APPLIED ASPECTS OF TANTRAYUKTI IN AYURVEDA: A REVIEW

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ABSTRACT
The Ayurveda term Tantrayukti retrieved from the words Tantra and Yukti, Tantra means treatise (tools) which helps to protect and treat body. Yukti means reasonable tools or logical planning acquired from the true knowledge based on the facts and intelligence. Tantrayukti can be defined as concept mentioned in Tantra. The Tantrayukti enlighten the oaths of readers with the meaning described in Tantras. Tantrayukti helps in the proper arrangement of words in the form of sentence and explores its exact meaning. Adhikaran, Yoga, Hetwartha, Uddesa, Nirdesha, Pradesha, Pratyojana, Upadesha, Apadesha, Atidesha, Arthapatti, Purvapaksha, Nirmaya, Ekanta, Apavarga, Anumata, Samshaya, Samucchaya, Uddhara, Sambhava and Sanniyoga, etc. are various aspects of Tantrayukti. The present article discussed key points of Tantrayukti and its applied aspect.

KEYWORDS: Ayurveda, Tantrayukti, Prakasanam, Vakyayojanam, Prabhodhanam.

INTRODUCTION
Tantrayukti is systemic approach or methodology of studying a Tantra means science, this way one can easily interpret the correct meaning of statement and can be applied for practical purpose also. The things which understood properly only can be used practically thus proper understating is essential for proper application. Tantrayuktis play vital role in context to Ayurvedic Samhitas and helps to understand their textual contents and explores practical utility of Ayurveda principles. As per Acharya Susruta the Tantrayuktis is the tool to acquire Tantrasara means essence of treatise.

The word Tantra itself means for Sastra that provides a theory and its possible utility, while Yukti means tool or plan. The concept of Tantrayukti clears the meaning of science/theory/principle so that it can be applied practically. Tantrayukti removes hurdles of practical applicability of any hypothesis.

The word Yukti referred to the intelligence necessary for the perception of knowledge which suggests about the Trikala (past, present and future). The Yukti gives knowledge about Trivarga (Dharm, Artha and Kama). Thus by applying proper Yukti one can acquire the knowledge about the science and theories mentioned in texts.

The appropriate utilization of Tantrayukti can helps to understand the explorative meaning or hidden meanings mentioned in ancient Ayurveda Samhitas. The Prabhodhanam and Prakasanam are two major utility of Tantrayukti; Prabhodhanam means amplification of the sentences and Prakasanam means enlightening the meaning of sentences. Tantrayukti can help in the expansion of meanings of Tantras. Tantrayukti acts as Prakasanam and enlighten the dark or hidden things of readers mind while encountered some complicated science and theories.

Tantrayukti support and expand sentences used in Sastra and explores their meaning so it can be applied practically. Tantrayukti connect sentences clarify meaning of hidden aspects thus generates ideas which can be used for understating and utilization of any theory or principle. The major advantages of the concept of Tantrayukti are depicted in Figure 1.

Figure 1: Advantages of the concept of Tantrayukti.

The Vakyayojana and Arthayojana are two important aspects of Ayurveda which deals with rearrangement of the sentences and rearrangement of meaning of the sentences respectively. Vakya Yojana helps to arrange sentences which ordered improperly. Vakya yojana helps to achieve meaningful arrangement of the sentences. Uddesha and Nirdesha Tantrayuktis are considered useful in this regards.

Artha Yojana helps to signify Leena vakya which is not clearly stated. Artha Yojana also suggests clear meaning of Asangatavakya which is doubtful. Arthayojana expands hidden and inappropriately meaningful sentences and them into the meaningful Vakya.

VARIOUS TANTRAYUKTI

- **Adhikarana**: Topic of discourse
  1. **Shastra Adhikarana**
  2. **Sthana Adhikarana**
  3. **Adhyaya Adhikarana**
  4. **Prakarana Adhikarana**
  5. **Shloka Adhikarana**

- **Yoga**: Appropriate arrangement of text
- **Hetvartha**: Extension of concepts with references
- **Padartha**: Correct meaning of word or group of words
- **Pradesha**: Partial adumbration
- **Uddesha**: Concise statement
- **Nirdesha**: Elaboration
- **Vakyashesha**: Supply of ellipsis
- **Prayojana**: Purpose
- **Upadesha**: Authoritative instruction
- **Apadesha**: Reasoning of statement
- **Atidesha**: Indication of future event
- **Arthapatti**: Implication
- **Nirnaya**: Decision
- **Prasanga**: Restatement in other context
- **Ekanta**: Categorical statement

- **Anekanta**: Compromising statement
- **Apavarga**: Exception
- **Viparyaya**: Objection
- **Pravapaksha**: Assertion to contrary
- **Vidhana**: Sequential interpretation
- **Anumata**: Acceptance of other interpretations
- **Vyakhyana**: Elaboration
- **Samshaya**: Doubt
- **Ateetavekshana**: Retrospective referencing
- **Anagataveksha**: Prospective reference
- **Svasanja**: Technical nomenclature
- **Uhya**: Logical deduction
- **Samucchaya**: Compilation/Collection
- **Nidarshana**: Illustration
- **Nivrachana**: Scientific definition
- **Niyoga**: Injunction
- **Vikalpana**: Option
- **Pratutsara**: Rebuttal
- **Uddhara**: Re-affirmation
- **Sambhava**: Original source

The ancient texts also mentioned extra Tantrayuktis other than main Tantrayuktis. The other Tantrayuktis added in later stages are Pariprasna, Vyuktanabhidhana, Vyakaran and Hetu. Pariprasna included into Udhesha, Vyuktanabhidhana included into NirdesaTantrayuktis Hetu described into Pratyaksh Pramanas and Vyakaran included into Vyakhyana.

Significance of Tantrayukti

1. Physician or reader who understands one Tantra or Sastra can also understand other Tantras using tools of Tantrayukti.
2. Tantrayukti explains meanings of Sastras and justify their intended purpose.
3. Tantrayukti provides deep understating of science.
4. Tantrayukti helps to explains untruthful things or helps to arrange words which pronounced improperly.
5. Tantrayukti can be used for understating difficult and critical sentences.

CONCLUSION
Shastra/Tantra should be written and presented in appropriate form so one can understand their principles and hypothesis clearly. The unclear and inappropriate texts may cause great confusion to understand the exact meaning of sentences, in this regards the concept of Tantrayukti play important role. Tantrayukti suggests that the Sastra/Tantra can be learned by repetitions and re-thinking process. Tantrayukti helps in the expansion of concise or brief topics and explores meaning of hidden Tantras. Tantrayukti helps in the rearrangement of sentences and rephrases inappropriately pronounced words. Tantrayukti is a tool that can be used in fundamental research, literary research, experimental and clinical research. It helps in elaborating the exact meanings of statements mentioned in Tantras. Thus, Tantrayukti is a very important tool for understanding the theoretical concepts of Ayurveda; Tantrayukti explains practical utility of ancient theories mentioned in Ayurveda texts.

REFERENCES