

CONFERENCE ABSTRACT

Towards an Integrated Care System in France: the "Pioneer Territories" experiment

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Starting in 2018, the French Hospitals Federation (FHF) has developed a clinical integration model based on "Responsabilité Populationnelle" (accountability towards a population).

The model rellies on localy developed "action plans" covering targeted populations, from "at risk" people to severly ill patients.

The model is developped and tested in five "Pioneer Territories", covering 1.3M habitants, and built around Territorial Hospital Groups.

The Five Territories ""share"" two common target populations: people at risk or suffering from Type 2 diabetes and Heart Failure. These populations represent around 60 000 ill persons, and 300 000 ""at risk"" individuals, in the Five regions.

They share a common methodology, developped by FHF's teams and leading medical experts in the fields of diabetology, cardiology and public health.

The model relies on extensive use of healthcare data, in particular the ability to ""stratify"" target populations into clinical profiles. To each profiles are attached clinical guidelines that must be executed for every patient, according to its profile.

It is up to local actors to create their "actions plans", leveraging local assets to create local pathways, and local ressources to adress local needs.

Large scale deployment started in January 2022. In September 2022, more than 700 healthcare professionals, as well as 60 ""patient/partners"" were actively involved in the program. More than 450 outreach/prevention actions had been performed, and more than 5 300 at risk individuals had been screend for T2D or HF. More than 1 700 patients were included in ""clinical programs", according to their clinical profiles.

We are already measuring impacts in terms of hospital use for these populations: reduced ER utilization, reduced length of stay, increased planned admissions.

Key Takeaways: The model is inspired by other Integrated health systems. However, FHF having no regulatory power, the model is primarely built around clinical practices and intrinsic motivations. We rely on the ability of local healthcare professionals and actors to develop actions plans that will improve coordination between them and the timely use of healthcare ressources for the benefit of the populations.

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So far, the model is producing positive results in five very different regions, providing valuable insight as to the scalabilty of the model in other regions, and/or for other target populations.

The Five regions have shown tremedous ability to mobilize their local ecosystems, ranging from community groceries to local authorities, to patient organizations and other community assets.

Data analysis and utilization, in particular the stratification methods developped for the program, are based on DRG's, making them highly transferable to other HC organizations that use ICD-10 coding. These tools were well received by local HC professionals and are used on a daily basis in the Five Territories.

Among the key challenges at this stage, the question of a unified Information System is the most pressing. At this stage, there is still no single EHR in France, making the connection between hospitals and ambulatory providers cumbersome.

Morevoer, if we want to model to endure and to be generallyzed in France, regulatory intervention by National authorities will be necessary.