

OCULAR INSERT: A NOVEL CONTROLLED DRUG DELIVERY SYSTEM**Dr. Sonali P. Mahaparale^{1*} and Arti Muneshwar Yadav²**¹HOD of Pharmaceutical Chemistry, Dr. DY Patil College of Pharmacy, Akurdi, Pune.²Dept. of Pharmaceutical Quality Assurance Dr. DY Patil College of Pharmacy, Akurdi, Pune.***Corresponding Author: Dr. Sonali P. Mahaparale**

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Article Received on 23/01/2020

Article Revised on 13/02/2020

Article Accepted on 04/03/2020

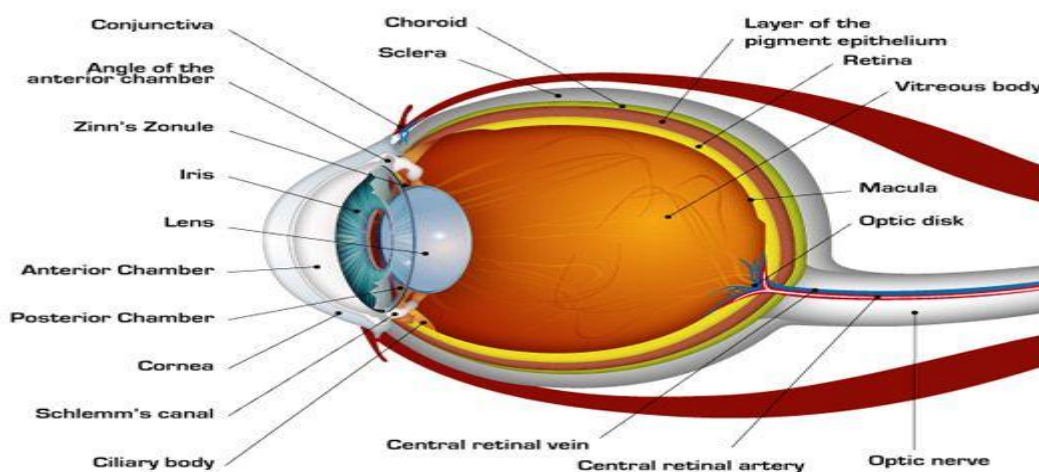
ABSTRACT

A visual addition speak to a cutting edge innovation in eye infection treatment .visual medication conveyance framework is one of the most challanging task looked by pharmaceutical specialist. Serious issue in visual prescription are the capacity of the medication at the site of activity for long duration. Eye drop arrangements are most recommended measurements structure in eye sickness therapy. Characteristics of ophthalmic arrangement are it ought to be homogeneous, non-disturbing and liberated from protuberances. Visual addition in the new treatment structured so that it discharge the medication for significant stretch of time and it should be effectively removable when they are no longer needed. The frameworks for the most part incorporate controlled, postponed and additionally supported discharge bioerodible implantable components having various layers of various materials or potentially various groupings of materials. The components for the most part incorporate an inward layer, or center, including a helpful operator, and at least one external layers made of polymeric materials, for instance generously unadulterated polymeric materials. In the region of topical visual organization, significant endeavors concern the structure and the origination of new ophthalmic medication conveyance frameworks ready to delay the living arrangement time.

KEYWORDS: Ocular insert, predetermined bioavailability, Bioerosion, osmosis.**INTRODUCTION**

In Developing any new drug delivery system, major issue of adsorption, distribution, metabolism and elimination must be considered.^[1] Delivery of drug to the eye has remained as one of the most challanging task for pharmaceutical scientist.^[2] The intraocular bioavailability of the drug through eye drop is very poor due to the factor such as lacrimation, naso-lachrymal drainage and

drug dilution with tear fluid.^[1] Drug binding with protein also contribute to loss of drug through precorneal parallel elimination loss pathway. Only small amount of (1-3%) drug actually enter the cornea and reach the intraocular tissue.^{[2][3]} Ocular drug delivery is obstruct by the physiological barriers present in the eyes. These include blinking and wash out by tear, nonproductive losses, nasolachrymal drainage and impermeability of cornea.^{[3][4]}

**Fig -1: Key features of human eye.**

The mucosa lining the inside surface of eyelid is called conjunctiva (not shown for clarity) and external structure of the front of the eye up to the limbus, the edge of the cornea. Drug delivery in the eye is major challenging task for scientist because organ is isolated with several barrier imposing challenges to drug delivery, physical barriers of its membrane, tear mechanism, blood aqueous and blood retinal barriers.^[5]

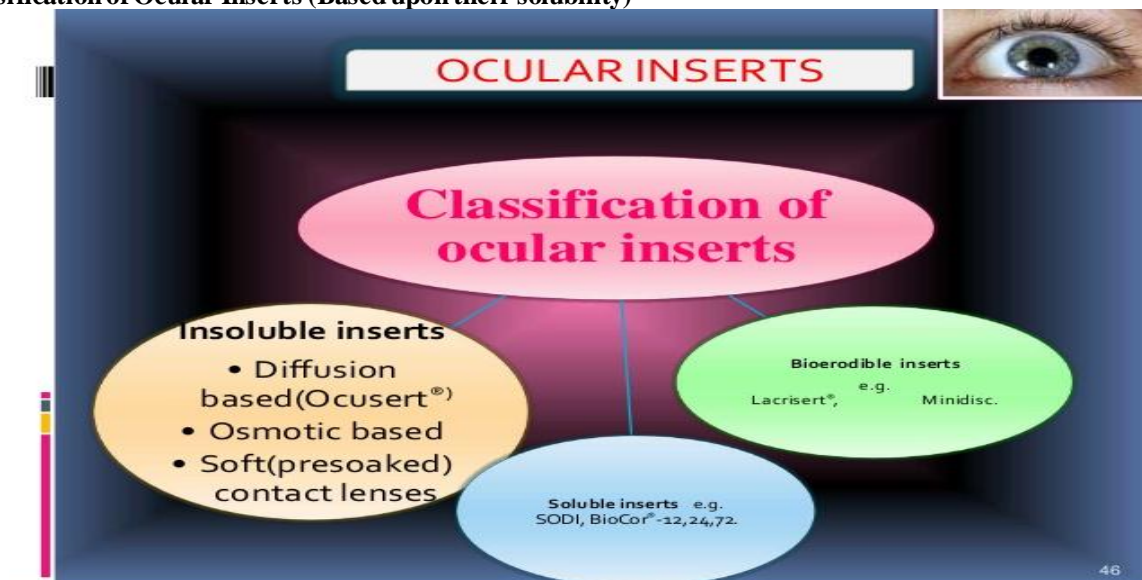
In the recent time, because of the development newer more sensitive therapeutic agent and diagnostic requirement renders urgency to the development of more successful and advanced ocular drug delivery system.^[6] An ocular drug can be improved its therapeutic efficacy by increasing its contact time with corneal surface. For that purpose we can add viscosity enhancer in the eye preparation to increase the contact time or we can formulate by using water insoluble ointment formulation so, it will help to sustain positive direction of drug-eye contact. But the disadvantages of this dosage form is it do not yield constant drug bioavailability, and hence repetition required for this therapy.^[7] The eye drop formulation is very easy to administer but the drawback is large volume is eliminated from the pre-corneal area resulting in poor bioavailability, ranging from (1-10%) of total administered dose.^{[8][9]}

The following trends are in existence nowadays.^[10]

- Membrane-bound ocular inserts (biodegradable and non-biodegradable), for example, Ocuserts, Alza Corp
- Soft contact lenses, implants, flexible coils, and cotton pledgets (Drug presoaked hydrogel type, polymeric gels).
- Filter paper strips (drug-impregnated filter paper strips for staining agent — sodium fluorescent, lissamine green, and rose Bengal)
- Collagen shields, cyclodextrin-based system, ophthalmic rods (artificial tear inserts, e.g., Lacrisert®).
- Mucoadhesive dosage forms (ocular films or sheath, ophtha Coil, polymer rods, HEMA hydrogel, Dispersion, polysulfone capillary fiber).

Visual additions offer an alluring elective way to deal with the troublesome issue of restricted pre-corneal medication living arrangement time.^[10] Disposition and end of a restorative operator relies upon the physicochemical properties just as the significant visual life systems and physiology.^[11] The fruitful plan of a medication conveyance framework, in this way, requires a total information on the medication moiety and the limitations to conveyance offered by the visual course of organization.

Classification of Ocular Inserts (Based upon their solubility)



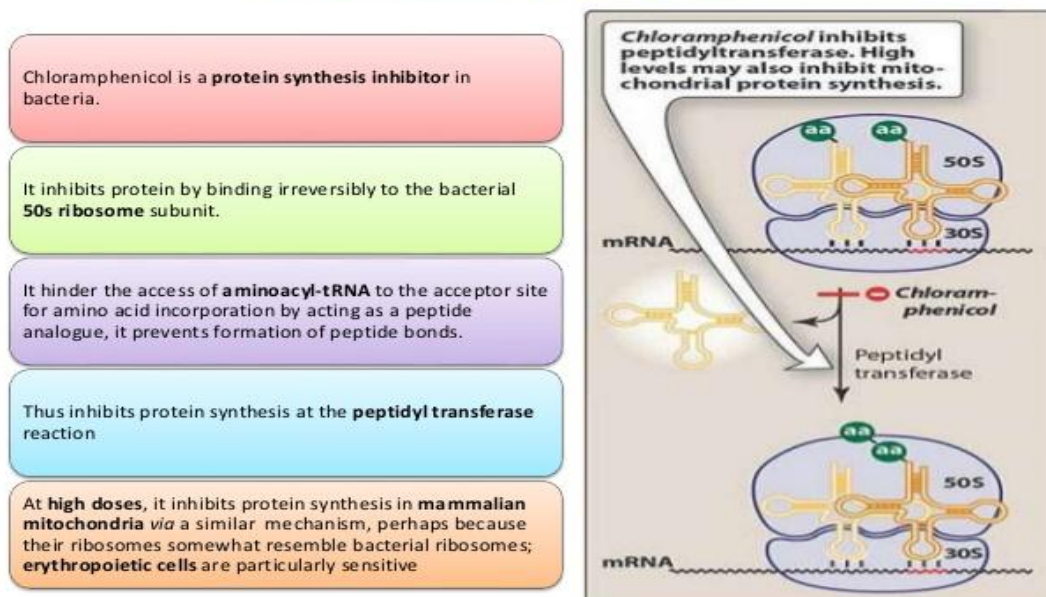
Mechanism of Drug Release from Ocular Inserts

Dispersion In this component, the medication is discharged consistently at a controlled rate through the film into the tear liquid. On the off chance that the supplement is shaped of a strong non-erodible body having pores and medication is in a scattered structure, the medication discharge happens by means of dispersion through the pores. Controlled arrival of the medication can be kept up by a slow disintegration of the strong scattered medication in the framework, because of the internal dispersion of fluid arrangements. In a

dissolvable gadget, genuine disintegration happens for the most part through polymer growing. In growing controlled gadgets, the dynamic specialist is homogeneously scattered in a lustrous polymer. As lustrous polymers are basically sedate impermeable, no dispersion happens through the dry framework. At the point when the addition is set in the eye, water from the tear liquid starts to infiltrate the lattice, expanding happens, and therefore polymer chain unwinding happens and sedate dispersion happens. The disintegration of the network, trailed by the expanding

procedure relies upon the polymer structure. A straight shapeless polymer breaks down at a quicker rate than a cross-connected or halfway crystalline polymer.^{[11][12]}

MECHANISM OF ACTION



Evaluation study for ocular insert

1. Thickness
2. Folding Endurance test
3. Surface pH
4. Weight uniformity
5. weight content uniformity
6. Tensile strength
7. In vitro drug release study
8. Ex vivo transcornal permeability study
9. Drug releaser kinetics
10. Accelerated stability study

A. Thickness of the film

Thickness of film is measured by using the Dial caliper at different points of the formulation.

B. Folding Endurance

Folding endurance was determined by folding the film at the same place till breaking. The number of time the film could be folded at the same place without breaking gives the folding endurance value.

C. Surface pH

The Dorzolamide inserts were allowed to soak in closed petridish at 27 degree temperature for 30 min in 1 ml of distilled water. The device which is swelled was removed and solution placed under digital pH meter to determine the surface pH.

D. Weight Uniformity

From all three batch (n = 3), inserts were taken and weighed individually using balance. The mean weights of the insert were recorded.

E. Drug content uniformity

To check the uniformity of the drug each insert was placed in glass vial containing 10 ml of fluid (artificial fluid). This insert was dissolved by with the help of magnetic stirrer, this solution was filtered and from this filtrate solution 1 ml of solution diluted with distilled water upto 10 ml.

And final absorbance was measured by using UV-Visible spectrophotometer.

F. Tensile strength

Tensile strength of the formulated films was calculated according to the following equation.

$$\text{Tensile strength} = \frac{N}{\text{mm}^2}$$

Where, N=Breaking load

mm=cross section area of sample

G. In vitro drug release study

Two methods are used for in vitro drug release. The compartment of receptor was filled with artificial tear fluid which was freshly prepared.

1.5 cm² area of ocular film was transferred to dialysis membrane and opening of the donor compartment was sealed with glass cover slip while the temperature of the

fluid was maintained at 37 with constant magnetic stirrer. 1ml of sample was ejected from the receptor compartment at various time period upto 6 hand was analyzed spectrophotometrically.

Each sample withdrawn was replaced with equal volume of artificial tear fluid.

H. Ex vivo transcorneal permeation study

Entire eye chunk of goat was moved from nearby butcher shop to the research facility in cool (4°C) typical saline inside 1 h of butchering the creature. The cornea was painstakingly extracted alongside 2–4 mm of encompassing scleral tissue and was washed with cold typical saline till the washing was liberated from proteins. Disconnected cornea was mounted by sandwiching encompassing scleral tissue between cinched contributor and receptor compartments of an all glass adjusted Franz dissemination cell in such manner that its epithelial surface confronted the benefactor compartment. The receptor compartment was loaded up with naturally

arranged counterfeit tear liquid. 1.5cm² territory of visual film was set on the cornea and opening of the contributor compartment was fixed with a glass spread slip, while the receptor liquid was kept up at 37 ± 0.5°C with steady blending, utilizing attractive stirrer. 1ml example was pulled back from receptor compartment at different time interims up to 6h and was broke down spectrophotometrically. Each example pulled back was supplanted with equivalent volume of fake tear fluid.

I. Drug release kinetics

Medication discharge components and energy are the two significant attributes of a medication conveyance framework in portraying drug disintegration profile. To portray the energy of the medication discharge from improved Ocular supplement, scientific models, for example, zero-request, first order, Higuchi, Hixson-Crowell and Korsmeyer-Peppas models were utilized. The measure for choosing the most fitting model was picked based on the integrity or fit test.

J. Sterility testing as per IP 2014

Direct inoculation method was used for the ocular stability study.

Advantages	Disadvantages
Precision dosing with controlled release, avoid pulsate drug delivery	Physical and psychological obstacles of placing solid object on the eye, foreign body sensation.
Minimal systemic absorption	Potential accidental loss
Administration frequency reduced	Some device difficult to insert or remove
Increased bioavailability	Movement around around the eye could interfere with vision
Combinational therapeutic approaches	Potential burst release upon insertion prior to controlled delivery

Future perspective

Right now different systems for upgrading bioavailability of ophthalmic medications have been considered; how tranquilize bioavailability can be improved utilizing solvency, maintenance and penetrability enhancers has been investigated. Medication stacked contact focal points permit limited conveyance straightforwardly to the cornea, where the focal points offer controlled discharge while disconnecting the postcorneal tearfilm from lachrymal leeway. Nanoparticle technology is permitting drug conveyance to the back chamber via topically applied plans. Future research is likely to carry disclosures of materials with unrivaled execution contrasted and those in flow use, and these could incorporate savvy medicate conveyance frameworks that discharge their payload because of an upgrade, e.g., light.

The utilization of visual additions for broadened and close contact between the portion structure and visual tissue ends up being an advantageous methodology and the utilization of visual inserts permits every outside obstruction to be survived, giving direct access to inward tissues while limiting reactions. Huge numbers of these methodologies have been created in late decades and proceed to be enhanced with new advancements.

Looking to the future, creative advances to postpone or forestall visual deficiency could be made; improvements in two fundamental territories could be guessed; the cornea and vitreous cleverness. To begin with, corneal sickness affects visual wellbeing; corneal tissue-designed builds are being created to test new ocular drugs. Future improvement of counterfeit corneas could turn into a likelihood to supplant sick ones without the requirement for giver tissue, which is a rare ware. Another zone for cutting edge sedate conveyance is the back portion; vitrectomy is an intrusive however settled technique for some, back section issue. A manufactured material is utilized to supplant common vitreous silliness. The plausibility of creating manufactured materials for entire or incomplete vitrectomy as a medication stop could permit long haul controlled discharge for a considerable length of time. An erratic strategy would be more good than a lot less viable ones throughout a lifetime.

CONCLUSION

Visual insets have been discovered favorable as it takes out reaction of beat dosing of customary measurements structure by furnishing controlled and supported medication conveyance with increment in bioavailability and corneal contact time, forestalling the loss of medication with better patient consistence improving

medication adequacy. Different classes of visual addition have been created till date like solvent, insoluble, and bio-degradable visual supplement which are additionally ordered in various kinds relying on material utilized and its conduct in sedate conveyance like dissolvable visual supplement based characteristic, manufactured or semi-engineered polymer, insoluble visual supplements including dissemination embed, osmotic embed and delicate contact focal points while bio-erodible include lacrisert, SODI, Minidisc and collagen shield. Non-erodible envelops visual addition and contact focal points and so forth along these lines the visual supplement speak to a huge headway in eye illness.

ACKNOWLEDGEMENT

We would like to express our special thanks of gratitude to our teacher, our Principal Dr. N. S. Vyawahare sir for their valuable guidance. Because of that we come to know about so many new things that will help us in future. We are really thankful to them. Also we would like to thanks our parents and friends for helping and supporting us.

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