Number of sessions		Time per session (mins)	
Not reported	12	Not reported	24
Reported	16	Reported	4
Range	2-21	Range	10-60
Mode	4	Mode	15
	- · ·	•	0/
	Frequency of sessions	N	%
Not reported Decreased over time		14	
		4	14%
At one week and one or more further session(s)		4	14%
Depending on service user		2	
Monthly		1	
Every 3 months		1	
Quarterly		1	4%
Weekly		1	4%
		28	100%
Method of delivery			
Not reported		16	57%
Telephone		6	21%
Face to face, telephone, email and/or text message		2	7%
Face-to-face		2	7%
Email or telephone		1	4%
Other		1	4%
		28	100%
Length of follow-up			
Not reported		11	39%
≤6/12		10	25%
>6/12			25%
		28	100%
	Discharge processes	N	%
Not reported		20	71%
After attending a number of sessions		4	14%
After a predetermined length of time§ Depending on service user or unlimited		2	7%
Dependir	ig on service user or unlimited	2	7%
28			100%

Supplementary File 9: Processes and features of follow-up by the intermediary

The processes of follow-up were not reported in N=6 studies (21%) [1-6].

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