

Appendix B

Outline of Alumni Interview Protocol

Category	Purpose	Example Questions
Demographics	Allows the participant to identify relevant demographics.	What is your age? What is your gender?
Perceived Mental Health	Allows the participant to provide a direct account of their mental health journey.	Did you experience any emotional challenges or stress during the transition after graduation from Tumaini? Can you tell me about that experience?
Stress and Coping Mechanisms	Directly addresses causes, symptoms, and methods for managing stress.	Have your coping strategies developed during your time at Tumaini? Have these changed since graduation? And if so, how?
Local Services	Addresses the impact of services offered at Tumaini.	What, if any, resources at Tumaini were the most impactful? Which courses were the most impactful?
Community and Social Dynamics	Allows the participant to discuss their connectedness to the Tumaini community.	Do you still feel like you are part of the Tumaini community? Are you still in touch with anyone from Tumaini?
Substance Use	Specifically addresses the perception of substance use within their own history or their peers' histories.	If you are comfortable talking about it, we would like to know whether you or your classmates have struggled with using drugs or alcohol in the past.