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Poster Abstract

Health, financial status and family support – how this affect elderly needs in Singapore

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Abstract

Background: Singapore is the most rapidly ageing country in South East Asia, and the number of residents aged 60 and older is expected to be 20% of the national population by 2030[1]. It is therefore crucial that we identify the determinants of requirements for health and social services among the elderly.

Objectives:The study was conducted to understand how health, financial status and family support affect the elderlys requirements of such services in a residential area of Singapore reflective of the nations population in 2030.

Methodology: Our study was conducted using population based survey in Marine Parade in 2011 for residents aged above 60 years. A multiple logistic regression model was employed to analyse the association between the elderlys health, financial and family support status and their service requirements.

Results: Among 2558 respondents, 18% requested one or more services. Respondents living with chronic diseases, depression, pain, the need for ADL assistance, the lack of a caregiver and poor socio-economic status were found to be significantly associated with an increased need for such services.

Conclusion: Findings in our study may help to estimate future elderly service requirements and hence assist in policy making.

Keywords:

elderly needs, health and financial status, family support

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