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# POSTER ABSTRACT

# Effectiveness of Telehealth Collaboration between Academic, Health Provider and Community towards People's Participation for COVID-19 Self-reporting

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Neti Juniarti<sup>1</sup>, Haroen Hartiah, Citra Windani Mambang Sari, Desy Indra Yani

1: , Universitas Padjadjaran,Indonesia

#### Introduction

Novel Corona Virus Disease (COVID-19) has been a major health issue in the world including Indonesia. This disease spread very fast in Indonesia with 1,298,608 positive cases and 35,405 people died. Self-assessment of COVID-19 and self-reporting of risks of infection are important to reduce infection in the community. However, there is also a need to perform physical distancing to reduce the spread of the disease. Thus, telehealth is considered a means to educate people about the importance of self-assessment and self-reporting of Covid-19 signs and symptoms. This study aimed to examine the effectiveness of telehealth collaboration between academic, health provider, and community towards people's participation for COVID-19 self-assessment and self-reporting in West Java, Indonesia.

# Methods

This study used a prospective cohort design with a time frame from 7th April to 13th July 2020. The samples were people in 26 sub-districts in West Java Province Indonesia. A Total of 6,578 people reported their condition through a website system. The telehealth was performed by 63 nursing students and 16 nursing lecturers in collaboration and partnership with health providers in community health centres and community leaders in 26-sub-districts. The 26 sub-districts comprised 3 groups with different levels of engagement: the first group consisted of 9 sub-district with a low level of telehealth engagement, second group 7 sub-district with a moderate level of telehealth engagement, and the third group 10 sub-districts with a high level of telehealth engagement. Data were analysed using one-way ANOVA test.

### Results

The results showed that in the first group, 354 people were self-reported (mean=39.33). In the second group 1,111 people were self-reported (mean= 158.7). In the third group, 5,118 people were self-reported (mean= 511.8). The one-way ANOVA test showed that there is a significant difference between the three groups (F = 9.117; p = 0.001).

# Discussion

Collaboration and partnership between academics, health providers, and community leaders have been proven can improve people's participation in COVID-19 self-reporting. Telehealth is an

Juniarti: Effectiveness of Telehealth Collaboration between Academic, Health Provider and Community towards People's Participation for COVID-19 Self-reporting.

effective way to facilitate collaboration and partnership. However, in some areas of this study, telehealth is not optimal due to limited phone signals and limited people who owned smartphones.

## **Conclusions**

Tele-health is effective as one alternative to reach out and educate people about the importance of self-reporting of COVID-19 signs and symptoms. Nurses and health professionals in community health centres can use telehealth in addition to direct face-to-face interaction.

### Lessons learned

Collaboration and partnership are important during pandemic COVID-19. Tele-health can become one of the means to reach out to educate people.

### **Limitations**

Due to the circumstances during the early days of the pandemic, this study used a prospective cohort design, so that all activities were conducted without any efforts to control the samples.

# Suggestions for future research

Further research can be conducted with a randomized controlled trial design and qualitative design to explore influencing factors for the people's participation.