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PHARMACEUTICAL EVALUATION OF MA'UL-QALAI (TIN WATER)

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ABSTRACT

In Unani system of medicine, several metals and minerals have been in use for various clinical conditions. The metals and minerals are processed in the dosage form of *ma-ul-ajsad*. The pharmaceutical procedure is known as *Itfa*. It was developed way back in medieval times, especially in the 10th century CE. The Arab al-Chemists explored the medicinal properties of metals and minerals. Later on the Arab physicians employed as medicines. They were aware of the inherent medicinal properties of these inorganic substances. According to the process of *Itfa*, the transferred or obtained particles in the solvent are in nano form. However, the physical description of these nano sized particle is not mentioned in the Unani texts due to non-availability of measurement facility during thousand years ago. In the present study, an attempt was made to evaluate the the *Ma'ul-Qalai* (Tin water) in techno-scietific terms, and hence, generate scientific evidence. *Ma'ul-Qalai* (Tin water) is found a mention in a number of *Qarabadeen* (Unani Pharmacopoeia). It was prepared pharmaceutically in the form of 3 (three) versions with 1st, 5th and 15th *put* to each version. Each version was subjected to a batery of tests, viz., particles shape and size by the means of AAS, Zetasizer and TEM.

KEYWORDS: Itfa, Ma'ul-Qalai, Tin water, AAS, Zetasizer and TEM.

INTRODUCTION

Qalai (tin) is a silvery-white metal. It is malleable somewhat ductile, and has a highly crystalline structure. Due to the breaking of these crystals, a tin cry is heard when a bar is bent. Etymologically, Tin is derived from the Anglo-Saxon word *tin* with the symbol Sn which comes from its Latin word *stannum*, and has atomic number 50.

Qalai is employed as a coating material for brass or copper cooking utensils. It serves the purpose of protecting from the poison of *zangar*. The *Qalai* coating has become a profession. The *qalaiwala* dugs a pit in the ground, and a temporary blast furnace is prepared and airing it with bellows. The heated utensil is blasting it off after sprinkling a little *nausadar* (sal amoniac or ammonium chloride) which gives out deep white smoke and a peculiar ammoniac smell. The powder is then rubbed all over the utensil's interior to get rid the utensil of any grit, and make it more abrasive. Then a piece of qalai is touched to the blasting hot interior of the utensil. After melting of *qalai*, it is quickly rubbed on whole of the utensil forming a shining lining of qalai. The utensil is dipped into a bucket full of water. The sudden contact of the hot utensil with the water creates a shrill and sharp sound that dims with the utensil recovering its normal temperature.

The Romans often dipped copper dishes into molten *qalai* to give a better taste to their drinks taken with the tinned items. It has been observed that workers in tin mines do not suffer from furuncles, and due to this observation stannoxyl was introduced which has been successfully tried in patients suffering from furunculosis and was also used successfully in the treatment of eczema and psoriasis. The hollow tin pipe was used first time for the pleural drain, this is a Greek innovation (Ghani, ynm; Nadkarni, 1982; Chopra, 2006; Richard, 2012).

In the Unani classical literature, *Qalai* is described of two types.

- a) *Khanj* : It is natural.
- b) Misraka : It is synthetic.

The al-chemists were accustomed with this metal and they correlated it with the Jupiter. It can dry the chronic ulcers when sprinkle on them. It is also used for the treatment of scorpion bite. The *qalai* as a medicine given in diseases of the lungs and in cerebral disorders like convulsions and epilepsy. It is also recommended for diseases related to uterus. It is also used externally in foul ulcers and fistula. Filings of *qalai* have been recommended for destroying worms particularly the taenia (Ghani, ynm; Ibn Sina, 2010; Husain, 1927; Khan, 1303 AH; Kabiruddin, ynm; Hubal, 2005; Nadkarni, 1982; Hill, 2003).

Ma'ul-Qalai is a Unani liquid pharmaceutical/dosage form prepared by *amal-e-itfa*. This solution shows significant therapeutic effect and used in different diseases and some time as an ingredient in different compound formulations, e.g. *zaroor, zaroor-e-aksareen, zarooq-e-jayyad* etc. It is used as *muqawwi-e-bah* (aphrodisiac), *muqawwi-e-ahsha* (visceral tonic) (Khan, ynm; Arzani, ynm; Kabiruddin, ynm).

MATERIALS AND METHODS

Qalai (Tin) was procured from the open market, Delhi. It was authenticated by Shree Krishna Laboratory, New Delhi.

Method of preparation

- Qalai (tin) was taken with its weight 54.30 grams.
- 300 ml distilled water.
- *Qalai* (tin) was heated with blue lamp gun until it became red hot. It turned hot at the temperature of 200°C in 30 seconds. Then it was dipped in distilled water until it lost its heat.
- The aforementioned procedure is termed as a single *put*. The same was repeated for 15 times, i.e. 15 *puts* were performed on *Qalai*.



Fig. 1: Process of making Ma'ul-Qalai

Water los	ss after <i>pi</i>	<i>it</i> procedu	re
Table 1:	Water los	ss after <i>Itf</i>	<i>a</i> procedure

Lubie II Water 105	s unter nya procedui
No. of Put	Water loss
1^{st} put	No water lost
5^{th} put	5 ml lost
$15^{\text{th}} put$	10 ml lost

Weight loss of *Qalai* (tin) after *Itfa* procedure Table 2: Weight loss of *Qalai* (tin) after *Itfa* procedure.

No. of Put	Weight loss
0 put	54.30 grams
1 st put	53.00 grams
$2^{nd} put$	53.57 grams
3^{rd} put	53.13 grams
4^{th} put	53.02 grams
$5^{\text{th}} put$	52.80 grams
$6^{th} put$	52.34 grams
7^{th} put	52.10 grams
8^{th} put	51.90 grams
9^{th} put	51.70 grams
$10^{\text{th}} put$	51.53 grams
$11^{\text{th}} put$	51.20 grams
$12^{\text{th}} put$	50.95 grams
$13^{\text{th}} put$	50.03 grams

14 th put	49.70 grams
$15^{\text{th}} put$	49.23 grams

PHYSICO-CHEMICAL ANALYSIS OF MA'UL-QALAI

ORGANOLEPTIC PROPERTIES

i. **Appearance:** Appearance was recorded according to the consistency.

ii. **Determination of Taste:** This was performed by the volunteers.

iii. **Determination of Color:** The color of the drug formulation was noted.

iv. **Determination of smell:** A small portion of the sample was examined by slow and repeated inhalation of air over the material.

DETERMINATION OF pH

(i) **pH of 1% solution:** One ml sample was mixed in 100 ml of distilled water and pH was checked with a standardized glass electrode.

(ii) **pH of 10% solution:** Ten ml sample was mixed in 100 ml of distilled water and pH was checked with a standardized glass electrode.

SPECIFIC GRAVITY

The specific gravity was determined with picnometer. The picnometer was filled with sample at a temperature 25° C.

The specific gravity was calculated by the formula given below.

Specific gravity = weight of sample/weight of distilled water (DW).

Wight of DW= weight of picnometer with DW – weight of picnometer.

Weight of sample= weight of picnometer with sample – weight of picnometer (Sandhyarani *et al*, 2014).

QUALITATIVE ANALYSIS OF 1ST, 5TH, 15TH *PUT* SAMPLE OF *MA'UL-QALAI* (TIN WATER)

It was done by AAS (Atomic Absorption Spectroscope) (Corporation Ltd, India) by Krishna Laboratory, New Delhi.

QUANTITATIVE ANALYSIS OF 1ST, 5TH AND 15TH ATOMIC ABSORPTION

SPECTROPHOTOMETRY (AAS)

It was done by AAS (Atomic Absorption Spectroscope) (Corporation Ltd, India).

PARTICLE SIZE ANALYSIS BY MALVERN ZETASIZER

Particle size was determined with a Zetasizer version 7.11, serial no. MAL 1073927-BETA 21. The sample for particle size analysis was added to a small dispersion unit called a cuvette. Average values were calculated (Shinde *et al*, 2015).

PARTICLE SHAPE ANALYSIS BY TRANSMISSION ELECTRON MICROSCOPY (TEM)

Field-emission transmission electron microscope (FE-TEM) [JEOL, JEM-2100, and 200 kV] was used for analysis (Anwar *et al*, 2013).

RESULTS AND DISCUSSION

Present study was carried out to pharmaceutically evaluate the *Ma'ul-Qalai*. Formulation was made in three versions 1^{st} , 5^{th} and 15^{th} and their organo-leptic, physico-chemical and other tests were carried out.

Organo-leptic properties

pH measurement of 1st, 5th and 15th put sample of Ma'ul-Qalai

pH measurement of 1st put sample

The mean values of pH of *Ma'ul-Qalai* (1st *put* sample) in 1% and 10% solutions were found to be 6.73 ± 0.02 and 6.67 ± 0.016 , respectively.

Table 3: pH values of <i>Ma'ul-Qalai</i> (1 st <i>put</i> sample) in	
1% and 10% solution.	

S. No.	pH (1%)	pH (10%)
1.	6.75	6.69
2.	6.73	6.67
3.	6.71	6.66
Mean ± SD	6.73 ± 0.02	6.67 ± 0.016

pH measurement of 5th put sample

The mean values of pH of *Ma'ul-Qalai* (5th *put* sample) in 1% and 10% solutions were found to be 6.59 ± 0.02 and 6.52 ± 0.01 , respectively.

Table 4: pH values of *Ma'ul-Qalai* (5th *put* sample) in 1% and 10% solution.

S. No.	pH (1%)	pH (10%)
1.	6.61	6.53
2.	6.57	6.51
3.	6.59	6.52
Mean \pm SD	6.59 ± 0.02	6.52 ± 0.01

pH measurement of 15th put sample

The mean values of pH of *Ma'ul-Qalai* (15^{th} *put* sample) in 1% and 10% solutions were found to be 6.59 ± 0.02 and 6.52 ± 0.01, respectively.

Table 5: pH values of Ma	<i>'ul-Qalai</i> (15 th <i>put</i> sample) in
1% and 10% solution.	

S. No.	pH (1%)	pH (10%)
1.	6.61	6.53
2.	6.57	6.51
3.	6.59	6.52
Mean \pm SD	6.59 ± 0.02	6.52 ± 0.01

Specific gravity measurement of 1st, 5th and 15th *put* sample of *Ma'ul-Qalai*

The mean values of specific gravity of *Ma'ul-Qalai* (1st, 5th and 15th *put* sample) were found to be 1.002 ± 0.001 , 1.003 ± 0.001 and 1.004 ± 0.001 , respectively.

Table 6: Specific gravity of *Ma'ul-Qalai* (1st, 5th and 15th *put* sample).

S.No.	1 st <i>put</i> sample	5 th <i>put</i> sample	15 th <i>put</i> sample
1.	1.003	1.003	1.005
2.	1.002	1.002	1.004
3.	1.001	1.004	1.003
Mean \pm SD	1.002 ± 0.001	1.003 ± 0.001	1.004 ± 0.001

Qualitative tests of *Ma'ul-Qalai* Table 7 : Qualitative tests of *Ma'ul-Qalai*.

S.No.	No. of <i>put</i>	Presence of Qalai
1.	1 st put	+ve
2.	$5^{\text{th}} put$	+ve
3.	$15^{\text{th}} put$	+ve

Quantitative analysis by Atomic Absorption Spectrophotometry (AAS)

Table 8 : Quantitative analysis of Ma'ul-Qalai byAAS.

S.No.	No. of <i>put</i>	$Tin (Sn^{+4})$	$Tin (Sn^{+2})$
1.	0 put	Absent	Absent
2.	1^{st} put	14 ppm	Absent
3.	5^{th} put	33 ppm	Absent
4.	$15^{\text{th}} put$	107 ppm	Absent

Shape analysis by TEM (Transmission Electron Microscopy

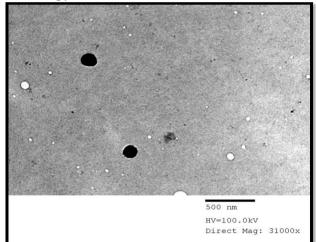


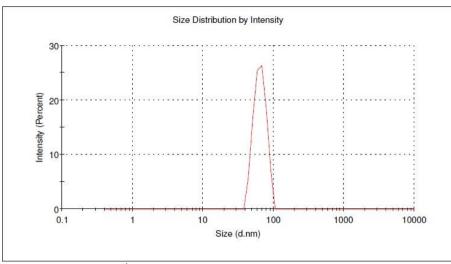
Fig. 2 : TEM image of *Ma'ul-Qalai*.

• The particles shape of 15th *put* sample of *Ma'ul-Qalai* was found to be irregular, i.e., in the clogged and cluster form.

Particle size analysis

The sample of *Ma'ul-Qalai* was analyzed by Malvern Zetasizer, version 7.11, serial no. MAL 1073927-BETA 21.

Sample	Details							
Sam	nple Nam	Tin '	Water 1					
Gene	ral Notes	: 5' sol	nic					
S	OP Name	: man	mansettings.nano					
File Name:		: 8. Ti	bbia College	Dispersant Name:	Water			
Record Number:		: 17		Dispersant RI:	1.330			
Material RI:		l: 1.59		Viscosity (cP):	0.8872			
Material Absorbtio		0.01	0	Temperature (°C): 2	24.9			
A	ttenuator	: 10	10 Measurement Position (mm): 3.00					
Count Ra			4 osable micro cu	vette (40µl)				
Duration	n Used (.	60						
Size	(d.nm):	% Int	St Dev (d.n	Z-Average (d.nm):	142.2			
Peak 1:	65.10	100.0	12.55	PDI: 0.223				
Peak 2:	0.000	0.0	0.000	Cumulants Fit Error: 0.0419 In Range: 92.		In Range: 92.8		
Peak 3:	0.000	0.0	0.000		0.0	Intercept: 0.914		



Peak 1st showed that particles are 65 nm in range.

DISCUSSION

Qalai (Tin) is a most popular inorganic substance used in Unani medicine. In order to get its medicinal properties, a specialized process had been devised as *Itfa*. By this process the nano form of its particles are transformed in the water and it becomes a dosage form as *Ma-ul-Qalai* (Tin water). The nano sized particles obtained through this process were found in 65 nanometers which is an ideal size of a nano medicine. Hence, this study validates not only the traditional wisdom of Unani physicians, but generates pharmaceutical evidence too. Moreover, it is highly economical.

CONCLUSION

In the present studv the Ma'ul-Oalai. was pharmaceutically prepared and three versions of each at 1st, 5th and 15th put were scientifically studied and its Standard Operating Procedure (SOP) regarding particles shape and size and physico-chemical standard were evaluated. It was noted that when the number of put increased, the pH values of Ma'ul-Qalai was decreased and specific gravity increased when the number of put increased. Qualitative analysis of *Ma'ul-Qalai* showed the presence of tin in it. It was observed that as the numbers of puts were increased, the quantity of metal also increased in the sample. The particle shape in all Ma'ul-Qalai was found to be clogged and cluster form. In Ma'ul-Qalai, particles size was found to be 65 nm in range.

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