

**AESTHETIC AND CONSERVATIVE RESTORATIONS WITH BIOACTIVE RESIN  
MATERIAL: CASE REPORTS**

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**SUMMARY**

Caries recurrence is still the major responsible for the replacement of direct restorations. The use of an ion exchange material as an oral medium could decrease this incidence. Bioactive restorative materials can release and recharge important ions: fluoride, borate, aluminum, strontium, silicate, and sodium, besides being anti-adherent to biofilm and easy to manipulate, representing a special class of composites that offer protection against caries and functional and aesthetic results. Thus, the present work aims to report two clinical cases performed with bioactive composite resins. In the first case, contributing to minimally invasive dentistry, it was possible to perform a strictly conservative preparation and restore it using the FL-Bond II adhesive and Beautiful Flow composite resin, from SHOFU. In the second case, an unsatisfactory amalgam restoration was replaced using Beutifil Flow and Beutifil Bulk composite resins from the same manufacturer. It was concluded that this bioactive material offers healing properties through the release of fluoride and other ions, favors the clinical performance of restorations, and can be considered a good restorative option for carious and non-carious lesions.

**KEYWORDS:** Giomer; bioactive restorative material; fluoride; composite resin.

**INTRODUCTION**

Dental caries is a multifactorial chronic disease characterized by the metabolic activity of the bacterial biofilm present on the dental surface.<sup>[1,2,3]</sup> It can occur in an incipient form, as a small demineralization in the enamel, up to extensive dentin destruction with pulp involvement.<sup>[4]</sup> The high incidence of carious processes on the occlusal surface of posterior teeth is associated with fossulae and fissures present on this surface, which make cleaning difficult and favor biofilm accumulation.<sup>[3]</sup>

The restorative treatment is used, in most cases, to restore the function, shape, and aesthetics of the tooth, besides protecting the dentinopulpal complex, helping to control the biofilm on the restored surface.<sup>[4]</sup> Among the variety of restorative materials, composite resins are frequently used, mainly because they have excellent esthetic and functional properties, besides allowing easy preparation of the tooth. of the tooth structure.<sup>[5]</sup> On the other hand, they present a great disadvantage regarding polymerization contraction, which contributes to postoperative sensitivity, marginal fractures, marginal staining and secondary caries, even more common in

regions of difficult hygiene.<sup>[6]</sup> Alternatively, we have the glass ionomer cement (GIC), a restorative material that has the great advantage of fluoride release, however, it presents low mechanical resistance.<sup>[5]</sup>

In order to combine the good properties of composite resin with the anticariogenic action of GIC, gomers, also called bioactive resins, were introduced in the dental market, which have S-PRG particles (Surface Pre Reacted Glass) containing fluorine, strontium, boron, sodium, aluminum and silicate capable of promoting the ionic exchange of the material with the oral environment.<sup>[7]</sup> In general, these ions help in the resistance to acids, greater resistance to microleakage, have an antibacterial effect and favor remineralization. In addition, strontium, fluoride and boron ions contribute to inhibiting the growth of oral bacteria.<sup>[8]</sup> Thus, these materials become an option for the treatment of caries in regions of difficult access to hygiene.<sup>[5]</sup>

Thus, this study aims to demonstrate, through two clinical cases, the use of bioactive composite resin in cases of primary caries and replacement of unsatisfactory restoration, pointing out its high versatility.

## CASE REPORTS

### Clinical case 1

A 15-year-old female patient, melanodermic, attended the dental clinic of the Universidade Estadual do Oeste do Paraná presenting a small carious lesion in the scar region of the occlusal surface of tooth element 37 (Figure 1).

According to the treatment plan, prophylaxis was performed with pome stone and water, followed by absolute isolation of the operative field with the aid of the W8A staple (DFL, Rio de Janeiro, RJ., Brazil). The removal of the lesion was performed with a carbide bur #2 (KAVO, São Paulo, SP, Brazil) at low rotation (Figure 2).

Cavity cleaning was performed with 2% chlorhexidine (RIOQUÍMICA, São José do Rio Preto, São Paulo, Brazil) with the aid of a microbrush for 20 seconds and subsequent washing, selective enamel acid etching using 37% phosphoric acid (MAQUIRA, Maringá, Paraná, Brazil) for 30 seconds (Figure 3), followed by abundant washing and drying.

Then, with the aid of a microbrush, the FL-Bond II (SHOFU, Kyoto, Japan) self-etching adhesive system was applied in two steps, first the primer (Figure 4), then the adhesive (Figure 5), and light-cured (SHUSTER, Santa Maria, Rio Grande do Sul, Brazil) for 20 seconds.

The Beautifil Flow composite resin (SHOFU, Kyoto, Japan) was then inserted and light-cured for 20 seconds (Figure 6). Once the restoration was completed (Figure 7), an evaluation of the occlusal contacts was performed, which proved satisfactory (Figure 8).

### CASE 1



Figure 1: Initial clinical appearance.

### Clinical case 2

A 60-year-old female patient, Caucasian, attended the dental clinic of the Universidade Estadual do Oeste do Paraná for clinical evaluation, where it was found the need for replacement of a metal restoration on element 36 (Figure 9).

After anesthesia and prophylaxis, absolute isolation of the operative field (Figure 10) was performed with a rubber sheet, cyanocrylate (HENKEL, Jacareí, São Paulo, Brazil), and staple #26 (DFL, Rio de Janeiro, Rio de Janeiro, Brazil).

Then, the amalgam was removed using a diamond tip no. 1014 (KAVO, São Paulo, São Paulo, Brazil) under high rotation cooling (Figure 11) and, after cleaning the cavity with 2% chlorhexidine, the enamel was selectively etched with 37% phosphoric acid for 30 seconds (Figure 12), followed by abundant washing and drying.

Afterwards, the FL-Bond II (SHOFU, Kyoto, Japan) self-etch adhesive was applied in two steps, first the primer (Figure 13), then the adhesive (Figure 14) and light-cured for 20 seconds.

The filling of the cavity began with the insertion of Beautifil Flow composite resin, which, due to its high degree of fluidity, was injected into the cavity as a lining material (Figure 15).

To finish, Beautifil Bulk Composite Resin (SHOFU, Kyoto, Japan) was inserted, which allowed us to work with increments of up to 4mm and to perform the dental anatomy in a simplified manner (Figure 16). Figure 17 shows the final aspect of the restoration.



**Figure 2: Cavity preparation.**



**Figure 3: Selective acid etching of the enamel.**



**Figure 4: Primer application.**



**Figure 5: Application of the bonding agent.**





**Figure 6: Insertion of the Beutifil Flow composite resin.**



**Figure 7: Final clinical appearance.**



**Figure 8: Evaluation of occlusal contacts.**

## CASE 2



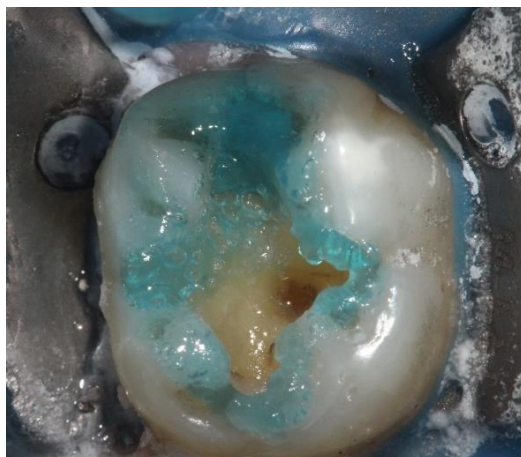
Figure 9: Initial clinical appearance.



Figure 10: Absolute isolation of the operative field.



Figure 11: Cavity preparation.



**Figure 12: Selective acid etching of the enamel.**



**Figure 13: Primer application.**



**Figure 14: Application of the bonding agent.**



Figure 15: Insertion of the Beutifil Flow composite resin.



Figure 16: Insertion of the Beutifil Bulk composite resin.



Figure 17: Final clinical aspect.

## DISCUSSION

A very common procedure in dentistry is the replacement of defective restorations, caused mainly by the development of secondary caries lesions. However, every time a tooth is restored further loss of tooth structure occurs and the element is included in a repetitive restorative cycle, known as the tooth death spiral.<sup>[9]</sup>

Secondary lesions occur predominantly at the gingival margins of class II restorations, either due to the smaller amount of enamel available for adhesion<sup>[10]</sup> or to the difficulty in reestablishing the contact point and proximal contour, increasing biofilm retention.<sup>[11]</sup> Since the gomomers act reducing microbial adhesion to the tooth surface and preventing secondary caries lesions, this material is an excellent alternative to avoid the number of



restoration changes.

The ionic exchange between tooth and oral environment is essential to promote the remineralization process. The calcium and phosphate ions present in the oral environment or in the restorative material provide the formation of hydroxyapatite crystals on the tooth surface.<sup>[8]</sup> The affected dentin portion remineralizes after the use of restorative materials with bioactive effect due to the release of ions.<sup>[12]</sup> Thus, S-PRG particles inhibit demineralization and increase remineralization of demineralized dentin surfaces.<sup>[13,14]</sup> Based on this, giomers were the material of choice for case 1, enabling selective removal of carious dentin.

An adequate polymerization is crucial to obtain the best physical, biological and mechanical properties of composites, being directly related to the resistance to fracture, wear, flexion and traction, as well as the color stability of the material, influencing its clinical longevity.<sup>[15]</sup> It is essential that light intensity and photopolymerization time are adequate, aiming at the lowest possible amount of residual monomers, because unreacted monomers impact the structural stability and biocompatibility of the dental material.

Giomers have been introduced into the class of smart materials due to their ability to release and recharge fluoride.<sup>[16]</sup> For the ion recharge it is important that the dental surgeon prescribes the use of fluorides that include prophylactic pastes, solutions for mouth rinses, pit and fissure sealants, dentifrices and fluoride rinses.<sup>[17]</sup> In this way, the material is converted into a fluoride reservoir, which continues to be released constantly.<sup>[18]</sup>

## CONCLUSION

Bioactive materials with S-PRG technology have excellent physical, biological, mechanical, and esthetic properties, guaranteed by the release and recharge of fluoride, strontium, boron, sodium, aluminum, and silicate ions, which act to prevent secondary caries lesions and, consequently, increase the longevity of restorations, freeing the tooth from a repetitive restorative cycle.

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