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AWARENESS, KNOWLEDGE AND ATTITUDE TOWARDS BLOOD DONATIONS IN COLLEGE GOING MALE AND FEMALE STUDENTS

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ABSTRACT

It is a cross-sectional study. Total number of participants were 110. Among the respondents 50.9% were female students & 49.1% were male students. Their age group was between 18 to 23 years. 96.4% of the students knew their own blood group. 14.55% of the respondents donated blood. 100% of the participant students agreed about blood donation is necessary to save lives. The donation of blood is tremendously needed in the health care facilities.

KEYWORDS: Blood donation, Awareness, College Students.

INTRODUCTION

Safe blood is critical for proper medical care. Access to safe blood is an important factor in preventing the spread of infectious diseases at a global level. Transfusion of blood and its related products is still one of the major medical interventions utilized in treatment of serious conditions such as trauma, surgery & chemotherapy.^[1] Educational institutions across India houses many potential donors in the form of young & healthy students which can meet the safe blood requirements of our country.^[2] Blood scarcity is frequently encountered in health-care settings.^[3] Blood donation is a major concern

to the society as donated blood is lifes aving for individuals who need it. $\ensuremath{^{[4]}}$

MATERIALS AND METHODS

It is a cross-sectional study which was conducted among 110 adults college going students in Maharashtra, India. The questionnaire was provalidated & uploaded via Google form. The age group of the participants were between 18 to 23 years. Those who agreed to take part in this study were included. Statistical analysis was carried out as per the responses received.

RESULTS AND DISCUSSION

Sr. No.	Age	No	Percentage
1	18	62	55.36
2	19	40	35.71
3	20	6	5.36
4	23	1	0.89
5	21	1	0.89

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Sr No	Gender	No	Percentage
1	Female	56	50.91
2	Male	54	49.09





Sr No	Blood Group Info	Nos	Percentage
1	Yes	106	96.36
2	No	4	3.64





Sr. No.	Blood Donation Done/Not Done	Nos	Percentage
1	No	94	85.45
2	Yes	16	14.55

Count of 4] Have you ever donated blood?



Count of 4] Have you ever donated blood?

Sr. No	Reason for no donating blood	Nos	Percentage
1	Not Approached for donation	43	39.09
2	Other reasons	34	30.91
3	Blank	17	15.45
4	Fear of needles	16	14.55



Count of 5] If no, what was your reason?

Count of 5] If no, what was your reason?

Sr. No	Blood donation saves lives	Nos	Percentage
1	Yes	107	97.27
2	No	2	1.82
3	Blank	1	0.91



Count of 6] Do you think blood donation is necessary to save

Count of 6] Do you think blood donation is necessary to save lives?

Sr. No	Min Hemoglbin>12.5gm/deciliter	Nos	Percentage
1	Yes	66	60.00
2	No	41	37.27
3	Blank	3	2.73

Count of 7] Do you know the criteria for donating blood? 7.i. Minimum hemoglobin level should be more than 12.5 gra...



Sr. No	Age of donor between 16 to 60	Nos	Percentage
1	Yes	93	84.55
2	No	15	13.64
3	Blank	2	1.82



Count of 7.ii. Age of the donor should be between 16 to 60 years

Sr. No	Body Weight>45Kg	Nos	Percentage
1	Yes	92	83.64
2	No	16	14.55
3	Blank	2	1.82





Sr. No	Donor Should not have undergone treatment for rabies/Hepatitis in last one year	No	Percentage
1	Yes	75	68.18
2	Don't Know	33	30.00
3	Blank	2	1.82





Sr. No	Person should not have donated blood in last 3 months	Nos	Percentage
1	Yes	66	60.00
2	No	42	38.18
3	Blank	2	1.82

Count of 7.v. Person should not have donated blood in the past three months



Count of 7.v. Person should not have donated blood in the past three months

Sr. No	No Malaria Treatment in last 3 months	Nos	Percentage
1	Yes	66	60.00
2	Don't Know	43	39.09
3	Blank	1	0.91

Count of 7.vi. Person should not be treated for malaria in the past three months



Count of 7.vi. Person should not be treated for malaria in the past three months

Sr. No	Women Donors Should not be pregnant or lactating	Nos	Percentage
1	Yes	89	80.91
2	I Don't Know	20	18.18
3	Blank	1	0.91



Count of 7.vii. Woman donor should not be pregnant or lactating

Sr. No	Person SHould be diabetes free/Heart Disease free	Nos	Percentage
1	Yes	94	85.45
2	No	15	13.64
3	Blank	1	0.91

Count of 7.viii. Person should be free of diabetes or heart disease



Count of 7.viii. Person should be free of diabetes or heart disease

Sr. No	Do You know diseases that can be transmitted through blood transfusion	Nos	Percentage
1	Yes	91	82.73
2	No	17	15.45
3	Blank	2	1.82

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Count of 8] Do you know the diseases that can be transmitted through blood transfusion?



Sr. No	HIV	Nos	Percentage
1	Yes	101	91.82
2	No	8	7.27
3	Blank	1	0.91





Count of 8.1. HIV	Count	of 8	.i. F	١V
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Sr. No	Нер В	Nos	Percentage
1	I Know	74	67.27
2	Don't Know	35	31.82
3	Blank	1	0.91



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Sr. No	Malaria	Nos	Percentage
1	Yes	73	66.36
2	No	36	32.73
3	Blank	1	0.91



Sr. No	Sexually Transmitted diseases	Nos	Percentage
1	I know	93	84.55
2	Don't Know	15	13.64
3	Blank	2	1.82





Count of 8.iv. Sexually	transmitted	diseases
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Sr. No	Quantity of blood donated at one go	Nos	Percentage
1	350 ml	66	60.00
2	470 ml	30	27.27
3	1 lit	10	9.09
4	Blank	4	3.64



Count of 9] How much blood do you think can be donated at one go?

Sr. No	Do you know which blood groups can be donate blood to you if required	Nos	Percentage
1	Yes	98	89.09
2	No	10	9.09
3	Blank	2	1.82

Histogram of Count of 10] Do you know which blood groups can donate blood to you if required?



Count of 10] Do you know which blood groups can donate blood to you if required?

Sr. No	When does a person require blood	Nos	Percentage
1	 After a major accident causing blood loss Before & during operations Due to disease causing blood loss During pregnancy for the growing baby 	14	12.73
2	 After a major accident causing blood loss Before & during operations Due to disease causing blood loss 	39	35.45
3	 After a major accident causing blood loss Before & during operations During pregnancy for the growing baby 	1	0.91
4	 After a major accident causing blood loss Due to disease causing blood loss During pregnancy for the growing baby 	5	4.55
5	 After a major accident causing blood loss Before & during operations 	10	9.09
6	 After a major accident causing blood loss Due to disease causing blood loss 	26	23.64

7	 After a major accident causing blood loss During pregnancy for the growing baby" 	1	0.91
8	 Before & during operations Due to disease causing blood loss 	1	0.91
9	1. After a major accident causing blood loss	10	9.09
10	1. Before & during operations	1	0.91
11	1. Due to disease causing blood loss	1	0.91

Count of 11] When according to you does a person require blood?



Count of 11] When according to you does a person require blood?

Sr. No	DO you think it is necessary to raise awareness regarding blood donation	Nos	Percentage
1	Yes	109	99.09
2	No	1	0.91

Count of 12] Do you think it is necessary to raise awareness regarding blood donation?



Count of 12] Do you think it is necessary to raise awareness regarding blood donation?

Sr. No	will you take part in blood donation awareness drive	Nos	Percentage
1	Yes	92	83.64
2	No	18	16.36



Count of 13] Will you take part in awareness programs to promote blood donation?

Count of 13] Will you take part in awareness programs to promote blood donation?

Sr No	Where have you heard of blood	Nos	Percentage
51.110	donation	1105	Tercentage
	1. Educational Institution		
	2. Workplace		
1	3. Social Circle	5	4.55
	4. Social Media		
	5. Other		
	1. Educational Institution		
2	2. Workplace	17	15.45
2	3. Social Circle	17	15.45
	4. Social Media		
	1. Educational Institution		
2	2. Workplace	1	0.01
3	3. Social Circle	1	0.91
	4. Other		
	1. Educational Institution		1.82
4	2. Social Circle	2	
4	3. Social Media	2	
	4. Other		
	1. Educational Institution	2	1.82
5	2. Workplace		
5	3. Social Media		
	4. Other		
	1. Educational Institution	23	20.91
6	2. Social Circle		
	3. Social Media		
	1. Educational Institution	3	2.73
7	2. Social Media		
	3. Other		
8	1. Social Circle		
	2. Social Media	1	0.91
	3. Other		
9	1. Educational Institution	6	E 4 F
	2. Social Circle	6	5.45
	1. Educational Institution		
10	2. Social Media	17	15.45
	5. Other		- · -

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11	 Social Circle Social Media 	3	2.73
12	1. Social Circle 2. Other	1	0.91
13	1. Educational Institution	17	15.45
14	1. Workplace	1	0.91
15	1. Social Circle	3	2.73
16	1. Social Media	1	0.91
17	1. Other	4	3.64

Count of 14] Where have you heard of blood donation? (You can pick more than one option)



Among the participants 50.9% were female students & 49.1% male students. Majority of the students knew about their own blood group. National Governments must raise awareness of the phenomenon of blood donation by ensuring access to sufficient & safe blood.^[5] Blood transfusion is a lifesaving intervention however it is associated with risks that could lead to adverse consequences^[6] Unsafe blood transfusion has the potential to transmit a diverse of infections to blood recipients.^[7] Despite continuous technical improvement in blood donation screening, hepatitis B infection remains a major risk of transfusion -transmitted viral infection.^[8] Among the respondent 60% were aware about the fact that a person should not donate blood atleast for 3 months after treated for malaria. Malaria was one of the first diseases recognized as transmissible by blood transfusion.^[9] 81.7% of respondent know that woman donor should not be pregnant or lactating. 85.45% of participants answered yes regarding the question about a person should be free of diabetes or heart disease regarding blood donation. HIV is a global health problem.^[10] There is a need for screening blood donors for circulating antibodies to syphilis infection.^[11]

CONCLUSION

Although the blood donation & transfusion is a safe process, provided a standard procedure is adopted but it may affect the health of recipient if necessary measures are not observed.

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