Severe reaction following a combined vaccine

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Introduction

With the expanded programme of immunization (EPI) achieving near 100% coverage, the demand for non-EPI vaccines is rising. The combined vaccines have become popular among health care providers and the patients due to easier administration and a single injection covering many diseases. They have been shown to be safe and effective^{1,2}. We report a child who developed a severe febrile illness following a combined DPT+HepB+Hib vaccine.

Case report

A one and a half year old girl who has been previously well was given OPV + combined DPT+HepB+Hib vaccine. She developed high fever within 8 hours.

During the next 2 days child continued to have fever spikes ranging from 38-39°C but her general condition remained well. On the third day she developed an urticarial rash with angioedema and was treated with antihistamines and 2 doses of hydrocortisone. Following day child was found to have moderate jaundice. She continued to have wildly swinging temperatures which were difficult to control with paracetamol. Examination revealed bilateral ankle swelling and tender hepatomegaly.

Following results were obtained from investigations done during this stage. Bile was present in the urine. The total white cell count was 20 x $10^9/1$ with a differential count of 79% neutrophils and 19% lymphocytes. Platelet count was $523 \times 10^9/1$ and the haemoglobin was 9.6g/dl. Blood film was negative for malarial parasites. Serum bilirubin was 71μ mol/1. SGPT was 476 u/1 and SGOT 126 u/1. In the peripheral blood film red cells were hypochromic and microcytic; white cells were predominantly neutrophil with no abnormal cells; platelets were

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normal in appearance. Blood urea was 2.3 mmol/1, serum sodium 139mmol/l and serum potassium 4.2 mmol/1. Prothrombin time was 14 seconds (control 12 seconds). Ultrasound scan of the abdomen was unremarkable except for a non-specific mild hepatomegaly.

Child was started on intravenous cefotaxime and gentamicin after a lumbar puncture was done and samples of urine and blood obtained for culture. Cerebrospinal fluid did not show any abnormality. Urine and blood cultures were negative. Despite antibiotic therapy child remained febrile, irritable and ill and complained of painful limbs. The results of investigations at this stage were as follows:

Total white cell count was 30 x 10⁹/1 with a differential count of 70% neutrophils and 29% lymphocytes. ESR was 132 mm in first hour. The chest x-ray, electrocardiogram and echocardiogram were normal. Cold agglutinins, mycoplasma antibodies, antinuclear antibodies and rheumatoid factor were negative. There was no growth in blood and urine cultures. Hepatitis B surface antigen and Hepatitis A IgM were negative.

Although the results of investigations were inconclusive, antibiotics were continued for a period of 7 days. She made a slow recovery and became asymptomatic by the 12th day. The full blood count, ESR and liver function tests were repeated after 4 weeks and were normal.

Discussion

Mild febrile reactions that settle in 2-3 days and local reactions at the site of injection site following immunizations are common. Very rarely anaphylaxis, allergic reactions and serum sickness like diseases have been reported¹. Thrombocytopenia³, Guillain-Barre syndrome, Bell palsy, abnormal liver function tests and convulsions have been reported with Hepatitis B containing vaccines^{4,5,6}. Severe prolonged febrile illness with hepatitis following the combined DPT+HepB+Hib has not been documented. Clinicians have to be aware of the possibility of this type of reaction following combined vaccines.

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