



PHARMACOGNOSTICAL AND PHYTOCHEMICAL EVALUATION OF HARIDRA

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ABSTRACT

The Ayurvedic system of medicine is prevalent in India since the Vedic period and as early as the dawn of human civilization. The pharmacognosy is the study of identification of drugs derived from natural sources. The pharmacognosy and phytochemistry are necessary for authentication of crude drug and to prove therapeutic action as well. The present work deals with the pharmacognostical and preliminary phytochemical studies on the rhizome of *Curcuma longa* Linn. Haridra (*Curcuma longa* Linn.) is well known plant in Ayurveda. It has been mentioned in Vedas, Brihattraai and later it has been described in Nighantu. Pharmacognostical parameters for the rhizome of *Curcuma longa* Linn. was studied with the aim of drawing the pharmacopoeial standards for this species. Macroscopical and Microscopical Characters, physico-chemical constants, quantitative microscopy parameters, extractive values with different solvents. Preliminary phytochemical screening on the rhizome of *Curcuma longa* Linn. was studied. The determination of these characters will help future researchers in their Phytochemical as well as Pharmacological analysis of this species. TLC profile was established for successive extracts of the rhizome powder using TLC system.

KEY WORD: Ayurveda, Haridra, *Curcuma longa*, Phytochemical, Pharmacognosy.

INTRODUCTION

Since ages, plants have remained important sources of medicines in our country, which is evidenced through their uses in traditional system of medicine i.e. Ayurveda, Siddha, Unani, Homeopathy and Chinese. The Ayurvedic system of medicine is prevalent in India since the Vedic period and as early as the dawn of human civilization. Ayurvedic techniques of formulating compound mixtures developed gradually from the pre-Vedic period through the Vedic, the Samhita and the Samgraha periods and continue to develop. In the Samhita period, ancient indigenous science was at the peak of its glory and we find almost all the pharmaceutical modes.^[1]

Pharmacognosy is the study of identification of drugs derived from natural sources. The American Society of Pharmacognosy defines pharmacognosy as "the study of the physical, chemical, biochemical and biological properties of drugs, drug substances or potential drugs or drug substances of natural origin as well as the search for new drugs from natural sources." It is derived from the Greek word *pharmakon* meaning "a drug" and *gignosco* meaning "to acquire a knowledge". Pharmacognosy is one of the five major divisions of the pharmaceutical curriculum.^[2] The concept of standardization and quality

control of drug can be found in ancient Ayurvedic texts. In those days, the physician himself identifies, checks the drugs based on habitat, morphology, taste, colour, texture and uses as medicine. But in modern times, these tests and tools are not sufficient to control the quality. Hence, the World Health Assembly (WHA42.43-1989) has emphasized the need to ensure the quality of medicinal plant products by using modern control techniques and applying suitable standards. Assessment of complete and accurate physicochemical value of *Ayurvedic* herbs not only provides scientific basis of its quality but also helps in globalization of *Ayurveda*. Under these circumstances, pharmacognosy, pharmacology and phytochemistry are necessary for authentication of crude drug and to prove therapeutic action as well.

Haridra (*Curcuma longa* Linn.) is well known plant in Ayurveda. It has been mentioned in *Vedas*, *Brihattraai* and later it has been described in *Nighantu*.

In present work preliminary phytochemical and pharmacognostical study on *Haridra*, has been done as macroscopic study of powder, microscopic study of powder and phytochemical study of powder. Pharmacognostical parameters for the rhizome of *Curcuma longa* Linn. was studied with the aim of

drawing the pharmacopoeial standards for this species. Macroscopical and Microscopical Characters, physicochemical constants, quantitative microscopy parameters, extractive values with different solvents. Preliminary phytochemical screening of the rhizome of *Curcuma longa* Linn. was studied. The determination of these characters will help future researchers in their phytochemical as well as pharmacological analysis of this species. TLC profile was established for successive extracts of the rhizome powder using TLC system.

MATERIAL AND METHODS^{3,4)}

Plant material – *Haridra* (*Curcuma longa* Linn.) rhizome was collected from vicinity of Varanasi (Mohanlal Rajnish shop, Goladeenanath, Varanasi) which authenticated by teachers of the department. Samples of collected raw materials were kept in the museum of the department as voucher specimen.

(A) Macroscopic characteristic of Drug

In present study, the *Haridra* (Rhizome) was investigated for its macroscopic and microscopic characteristics.

Materials: Coarse powder of *Haridra* (Rhizome), Petri dish etc.

Method: 5 gm coarse powder of sample was taken in a Petri dish and examined with naked eye.

B. Microscopic characteristic of Drug

The coarse powder of rhizome of *Haridra* was pulverized in to fine powder. The powder was investigated for their microscopic characteristics.

Materials: Fine powder of rhizome of *Haridra*, Chloral hydrate, Plain water, Microscope, Slide & Cover slip, Watch glass.

Method: 5 gm powder of *Haridra* was boiled separately with chloral hydrate solution in small quantity respectively. Cleaved powder was removed in three separate watch glasses respectively and stained with one drop each of phloroglucinol and conc. HCL. A little of the treated powder of *Haridra* was mounted in Dil. Sulphuric Acid, Alcoholic picric acid and saffarin; the slide was observed under microscope at low power respectively.

II. Standardization of *Haridra*: The parameters which were used for evaluation are nature, odour, colour, taste and texture, Determination of water soluble extractive value, ethanol soluble extractive value, determination of total ash, acid insoluble ash, water soluble ash of the drug and determination of foreign matter etc.

Procedure for Different Parameters

(A) Extractive values: Since drug was to be used in the form of powder of *Haridra*. The extractive values of these drugs are determined.

i) Determination of Aqueous soluble Extractive value:

5 gm of the air dried rhizome of *Haridra* rhizome was coarsely powdered and macerated with 100 ml of Aqueous (70:30) of the specified strength in a closed flask for twenty-four hours shaking frequently during six hours and allowed to stand for 18 hrs. It was filtered rapidly taking precautions against loss of aqueous 25 ml of the filtrate was evaporated to dryness in a tarred flat bottomed shallow dish (Temp at 105⁰C) and weighed. After that the percentage of aqueous soluble extract was calculated with reference to the air dried drug.

ii) Determination of Hydro-alcoholic (70:30) soluble Extractive value:

5 gm of the air dried seeds coarsely powdered and macerated with 100 ml of ethanol of the specified strength in a closed flask for twenty-four hours shaking frequently during six hours and allowed to stand for forty-two hours. It was filtered rapidly taking precautions against loss of ethanol. 25 ml of the filtrate was evaporated to dryness in a tarred flat bottomed shallow dish (Temp at 105⁰C) and weighed. After that the percentage of ethanol-soluble extract was calculated with reference to the air dried drug.

B) Determination of Total Ash: 5 gms of air dried parts of rhizome of *Haridra* was accurately weighed separately in a tarred platinum or silica dish and incinerated at a temperature not exceeding 450⁰C until free from carbon, cooled and then weighed again each. The percentage of ash was calculated with reference to the air dried drug.

$$\text{Total Ash value of the sample} = \frac{100(Z-X)}{Y} \%$$

Z= weight of the dish + ash (after complete incineration)

X= weight of the empty dish

Y= weight of drug taken.

C) Determination of Acid-insoluble Ash: The ash was boiled for 5-10 minutes with 25 ml of 2M HCL, and then the insoluble matter was collected in a Gooch crucible or on an ash less filter paper, then washed with hot water, ignited and weighed. The percentage of acid insoluble ash was then calculated with reference to the air dried drug.

$$\text{Acid-insoluble Ash value of the sample} = \frac{100 \times a}{y} \%$$

a = weight of the residue

y = weight of the drug taken.

D) Determination of Water-soluble Ash: The ash was boiled for 5-10 minutes with 25 ml of water, and then the insoluble matter was collected in a Gooch crucible or on an ash less filter paper; and then washed with hot water, ignited to constant weight at a low temperature. The weight of insoluble matter was subtracted from the weight of the total ash and the difference in weight represents the water soluble ash. The percentage of water

soluble ash was then calculated with reference to the air dried drug.

$$\text{Water-soluble ash value of the sample} = \frac{100 \times a}{y} \%$$

a = weight of the residue.

y = weight of the drug taken.

E) Determination of Foreign matter: 50 gm of plant material was accurately weighed and spread it as a thin layer and sorted the foreign matter into groups either by visual inspection using a magnifying lens (6X or 10X), or with the help of a suitable sieve, according to the requirements for the specific plant material. The remainder of the sample was shifted through a no 250 sieve; dust was regarded as mineral admixture. The portions of this sorted foreign matter weighed within 0.05gm. The content of each group was then calculated in gm/ 100gm of air dried sample.

III. Preliminary Screening of Phytochemicals

The preliminary phytochemical studies were performed for testing the different chemical groups present in the drug. 10% (w/v) solution of extract was taken unless otherwise mentioned in the respective individual test. General screening of various extracts of the plant material was carried out for qualitative determination of the groups of organic compounds present in them (Trease and Evan, 1983).

1. Alkaloids

Dragendorff's test: Dissolve a few mg of test solution until an acid reaction occurs, and then add 1 ml of Dragendorff's reagent, an orange or orange-red precipitate is produced immediately.

2. Carbohydrates

Anthrone test: To 2 ml of Anthrone test solution, adding 0.5 ml of aqueous extract of the drug. A green or blue colour indicates the presence of carbohydrates.

3. Flavonoids

Shinoda's test: In a test tube containing 0.5 ml of alcoholic extract of the drug, adding 5-10 drops of dil. hydrochloric acid followed by a small piece of magnesium. In the presence of flavonoids a pink, reddish pink or brown colour is produced.

4. Proteins

Biuret's test: To 1 ml of hot aq. extract of the drug adding 5-8 drops of 10% w/v sodium hydroxide solution followed by 1 or 2 drops of 3% w/v copper sulphate solution. A red or violet colour is obtained.

5. Saponins: In a test tube containing about 5 ml of an aqueous extract of the drug, adding a drop of sodium bicarbonate solution, shaking the mixture vigorously and leave for 3 minutes. Honeycomb like froth is formed.

6. Steroids

Liebermann-Burchard's test: Adding 2 ml of acetic anhydride solution to 1 ml of test solution extract of the drug in chloroform followed by 1 ml of conc. sulphuric acid. A greenish colour is developed which turns to blue.

7. Tannins

To 1-2 ml of plant test solution, adding a few drops of 5% FeCl₃ solution was added. A green colour indicates the presence of gallotannins while brown colour tannins.

8. Glycosides

Detection of glycoside on paper spray solution No. 1 (0.5 % aqueous sol. of Sodium metaperiodate) & waiting for 10 minutes after then spraying solution No. 2 [0.5% Benzidine (w/v) in solution of Ethanol-acetic Acid (4:1)], white spot with blue back ground shows presence of *glycoside*.

IV) Thin Layer Chromatography (TLC) of Extracts of Haridra

Thin Layer Chromatography (TLC) is a type of planar chromatography. TLC is routinely used by researcher in the field of phytochemicals, biochemistry etc. to identify the components in a compound mixture like alkaloids, phospholipids, amino acids etc. It is a semi quantitative method of analysis and its sophisticated version or highly precise quantitative version is High performance thin layer chromatography (HPTLC). Similar to other chromatographic methods TLC is also based on the principle of separation. The separation depends on the relative affinity of compounds towards stationary and mobile phase. The compounds that under the influence of mobile phase (driven by capillary action) travel over the surface of stationary phase. During this movement the compounds with higher affinity to stationary phase travel slowly while the others travel faster. Thus separation of components in the mixture is achieved. Once separation occurs individual components are visualized as spots at respective level of travel on the plate. Their nature or characters are identified by means of suitable detection techniques. TLC System consists of a TLC plates preferably readymade with stationary phase: These are stable and chemically inert plates on to whose surface a thin layer of stationary phase is applied. The stationary phase on the plates is of uniform thickness and consists of fine particle size.

TLC system consists of

1. TLC plate preferably readymade with stationary phase: These are stable and chemically inert plates on to whose surface a thin layer of stationary phase is applied. The stationary phase on the plates is of uniform thickness and consists of fine particle size.

2. TLC chamber: This is used for the development of TLC plate. The chamber maintains uniform environment inside for proper development of spots. It also prevents the evaporation of solvents and kept the process dust free) Mobile phase: This comprises of a solvent or

solvent mixture recommended for the purpose. The mobile phase used should be particulate free and of highest purity for proper development of TLC spots. The solvents recommended are chemically inert with the sample, stationary phase.) A filter paper moistened in the mobile phase, to be placed inside the chamber. This helps uniform rise in mobile phase over the length stationary phase.

Objective

1. To separate the constituents using thin layer chromatography (TLC) method.
2. To analyze and detect their spots using UV and spraying agents.
3. To develop skills including use of solvent system for TLC separation method.

Material required: Extracts from lab, Toluene, chloroform, methanol, ethanol, hydrochloric acid, diethyl ether, distilled water and glacial acetic acid, Aluminum TLC plate, Developing tanks, spraying agent: 10% Sulfuric acids, heating oven, UV Lamp Detector.

Procedure

1. The stationary phase is applied onto the plate uniformly and then allowed to dry and stabilize.
2. A thin mark is made at the bottom of the plate with a pencil to apply the sample spots.
3. Then samples solutions are applied on the spots marked on the line at equal distances.
4. The mobile phase is poured into the TLC tanks to a level few centimeters above the tanks bottom.
5. Then the plate prepared with sample spotting is placed in TLC tanks such that the side of the plate with sample line is towards the mobile phase. Then the chamber is closed with a lid.
6. The plate is immersed such that sample spots are well above the level of mobile phase but not immersed in the solvent as shown in the picture for development. Sufficient time is allowed for development of spots. Then the plates are removed and allowed to dry. The sample spots are visualized in suitable UV light chamber.

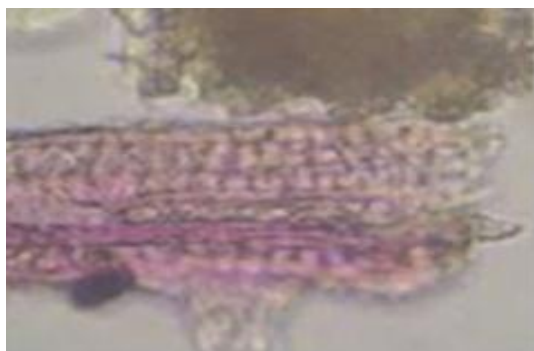
RESULTS AND DISCUSSION

Table 1: Macroscopic characteristic of powder of *Haridra* (Rhizome)

S. No	Parameters	Observation of seeds
1.	Nature	Coarse powder
2.	Colour	Bright yellow
3.	Odour	Aromatic
4.	Taste	Characteristics
5.	Texture	Smooth & fibrous
6.	Size	Sieve with mesh aperture of 1.70 mm

Table 2: Powder microscopy of rhizome of *Haridra*:

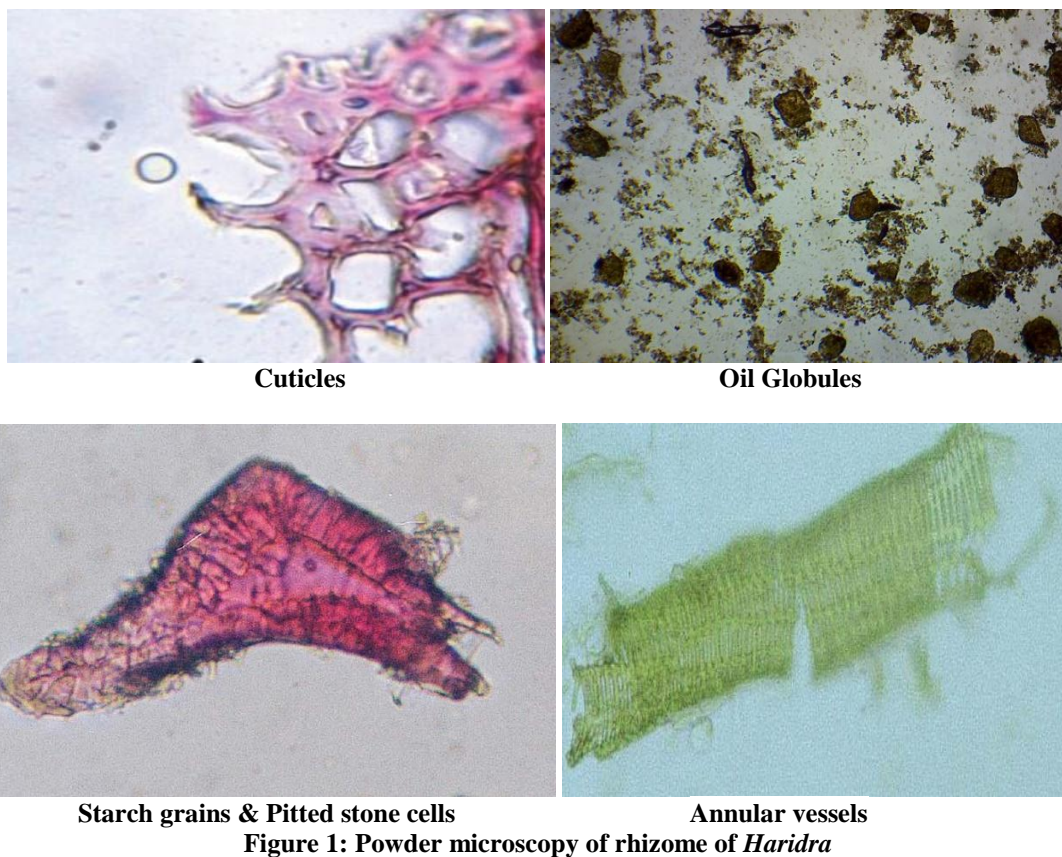
S. No.	Reagents	Observations	Characteristics
1.	Phloroglucinol+Conc. Hcl	Pink	Lignified Vessels
2.	Dil. Sulphuric Acid	Orange	Calcium oxalate crystals
3.	Alcoholic Picric Acid	Yellow	Oil globules
4.	Saffarine	Red	Cuticles



Lignified tissues



Calcium oxalate crystals



Cuticles

Oil Globules

Starch grains & Pitted stone cells

Annular vessels

Figure 1: Powder microscopy of rhizome of *Haridra*Table 3: Certificate of Analysis of *Haridra*

S.No	Parameters	Observation
1.	Physical tests	
	Nature	Coarse powder
	Colour	Yellowish
	Odour	Characteristic
	Taste	Bitter
2.	Foreign matter	Nil
3.	Ash value (% w/w)	
	Total ash	5.6
	Acid insoluble ash	0.60
	Water soluble ash	0.80

Table 4: Percentage yield of Extracts of *Haridra*

S.No	Extracts	Nature of Extract	Weight (gm)	% Yield w/w
1.	Aqueous	Viscous	11.312	6.733
2.	Hydro-alcoholic	Viscous	19.563	9.781

Table 5: Genuine sample of *Haridra* gave the presence of following phytochemicals:

S. No.	Test Sample	Aqueous Extract	Hydro alcoholic extract
1.	Test for alkaloids		
	Dragendorff's test	—	—
	Hager's test	—	—
	Wagner's test	—	—
	Mayer's test	—	—
2.	Test for Carbohydrates		
	Anthrone test	—	+
	Benedict's test	—	+
	Fehling's test	—	+
	Molisch's test	—	+

3.	Test for Flavonoids		
	Shinoda's test	-	-
4.	Test for Proteins		
	Biuret's test:	+	-
	Millon's test:	+	-
5.	Test for Cardiac Glycosides	-	+
6.	Test for Saponin Glycosides	+	-
7.	Test for Coumarin Glycosides	-	-
8.	Test for Anthraquinone Glycosides	-	-
9.	Test for steroids	-	-
10.	Test for Tannins & phenolics	-	+
11.	Test for Amino acid	+	-
12.	Test for volatile oils	-	-

Note: '-' = Absent; '+' = Present

Table6: Rf values for Aqueous extract of *Haridra*:

S. No.	Spots	Rf
1.	Spot 1	0.39
2.	Spot 2	0.70

Table7: Rf values for Hydro alcoholic extract of *Haridra*

S. No.	Spots	Rf
1.	Spot 1 (Methanol: Toluene ;5:5)	0.10
2.	Spot 1 (Toluene: Methanol: HCl ; 5:4.5:0.5)	0.65
3.	Spot 1 (Toluene: Methanol: Glacial acetic acid ; 6:3:1)	0.70

The aqueous extract of rhizome of *Haridra* was also prepared. A large number of solvent systems were tried to achieve a good resolution. Finally the solvent system toluene: ethanol: HCl (6:3:1) ratio was selected for aqueous extract. The two bands are appeared at Rf 0.39 and 0.7 by kept TLC plate in Iodine chamber.

Solvent system [Toluene: Ethanol: HCl (6:3:1)]

For Spot 1 Rf Value - $1.9/4.8 = 0.39$

For Spot 2 Rf Value - $3.4/4.8 = 0.70$

2. The Hydro-alcoholic extract of rhizome of *Haridra* were prepared. A large number of solvent systems were tried to achieve a good resolution. Finally the solvent system methanol: toluene (5:5) ratio; toluene: methanol: HCl (5:4.5:0.5) ratio and toluene: methanol: glacial acetic acid (6:3:1) ratio was selected for Hydro alcoholic extract. The only one band are appeared for each solvent system at Rf 0.10, 0.65 and 0.70 respectively by kept TLC plate in Iodine chamber.

$$\text{Rf value} = \frac{\text{Distance travelled by the substance}}{\text{Distance travelled by the solvent}}$$

(A) **Solvent system A** [Methanol: Toluene (5:5)]

For Spot 1 Rf Value - $0.5/5.0 = 0.10$

(B) **Solvent system B** [Toluene: Methanol: HCl (5:4.5:0.5)]

For Spot 1 Rf Value - $3.8/5.8 = 0.65$

(C) **Solvent system C** [Toluene: Methanol: Glacial acetic acid (6:3:1)]

For Spot 1 Rf Value = $3.5/5.0 = 0.70$

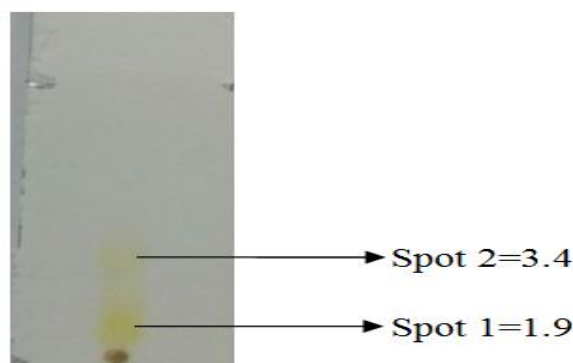


Figure 2: TLC of Aqueous extract of *Haridra*

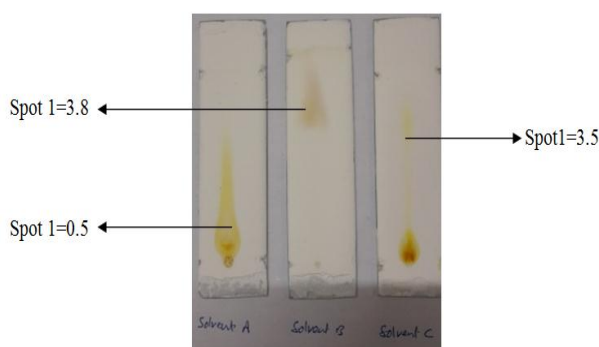


Figure 3: TLC of Hydroalcoholic extract of *Haridra*.

CONCLUSION

The pharmacognosy is define as "the study of the physical, chemical, biochemical and biological properties of drugs, drug substances or potential drugs or drug substances of natural origin as well as the search for new drugs from natural sources." In present study pharmacognostical standards have been established with regards to rhizome of *Haridra* (*Curcuma longa* Linn.) Powder microscopy of rhizome showed the presence of lignified cells, calcium oxalate crystals, oil globules, cuticles, starch grain and pitted stone cells and annular vessels. The physical evaluation furnished different ash values, extractive values in different solvents. Total ash, acid insoluble ash and water soluble ash values were also determined. The phytochemical investigation shows the presence of carbohydrate, protein, cardiac glycoside, saponin glycosides, Tannins, Phenol and amino acid compounds in the rhizome of *Haridra*. Study was carried out in order to assess the quality of rhizome of *Haridra* and also to detect the foreign matter, adulteration and substitution etc., which may be helpful to researchers in future.

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