducible factor- $1\alpha$  (HIF $1\alpha$ ), a biomarker of hypoxia, and assessment of micro-vessel density (MVD) for neo-angiogenesis may provide oncologists with an opportunity to select customized hypoxia modifying therapies for their patients.

**Methodology:** In this descriptive observational study carried out in a tertiary care hospital in central India, immunohistochemical expression of HIF1 $\alpha$  and MVD through CD31 was evaluated in paraffinembedded tumour resection tissue of 44 patients of HNSCC. Associations among HIF1 $\alpha$  and MVD with the clinical parameters and histological prognostic variables were investigated.

Results: Both cytoplasmic and nuclear staining of HIF1 $\alpha$  were observed in tumour cells, with stronger expression noted in well-differentiated areas with keratinization. Our results demonstrated overexpression of HIF1 $\alpha$  in higher grade tumours (T3/T4, 66.7%) compared to lower grade ones (T1/T2) associated with higher MVD scores in all these cases.

**Discussion:** Current literature describes an association of strong HIF1 $\alpha$  protein expression with increased vascularization of solid tumours and a prognostic role for the same in predicting survival and disease relapse.

**Conclusion:** The findings in our study suggest that HIF1 $\alpha$  overexpression and MVD can be used as prognostic markers and may play a role in postoperative radiotherapy response, helping oncologists to choose customized hypoxia modifying treatment for each patient.

Keywords: hypoxia, HIF1a, CD31, micro-vessel density, head and neck squamous cell carcinoma

Corresponding author: Dr S. Mukhopadhyay
Department of Pathology and Lab Medicine, All India Institute of Medical Sciences, Bhopal, India <a href="mailto:sramana.patho@aiimsbhopal.edu.in">sramana.patho@aiimsbhopal.edu.in</a>



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