## Conference abstract

## Transfer knowledge for younger generations

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## **Abstract**

**Introduction:** Nowadays there is an important distance between generations in our society, especially between senior citizens and young people, who do not regularly live together. In addition, it has been demonstrated that the transfer of knowledge and experience, are the keys to sustainability of culture and tradition, as well as the transfer of values. In this context, it is necessary to promote actions and programmes that bring together these two generations, establish both time and space to share.

**Description:** The Intergenerational Viure i Conviure Programme of Caixa Catalunya, of homeshare between senior citizens and young university students, as well as other similar European programmes, provide participants the necessary time and space for knowledge transfer. The experience gathered in this programme has shown us the importance of the relation between generations and the numerous values and benefits obtained by its participants. Values such as solidarity, tolerance, respect for other cultures and political views, among others, are clear examples. For over 12 years, more than 2000 homeshare couples in the Viure i Conviure programme have been formed and the programme's positive effect on senior citizens and young university students has been proven.

**Conclusion:** This experience of living together among generations, and other similar ones in Europe, as well as other experiences between different groups (for example, with persons with Down Syndrome) demonstrate the relevance of the intergenerational programmes in long-term care in Europe.

## **Keywords**

younger generations, knowledge transfer, homeshare, intergenerational programmes

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