



**REVIEW OF MUSALI IN SAMHITA GRANTHA, CHIKITSA GRANTHA & NIGHANTUS**

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**ABSTRACT**

*Ayurveda* is the traditional medicine of India and the oldest system of Health care in the world, a system of both preventive and curative medicine. Herbal medicine are major remedy of Traditional and *Ayurvedic* medicine system. Herbal or *Ayurvedic* medicine are less toxic or side effect. Medicinal plants are playing an important role in the drug discovery and development of new molecules. *Musali* is one of the important herb is used from ancient time and there are a lot of Pharmacological activity like aphrodisiac, antihepatotoxic, immunomodulator, antioxidant, anticancer and antidiabetic activities. *Musali* is used as an ingredient of a *dhumradandika* to alleviate cough by *Acharya Charaka*. *Acharya Sushruta* used *Musali* in *vraana utsadana dravya*, *ashmari*, *vataj granthi*, *unmantha chikitsa* and *swas roga*. In *Raj nighantu* it has been described as sweet, cooling, mucilaginous, increase *kapha* and reduces *pitta daha* (burning sensation), act as stimulant, gives strength. It is used in many *Ayurvedic* and *Unani* compound formulations as an important ingredient particularly in aphrodisiac preparation. The present article gives the literary information regarding the different uses of *Musali* in *Samhita*, *Chikitsa grantha* and *Nighantus*.

**KEYWORDS:** *Musali*, Aphrodisiac, Immunomodulator, *Ashmari*, *Vataj granthi*, *Unmantha chikitsa*, *Swas roga*.

**INTRODUCTION**

Medicinal plants have been used to cure human illness since time immemorial. Certain of these drugs are believed to promote positive health and maintain organic resistance against infections by reestablishing body equilibrium and conditioning the body tissue.<sup>[1]</sup> The drug *Musali* is one of the important *Rasayana* drug of *Ayurvedic Materia Medica*. It has tonic, aphrodisiac, demulcent, diuretic properties and used in asthma, impotency, jaundice, skin, urinary and venereal diseases. *Musali* have been used since ancient time, to prepare nutritive tonic for sexual weakness and is used in *Ayurvedic* medicine even today.<sup>[2]</sup>

**b) *Harita Samhita*<sup>[4]</sup>**

The description of *Mansali* or *Musali* in this book as-

**Table no. 1: Showing different preparation of *Musali* in *Harita Samhita*.**

S.No	Formulation	Indication	Uses	References
1.	<i>Khandkadya rasayana leha</i>	Rakta-pitta/ <i>Mansali</i> or <i>Musali</i>	Int.	H.S.3/10/69
2.	<i>Vridhakshina nama vajikarana</i>	Vajikarana/ <i>Musali</i>	Int.	H.S.3/47/15

**Note:** (H.S. – *Harita Samhita trityasthana*, chapter number/ *shloka* no).

**1. *Musali* in Vedic kala**

In *Vedas*, the description regarding the plant *Musali* is not available.

**2. *Musali* In *Samhita Grantha***

**a) *Charak Samhita***

The term *Musali* (*Krishna/ Shweta*) is not mentioned in the text. *Acharya Charak* has been mentioned the plant *Talamuli* under *Kas chikitsa*, as an ingredient of a *dhumradandika* to alleviate cough (*Ch.Chi:18/75*).<sup>[3]</sup>

c) *Bhel Samhita*<sup>[5]</sup>Table no. 2: Showing formulation of *Musali* in *Bhel Samhita*.

S.No.	Formulation	Indication	Uses	References
1.	Talapatrayadi kwath	Mutrughat chikitsa/ Talapatri	Int.	B.S.Chi.12/1

Note: (B.S.Chi – *Bhel Samhita Chikitsa sthana*, chapter no/ shloka no).

d) *Sushruta Samhita*<sup>[6]</sup>

In *Sushruta Samhita*, *Talapatri* and *Talamuli* has indicated in various preparation as in *Tikshna kshar*

(S.Su.11/15) and also mentioned in *Vrana utsadana dravya* for wound healing (S.Su.36/31).

Table no. 3: Showing preparations of *Musali* in *Sushruta Samhita*.

S.N	Formulation	Indication	Uses	References
1.	Kraunchadi churna	Ashmari/ Talamuli	Int.	S.Chi.7/18
2.	Talapatryadilepa	Vataj granthi/ Talapatri	Ext.	S.Chi.18/5
3.	Talapatri aadi tail	Unmantha chikitsa/ Talapatri	Ext.	S.Chi.25/18
4.	Kolmajja aadi yoga	Swas roga/ Talamuli	Int.	S.Ut.51/39

Note: (S.Chi – *Sushruta Samhita Chikitsa sthana*, S.Ut – *Sushruta Samhita Uttartantra*, chapter no/ shloka no).

e) *Ashtanga Sangrah*<sup>[7]</sup>

Acharya Vagbhat described *Talapatri* in *Kshar* (A.S.39/11).

Table no. 4 - Showing preparations of *Musali* in *Ashtanga Sangrah*.

S.N	Formulation	Indication	Uses	References
1.	Talapatryadi leha	Mutrughat chikitsa / Talapatri	Ext.	A.S.Chi.13/17
2.	Nilini ghrita	Unmada, Apasmara / Talapatri	Int.	A.S.Chi.16/23
3.	Talaparnyadi lepa	Swaythu chikitsa / Talapatri	Ext.	A.S.Chi.19/10
4.	Talapatryadi taila	Unmantha chikitsa / Talapatri	Ext.	A.S.Chi.22/47
5.	Talapatryadi ghrita	Vrana / Talapatri	Ext.	A.S.Chi.30/45
6.	Talapatryadi lepa	Vatajanya granthi / Talapatri	Ext.	A.S.Chi.35/6

Note: (A.S.Chi – *Ashtanga Sangrah Chikitsa sthana*, chapter no/ shloka no).

f) *Ashtanga Hridaya*<sup>[8]</sup>

The term *Musali* has been used for the first time in *Astang Hridya* in the reference of *Vyangadi nasaka*

ubatan. He also described the term *Talapatri* in *Mridu kshar* (A.H.30/21).

Table no. 5: Showing different formulations of *Musali* in *Ashtanga Hridya*.

S.N	Formulation	Indication	Uses	References
1.	Talapatri aadi panak	Ashmari / Talapatri	Int.	A.H.Chi.11/28
2.	Talaparnyadi lepa	Ekanga sopho / Talapatri	Ext.	A.H.Chi.17/26
3.	Talapatrayadi taila	Unmantha chikitsa / Talapatri	Int.	A.H.Ut.18/45
4.	Musalyadi yoga	Vyangadi nasaka / Musali	Ext.	A.H.Ut.31/21

Note: (A.H.Chi – *Ashtanga Hridya Chikitsa sthana*, A.H.Ut – *Ashtanga Hridya Uttartantra*, chapter no/ shloka no).

g) *Kashyap Samhita*<sup>[9]</sup>

*Kashyap Samhita*, also called as *Vridhha Jivakiya-tantram*, is one of the ancient treatise deals with mainly with the health aspects of children and pregnant women. *Talapatri* is mentioned as anti inflammatory drug in *Sotha* (K.S.Khi.17/74).

Note: (K.S.Khi – *Kashyap Samhita Khill sthana*, chapter no/ shloka no).

h) *Sharangadhar Samhita*<sup>[10]</sup>

*Sharangadhar* described *Musali* in *Shukral aushadhi dravya* (S.S.4/16) and also mentioned *musali* in *abhrak marana vidhi* (S.S.M.11/68).

Table no. 6: Showing different preparations of *Musali* in *Sharangadhar Samhita*.

S.No.	Formulation	Indication	Uses	References
1.	Musalyadi churna	Klebya / Musali	Int.	S.S.6/159
2.	Suran vataka	Arsha roga, Rasayana / Musali	Int.	S.S.7/29
3.	Sannipata bhairav rasa	Toxic stage of Jwar / Musali	Int.	S.S.M.12/243
4.	Madan kamdeva rasa	Vajikarana / Musali	Int.	S.S.M.12/262

Note: (S.S. – *Sharangadhar Samhita*, S.S.M – *Sharangadhar Samhita Madhya khand*, chapter no/ shloka no).

i) *Bhavprakasha Samhita*<sup>[11]</sup>Table no. 7: Showing different formulations of Musali in *Bhavaprakash Samhita*.

S.N	Formulation	Indication	Uses	References
1.	<i>Brihatsuran modaka</i>	<i>Arsha / Talamuli</i>	Int.	<i>Bh.Chi.5/73-80</i>
2.	<i>Brihatkusmanda avleha</i>	<i>Rakt-pita, Shitapitta / Talamuli</i>	Int.	<i>Bh.Chi.9/65</i>
3.	<i>Khandkadya loha</i>	<i>Rakta-pitta / Talamuli</i>	Int.	<i>Bh.Chi.9/75</i>
4.	<i>Mahanarayana taila</i>	<i>Vata roga / Musali</i>	Int. & Ext.	<i>Bh.Chi.24/299</i>
5.	<i>Godhapadya Mula Kwath</i>	<i>Mutravarodha</i>	Int.	<i>Bh.Chi.36/29</i>
6.	<i>Loha rasayana</i>	<i>Medo roga / Talamuli</i>	Int.	<i>Bh.Chi.39/33</i>
7.	<i>Rativardhan yoga</i>	<i>Vajikarana / Musali</i>	Int.	<i>Bh.Chi.72/25</i>
8.	<i>Strirati vallabha pugapaka</i>	<i>Vajikarana / Musali</i>	Int.	<i>Bh.Chi.72/35</i>
9.	<i>Kameshwar Modak</i>	<i>Vajikarana / Musali</i>	Int.	<i>Bh.Chi.72/39</i>
10.	<i>Satavar aadi yoga</i>	<i>Rasayana / Talamuli</i>	Int.	<i>Bh.Chi.73/11</i>

Note: (*Bh.Chi.*- *Bhavaprakash Samhita Chikitsa sthana*, chapter no/ *shloka* no).

3) *Musali In Chikitsa Granth*a) *Madhava Chikitsa*<sup>[12]</sup>Table no. 8: Showing different formulations of Musali in *Madhava Chikitsa*.

S.No	Formulation	Indication	Uses	References
1.	<i>Musali churna</i>	<i>Arsha/ Musali</i>	Int.	<i>M.Chi. 5/11</i>
2.	<i>Surana modak</i>	<i>Arsha/ Talamuli</i>	Int.	<i>M.Chi. 5/35</i>
3.	<i>Talamulyadi yoga</i>	<i>Kasa roga/ Talamuli</i>	Ext.	<i>M.Chi. 11/31</i>
4.	<i>Talapatryadi yoga</i>	<i>Vrana roga/ Talapatri</i>	Ext.	<i>M.Chi. 44/23</i>

Note: (*M.Chi.* – *Madhav Chikitsa*, chapter no / *shloka* no).

b) *Vangsen Samhita*<sup>[13]</sup>

In *Vangsen samhita* the word *Musali* has been used in *Karna roga chikitsa* and term *Godhapadi* in *Mutraghat chikitsa* and in rest *Talamuli* word has been used.

Table no. 9: Showing different preparations of Musali in *Vangsen Samhita*.

S.No	Formulation	Indication	Uses	References
1.	<i>Udarari Lauha</i>	<i>Udar roga / Talamuli</i>	Int.	<i>V.S. 11/247</i>
2.	<i>Talapatryadi lepa</i>	<i>Granthi roga/ Talapatri</i>	Ext.	<i>V.S. 16/9</i>
3.	<i>Chavyadi lauha</i>	<i>Arsha roga / Talamuli</i>	Int.	<i>V.S. 21/256</i>
4.	<i>Chitraka Bhallatakavileh</i>	<i>Arsha roga / Talamuli</i>	Int.	<i>V.S. 21/364</i>
5.	<i>Rajani kalka lepa</i>	<i>Shukar danstra chikitsa/ Talamuli</i>	Ext.	<i>V.S. 32/211</i>
6.	<i>Badhirya nashaka churna</i>	<i>Badhirya / Musali</i>	Int.	<i>V.S. 34/85</i>
7.	<i>Musali kand churna</i>	<i>Karnapali vriddhi</i>	Int.	<i>V.S. 34/106</i>
8.	<i>Amritakhya lauha rasayana</i>	<i>Rakta-pitta / Talamuli</i>	Int.	<i>V.S. 45/176</i>
9.	<i>Khandakadya lauha</i>	<i>Rakta-pitta / Talamuli</i>	Int.	<i>V.S. 45/193</i>
10.	<i>Lauha rasayana</i>	<i>Medo roga / Talamuli</i>	Int.	<i>V.S. 74/30</i>
11.	<i>Talapatryadi yoga</i>	<i>Vrana / Talapatri</i>	Ext.	<i>V.S. 78/87</i>
12.	<i>Paniya bhakta gutika</i>	<i>Rasayana / Talamuli</i>	Int.	<i>V.S. 83/210</i>
13.	<i>Vriddhadaru kalpa</i>	<i>Rasayana / Talamuli</i>	Int.	<i>V.S. 83/435</i>
14.	<i>Lauha rasayana</i>	<i>Rasayana / Talamuli</i>	Int.	<i>V.S. 83/455</i>
15.	<i>Dasa rasayana lauha</i>	<i>Rasayana / Talamuli</i>	Int.	<i>V.S. 83/467</i>

Note: (*V.S* - *Vangsen Samhita*, chapter no/ *shloka* no).

c) *Chakradatta*<sup>[14]</sup>

*Musali* are described in various disease like *Arsha*, *Rakta-pitta*, *Prameha* and *Amla pitta* etc. The reference of *Musali* in *Chakradatta* are given below:

**Table no. 10: Showing different formulations of Musali in Chakradatta.**

S.No.	Formulation	Indication	Uses	References
1.	Brihatsuran modak	Arsha / Talamuli	Int.	C.D.5/49
2.	Bhallataka loha	Arsha, Grahani / Talamuli	Int.	C.D.5/173
3.	Khandkadya loha	Rakta-pitta / Talamuli	Int.	C.D.9/83
4.	Loha rasayana	Medo rog, / Talamuli	Int.	C.D.36/20
5.	Talaparnyadi lepa	Vataja granthi / Talapatric	Ext.	C.D.41/40
6.	Loha bhasma	Amla pitta / Talamuli	Int.	C.D.52/34
7.	Kshudhavati gutika	Amla pitta, / Talamuli	Int.	C.D.52/41
8.	Musali kand lepa	Karnapali vriddhikaraka / Musali	Ext.	C.D.58/58

Note: (C.D – Chakradatta, chapter no / shloka no).

#### d) Yogaratanakar<sup>[15]</sup>

Yogaratanakar described Musali rasa in *Abhra marana*. In other formulations Musali has been used as –

**Table no. 11: Showing different preparations of Musali in Yogaratanakar.**

S.No.	Formulation	Indication	Uses	References/ Pg.no./ Shlok no.
1.	Sannipata bhairav rasa	Sannipatik jwar / Musali	Int.	Y.R.Pu 242/6
2.	Suran modaka	Arsha, Agnivaradhak/ Talamuli	Int.	Y.R.Pu. 301/3
3.	Musalyadi churna	Arsha / Musali	Int.	Y.R.Pu. 306/15
4.	Pashupat rasa	Ajirna, Udar roga / Talamuli	Int.	Y.R.Pu. 328/6
5.	Tralokya nath rasa	Pandu, Kshya, Swas / Talamuli	Int.	Y.R.Pu. 347/13
6.	Shiva gutika	Sotha, Manthar jwar, Vaman, Pandu / Musali	Int.	Y.R.Pu. 375/2
7.	Shadasitti gugglu	Vata roga, / Musali	Int.	Y.R.Pu. 529/3
8.	Trimurti rasa	Medo roga, / Musali	Int.	Y.R.U. 101/1
9.	Hinshra aadi lepa	Vataja granthi / Talapatric	Ext.	Y.R.U. 153/2
10.	Nirgundi yoga	Up-jihva roga / Musali	Int.	Y.R.U. 304/7
11.	Musalyadi lepa	Karna pali vicar / Musali	Ext.	Y.R.U. 318/2
12.	Shaubhagya sunthi yoga	Sutika roga, Vata vyadhi / Talamuli	Int.	Y.R.U. 429/5
13.	Musalyadi churna	Vajikarana / Musali	Int.	Y.R.U. 481/1
14.	Satavaryadi yoga	Vajikarana / Musali	Int.	Y.R.U. 428/3
15.	Amrita bhallatak churna	Vajikarana / Musali	Int.	Y.R.U. 483/4
16.	Keshar paka	Vajikarana, Vata roga, Vat rakta / Musali	Int.	Y.R.U. 484/2
17.	Rati vriddhikar modaka	Vajikarana / Musali	Int.	Y.R.U. 485/1
18.	Rati vallabha pugapaka	Vajikarana / Musali	Int.	Y.R.U. 486/4
19.	Madan kamdeva rasa	Vajikarana / Musali	Int.	Y.R.U. 492/4
20.	Purnendu rasa	Vajikarana / Musali	Int.	Y.R.U. 493/4
21.	Satavaryadi churna	Impotency / Musali	Int.	Y.R.U. 494/1
22.	Kapikacchu paka	Vajikarana / Musali	Int.	Y.R.U. 496/4
23.	Satavaryadi churna	Vajikarana / Talamuli	Int.	Y.R.U. 499/4

Note: (Y.R.P. – Yogaratanakar Purvardha, Y.R.U. – Yogaratnakar Uttarardha, page no/ shloka no).

#### i) Bhaisajya Ratanavali<sup>[16]</sup>

**Table no. 12: Showing different yoga of Musali in Bhaisajya Ratanavali.**

S.No.	Formulation	Indication	Uses	References
1.	Mahaushadhadhi kwath	Visham jwar / Talapatric	Int.	Bh.R.5/339
2.	Jwar bhairav churna	All type of Jwar / Musali	Int.	Bh.R.5/449
3.	Tralokya sundar rasa	Sannipata jwar / Musali	Int.	Bh.R.5/623
4.	Praneshwar rasa	Sannipata jwar / Talamuli	Int.	Bh.R.5/723
5.	Pratap lankeshwar rasa	Sannipata jwar / Musali	Int.	Bh.R.5/825
6.	Jwar chudamani rasa	Sarva jwar / Musali	Int.	Bh.R.5/974
7.	Maha raja vati	Jirna jwar, Dhatugat jwar / Talamuli	Int.	Bh.R.5/1100-1101
8.	Sangrahani kapat rasa-3	Sangrahani, Vataja pradhan grahani / Musali	Int.	Bh.R.8/270
9.	Dadimadi taila	Asadhya grahani, Prameha, Arsha / Musali	Int.	Bh.R.8/606
10.	Brihat surana modak	Rasayana / Talamuli	Int.	Bh.R.9/67
11.	Pashupat rasa	Agnimandhya, Grahani, / Talamuli	Int.	Bh.R.10/172
12.	Tralokya sunder rasa	Pandu, Sotha, / Musali	Int.	Bh.R.12/102
13.	Khandkadya loha	Rakta-pitta, Kshya, / Talamuli	Int.	Bh.R.13/80
14.	Kusmand avleha brihat	Rakta-pitta, Amla-pitta, / Talamuli	Int.	Bh.R.13/117

15.	<i>Kshagaladya ghrít</i>	<i>Yakshma, / Musali</i>	Int.	<i>Bh.R.15/192</i>
16.	<i>Ashwagndha arishat</i>	<i>Murcha, Apasamar, Unmad/ Musali</i>	Int.	<i>Bh.R.21/16</i>
17.	<i>Bhrit Varunadi kwath</i>	<i>Ashmari, Mutrakricha,/ Talamuli</i>	Int.	<i>Bh.R.36/4</i>
18.	<i>Musali churna yoga</i>	<i>Ashmari / Talamuli</i>	Int.	<i>Bh.R.36/22</i>
19.	<i>Gokshuradya avleha</i>	<i>Mutrakricha, Mutraghat, Ashmari / Talamuli</i>	Int.	<i>Bh.R.36/31</i>
20.	<i>Mehantaka rasa</i>	<i>Prameha / Talamuli</i>	Int.	<i>Bh.R.37/142</i>
21.	<i>Shalamali ghrít</i>	<i>Prameha, Impotency, Sukrameha,/ Musali</i>	Int.	<i>Bh.R.37/186</i>
22.	<i>Loha rasayana</i>	<i>Sthaulaya, Medoroga, Vajikarana / Talamuli</i>	Int.	<i>Bh.R.39/31</i>
23.	<i>Sotha udaraadi loha</i>	<i>Sotha, Udar roga, Pandu roga / Talamuli</i>	Int.	<i>Bh.R.40/117</i>
24.	<i>Bhrit Danti ghrít</i>	<i>Intestinal disorder, Andkoshaadi vridhhi,/ Talamuli</i>	Int.	<i>Bh.R.43/99</i>
25.	<i>Hinshra aadi lepa</i>	<i>Vataja granthi / Talapatri</i>	Int.	<i>Bh.R.44/34</i>
26.	<i>Chitra vibhandaka rasa</i>	<i>Bhagandar, Nadi vrna, Dusta vrna / Musali</i>	Int.	<i>Bh.R.51/22</i>
27.	<i>Anant aadya ghrít</i>	<i>Updansha nasaka, Vajikarana / Talamuli</i>	Int.	<i>Bh.R.52/74</i>
28.	<i>Maha bhallataka guda</i>	<i>Kustha, Raktagat vicar / Musali</i>	Int.	<i>Bh.R.54/206</i>
29.	<i>Sarvatobhadra loha</i>	<i>Amla-pitta, Sula, / Talamuli</i>	Int.	<i>Bh.R.56/43</i>
30.	<i>Ksudhavati gutika</i>	<i>Amla-pitta, Parinamsula,/ Talamuli</i>	Int.	<i>Bh.R.56/82</i>
31.	<i>Sita kalyanaka ghrít</i>	<i>Rakta pradar / Talamuli</i>	Int.	<i>Bh.R.66/85</i>
32.	<i>Shaubhagya shunthi-2</i>	<i>Gynaecological disorder / Talamuli</i>	Int.	<i>Bh.R.69/30</i>
33.	<i>Shaubhagya shunthi-3</i>	<i>Gynaecological disorder/ Musali</i>	Int.	<i>Bh.R.69/39</i>
34.	<i>Shiva modaka</i>	<i>Medhya, Aayushya / Musali</i>	Int.	<i>Bh.R.71/104</i>
35.	<i>Nilkantha rasa-2</i>	<i>Rasayana / Musali</i>	Int.	<i>Bh.R.73/69</i>
36.	<i>Bhukushmand aadi yoga</i>	<i>Vajikarana / Talamuli</i>	Int.	<i>Bh.R.74/55</i>
37.	<i>Sidhasuta rasa</i>	<i>Sukrala, Balya, Vajikarana/ Musali</i>	Int.	<i>Bh.R.74/83</i>
38.	<i>Kameshwar modaka-2</i>	<i>Vajikarana / Musali</i>	Int.	<i>Bh.R.74/174</i>
39.	<i>Gokshuradi modaka</i>	<i>Vajikarana / Musali</i>	Int.	<i>Bh.R.74/254</i>
40.	<i>Mofrava avleha</i>	<i>Vajikarana / Musali</i>	Int.	<i>Bh.R.74/372</i>
41.	<i>Arjakadi vati</i>	<i>Sukra stambhan, Vrshya/ Musali</i>	Int.	<i>Bh.R.75/16</i>

Note: (Bh.R – Bhaisajya Ratanavali, chapter no/ shloka no).

### Musali in Nighantus

Table no. 13: Musali in different Nighantus.

S.N	Nighantu	Varga
1.	<i>Ashtanga Nighantu</i> <sup>[17]</sup>	<i>Viprakirna prakaran</i>
2.	<i>Shabdachandrika</i> <sup>[18]</sup>	<i>Vrikshadi varga</i>
3.	<i>Nighantu Shesh</i> <sup>[19]</sup>	<i>Gulma Kaand (2)</i>
4.	<i>Shodhal Nighantu</i> <sup>[20]</sup>	<i>Laksmanadi varga, Karviradi varg</i>
5.	<i>Madhava dravyaguna</i> <sup>[21]</sup>	<i>Vividha Oshadhi varga</i>
6.	<i>Abhidhan ratan mala</i> <sup>[22]</sup>	<i>Tikta skandha</i>
7.	<i>Hridaydeepak Nighantu</i> <sup>[23]</sup>	<i>Ek paad varga</i>
8.	<i>Madanpal Nighantu</i> <sup>[24]</sup>	<i>Abhayadi varga, Saka varga</i>
9.	<i>Kaideva Nighantu</i> <sup>[25]</sup>	<i>Oshadhi varga</i>
10.	<i>Bhavprakash Nighantu</i> <sup>[26]</sup>	<i>Guduchayadi varga</i>
11.	<i>Gunratnamala</i> <sup>[27]</sup>	<i>Guduchayadi varga</i>
12.	<i>Raj Nighantu</i> <sup>[28]</sup>	<i>Mulakadi varga</i>
13.	<i>Rajvallabha Nighantu</i> <sup>[29]</sup>	<i>Oshadhashraya parichheda</i>
14.	<i>Shaligram Nighantu</i> <sup>[30]</sup>	<i>Guduchayadi varga</i>
15.	<i>Priya Nighantu</i> <sup>[31]</sup>	<i>Satapushapadi varga</i>
16.	<i>Nighantu aadarsh</i> <sup>[32]</sup>	<i>Musalikandadi varga</i>
17.	<i>Sidha mantra</i> <sup>[33]</sup>	<i>Vataghana varga</i>
18.	<i>Saraswati Nighantu</i> <sup>[34]</sup>	<i>Ulapadi varga</i>

Synonym of *Musali* and Their Interpretation<sup>[35]</sup>Table no. 14: Showing Synonyms of *Musali*.

Synonym	Meaning
<i>Talapatri</i>	Its leaves appear like the tender leaves of Tala.
<i>Talamulika</i>	Its roots have similarity with that of Tala
<i>Musali</i>	It will cuts through the doshas and cures the diseases.
<i>Hempushpi</i>	Plant having bright yellow flowers.
<i>Hiranyapushpee</i>	Flower is bright yellow colored.
<i>Krishnamusali</i>	Root is black colored.
<i>Kanchanapushpika</i>	Flower having color of gold.
<i>Dirghakandika</i>	Its roots are long in shape
<i>Kharjuri</i>	Its leaves resemble like that of Kharjure leaves
<i>Mahavrisa</i>	Plant having great properties specially aphrodisiacs.
<i>Sukanda</i>	Having beautiful tuber
<i>Arshoghni</i>	Used in the treatment of piles.
<i>Atisarnashni</i>	Used in the treatment of diarrhoea
<i>Balda</i>	It gives strength.
<i>Shiva</i>	It has overall salutary effect.
<i>Godhapadi</i>	Plant root resembling foot of Godha.
<i>Bhutali</i>	Growing close to the ground
<i>Saukari, Varahi</i>	Pigs like this roots

Types of *Musali* in *Nighantu*

There is no clear description of type of *Musali* in *Brihatraye*.

In *Bhavaprakasha Nighantu*, *Acharya Bhavmishra* explain *Musali* is of two type but not clearly explained the types, author also explained the *ayurvedic* property like *Brihana*, *Vrsya*, *Rasayana* are also mentioned. The commentator explain the type of *Musali*.<sup>[36]</sup>

1. *Krishna Musali* – *Curculigo orchioides* Gaertn.
2. *Safed Musali* – 1 – *Asparagus adscendens* Roxb.  
*Safed Musali* -2 - *Chlorophytum arundinaceum* Baker.  
*Chlorophytum laxum*  
*Chlorophytum tuberosum*

In *Raj Nighantu*, *Musali* is of two type-

1. *Krishna Musali*
2. *Shweta Musali*

*Shweta Musali* is inferior to the *Krishna Musali* in *Rasayana* effect as per statement of *Raj nighantu*.<sup>[37]</sup>

In *Kaidev Nighantu* also described two type of *Musali*-

1. *Talamuli (Krishna Musali)* – *Curculigo orchioides* Gaertn. belongs to family *Amaryllidaceae*. Outer the root stock looks black but inner white.
2. *Safed Musali* – *Asparagus adscendens* Roxb. belongs to family *Liliaceae*.<sup>[38]</sup>

Ayurvedic properties of *Musali* in different *Nighantu*Table no. 15: Showing properties of *Musali* in different *Nighantu*.

S.N	Property	M.P.N	K.N	B.P.N	R.N	Sha.N	P.N
1.	Rasa	Madhur, Tikta	Madhur Tikta	Madhur, Tikta	Madhur	Madhur, Tikta	Madhur Tikta
2.	Guna	Guru	Guru	Guru	Picchil	Guru	-
3.	Veerya	Ushna	Ushna	Ushna	Sheeta	-	Ushna
4.	Vipaka	-	-	-	-	Madhur	-

Karma and Rogagnata of *Musali* in *Nighantu*Table no. 16: Showing Karma and Rogagnata of *Musali* according to different Authors.

S.N	Roga/Karma	Sho.N	M.D	M.P.N	K.N	B.P.N	R.N	R.V.N	S.G.N	P.N	Total (+)
1.	<i>Atisara</i>	+									1
2.	<i>Rasayana</i>		+	+	+			+	+	+	6
3.	<i>Arsha</i>		+	+	+	+				+	5
4.	<i>Vataja roga</i>		+	+		+		+		+	5
5.	<i>Vajikarana</i>			+	+		+		+	+	5
6.	<i>Brihana</i>		+	+	+	+				+	5
7.	<i>Balya</i>					+	+		+	+	4
8.	<i>Kaphaj roga</i>						+		+		2
9.	<i>Pittaj roga</i>						+		+		2
10.	<i>Daha</i>						+		+		2
11.	<i>Shram</i>						+		+		2
12.	<i>Grihani</i>							+			1
13.	<i>Dhatu vridhikar</i>								+		1
14.	<i>Rudhir vikar</i>								+		1

**CONCLUSION**

The present review is indicative of different uses of *Musali* in *Samhita grantha*, *Chikitsa grantha* and *Nighantus*. In *Vyanga*, it is used with goat milk or honey and used over face by *acharya Vagbhata*. The plain powder of rhizome of *Musali* is given in *Ashmari* according to *acharya Sushruta*. The type of *Musali* is not clear in *Samhita grantha* but later *Raj nighantu* describe two type of *Musali* i.e. *Krisna musali* and *Shweta musali*. In present time *Musali* is mostly used for its aphrodisiac property. In *Ayurvedic text* it is also used in the number of diseases like *Atisara*, *Arsha*, *Vataja roga*, *Pittaj roga*, *Daha*, *Shram*, *Grihani*, *Dhatu vridhikar*, or *Rudhir vicar*. Thus, *Musali* is a divine herb used from *Samhita kala*.

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