

**MAST CELL STABILIZATION ACTIVITY OF ROOTS OF BHARANGI  
(CLERODENDRU SERRATUM L MOON) AND LEAVES OF AGERATUM  
CONYZOIDES L. AN INVITRO STUDY****<sup>1</sup>Dr. Kavana K. S., <sup>2</sup>Dr. Manasa R. and <sup>3</sup>Dr. Veena M. S.**<sup>1,2</sup> Final Year Pg Scholar, <sup>3</sup> Assistant Professor,  
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**ABSTRACT**

A mast cell is a type white blood cell. Specifically it is a type of granulocyte derived from the myeloid stem cell which is a part of the immune system and neuro immune systems and contains many granules rich in histamine and Heparin. Mast cells are involved in the manifestation of various disorders such as parasitic infections, mast cell activation disorders, allergic disorders, anaphylaxis, autoimmunity, Mastocytosis, clonal disorders etc.<sup>[1]</sup> Mast cell stabilizers are common medications used to prevent or control certain allergic disorders. They block a calcium channel essential for mast cell degranulation, stabilizing the cell and thereby Preventing the release of histamine and related mediators. Rat mesenteric bits are stored at laboratory in aseptic precautions, stock solutions to be prepared test samples to be prepared at different concentrations. Of aqueous and alcoholic extracts of Bharangi moola and leaves of *Ageratum conyzoides*. In this study number of intact mast cells, number of degranulated cells, percentage of stabilization is observed.<sup>[2]</sup>

**KEYWORDS:** *Bharangi moola, Ageratum conyzoides*, leaves, mast cell, invitro, mast cells.**INTRODUCTION**

One of the common conditions that affect mankind is allergy in its diverse manifestations. Intensive research during the last several decades has highlighted the role of lymphocytes, immunoglobins, mast cells in the aetiopathogenesis of allergic conditions Mast cells play an important role in anaphylaxis and inflammation and have been used to test for newer agents for anti-allergic and anti-inflammatory activity. Mast cells are basophilic cells found in abundance in sub-epithelial layer of trachea-bronchial tree in the humans. They are also found in large numbers in mesentery of rats and contain numerous membrane bounded granules, which contain strong pharmacologically active mediators such as histamine, slow reacting substance for anaphylaxis (SRS-A), Serotonins, bradykinins etc Hypersensitivity reactions can be elicited by various factors: either immunologically induced, that is allergic reactions to natural (or) Synthetic compounds mediated by Ige, or Non-immunologically induced, direct contact, without the induction of or the mediation through immune response.<sup>[3,4]</sup>

**METHODOLOGY**

The effect of drugs on rat mesenteric mast cell degranulation is studied by incubating the drug at different concentrations and challenging the same with a degranulating agent.

The mast cells are examined microscopically after staining with 0.1% Toluidine blue, and the number of intact and disrupted cells is counted.<sup>[5]</sup>

**Materials Required**

1. Mesentery of albino rat  
Mesenteries are stored in aseptic precautions in laboratory environment.

**Reagents required**

Compound 48 / 80.  
Disodium cromoglycate (DSCG).  
Toluidine blue.

**Hank's Balanced Buffer Solution (HBBS) - g/L**

It is a mixture of,  
Calcium chloride-0.14,  
Potassium chloride-0.4,  
Potassium dihydrogen phosphate -0.06  
Magnesium chloride - 0.1  
Magnesium sulphate-0.1  
Sodium bicarbonate -0.35  
Sodium chloride-8.0  
Disodium hydrogen phosphate-0.09  
D-Glucose 1.0.  
All above chemicals were of analytical grade.

**Preparation of stock solution**

Reference standard: Disodium Cromoglycate – 0.2 mg/mL in HBBS.

Degranulating agent: Compound 48/80 - 0.2 mg/mL in HBBS.

**Preparation of stock solution**

Reference standard: Disodium Cromoglycate – 2 mg/mL in HBBS.

Degranulating agent: Compound 48/80 - 1 mg/mL in HBBS.

**Test samples**

Test sample 1: Aqueous extract of root of Bharangi

Test sample 2: Alcoholic extract of root of Bharangi

Test sample 3: Aqueous extract of leaves *Ageratum conyzoides*

Test sample 4: Alcoholic extract of leaves of *Ageratum conyzoides*

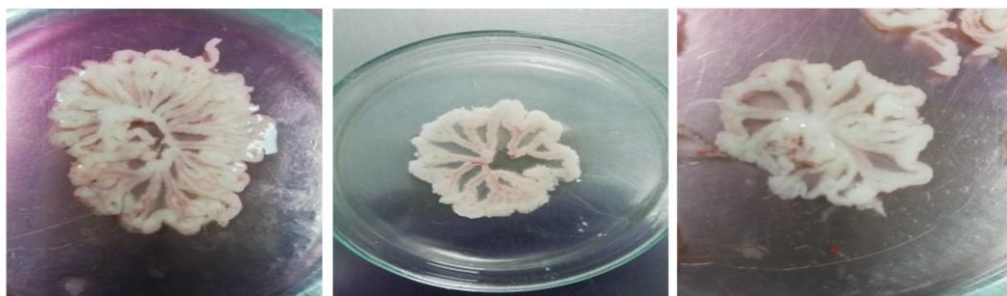
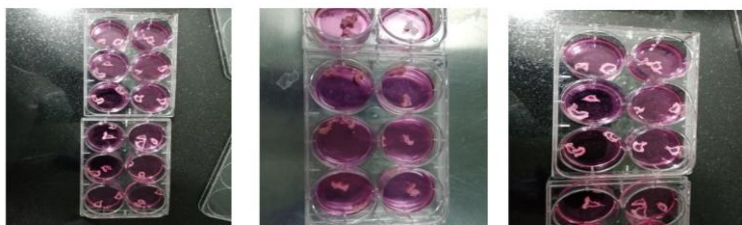
**Preparation of test samples**

All samples were prepared to 32mg/ml stock solution in water for test sample 1 and 3, and in DMSO for test sample 2 and 4. From this 3.2 mg/ml stock were prepared for all the samples.

Finally 200µg/ml stock was prepared.

**Preparation of mesentery for assay**

Pieces of mesenteries were harvested in Petri dishes containing about 10mL of HBBS.

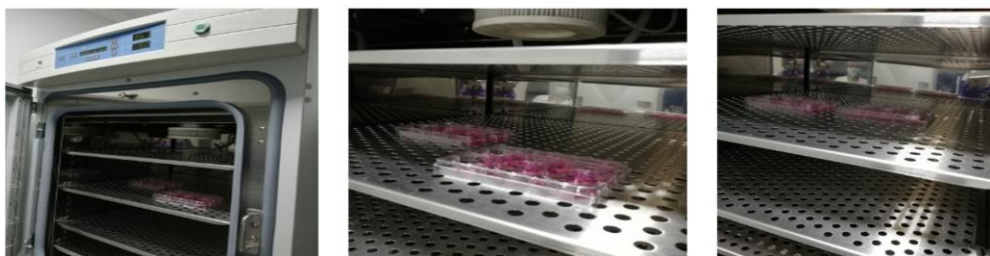
**Mesenteric bits****Distribution of mesenteric bits to HBBS wells****Hank's Balanced Buffer Solution (HBBS) in 6 well plate**

**Pre-incubation treatment mixture**

Test solutions at different concentrations or DSCG (200µg/ml) were added to six well plate containing HBBS (2mL) and incubated at 37°C for 30 min in CO<sub>2</sub>

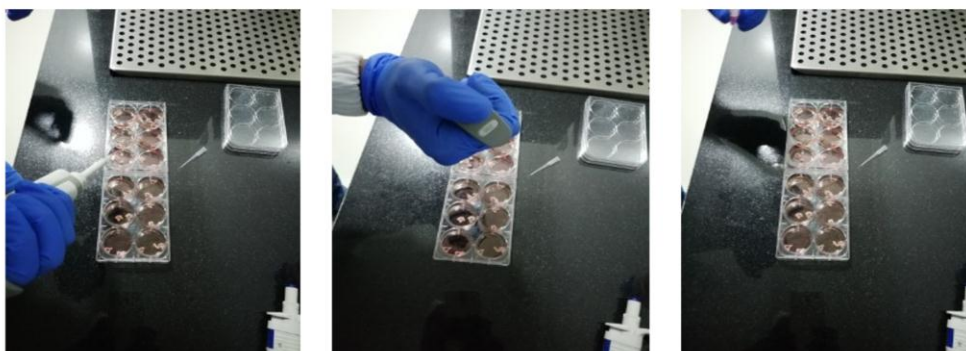
incubator (O<sub>2</sub> and CO<sub>2</sub> ratio was 95:5 with humidified atmosphere).

Test substances were replaced by buffer solution for a normal control.

**Incubation for 30 min****Degranulating agent**

Compound 48/80 was added to the well plates to give the concentration of 50µg/ml (except normal control). The

reaction mixture was incubated for 5 minutes in the CO<sub>2</sub> incubator at 37°C for compound 48/80. The reaction was stopped by adding cold HBBS.

**Compound 48/80 addition for 5 min incubation****Staining Procedure**

Mesenteric bits were carefully taken and first fixed in 2 % formalin for 2 min and then washed with HBBS. Mesenteric bits again immersed in 0.1% Toluidine blue for 5 minutes and washed with HBBS.

Tissues were placed on a microscope slide and carefully stretched with needles. The unwanted tissues were trimmed off from the edges of the mesentery.

The number of intact and disrupted mast cells per field (40X & 100X) was counted.

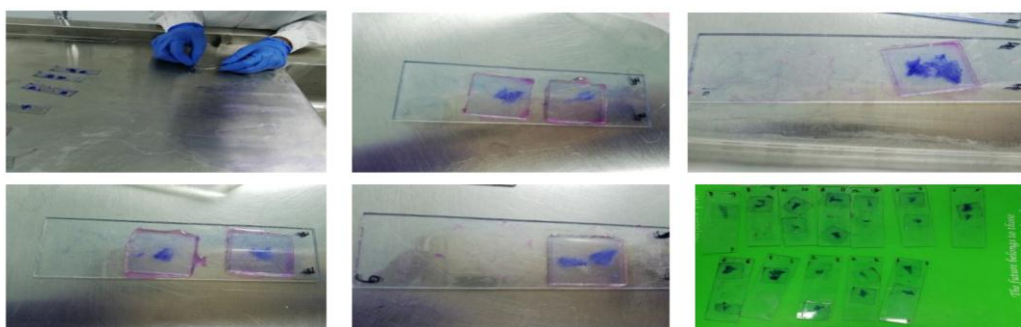
Mast cell stabilization was assessed by scoring approx. 10 fields for 100 cells in total and tabulated.

**Fixing the mesenteric bits with formalin**

Staining with toluidine blue

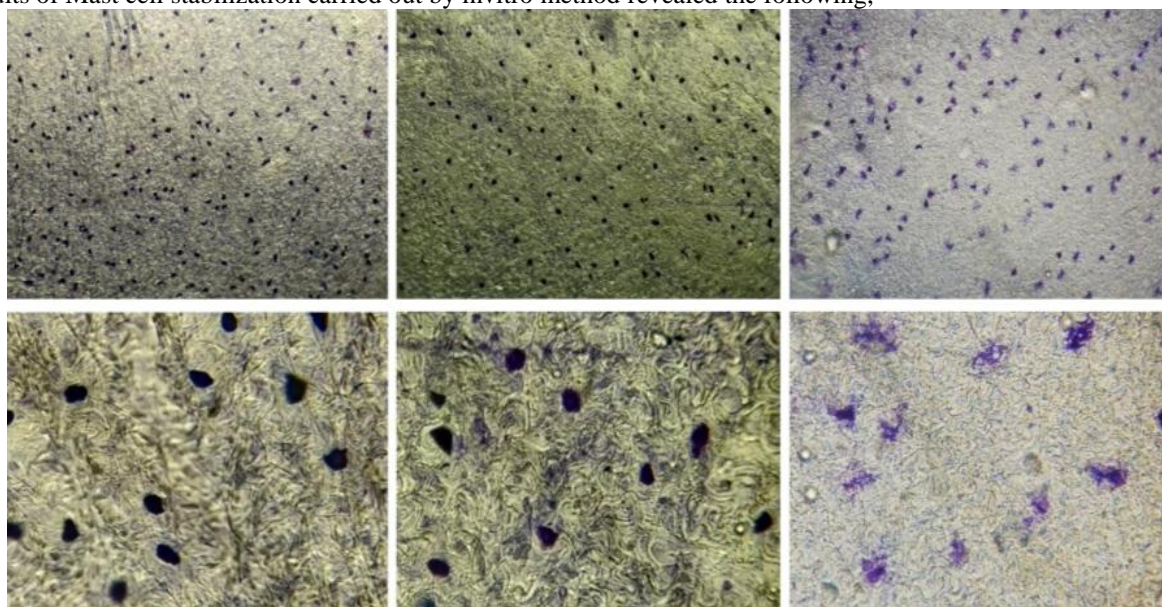


Slide processing



RESULT

Results of Mast cell stabilization carried out by invitro method revealed the following,

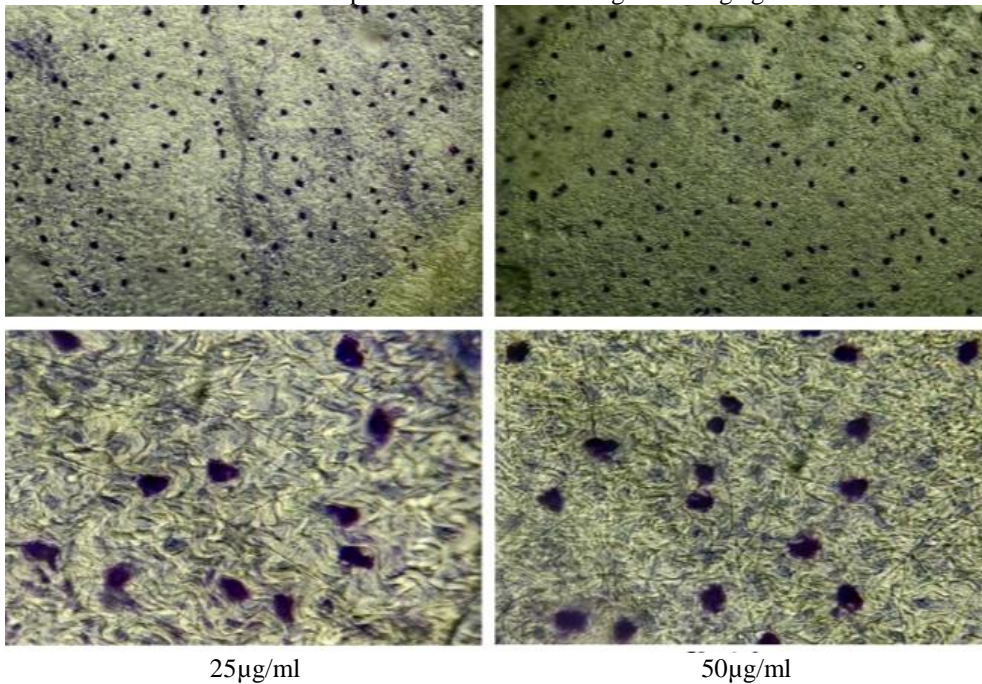


Control

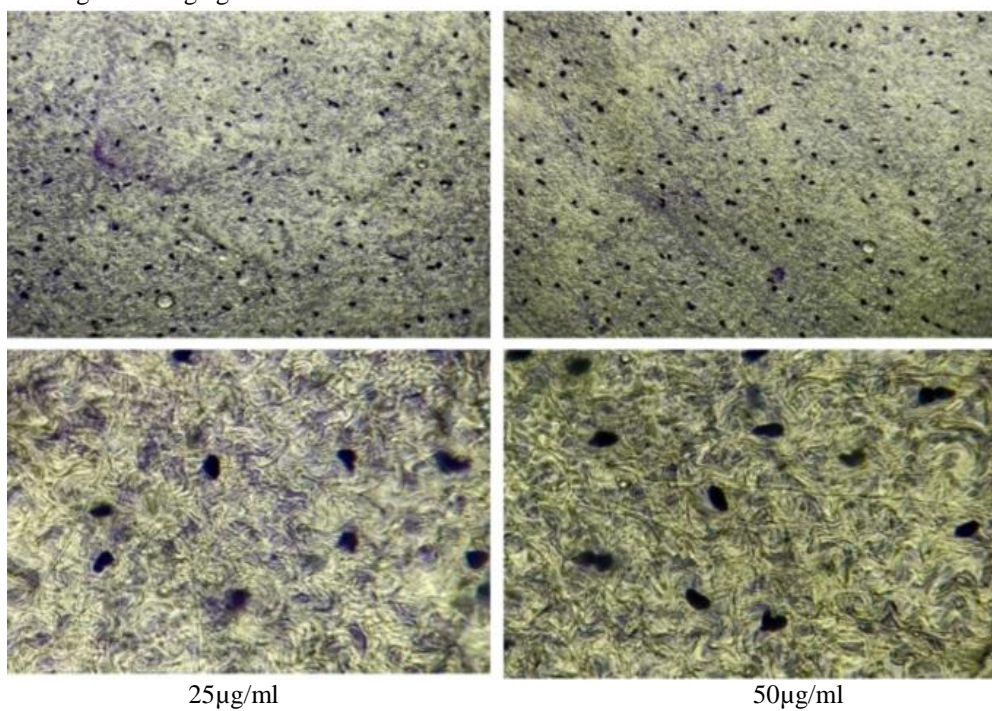
DSCG

Compound 48/80

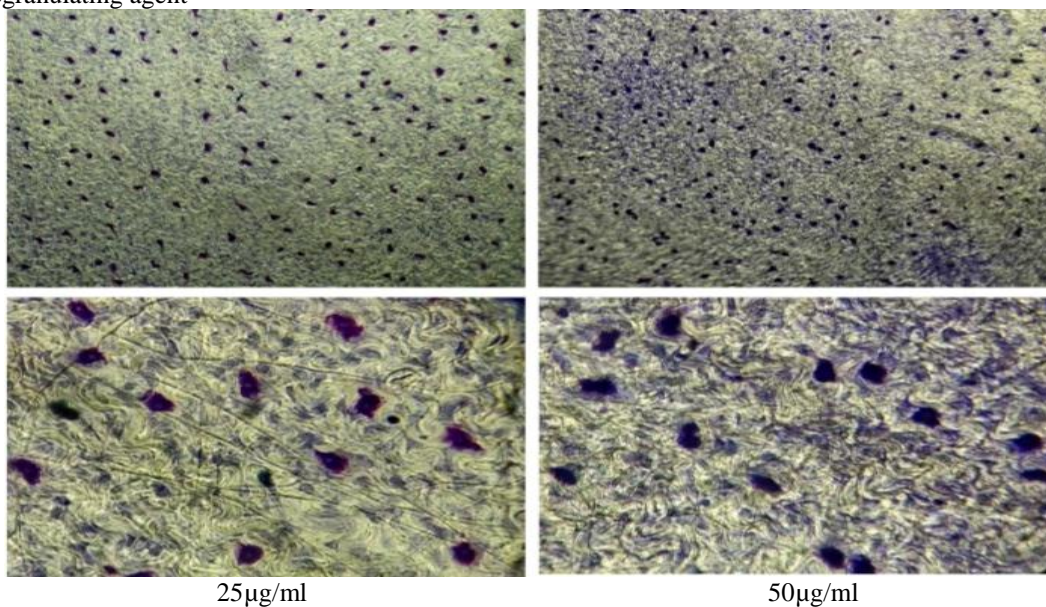
Mast cells in mesenteric bits of untreated and pretreated DSCG and degranulating agent



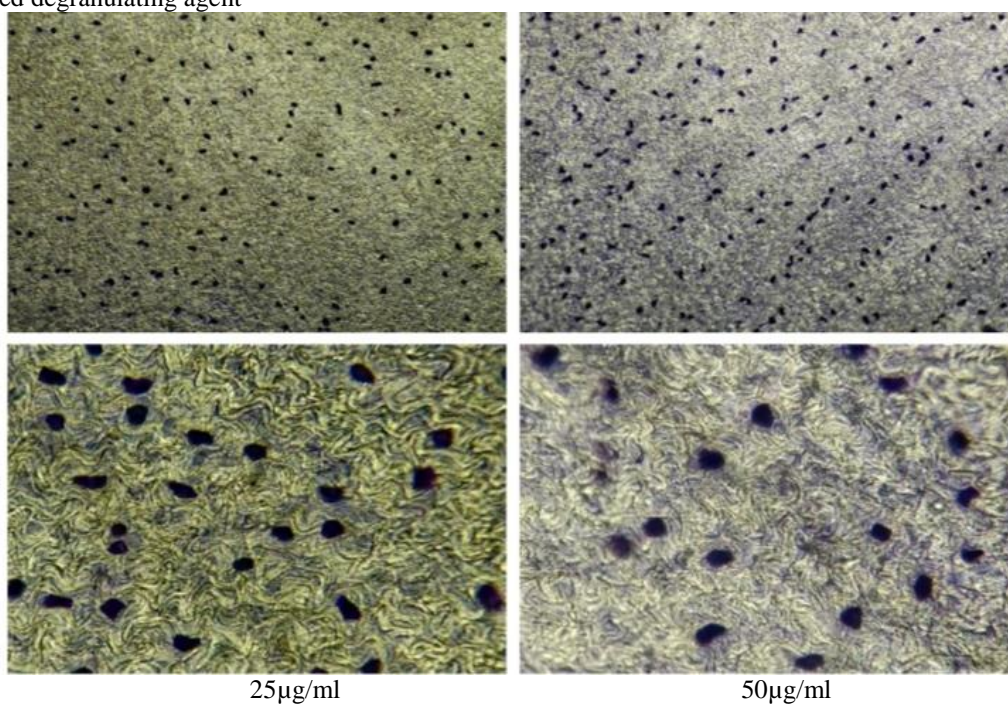
Mast cells in mesenteric bits pretreated with test sample of aqueous extract of Bharangi roots at different concentrations and post treated degranulating agent



Mast cells in mesenteric bits pretreated with alcoholic extract of Bharangi moola at different concentration of and post treated degranulating agent



Mast cells in mesenteric bits pretreated with Aqueous extract of *Ageratum conyzoides* at different concentration and post treated degranulating agent



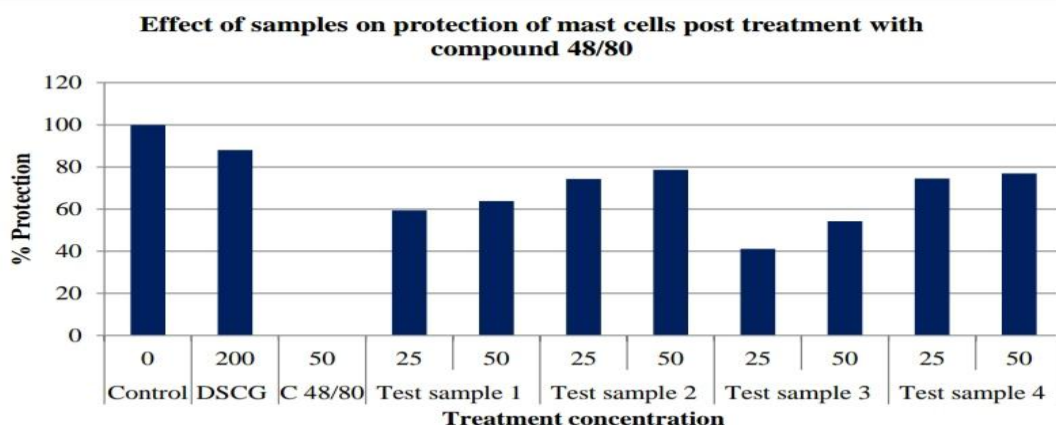
**Plate no 18**

Mast cells in mesenteric bits pretreated with alcoholic extract of leaves of *Ageratum conyzoides* at different concentration and post treated degranulating agent.

**Table No 53: Effect of test samples on mast cell stabilization and their protective activity**

Sample	Conc $\mu\text{g/ml}$	Total number of cells	No. of intact cells	No. of degranulated cells	% Protection	% degranulation
Control	0	100	100	0	100	0
DSCG (Disodium cromoglycate)	200	100	88	12	88	12
Compound 48/80	50	105	0	105	0	00
Aqueous extract of Bharangi roots	25	111	66	45	59.4	40.6
	50	105	67	38	63.8	36.2
Alcoholic extract of Bharangi roots	25	109	81	28	74.3	25.7
	50	108	85	23	78.7	21.3
Aqueous extract of leaves of Ageratum conyzoides	25	107	44	63	41.1	58.9
	50	105	57	48	54.2	45.8
Alcoholic extract of leaves of Ageratum conyzoides	25	102	76	26	74.5	25.5
	50	104	80	24	76.9	23.1

**Effect of samples on protection of mast cells post treatment with compound 48/80**



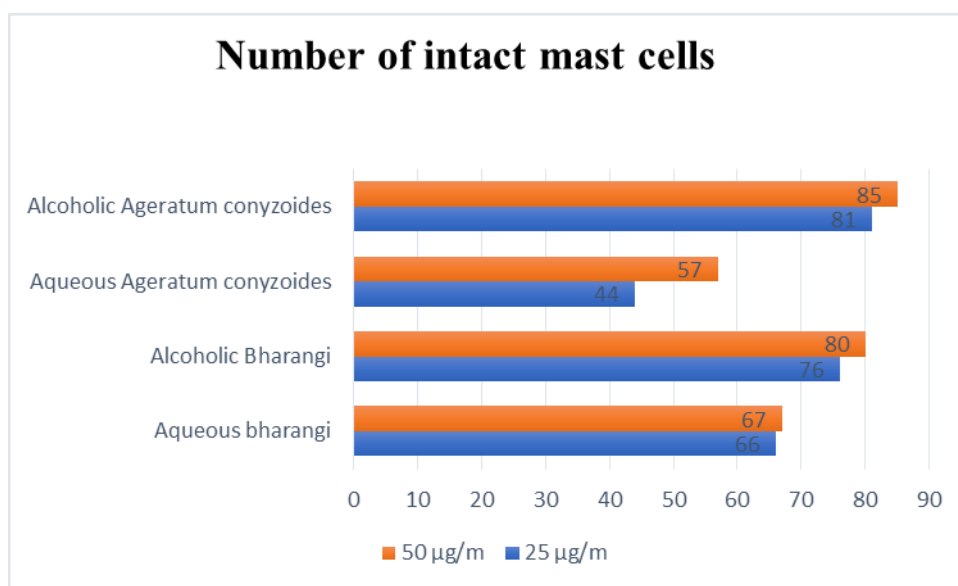
DSCG: Disodium cromoglycate

Test sample 1: Aqueous extract of Bharangi moola

Test sample 2: Alcoholic extract of Bharangi moola

Test sample 3: Aqueous extract of leaves of Ageratum conyzoides

Test sample 4: Alcoholic extract of leaves of Ageratum conyzoides



## DISCUSSION

A mast cell (also known as a mastocyte or labrocyte) is a type white blood cell. Specifically, it is a type of granulocyte derived from the myeloid stem cell which is a part of the immune system and neuro immune systems. Mast cells play a key role in inflammatory process. When activated, a mast cell can either selectively release (piece meal degranulation) or rapidly release (anaphylactic degranulation) histamines. In allergic reactions, mast cells remain inactive until an allergen binds to antibody IgE already coated upon the cell. Other membrane activation events can either prime mast cells for subsequent degranulation or act in synergy with Fc and RI transduction. Mast cells are involved in the manifestation of various disorders such as mast cell activation disorders, allergic disorders, anaphylaxis, etc. Mast cell stabilizers are common medications used to prevent or control certain allergic disorders. They block a calcium channel essential for mast cell degranulation, stabilizing the cell and thereby Preventing the release of histamine and related mediators. Standard drug Disodium chromoglycate showed 88% of mast cell stabilization. There was significant response in all trial groups in stabilizing mast cells. Bharangi moola at the concentration of 50µg/ml showed 78.7% of mast cell stabilization, Ageratum leaves at 50µg /ml concentrations showed 76.9% of mast cell stabilization On comparing with trial drugs roots of Bharangi(Clerodendrum serratum) and leaves of Ageratum conyzoides, alcoholic extracts showed more mast cell stabilization activity when compared with aqueous extracts. Among alcoholic extracts of roots of Bharangi (Clerodendrum serratum) and leaves of Ageratum conyzoides, alcoholic extract of roots of Bharangi showed highest result.

## CONCLUSION

Among the trial drugs alcoholic extract of *Bharangi moola* and leaves of *Ageratum conyzoides* exhibited better mast cell stabilization, among them alcoholic extract of Bharangi moola (*Clerodendrum serratum*) shown better result.

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