

CONFERENCE ABSTRACT

Monitoring integrated care for childhood overweight and obesity

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Leandra Koetsier^{1,}

1: Department of Health Sciences, Faculty of Science, Vrije Universiteit Amsterdam, Amsterdam Public Health research institute, Amsterdam, Netherlands

Purpose

The development of a national model has led municipalities in the Netherlands to implement integrated care for childhood overweight and obesity. To monitor how this approach is being implemented locally, an appropriate tool is required. This study presents a 'Tool to monitor the local implementation of Integrated Care for Childhood Overweight and obesity' (TICCO).

Research methodology

A three-step study was conducted in order to adapt and refine a generic integrated care questionnaire into a tool that suits the specific characteristics and context of integrated care for childhood overweight and obesity. The three consecutive steps comprised: a focus group session that assessed the relevance and comprehensiveness of the original integrated care instrument; a pilot questionnaire for end-users that evaluated the feasibility of the preliminary tool; and a pilot questionnaire that determined the feasibility and potential limitations of this adapted tool.

Findings

The adaptation process resulted in a 47-element digital tool for professionals actively involved in providing integrated care for childhood overweight and obesity. The results highlighted differences pertaining to how individual respondents judged each of the elements. These variations were found across both municipalities and different domains of integrated care.

Originality/value

This article presents an adapted tool that seeks to both support local discussion in the interpretation of individual TICCO scores and identify potential areas for improvement in local integrated care for childhood overweight and obesity.