

**ORIGIN, CAUSES AND TREATMENT OF THE CORONAVIRUS INFECTED PEOPLE
ACCORDING TO ISLAMIC GUIDELINES****Dr. Muhammad Musharraf Hussain***

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The coronavirus pandemic COVID-19 is the greatest challenge we are facing now since World War Two. It is currently viewed as global health crisis. Since its emergence in China late last year, the virus has spread to every continent except Antarctica. The global medical system has been proved to be ineffective. Every day the number of deaths is increasing at an alarming rate. Modern medical scientists and researchers are trying hard to come up with possible vaccines and some specific drug treatments. USA, UK, Brazil, Italy, India, Spain and France are the countries where people are massively infected. The prime minister of Spain has openly and humbly declared that all our efforts have come to an end. We have now no other alternative but to seek help from the Owner of the Sky i.e. God or Allah.

First of all let me discuss about the origin of coronavirus. What type of virus it is? Where did it originate from and what are the principal causes of COVID 19? What do the divine books say about this viral disease? In the later part of the article I shall discuss the effective remedies, both physical and spiritual for its treatment and subsequent cure.

Coronaviruses (CoV) are a large family of viruses that cause illness ranging from the common cold to more severe diseases such as Middle East Respiratory Syndrome (MERS-CoV) and Severe Acute Respiratory Syndrome (SARS-CoV). A novel coronavirus (nCoV) is a new strain that has not been previously identified in humans. Scientists have pointed to either bats or snakes as possible sources. The novel coronavirus was first discovered in a virology lab in December 2019 in Wuhan, China, and then it rapidly spread around the globe. Dr. Alok Patel, a member of team of coronavirus experts said, based on everything that scientists have looked at the genetic material of this coronavirus, the similarity is closest to a virus in a bat. Scientists believe a bat likely infected another animal before it infected humans. Currently virology researchers are trying to unravel the mystery behind it. Global scientists are surprised, how did a lethal coronavirus jump from the wilds of rural China to major human population centers in the world. Right now the number of infected cases in the world has exceeded Forty million and total deaths have also exceeded one million and two hundred thousand.

Origins of the outbreak of the Coronavirus pandemic are controversial. US scientists claimed that the coronavirus escaped from a Chinese virology lab in Wuhan. Chinese scientists denied the claim that the outbreak began from Wuhan human seafood market. Flinders University scientists from Australia reveal that Origins of COVID-19 still a mystery. Dr. Mike Ryan, World Health Organization's expert, has reported that the new coronavirus is natural in origin. Some scientists said that the virus emerged naturally and became stronger through natural selection. However, the global scientific community finally rejected the idea that the virus has been engineered in the Chinese Virology Lab. It is not a man-made virus. However, no scientist has ever thought over the point that the outbreak of the virus could be the work of Allah or God Who has sent this deadly virus as punishment for the wicked people on earth. If the virus has originated from Nature, then my question is, Who controls the Nature? Who causes the powerful and

deadliest natural disasters which cause severe damage to the environment and deaths of millions of people?

Who is the Controller of disasters and natural calamities? Who controls Hurricane, Typhoons, Cyclones, Earthquakes, Volcanic Eruption, Tsunamis, Floods, Mudslides, Heat Wave and Avalanches? Are they the work of scientists or rulers? Can these disasters be engineered in the lab? Indeed human beings have no control over all these disasters or divine happenings. Therefore like MERS-CoV, SARS-CoV, COVID-19 is a natural disaster. And it is Allah, the Most High, the Chief Architect of the world, the Originator of Life and Providers for all things in existence, Who probably caused it to happen according to His will. Therefore, in view of the conflicting opinions about the origin and causes of the outbreak of coronavirus pandemic I would like to bring some factual information from the divine book, Al-Qur'an, the Last Testament, concerning divine

preordainments of all things including the pandemic, epidemic, diseases, calamities, disasters and their probable remedies and cure.

In Surah Abasa verse 19 the Qur'an says, **"Allah created him, then set him his destiny."** (Abasa 80:19) Destiny means decree of his life span, his sustenance, his deeds, and whether he would be miserable or happy. Destiny also means divine preordainments. That is, when he was yet developing and taking shape in his mother's womb, his destiny was set for him. It was determined what would be his sex, his color, his size; the extent and volume of his body, his appearance and voice, the degree of physical strength and mental endowments, what would be the land, the family, the conditions and environments in which he would take birth, and how long he would be allowed to function on the earth. He cannot swerve even a hair-breadth from his destiny, nor can affect the slightest alteration in it.

In Surah Al Qamar verse 49 Allah SWT says, **"We have created everything with a destiny i.e. Qadr."** (Al-Qamar 54:49)

That is, **'nothing in the world has been created at random but with a purpose and destiny'**. This world too has a destiny, in accordance with which it is functioning till an appointed time and will come to an end at an appointed time. In Surah Al-Ankabut verse 16, Allah says, **"Creation of the world (heaven and earth) is not for play or fun of a child which he may destroy as and when he likes."** (Al-Ankabut 29:16).

In other words, whatever has happened in the past, whatever is going to happen in the near and distant future, have already been completely written down in an open Book preserved with Allah. Therefore, without the permission, will and knowledge of Allah SWT one cannot fall sick due to an epidemic or pandemic and die eventually.

In Surah Fatir verse 11, the Qur'an says: **No woman conceives or gives birth except with the Knowledge of Allah. No aged man is granted a length of life nor is a part cut off from his life (another man's life) except in accordance with a Book that is preserved. Surely, that is easy for Allah.** (Fatir 35:11)

In fact at the time of creating human beings it was part of Allah SWT's divine plan that man would fall sick for one reason or the other, and may also die at any age unknown to him or her.

In Surah Al-Baqarah verse 155 Allah SWT says: **"We shall certainly test you by afflicting you with fear, hunger, loss of properties and lives and fruits. Give glad tidings, then, to those who remain patient."** (Al-Baqarah 2:155)

In this verse Allah SWT cautions us that diseases, loss of properties and lives, hunger, fear are sometimes sent to

us as a test of our faith.

In 214th verse of the Surah Allah says, **"Do you think that you will enter Paradise without undergoing such trials as were experienced by the believers before you? They met with adversity and affliction and were so shaken by trials that the Prophet of the time and his followers cried out, when will Allah's help come? Then they were assured and comforted: "Behold, Allah's help is near!"** (Al-Baqarah: 2:214).

In Surah Ale Imran verse 142 Allah says: **"Did you think that you would enter Paradise even though Allah has not yet seen who among you strove hard in His way and remained steadfast?"** (Ale Imran 3:142)

In verse # 2 of Surah Al Ankabut the Qur'an says: **"Do people think that they will be let go merely by saying: "We believe," and that they will not be tested?"** (Al-Ankabut 29:2)

In the same Surah in verse 3 Allah SWT says: **"We indeed tested those who were before them? Allah will most certainly ascertain those who spoke the truth and those who lied."** (Al Ankabut 29:3)

Allah SWT, in all these verses, has impressed on the humankind that trial is the touchstone by which the pure and the impure are judged, and Allah tests our faith through trials. Indeed, the bigger the trials, the bigger the honor, prestige and reward. The verses also inform us that outbreak of an epidemic or pandemic or other killer diseases like AIDS, Coronavirus, SARs, etc. is therefore seen as a test of our faith.

In verse 36 Surah Ar-Rum (The Romans) Allah SWT says: **"When We make the people taste of Our Mercy, they exult at it; and when an affliction befalls them on account of their own misdeeds, they grow despondent."** (Ar-Rum 30:36)

In this verse Allah SWT says that affliction (pandemic) befalls on people on account of their on misdeeds, wrong-doings and sins. Similar warning was also given in verse 41.

In verse 41 of the same Surah Allah says: **"Evil (sins and disobedience to Allah) has appeared on the land and at sea because of what the hands of people have earned (by oppression and evil deeds); this in order that He (Allah) may cause them to have a taste of some of their deeds; perhaps they will turn back (from evil by repenting to Allah and begging His Pardon)."** (Ar-Rum 30:41)

Here, what the hands of people have earned means misdeeds, wickedness, disobedience, oppression and tyranny committed by wicked people, rebellious rulers and sinners.

In the next verse Allah says: **(O Prophet), say: “Travel in the earth and see what was the end of those before (you); most of them (polytheists, idolaters and disbelievers) associated partners with Allah in His Divinity.”** (Ar-Rum 30:42)

From all these verses we understand that affliction and pandemic at times sent to us as a result of our wickedness and misdeeds such as adultery, fornication, homosexuality, infidelity, nakedness, oppression, tyranny etc. As a result Allah completely destroyed those communities from the face of the earth.

The misfortune of the people of Pharaoh was in the hands of Allah, but most of them did not know. Allah SWT afflicted Pharaoh's people with several years of famine and shortage of fruits (Al-A'raf 7:130). Finally He sent upon them several calamities like the storm, the plague, locusts, the lice, and the frogs, and rained blood upon them as divine punishment (Al-A'raf 7:133).

The Qur'an says, whenever the punishment befell them, they would say, **"OMoses! Pray for us to Allah in the name of the office you hold from Him. If you help remove the plague from us this time, we will believe in you, and send the Israelites with you."** (Al-A'raf 7: 134)

What about the destruction by swarm of crop-eating locusts? Locusts, although tiny insects, they can leave a trail of destruction across many countries. Locusts can invade thousands of acres of land and create havoc within few minutes. Who can control the movement of massive inrush of millions of locusts? Who transformed some Jewish transgressors into apes during the time of Musa (as)? (A'raf 7:166)

During the time of Prophet Lut (as) homosexuality or anal sex spread among its people to such an extent that Allah (God) at last decided to destroy the entire community. About homosexuality, the Qur'an mentions severe punishments.

In Surah Al-Araf verses 80 and 81 the Qur'an mentions: **“And [We had sent] Lut when he said to his people: Do you commit such immorality as no one has preceded you with from among the worlds? Indeed, you approach men with desire, instead of women. Rather, you are a transgressing people.”** (Al-Araf 7: 80-81)

In verse 84 of the same Surah Allah speaks about the nature of punishment inflicted on the homosexuals. **“And We rained upon them a rain of stones. Then see how terrible was the end of the criminals.”** (Al-Araf 7: 84)

In Surah Al-Anbiya verse 74 the Qur'an mentions about homosexuality in strong terms. **“Indeed, they were a people of evil, defiantly disobedient.”** (Anbiya 21: 74)

The Bible too in Romans Chapter 1 verse 26 strongly condemns homosexuality.

“For this cause, God gave them up unto vile affections: for even their women did change the natural use into that which is against nature.” [The Holy Bible, Romans 1: 26]

In Leviticus chapter 18 Verse 22 of the New Living Translation of the Bible it is said: **“Do not practice homosexuality, having sex with another man as with a woman. It is an abomination or detestable sin.”** (The Holy Bible, Leviticus 18:22)

But it is a pity that present Bible commentators do not consider that homosexuality is a great sin.

Dear scientists, anal sex or homosexuality is not at all suitable for the man or woman, because it is unnatural. It involves a tiring movement. Same-sex relationship goes against the law of nature. The anus has not been made or designed by the Creator as a human organ for comfortable sexual activities. Anus is an organ for passing out the excretory waste materials from the body, and nothing else. The anus is the place of dirt and filth. It is not a place of sex. This act is a wicked, distorted and abnormal form of human behavior. However, in Islam, anal sex and sexual activity outside one's matrimonial home is totally prohibited. Therefore, it is my firm conviction that if we wish to live on this beautiful planet happily and peacefully without any fear of dangerous killer diseases like AIDS, Coronavirus (and others yet to come), we must popularize the slogans: **No unlawful sex — no illegal sex — no sex outside the marriage – no homosexuality .**

In Surah Hud we know that Allah instructed Prophet Nuh (Noah) to construct a ship so that his followers could be saved from the devastating flood. He then caused the flood to start from gushing forth of water through the oven. All the unbelievers and disbelievers were drowned except the followers of Prophet Nuh (as). Likewise, we may face similar disasters if we commit unrighteous deed, sexual immorality, idolatry, evils of all kinds. So we should take lesson from the past human generations about the misdeed, sexual immorality, evil, wickedness, disobedience and rebellion they had committed during their lifetimes and the punishments they had received from the sky.

Respected learned people, scientists, researchers and rulers, the world including the heavens and the earth belongs to Allah alone. No one else can claim a share a shred of His authority. We are only the inhabitants here for a short period of time known to Allah only. After that time whether we like it or not we have to return to Him. Then He will judge our actions good or bad.

In Surah Al-Ankabut verse 16 Allah SWT says that He did not create this universe and all living beings for play

or fun (Al- Ankabut 21:16).

In Surah Sad verse 27, Allah says that He did not create the heaven and earth and all that in between them without a definite purpose (Sad 38:27).

Indeed Allah created us out of nothing. His kingdom does extend over the heavens and earth. Since the kingdom is Allah's own, His rules and guidance shall be obeyed and established in man's society. This is a simple logic. I shall now enumerate the Prophetic statements on plague and contagious diseases.

In the two *Saheeh* books of Hadith, it has been narrated that Sa'd ibn Abi Waqqâs (ra) asked Usâmah ibn Zayd (ra) about what the Prophet (saws) said concerning plague. Usâmah (ra) narrated the following hadith:

“The plague is a punishment that was sent down on some of the Children of Israel and on earlier communities. So, if you hear that it (pestilence) has struck a land, do not enter that land, and if it breaks out in a land that you are residing in, do not go out of that area to escape from it.” (Al Bukhari and Muslim)

Let me now talk about plague and quarantine. From the wordings of the hadith we know that it was Prophet Muhammad (ﷺ) who first invented the concept of Quarantine 1450 years ago. Quarantine means **NO IN, NO OUT**. It is a medical concept in case of outbreak of infectious disease like plague. From the narrations on plague we come to know that the Prophet (saws) stopped the spread of the disease by enforcing the quarantine concept in a land when people were not aware of the devastating and harmful effects of infectious disease like plague. The exact reason behind the outbreak of the plague is mentioned in the following two hadith. Ayesha (ra) narrates that the Prophet (saws) said:

“Plague is the punishment that Allah, the Almighty, used to send down on whom He wished. Allah, however, made it a blessing for the believers, for once there is an outbreak of plague in a country, no one will patiently stay there unless he is aware that it will not touch him except if it has been decreed by Allah that it is his destiny to die a martyr.” (Al Bukhari)

The Prophet (saws) further said: **“The plague is the remnant of a punishment that was sent on the Children of Israel.”** (Al Bukhari)

These two hadith explain that plague is a divine punishment for the wicked people and sinners. Allah SWT decides when and on whom He will send this pandemic. On the other hand, plague or any pandemic disease is a blessing for the believers and the one who dies owing to the viral disease is a martyr.

Now I would like to discuss about the steps taken by the Prophet (saws) and his Companions during the spread of

contagious diseases. The Prophet (saws) discouraged the Muslim Nation to mingle with patients suffering from contagious diseases like leprosy. Concerning leprosy patients, the Prophet (saws) made four specific statements.

The first hadith says: **“Do not gaze at a leper for any length of time.”** (Al Bukhari and Ibn Mâjah)

The second hadith speaks about social distancing rule. The Prophet (saws) said: **“When you talk to a person infected with leprosy, maintain a distance of one spear in between.”** (Musnade Ahmad)

In this tradition we come to know that Prophet (saws) was the first to mention the idea of social distancing in case of outbreak of contagious diseases. The social distancing shall be not less than one spear. The length of a spear can vary from 5 to 13 feet, but a typical spear is approximately 6 to 8 feet. Now one can think which distance is recommended by the law enforcement agency of the country you live in.

In the third hadith the Prophet (saws) further said, **“Flee from lepers as you would flee from a lion.”** The hadith has been recorded by Imam Al Bukhari.

Amr ibn ash-Shareed (Rah) reported on the authority of his father that Thaqeef's delegation included a man with leprosy. The Prophet (saws) said to him:

“Go back, for we have accepted your pledge (oath) of allegiance.” (Muslim)

Dear health scientists, the Prophet (ﷺ) gave too much emphasis on hand washing. He advised us to wash hands before and after eating food. In fact it was he who first talked about the importance of hand washing, which has now become a global slogan, **“World Hand Washing Day”**, which is remembered every year.

According to a hadith narrated by Abu Hurayrah (ra) and recorded by Imam Muslim,

“The Prophet (saws) instructed the Muslims not to put hands into any food container before washing hands after wake up from sleep”.

Hand washing is currently emphasized more and more in hospitals and clinics in order to prevent spread of germs. The non-Muslim community did not know the great importance attached to hand washing until recently. Due to outbreak of Covid 19 WHO instructs the world community to wash and sanitize hands as frequently as possible.

I shall now discuss two Prophetic traditions from which we shall be able to know that AIDS and Coronavirus are some of the unknown viral diseases sent down from the

sky as divine punishment for the wicked people, transgressors and sinners. Abdullah Ibn Masud (ra) narrates that the Prophet (pbuh) said: **“If a nation indulges in fornication, adultery and other forms of sexual immorality and abomination openly, plague and killer diseases will be sent down from the sky which their ancestors had not yet heard of.”** The hadith has been recorded by Ibn Mâjah (Hadith # 4019).

‘Ubaidullah bin Jarir (ra) narrates from his father that the Messenger of Allah said, **‘If evils and sins are openly practiced in a land, and the influential people of the land, despite having power and ability to stop them from committing the sins, do not stop them, then Allah sends His punishment upon them all (from the sky).** (Ibn Mâjah, Hadth # 4009)

AIDS is not a single word. It is an acronym of four words, **Acquired Immune Deficiency Syndrome**. None of our ancestors had heard the name. Coronavirus also falls under this category of divine diseases whose exact origin is yet unknown to the scientists. Although world scientists have varying opinions about its discovery, its origin and nature have still been a controversy. This virus too has no vernacular name in any language. Our forefathers have not heard the name of this disease. So, the Prophetic statement refers to no other disease except AIDS and coronavirus. Therefore, instead of resorting to modern therapy which is yet to be discovered or developed for the cure of AIDS and coronavirus infected people, we need to adopt a remedy based on divine wisdom. Since the disease has been sent down from the sky, divine remedy should be allowed to play a vital role in its prevention and treatment.

In 2018 I published a 20- page paper on the prevention and treatment of AIDS. The paper has been published in the EUROPEAN JOURNAL OF PHARMACEUTICAL AND MEDICAL RESEARCH, *ejpmr*, 2018,5(9), 56-75. Please search for the article to find the details. Now I shall talk about treatment and cure of coronavirus infected people.

There is not yet any vaccine, drug, or treatment invented for COVID-19. That is why the infected people are very worried. So if anyone gets infected with this virus, he or she should resort to divine therapy. Antibiotic is not effective to cure this viral disease. In this context I would like to talk about honey, which is considered as an effective divine as well as man-made remedy.

Honey is **‘manufactured’** in one of the world’s most efficient factories, the beehive. In this factory, **there is no worker who is a human, and there is no need for machinery and equipment to manufacture honey**. Honeybees do all the work. Honey is a splendid gift of nature, which the most gracious God (Allah SWT) bestowed on humankind. It is the best Qur’anic medicine for the cure of AIDS and Coronavirus, because Allah SWT says, in honey therein healing for men.

In Surah An-Nahl verse 69 Allah (SWT) states: **“And your Lord inspired to the bees There emerges from their bellies a drink [honey], varying in colors, in which there is healing for men”** (An-Nahl 16: 69)

The honeybees travel to a long distance to collect nectar from flowers and then return to their hives. And for this they do not need anybody’s help to show them the way to return their home. Allah inspired the honeybees to make this precious natural product for the benefit of man. It is Allah Who trained the honeybees to make honey as per His divine plan.

In ancient times the Greek and the Egyptians used honey to embalm the dead bodies. They also used it as preservatives. About 3000 years BC in an Egyptian’s queen’s tomb there was a jar of honey which did not undergo any chemical change in 22 years. Hippocrates, the Father of Medicine nearly 2000 years ago prescribed honey for the treatment of his patients, and he himself drank honey. However, modern medical scientists termed honey as immune system stimulant. So as an immune system stimulant, honey is the best Prophetic medicine for the treatment of diarrhea, AIDS and many other viral diseases. It is more effective than antibiotic gentamycin. According to an Egyptian scientist, dilute sterile solution of honey can cure the internal infections of the eye. Imam Bukhari (rah) classified honey as medicine.

Prophetic traditions on the beneficial and curative effects of honey. The Prophet (pbuh) said, **“You have two medicines: Honey and the Qur’an.”** (Ibn Mâjah)

Therefore, apart from honey, the Holy Qur’an is the best preventive as well as curative medicine for the cure of AIDS, Coronavirus etc. Among the divine books it is only the Qur’an that has beneficial effects in healing. Indeed certain verses of the Qur’an have tremendous effects in healing. It is considered as the spiritual medicine, because Allah SWT says in verse 82 of Surah Al-Isra or BaniIsrael:

“And We send down of the Qur’an that which is healing and mercy for the believers”(Al-Isra“17:82)

In fact, the Holy Qur’an is the standard book of references of the past and present time. It is the only Book on the face of earth about which, the Book’s Author said, **“There is no doubt about the Book.”**(Al- Baqarah 2:2)

The noble Qur’an is not a typical book of medicine, health science or pharmacy, but it provides effective guidance, which, if followed, ensures good health and absolute healing. It contains the prescription for all types of ailments, be it physical or spiritual. It provides the prescription not only to treat an individual but also a society, a nation and finally the humankind. It contains the remedy for people who possess a wicked character and for those who are socially misled. A large number of

people who have come in contact with the Qur'an and received guidance from it stayed away from all kinds of evils, pollution, lust and material influence. They also remained free from diseases and sickness and were not usually dependent on doctors and physicians. There are numerous examples of such people in the pages of history. Let me discuss several other traditions concerning the healing powers of honey.

Ibn Abbas (ra) narrates that the Prophet (saws) said: **“There is a cure in three substances; a gulf (drink) of honey, cupping and branding with fire (cauterizing). But, I forbid my Muslims from cauterizing by fire (branding).”** (Sahih Al Bukhari)

Abu Hurayrah (ra) narrated that the Prophet (saws) said, **“If someone licks honey in the morning and evening for three days a month, he will not meet any serious calamity (incurable disease).”**

This hadith has been recorded by Ibn Mâjah. The Prophet (saws) further said, **“If someone regularly drinks honey, he will not meet any disease except death.”**

This hadith has been recorded by al Hakam.

So on the basis of the Prophetic traditions as well as results of scientific studies I believe that honey can be used for the healing of coronavirus infected persons, because honey is antiviral and antibacterial. It is bactericidal. It is bacteriostatic. It is also an antibiotic.

Let me now discuss about another divine remedy, which the Prophet (saws) approved 14 and half centuries ago without doing any laboratory research. It is using *Nigella sativa* or black seed or black cummin. The Arabic name is Habbatul Sauda or Habbatul Baraka. Allah SWT inspired the Prophet (was) to make a great statement on healing. About black seed there are several authentic traditions.

Abu Hurayrah (ra) narrates that the Prophet (ﷺ) said: **“Hold on (use this seed regularly)! Because it is a remedy (cure) for every disease except death.”**

The hadith has been recorded in Sahih Al Bukhari, Muslim, Ibn Mâjah and Aḥmad. ‘Ā’ishah (ra) has narrated that she heard the Prophet (ﷺ) saying: **“This black seed is healing for all diseases except sâḥ. ‘Ā’ishah asked: What is sâḥ? He said: Death.”** (Al Bukhari)

‘Ā’ishah, ‘Abdullâh ibn ‘Umar and Abu Hurayrah (ra) report that the Messenger of Allah (ﷺ) said: **“Make the use of black seed obligatory as medicine for you, as it is a cure for every disease except sâḥ. Someone asked: What is sâḥ? He said: Death.”** It is an authentic hadith recorded by at-Tirmidhi.

This amazing statement which appeared in several authentic narrations generated tremendous interest among the world's scientific community. The scientists'

concern was, how an unlettered man of the desert without having any pen and paper, could make such a wonderful statement on medical science? The Prophet (saws) did not have to carry out any laboratory research to make this statement. Moreover, the Prophet (pbuh) made the statement at a time when there was no chemistry, no science, no medicine, no pharmacy and no advancement of modern medical science. However, the answers of all these questions of the scientists have already been given by Allah SWT, Author of the Qur'an, fourteen and half centuries ago.

In Surah An-Najm verse 2 and 3 Allah says: **Wama yantiku aneel hawa, inhuwa illah wah woonh youha.** (An Najm 53:3-4)

The meanings of the verses are, **“He does not speak anything on his own desire. It is only a Revelation revealed.”** (An-Najm 53: 3-4)

In order to bring practical solution to the scientists' concerns, thousands of phytochemical, pharmacological, microbiological and toxicological investigations were carried out on black and its oil in various parts of the globe. From the results of studies it is known that whatever the Prophet (saws) said about black seed is 100% true and correct. Researchers finally came to the conclusion that this tiny plant seed can effectively cure 129 different types of ailments including 17 types of cancers, diabetes, AIDS, Al-Zeimer's disease and hypertension. This large number of diseases curable by *Nigella sativa* demonstrates the authenticity of the Prophet's statement made 14 and a half centuries ago, which says, **black seed is a medicine for all diseases except death.**

Research has further shown that black seed contains over 100 healing components including Thymoquinone, which is the most effective bioactive compound. These components give black seed tremendous synergistic power to support the immune system and strengthen the body's constitution in a way no single substance has ever been known to accomplish. Therefore I humbly recommend combined use of black seed and honey as one of the most effective divine remedies for the treatment of AIDS and coronavirus.

Although there were more than 400 herbs in use before Prophet Muhammad (pbuh), and recorded in the herbals of Galen and Hippocrates, black cummin or black seed was not one of the most popular remedies of that time. Since black seed is now considered a **“Remedy of the Prophet (ﷺ)”**, its usage and popularity have increased significantly. Black seed is one of the earliest cultivated plants in human history, which means it was one of the early providers of life. Black seed due to its safety has been used for cooking for thousands of years. The miracle seed has been used by millions of people to treat various ailments for centuries in different parts of world especially, in Mediterranean, ancient Egypt, Middle East,

and India, Pakistan, Bangladesh and also in Europe. Cleopatra used it as its health beauty giving quality. Queen Nefertiti used black seed oil to bring luster to her hair and nails. Hippocrates used it to assist with digestive and metabolic disorders. King Tutankhamen kept a bottle of black seed oil in his tomb, which indicates that the oil probably had an important role in ancient Egyptian practices. i.e. it might help him in the life after death.

The popularity of *Nigella sativa* is great. It is known as greatest form of healing medicine. I myself in 2016, 2017, 2018 and 2019 published seven scientific review papers on black seed and its oil in several internationally reputed open access scientific journals for the treatment of all forms of cancer, breast cancer, diabetes, AIDS and hypertension. Curious and inquisitive readers and scientists are kindly requested to search in the internet for details. I shall now discuss about a specific medicinal recipe for the treatment and cure of Coronavirus infected persons. I opine that since black seed and honey are both internationally recognized as immune system stimulants, a combination of black seed and honey together can be the safest, cheapest, simplest and most effective medicinal recipe for coronavirus treatment.

Therefore, as a pharmacist and teacher of the Pharmacy department of Manarat International University Bangladesh my advice is to take one gram of cleaned, washed and dried whole black seed in one spoonful of pure honey three times a day before or after meals. Alternatively, one can take half a teaspoonful of black seed oil in lemon juice or honey thrice a day half an hour before meals. God willing! coronavirus positive patients will be able to feel the beneficial effects within fourteen days. This remedy is based on the results of thousands of scientific researches carried out in many countries of the world. I did not carry out any detailed laboratory research with black seed or its oil. But the findings of thousands of researches are preserved in my electronic library. At the same time I shall advise the COVID 19 patients to continue offering humble supplications to Allah regularly for the healing from the harmful effects of this deadly virus. Because it is Allah Who eventually heals. If Allah does not wish healing no board of doctors can provide the healing. Therefore, I believe Allah will grant him or her supplication and the patient will be cured if his last hour has not come yet.

In Surah Ash-Shu'ara verse 80, the Qur'an says in the tongue of Prophet Ibrahim (as): "**Wa iza maridtu fa hua yeashfin.**" (Ash-Shu'ara 26:80) Meaning: "**When I am sick or ill, it is He i.e. Allah Who heals.**" (Ash-Shu'ara 26:80)

In other words, Allah is the Healer, medicines and physicians are the means of healing. Even Socrates acknowledges the same view. He said, **I dress the wounds, God heals.**

Distinguished medical scientists and physicians, It is the discretion of the patients and their relatives to take the patients to the most competent, most experienced and highly skilled physician of the most sophisticated hospital of the world, but the physician cannot apply any force or give any guarantee for the healing. Healing is not in the hands of man or physicians. It is in the hands of Allah. If Allah does not wish healing, patients will not be healed, no matter the extent of medical services extended by the physicians. Let me give you an example, suppose, the President of a nation has been sick due to high fever. As President the army remains under his command. Now despite taking several third generation antibiotics there has been no improvement. Can he call the army with tanks and machine guns to fight with fever? No, Not at all possible.

Dear readers, my prescriptive advice on COVID -19 patients is also applicable to those whose Corona test is negative. But in that case one may reduce the dose. That is, one can take the dose twice a day. This reduced dose will protect him as preventive medicine. As a result the probability of the infection will almost be nil. Moreover, if anyone is suffering from diabetes mellitus this dose will lower blood sugar level and his diabetes will be under control. Black seed and honey together will develop immunity in his body and Insh'Allah he will remain safe and healthy.