
CONFERENCE ABSTRACT

Shared medical appointments (SMA) for metabolic syndrome patients in the Hague, the Netherlands

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The pilot with the Shared Medical Appointment (SMA) started in januari 2021 in the Schilderswijk which is a deprived area of the Hague , with low health literacy and high prevalence of metabolic syndrome . This group of patients are seen in the SMA together with a multidisciplinary Team (MDT) of professionals and scientists.

The patient journey of the participants starts at population care towards customized patient orientated care.

This proactive, integrative towards personalized care might benefit applying a quadruple or quintuple aim.

The study design is a quasi experimental population based controlled cohort trial

The study employs a dif-in -dif design using a regional control group on non participating GP 's
Good collaboration is important between the primary care , the social care , welfare , and science.

A shared savings contract could provide financial incentives to realize efficiency gain value based competition.

The SMA will be evaluated in 2023-2024 to measure the effects of the Sma intervention.

Thank you In behalf of the team members

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