



## HAEMATOLOGICAL PARAMETERS AND SOME COAGULATION PROFILE IN MALARIA PATIENTS

Enas Ali<sup>1\*</sup> and Dr. Enaam Abdelrahman<sup>2</sup>

<sup>1</sup>Department of Hematology, Faculty of Medical Laboratory Sciences, Al-Neelain University, Khartoum, Sudan

<sup>2</sup>Associated prof of heamatology ‘Alneelain university

\*Corresponding Author: Dr. Enas Ali

Department of Hematology, Faculty of Medical Laboratory Sciences, Al-Neelain University, Khartoum, Sudan.

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### ABSTRACT

**Background:** Malaria parasites belong to the genus plasmodium. There are approximately 156 named species of plasmodium which infect various species of vertebrate. Four are known to infect humans – p.falciparum, p.vivax, p. malariae and p.ovale. It transmitted by the bite of infected anopheles mosquitoes. Malaria can cause thrombocytopenia, leucopenia, leucocytosis, anaemia and intravascular coagulation or bleeding. **Objective:** the purpose of this study was to assess the CBC parameters and some coagulation profile in malaria and correlate parameters with parasite density, type of malaria parasite, age and gender of patient. **Materials and Method:** A case control study was done in 60 malaria patient (30 plasmodium falciparum and 30 plasmodium vivax) and 30 normal control. Complete blood count was stimulated by full automated mindary and the coagulation profile was tested by coagulometer. **Result:** CBC count and some coagulation profile was estimated by automation showed that HB, PLTS and HCT was significant decrease and affected by increasing of density, RBCs and WBCs and MCHC was significant decrease but they are not affected by density MCHC was affected by type of malaria. Lymphocyte and granulocyte were significant difference between p.falciparum and plasmodium vivax (p.value <0.05). PT was significant prolongation in malaria and it was affected by increase of parasitaemia (prolong), but the PTT level was shorting and also affected by increase of parasite density. **Conclusion:** The study concluded that different species of malaria (falciparum and vivax) has profound hematological effect in sudanese patients, it can cause thrombocytopenia, anaemia, leucopenia, prolong PT and shorting APTT.

**KEYWORD:** Malaria, falciparum, vivax, CBC, PT, PTT, Mindary, Coagulometer, parasite density.

### INTRODUCTION

Malaria parasites belong to the genus plasmodium. There are approximately 156 named species of plasmodium which infect various species of vertebrate. Four are known to infect humans – p.falciparum, p.vivax, p. malariae and p.ovale. It transmitted by the bite of infected anopheles mosquitoes. malaria continuous to be an important vector-borne disease with an annual morbidity of 4-5 million cases the incidence of malaria is increasing due to resistance of vectors to insecticides and drug resistant parasites.<sup>[1]</sup> Of the four species that infect humans, p.vivax and p.falciparum account for 95% of infections. p.vivax has widest distribution, extending throughout the tropics, subtropics and temperature zones. plasmodium falciparum is generally confined to the tropics, p. malariae is sporadically distributed, and p.ovale is rare in much of the world but relatively common in western Africa.<sup>[1]</sup> Malaria is endemic in Sudan estimated to be about 9 million episodes in 2002 and the number of death due to malaria about 44,000. 2.877,000 daly were lost in sudan in 2002 due to malaria mortality, episodes,

anemia and neurological sequelae.<sup>[2]</sup> Malaria can cause thrombocytopenia, leucopenia, leucocytosis, anaemia.<sup>[3]</sup> and intravascular coagulation or bleeding.<sup>[4]</sup>

### Objectives

#### General objectives

To assess haematological parameters and some coagulation profile in malaria patients.

#### Specific objectives

- To measure CBC parameters and some coagulation profile in malaria
- To correlate parameters with parasite density
- To correlate parameters with type of malaria parasite
- To correlate parameters with age and gender

### MATERIAL AND METHOD

#### Study area and population

The study was conducted in Rebat University Hospital in Sudan –khartoum state –being a teaching hospital.

### Study design

A case control study was done in a total of 60 patients all of them were diagnosed with malaria parasite infection by thick blood film and ICT to determine species.

### Inclusion criteria

All the cases tested positive for falciparum or vivax malaria by peripheral smear in Rebat University Hospital.

### Exclusion criteria

patients under malaria treatment.

### Collection of samples

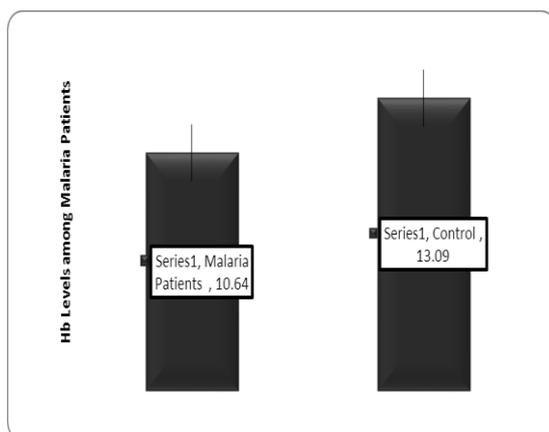
3 ml of Venous peripheral blood sample was collected in any tube of EDTA and sodium citrate anticoagulant from the malaria patients after tested by thick blood film and ICT for malaria. The study included 60 patients blood sample (30 falciparum and 30 vivax) and 30 normal control.

### STATISTICAL ANALYSIS

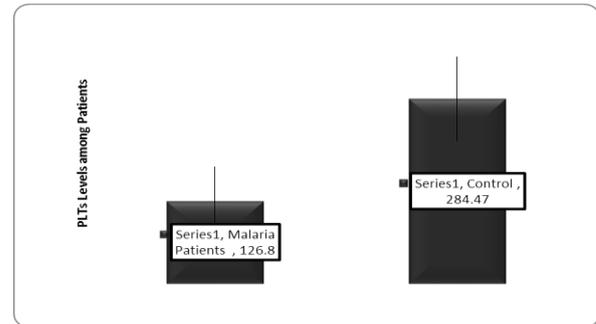
Data was analyzed manually and by using computer software (SPSS version 21) and the results were presented in graphs, charts. Statistical values for  $p < 0.05$  were considered significant, and  $>0.05$  were considered insignificant.

### RESULT

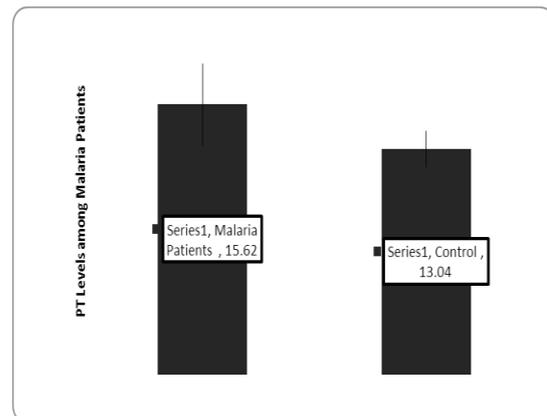
A total of 90 samples collected in this study: 57 males and 33 females (30 *Plasmodium falciparum*, 30 *Plasmodium vivax* and 30 control). The mean age of patients was  $34.233 \pm 12.71$  years. Complete blood count was estimated for all samples using Mindray BC-2800 hematological analyzer and coagulation profile was estimated by coagulometer analyzer.



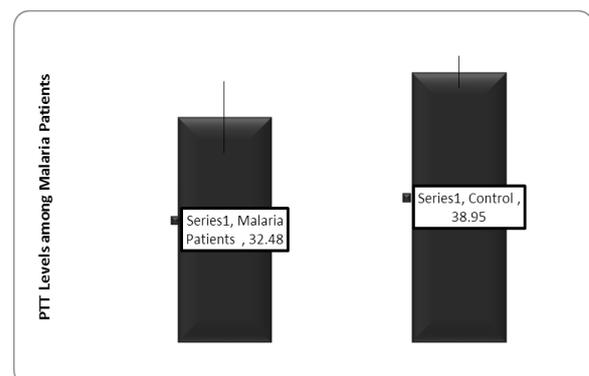
**Fig 1, hemoglobin level in malaria patient (falciparum and vivax) and normal control. The figure showed that hemoglobin level was significantly reduced in malaria patients when compared with normal subjects ( $P < 0.05$ )**



**Fig 2: platelets count in falciparum and vivax malaria patient with normal control. The above figure showed that platelet count was significantly reduced in malaria patients when compared with normal subjects ( $P < 0.05$ )**



**Fig 3: prothrombin time level in malaria patient (falciparum and vivax) and normal control. The above figure showed that PT was significantly prolonged in malaria patients when compared with normal subjects ( $P < 0.05$ )**



**Fig 4: Activated partial Thromboplastin Time in malaria patient (falciparum, vivax) and normal control. The above figure showed that PTT was significantly shortened in malaria patients when compared with normal subjects ( $P < 0.05$ ).**

**Table 1: Mean concentration level of hematological parameters among malaria patients and control group.**

	Grouping	N	Mean	P-value
WBC	Case	60	6.09±1.85	0.051
	Control	30	6.91±1.89	
Rbcs	Case	60	4.22±0.41	0.000
	Control	30	4.76±0.69	
HCT	Case	60	34.92±3.48	0.000
	Control	30	42.14±3.73	
MCV	Case	60	82.22±8.55	0.117
	Control	30	85.32±9.16	
MCH	Case	60	25.04±3.11	0.070
	Control	30	26.35±3.39	
MCHC	Case	60	30.45±1.07	0.019
	Control	30	31.01±1.04	
LYM	Case	60	30.07±14.72	0.180
	Control	30	26.14±8.54	
MIX	Case	60	9.27±2.29	0.124
	Control	30	8.51±1.95	
GRA	Case	60	60.56±15.42	0.125
	Control	30	65.33±9.65	

In the table above, MCHC, HCT, total WBC and Rbcs counts were significantly decreased in malaria patients when compared with the control subjects ( $P < 0.05$ ).

**Table 2: showing comparison of mean value of hemoglobin, platelets and some coagulation profile among falciparum and vivax malaria patients.**

	Type	N	Mean	p.value
PTT	Falciparun	30	32.38±5.01	0.882
	Vivax	30	32.58±5.35	
PT	Falciparun	30	15.13±1.03	0.110
	Vivax	30	16.10±3.12	

**Table 3: showing comparison of mean value of hematological parameters among falciparum and vivax malaria patients.**

	Type	N	Mean	P. value
WBCS	Falciparun	30	6.41±2.1	0.181
	Vivax	30	5.77±1.54	
PLTS	Falciparun	30	126.07±54.77	0.916
	vivax	30	127.53±51.96	
HB	Falciparun		10.44±1.27	0.224
	Vivax		10.84±1.27	
Rbcs	Falciparun	30	4.17±0.36	0.418
	Vivax	30	4.26±0.46	
HCT	Falciparun	30	34.60±3.41	0.492
	Vivax	30	35.23±3.57	
MCV	Falciparun	30	82.12±9.20	0.928
	Vivax	30	82.32±8.01	
MCH	Falciparun	30	24.78±3.26	0.513
	Vivax	30	25.31±2.98	
MCHC	Falciparun	30	30.09±0.95	0.008
	Vivax	30	30.80±1.08	
LYMPH	Falciparun	30	35.18±16.63	0.006
	Vivax	30	24.96±10.50	
MIX	Falciparun	30	9.69±2.20	0.153
	Vivax	30	8.84±2.33	
GRAN	Falciparun	30	54.90±16.37	0.004
	Vivax	30	66.21±12.24	

**Table 4: showing comparison of mean value of some coagulation profile related to malaria parasites density.**

		N	Mean	P .value
PTT	+	22	35.7773±4.18	0.007
	++	25	31.8040±4.79	
	+++	13	28.1846±3.51	
PT	+	22	14.5136±0.95	0.226
	++	25	15.5280±1.11	
	+++	13	17.6538±4.05	

**Table 5: showing comparison of mean value of heamatological parameters related to malaria parasites density**

		N	Mean	P .value
WBCS	+	22	6.4864±2.003	0.562
	++	25	5.9280±1.79	
	+++	13	5.7231±1.70	
PLTS	+	22	171.0000±42.05	000
	++	25	123.0800±27.98	
	+++	13	59.1538±23.43	
HB	+	22	11.5182±1.50	000
	++	25	10.1880±0.697	
	+++	13	10.0154±0.88	
Rbcs	+	22	4.3182±0.44	.267
	++	25	4.1360±0.39	
	+++	13	4.2000±0.36	
HCT	+	22	37.3091±4.01	0.001
	++	25	33.8160±1.92	
	+++	13	32.9769±2.6	
MCV	+	22	85.4091±8.24	.297
	++	25	81.7120±9.056	
	+++	13	77.7923±6.03	
MCH	+	22	26.2409±3.10	.197
	++	25	24.7200±3.14	
	+++	13	23.6308±2.38	
MCHC	+	22	30.7818±1.17	.148
	++	25	30.1960±0.933	
	+++	13	30.3538±1.06	
LYMPH	+	22	33.2727±18.51	.640
	++	25	29.3880±12.7	
	+++	13	25.9538±10.12049	
MIX	+	22	9.4909±2.32	.750
	++	25	9.0000±2.31	
	+++	13	9.4000±2.30	
GRAN	+	22	57.2364±19.18	.640
	++	25	61.2920±13.28	
	+++	13	64.7538±11.48	

**DISCUSSION**

In this study haematological parameters and some coagulation profile were assessed in adult hood with mean age (34.2±12.7) years suffering from two types of malaria infection (falciparum and vivax) with the aim of finding out the effect of malaria on the parameters.

Male predominant (66.6%) was seen as the percentage 66.14% of male comparison with female in a study done

by Prashant Patel et al – 2013.<sup>[5]</sup> can be attributed to the male dominated social system where a sick male gets preferential medical attention.

Results obtained show statistical decrease of haemoglobin level, the mean of it was (10.64±1.27), in (10.44±1.27) in falciparum compared to (10.84±1.27) in vivax p. value (0.224)

Anemia was seen in 63% of the total patients like the study done by **Dr. Mohan. Kashinkunti** et al<sup>[10]</sup>, it was 69%. The hemoglobin level is slightly lower in female (10.5±1.4) in comparison to male (10.6 ±1.1). value (0.753) it was lower than observed by **Rajesh chetiwal et al 75%-2015-10**.<sup>[6]</sup>

In this study, the mean WBC count did not show a deviation from the normal reference range in tested types of malaria. This is similar to the results reported by **Bashawri et al<sup>[8]</sup>** and also reported by **Sawsan Bakhubaira**.<sup>[9]</sup>

Leukopenia was present in (11.6) of patients similar in male and female, but there is slight decrease in p.vivax (5.77±1.54) more the count in falciparum (6.41±2.1) p. value (0.181).

Thrombocytopenia often accompanies malaria and is usually mild to moderate and very rarely symptomatic. Thrombocytopenia was observed in (73%) of patients, mean platelets count was (126±52.9) (p. value 0.000). similar results was observed in 88% of patients in study done by **Rajesh Chetiwal-2015-10**<sup>[6]</sup>. where it was seen in (58%) patients in a study done by **Jayashankar CA et al- 2016**<sup>[7]</sup>. Experimental data and clinical studies have successively emphasised the rule of immune factors and the destruction and sequestration of platelets.

There is a prolongation of PT in (51.6) of patient the mean of it was (15.62±2.35) and increase with the increase of parasitaemia similar result was observed in 34% of patients in study done by **Jayashankar CA et al<sup>[7]</sup>**, and the mean of PT was 15.8 sec in study done by **B.B. Lakhkar** et al.<sup>[11]</sup>

The APTT in malaria infection was short in 73.3 % of patients in the mean ((32.48±5.14) in the similar study done by **B.B. Lakhkar** et al<sup>[11]</sup>, the APTT was done twice and was extremely low (less than 5seconds) , but in other study done by **Jayashankar CA et al** the APTT was increase in 12% of patients.

MCV, MCH, MIX count were no significant difference among malaria infection.

MCHC is decrease in the malaria infection and it was significant decrease in plasmodium falciparum more than plasmodium vivax p. value (0.008).

There is significant increase of lymphocyte count in falciparum malaria more than its count in vivax type (p.value 0.006) but all in normal range.

There is significant decrease of neutrophil count in falciparum malaria less than its count in vivax type (p.value 0.004) but all in normal range.

There is no effect of age on prothrombin time level activated partial thromboplastin level, and hematological parameters in malaria infection.

## CONCLUSION

The study concluded that different species of malaria (falciparum and vivax) has profound hematological effect in sudanese patients, it can cause thrombocytopenia, anaemia, leukopenia, prolong PT and shorting APTT

## Recommendation

We recommended that; malaria patients needs to following the complete blood count and coagulation profile to avoid the complication of anemia , thrombocytopenia, and evidence of disseminated intravascular coagulation .

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