
CONFERENCE ABSTRACT

Demonstrating Integrated SDoH Impact in Behavioral Health

23rd International Conference on Integrated Care, Antwerp, Flanders, 22-24 May 2023

Kenneth Roberts¹, Tanya Freedland²

1: NUWAY Alliance, Minneapolis, Minnesota, United States

2: University of Minnesota- Center for Practice Transformation, Minneapolis, Minnesota, United States

Living environment is a proven social determinant of health and a key factor in substance use recovery. Recovery housing is often recommended for people seeking intensive outpatient treatment for substance use disorder and has frequently been combined with outpatient treatment by the treatment provider in a format termed “outpatient with lodging”. However, little research has been conducted into a community-based approach to integrating intensive outpatient treatment and independently operated recovery residences. The Center for Practice Transformation (CPT) at the University of Minnesota partnered with one of Minnesota’s largest non-profit substance use treatment providers to investigate the association between living in recovery residences while attending intensive outpatient treatment. This session will detail results indicating that integrating recovery residences and intensive outpatient programming is associated with improved recovery outcomes