RESEARCH ARTICLE

Radioactivity levels in beach sand from the West Coast of Sri Lanka[†]

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Abstract: Concentration of primordial radionuclides in 48 sand samples collected from the coastal strip from Uswetakeyyawa to Chillaw in the West Coast of Sri Lanka was measured using a high purity germanium (HPGe) detector. The measured activity concentrations of ²³²Th ranged from 14 ± 3 to 6257 ± 38 Bq kg⁻¹. The maximum concentrations of ²³⁸U and 40 K measured were 1243 ± 15 and 647 ± 37 Bq kg⁻¹, respectively and the minimum were below the detection limits. The detection limits of ²³⁸U, ²³²Th and ⁴⁰K were 1.70, 2.37 and 10.41 Bq kg ⁻¹, respectively. The calculated external annual effective dose rate at one meter aboveground ranged from 5 - 4567 nGyh⁻¹. More than 50 % of the samples analysed showed radium equivalent activity concentrations above the limit 370 Bq kg⁻¹, which is the value recommended for the safe use of building materials for dwellings. The same 48 samples were parallely analysed using NaI (Tl) scintillation spectrometry. For ²³⁸U and ²³²Th the mean ratios of the values obtained by the two methods were 1.0148 and 1.0018, respectively. The findings of this study shows that scintillation spectrometry provides a cost effective method to measure U and Th in radioactive beach sand.

Keywords: Beach sand, detection limits, gamma ray spectrometry, high radiation background area, scintillation spectrometry, Sri Lanka.

INTRODUCTION

Beach sand is weather resistant remainders of geological formations, which may have come to the coast through transport by rivers and deposited in the beach by the action of waves and currents. The waves wash back the lighter grains leaving behind the heavier ones on the beach. These processes when repeated over millions of years create large deposits of heavy minerals on the beach where they get concentrated in localized spots and can be recognized from their dark colour. The heavy mineral deposits on the beach are rich in valuable minerals such as zircon, ilmenite, garnet and monazite. Such deposits have been of economic value due to their extensive use in many purposes. Zircon is used in the ceramic industry for glazing items such as wall and floor tiles, tableware and sanitaryware. Ilmenite and rutile have a high demand in paint, paper and plastic industry. Monazite is one of the most important geological materials containing Th and U, which are the main elements used as fuel in nuclear power plants.

Natural radioactivity levels of beach sand in many countries have been measured by many workers in the past. Gamma dose rates and the distribution of natural radioactivity of beach sand in two islands in Southern Brazil have been measured by Freitas and Alencar in 2004. Veiga et al. (2006) measured the ⁴⁰K, ²²⁶Ra and ²³²Th in sand samples collected from 43 different tourist resorts in four Brazilian states. They have measured the activity concentrations in the sand samples using both NaI (Tl) and high purity Ge (HPGe) detector. The ²²⁶Ra, ²³²Th and ⁴⁰K activities in beach sand minerals zircon, ilmenite, magnetite, garnet and rutile collected from the plant of the Beach Sand Exploitation Center and soils from the tourist zone in Cox's Bazar, Bangladesh have been measured by Alam et al. (1999) using gamma ray spectrometry, with the aim of estimating the radiation hazard and establishing a database for the radioactivity levels of the plant and the tourist area nearby. A similar study has been carried out by Mohanty et al. (2004) at Chhatrapur beach placer deposit in the Orissa State in the South Eastern Coast of India and found that the mineral monazite contained the highest amount of ²³²Th and ²³⁸U and was the major contributor to the radiation exposure

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in the area. Kannan *et al.* (2002) performed a systematic study of the distribution of natural radionuclides in soil and beach sand collected from terrestrial and coastal environment of Kalpakkam and determined the activity concentrations of primordial radionuclides such as ²³⁸U, ²³²Th and ⁴⁰K and also the anthropogenic radionuclide ¹³⁷Cs. They found that ²³²Th is the main contributor to the total absorbed gamma dose rate in air in the beach areas in Kalpakkam.

Areas rich in heavy mineral sands have also been identified in Sri Lanka. The East Coast deposits in Pulmudei and Kokilai are the largest beach mineral sand deposits in Sri Lanka (Herath, 2008). In the West Coast, the beach for several miles north of the Kelani River is rich in ilmenite (Herath, 2008). Similar deposits have been found in Kalutara, Induruwa and Kaikawala. The measured background radiation levels in these areas are much higher than the normal values as thorium rich monazite is an invariable constituent of these beach sands. Radiation levels measured in these areas are comparable to those measured in other high radiation background areas in the world. A value as high as 2.25 mR h⁻¹ has been measured in a location in the Southwest Coast of the country (Amarasiriwardena, 1978). However, a systematic study to measure the activity levels in beach sand in these areas has still not been carried out. Such a study in these areas is important to estimate the radiation exposure to the public and also in locating previously unidentified mineral sand deposits.

The present study was initiated to measure the ²³⁸U, ²³²Th and ⁴⁰K concentrations in the beach sand in the coastal stretch from Uswetakeyyawa to Chillaw in the West Coast of Sri Lanka. The activity concentrations of ²³⁸U, ²³²Th and ⁴⁰K were measured using a HPGe detector. The measured values were compared with those obtained from a NaI (Tl) detector to study the possibility of using the low cost NaI (Tl) detector for similar analysis in the future. The external dose due to the radionuclides have been calculated and compared with the dose rates in another high background radiation area in the region. The suitability of using beach sand as a construction material with respect to radiation exposure was investigated using the radium equivalent activity of the samples collected.

METHODS AND MATERIALS

Preparation of the samples

Superficial beach sand samples from 48 locations along a 70 km coastal stretch in the Western Coast of Sri Lanka were collected. The first 26 samples were sampled at 1 km intervals and the remaining at a distance of 2 km. The sampling distance was changed from 1 km to 2 km due to the difficulty of accessing the beach. The locations from which the samples were collected are shown in Figure 1. The background radiation level at 1 m height was recorded at each sampling point using a FAG FH $_{40}$ F₂ Survey Meter, which was calibrated by the Atomic Energy Authority of Sri Lanka.



Figure 1: Map showing the sampling areas from Uswetakeyyawa to Negambo. The numbers given in parenthesis are the sample numbers at the respective location.

The samples were collected at each location by marking a square of 1×1 m², which was further divided into 16 equal squares. A sub-sample from the top 1 cm was scraped from the middle of each square and combined to make a gross sample of approximately 1 kg in weight from each sampling location. Immediately after collection, the sand was put into polythene bags, sealed, labelled and brought to the laboratory for analysis. The sample was first homogenized by hand mixing and then reduced to a smaller size by the coning and quartering method.

The samples were then washed thrice in tap water to remove sea water contamination and dried to a constant weight at 105 °C. They were then sieved using a 0.25 mm mesh, packed and sealed in weighed cylindrical plastic containers of diameter 8.4 cm and height 2.9 cm. The geometrical dimensions of the samples were kept identical to that of the reference materials. The sealed samples and the reference materials were stored for 3 wks before counting to allow ²²⁶Ra to reach the secular equilibrium with their short lived decay products.

Gamma spectroscopy measurement

The gamma spectroscopy measurements of the samples were carried out using a HPGe detector having a relative efficiency of 23 % and an energy resolution of 1.85 keV at 1.33 MeV gamma line of 60Co. The detector was housed in a lead shield of thickness 10 cm with an inner surface cover of a 2 mm thick Cu sheet. The spectra were accumulated using Canberra S-100 MCA of 4096 channels. Each sample was counted for a period of 5000 s. The background spectrum was obtained by counting an empty container for 10000 s. The spectra were analyzed using the software package ANGAS developed by the International Atomic Energy Agency (IAEA). The system calibration was performed using 3 well-known reference materials RGU-1, RGTH-1 and RGK-1, which were also produced by the IAEA. The activities of ²³⁸U, ²³²Th and ⁴⁰K were calculated by measuring the area under the photo peaks of energies 609 keV (²¹⁴Bi), 583 keV (²⁰⁸Tl) and 1460 keV (⁴⁰K), respectively. The secular equilibrium between ²³⁸U, ²²⁶Ra and its daughter products, and ²³²Th and its daughter products was assumed in all the calculations. The detection limits and the errors associated with the measurements were determined using the method described by Knoll (2000).

The counting system for NaI(Tl) detector comprised a 3" x 3" NaI (Tl) detector (Canberra Model 802-4), fast spectroscopy amplifier (Canberra Model 2024) and HV power supply (Canberra Model 3012). Canberra Series 35, MCA was used to accumulate the spectra. The NaI (Tl) detector was housed in a Pb shield of thickness 3 cm. The same samples packed for counting in HPGe detector were used to count in the NaI(Tl) detector and the counts displayed under the 3 signature peaks in all spectra were noted. The windows of the signature peaks used for ²³⁸U, ²³²Th and ⁴⁰K were (1664 -1964), (2475 - 2805) and (1305 -1588) keV, respectively. The 3 window matrix method described by Stromswold and Kosanke (1978) was used to calculate the ²³⁸U, ²³²Th and ⁴⁰K activities of the samples. Matrix algebra was performed using MS Excel worksheet. The errors associated with the measurements and the detection limits were calculated using the method described by Chiozzi et al. (2000).

Estimation of dose rates

The absorbed dose rate in air at 1 m above ground was calculated using the following equation (UNSCEAR, 1993);

D (nGy
$$h^{-1}$$
) = 0.0414 C₁ + 0.461 C₁ + 0.623 C₁

Where C_K , C_{Ra} and C_{Th} are activity concentrations of ⁴⁰K, ²²⁶Ra and ²³²Th in Bq kg ⁻¹, respectively. The effective dose was calculated by using the conversion coefficient of 0.72 Sv Gy⁻¹ (UNSCEAR, 1993). The external annual effective dose was derived by assuming that a person spends 24 hrs per day, 365 days per year at the location where the samples were collected.

Radium equivalent activity

Radium equivalent activity is an index that has been introduced to represent the specific activities of ²²⁶Ra, ²³²Th and ⁴⁰K by a single quantity, that takes into account the radiation hazard associated with them. This is related to the external gamma dose and internal dose due to radon and its daughters. For safe use of a building material, this quantity should be less than 370 Bq kg ⁻¹ (OECD, 1979). Since the beach sand is sometimes used as a construction material for buildings the radium equivalent activity of the beach sand was calculated using the following equation given by Beretka and Mathew (1985);

Ra
$$_{eq} = C_{Ra} + 1.43 C_{Th} + 0.077 C_{k}$$

RESULTS AND DISCUSSION

The activity concentrations of 238U, 232Th and 40K of beach sand and the dose rates measured at all sampling locations are shown in Table 1. The measured activity concentration of 232 Th ranged from 14 ± 3 to 6257 ± 38 Bq kg⁻¹. Sample number 16, which was collected from Kapumgoda showed the maximum activity concentration for both ²³⁸U and ²³²Th. The highest activity concentrations of ²³⁸U and ⁴⁰K measured were 1243 ± 15 and 647 ± 37 Bq kg⁻¹, respectively. For ²³⁸U, five samples showed activity concentrations below the detection limit and for ⁴⁰K only one sample showed activity concentration below the detection limit. The detection limits of ²³⁸U, ²³²Th and ⁴⁰K were 1.70, 2.37 and 10.41 Bq kg⁻¹, respectively. The correlation between the measured activity concentrations of ²³⁸U and ²³²Th is shown in Figure 2. A good correlation is seen with r^2 value of 0.9402. The average ratio between the ²³⁸U and ²³²Th activity concentration is 0.2011.⁴⁰K is not correlated with any other radionuclide.

Large variations in the activity concentrations in locations within a distance of a few kilometres can be seen. The accumulation of active sand in these locations may be due to the variation of the topography of the underlying seabed in the local vicinity.

Sample Number	Location	Activity concentration (Bq kg ⁻¹)			Radiation level
		²³² Th	²³⁸ U	⁴⁰ K	(µSv h ⁻¹)
1	Uswetakeyyawa 1	5207 ± 37	994 ± 14	647 ± 37	1.20
2	Uswetakeyyawa 2	5267 ± 36	986 ± 14	625 ± 35	2.40
3	Uswetakeyyawa 3	1494 ± 21	400 ± 10	373 ± 30	0.42
4	Uswetakeyyawa 4	564 ± 15	372 ± 11	189 ± 24	0.42
5	Uswetakeyyawa 5	243 ± 9	156 ± 6	170 ± 22	0.28
6	Thaldiyawatta 1	380 ± 12	126 ± 6	300 ± 31	0.42
7	Thaldiyawatta 2	3261 ± 28	781 ± 12	514 ± 31	1.58
8	Thaldiyawatta 3	1137 ± 19	359 ± 9	304 ± 27	0.72
9	Parana Ambalama 1	351 ± 12	106 ± 6	338 ± 33	0.23
10	Parana Ambalama 2	2805 ± 27	674 ± 12	350 ± 27	1.60
11	Appamulla 1	1168 ± 18	404 ± 9	311 ± 27	1.30
12	Appamulla 2	1944 ± 23	512 ± 10	305 ± 26	0.32
13	Elenagoda	609 ± 14	235 ± 8	LDL	0.62
14	Peramungama	840 ± 15	335 ± 8	220 ± 22	0.52
15	Sarakkuwa	351 ± 11	111 ± 6	223 ± 26	0.48
16	Kapumgoda	6257 ± 38	1243 ± 15	644 ± 23	3.20
17	Seththappaduwa	4292 ± 31	882 ± 12	606 ± 33	1.90
18	Dungalapitiya	512 ± 12	312 ± 8	200 ± 21	0.68
19	Thalahena 1	1066 ± 17	399 ± 9	211 ± 21	0.85
20	Thalahena 2	473 ± 12	246 ± 8	241 ± 25	0.32
21	Aluthkuruwa	606 ± 13	340 ± 8	217 ± 22	0.48
22	Pitipana	3415 ± 29	942 ± 13	486 ± 31	0.39
23	Negambo	196 ± 9	84 ± 5	211 ± 26	0.20
24	Kudapaduwa	183 ± 8	79 ± 5	197 ± 24	0.30
25	Palagathure 1	23 ± 3	10 ± 2	250 ± 29	0.28
26	Palagathure 2	27 ± 3	13 ± 2	333 ± 33	0.28
27	Sindaththiriya	674 ± 20	204 ± 10	389 ± 42	0.45
28	Nainamadama West	45 ± 6	23 ± 4	262 ± 39	0.24
29	Dummaladeniya West	130 ± 10	30 ± 4	367 ± 45	0.24
30	Ullatiyawa	18 ± 4	7 ± 2	359 ± 64	0.24
31	Kolinjadiya	18 ± 4	20 ± 3	265 ± 39	0.24
32	Katuneriya	53 ± 6	26 ± 4	243 ± 37	0.24
33	Mudukatuwa	73 ± 7	22 ± 4	343 ± 45	0.24
34	Marawila	26 ± 4	16 ± 3	231 ± 36	0.24
35	Modarawalla	23 ± 4	LDL	352 ± 44	0.24
36	Thalwila	14 ± 3	LDL	383 ± 46	0.24
37	Barudelpola	31 ± 5	10 ± 2	445 ± 51	0.24
38	Toduwawa	75 ± 7	21 ± 3	342 ± 44	0.24
39	Thoduwawa west	51 ± 6	17 ± 3	409 ± 50	0.24
40	Iranawilla	72 ± 8	LDL	309 ± 46	0.24
41	Abakdawila 1	72 ± 8	LDL	257 ± 41	0.24
42	Abakdawila 2	32 ± 5	14 ± 3	332 ± 48	0.24
43	Maduwatta	74 ± 8	LDL	345 ± 46	0.24
44	Suduwalla	342 ± 17	99 ± 8	291 ± 43	0.39
45	Chillaw	112 ± 10	47 ± 5	353 ± 48	0.26
46	Chillaw (Moyakata 1)	1449 ± 30	350 ± 13	320 ± 39	0.35
47	Chillaw (Moyakata 2)	2711 ± 40	596 ± 17	385 ± 43	0.41
48	Chillaw	764 ± 22	246 ± 11	275 ± 47	0.38

 Table 1: Activity concentrations of ²³²Th , ²³⁸U and ⁴⁰K and the effective dose rates measured at the sampling points at one meter height. The uncertainty in radiation level measurement is 25 %.

LDL- less than detection limit



Figure 2: Correlation between ²³⁸U and ²³²Th activity concentrations





Figure 3: Correlation between the activity concentrations of ²³²Th and ²³⁸U measured by the two detectors.

The specific activities obtained with the NaI (Tl) detector as a function of the activities measured with the HPGe detector are shown in Figure 3. For both ²³⁸U and ²³²Th, a good agreement between the values measured by the two methods can be seen. The gradient of the graphs of the measured values of ²³⁸U and ²³²Th were 1.0148 and 1.0018, respectively. The r² values for the measurements obtained by the two methods were 0.994 and 0.998, respectively. For ⁴⁰K the two methods could not be compared as the counting time was not long enough to get accurate results due to the high background count in the region of interest of the signature peak of ⁴⁰K. This is due to the high concentrations of ²³⁸U and ²³²Th in the samples. The calculated detection limits of ²³⁸U, ²³²Th and ⁴⁰K using the NaI (Tl) detector were 22, 21 and 90 Bq kg⁻¹, respectively.

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The calculated annual effective doses are shown in Figure 4. Twenty one of the 48 locations studied show annual effective doses above the world average of 2.4 mSv y⁻¹ and the calculated absorbed dose rates range from 5 - 4567 nGy h⁻¹. According to UNSCEAR (2000), the absorbed dose rates in air in the monazite bearing sand in the coastal areas in Kerala and Madras ranged from 200 – 4000 nGy h⁻¹. In this study two locations with dose rates higher than that was reported in Kerala has been identified. The measured effective dose rates as a function of the calculated effective dose rates are shown in Figure 5. Most of the calculated effective dose rates agree with the measured values. However in some locations, a significant difference between the measured and calculated dose rates can be seen. This may be due to the fact that the calculated dose rate is based on the superficial sample collected, whereas the measured dose rate would account for any radiation level from greater depths.



Figure 4: The calculated annual effective doses at the 48 sites studied in this work.

y = 0.801x $R^{2} = 0.685$ The rest the traditional structure is the tr

Figure 5: Measured dose rates as a function of the calculated dose rates in μ Sv h⁻¹



Figure 6: The specific radium equivalent activities of the sand in $Bq kg^{-1}$.

The specific radium equivalent activity concentration calculated using the activity concentrations of 40 K, 238 U and 232 Th are shown in Figure 6. It is observed that out of the 48 samples studied 28 had radium equivalent activity concentrations higher than 370 Bq kg ${}^{-1}$, which makes them unsuitable with respect to radiation exposure for use in building constructions. The sand samples that contained a higher amount of radioactivity were much heavier and could be visually identified by the presence of black coloured sand particles.

The use of beach sand for construction purposes can be a suitable alternative to overcome the heavy environmental degradation caused by mining river sand. However, the results of this study indicate the importance of testing the sand for radiological safety, when using for construction of dwellings.

CONCLUSION

The results of this work demonstrated the usefulness of the traditional inexpensive NaI (Tl) detector for ²³⁸ U and ²³² Th analysis of beach sand. High concentration of ²³²Th and ²³⁸U was observed in sand at a previously unidentified location called Kapumgoda. The external effective dose rates observed in this study were comparable to the values measured in high radiation areas in the world and more than 50 % of the sand samples analyzed in this study proved unsuitable for use in building construction.

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