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ANALYTICAL STUDY OF CHANDRAPRABHA VARTI (OINTMENT)

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ABSTRACT

Various medications have been described in our classical texts which contain different sources like plant, animals, minerals, metal and marine. A number of Herbomineral preparations are described by *Acharya's*. All them are formulated in such a way that they become suitable for our body. This clearly states the usage of Herbomineral preparation in *Netra roga* also. *Chandraprabha Varti* is one such preparation which is mentioned in *Bhaisajya Ratnavali* and indicated in *arbuda*, *patala*, *kacha*, *timira*, *raktaraji*, *arma* etc. *Chandraprabha Varti* is formulated in ointment form because *Varti* has many pitfalls. The main problem with *Varti* is availability of its compatible form, its bioavailability, mode of administration, its preservation etc. To overcome all these hurdles, *Chandraprabha Varti* was formulated in ointment form.

INTRODUCTION

In Ayurveda, Aushadha is one among Trisutra Ayurved.[1] Aushadha can be prepared from many sources like plants, animals, marine, metals and minerals etc. The herbomineral preparations are the preparation which contain plants as well as animals sources. Chandraprabha varti is one such herbomineral preparation which is in Varti form and indicated in ophthalmic conditions like arbuda, patala, kacha, timira, raktaraji, arma etc.^[2]Varti kalpana is described under types of anjana by Acharya Bhavmishra. He classified anjana in three types i.e Rasakriya, Varti, Churnanjana. The main pitfall of varti kalpana is availability of its compatible form. Secondly, the varti should be rubbed with kshodra, ksheer or jala prior application. Other problems are its sterilization issue and preservation or storage because varti should be stored in specific containers like *lauha*, *tamra* etc for particular effect. To overcome all these, varti was modulated in ointment form for the ease of application, more bioavailability, microbial free so could be stored for longer duration. The

present article aimed to determine the physicochemical properties of *Chandraprabha varti* (Ointment).

AIMS AND OBJECTIVES

- To analyze the physical or the organoleptic character of drug.
- 2. To find out the pH, heavy metal content and microbiological study of *Chandraprabha varti* (Ointment).

MATERIAL AND METHODS

Collection of drug- The raw drugs were collected from *Hans Pharmacy Premnagar Ashram, Haridwar, Uttarakhand.*

Identification and Authentication

The raw drugs were identified and authenticated by *Dravyaguna* department of *Gurukul* campus *Haridwar Uttarakhand Ayurved* University and the specimen sample was kept in the department. The final drug was prepared in *Hans Pharmacy Premnagar Ashram, Haridwar, Uttarakhand.*

Ingredients of chandraprabha varti (Ointment)

Table 1: Ingredients and composition of Chandraprabha Varti (Ointment).

Dravya	Latin name	Family	Dosha shamakta	Karma
Rasanjana	Berberis aristata	Berberidacea	Kapha pittta	Chedana Vranaropana,
				Chakshushaya
Shweta	Piper nigrum	Piperaceae	Vata kapha hara	Deepan, vedanahar Lekhana
maricha			_	_
Pippali	Piper longum	Piperaceae	Vata kapha shamak	Shoolhara

				Yogavaahi Shleshmahara
Mulethi	Glycyrrhiza glabra	Leguminosae	Vata pitta shamaka	Chedan
Bibhitaka	Terminalia bellirica	Combretaceae	Tridosha hara	Shothhar Vedanstapak, Chedan
Shankhnabhi	Conch shell	-	Tridosha hara	Netraroghar Netrapuspahara
Manah shila	Realagar	-	Kapha shamaka	Lekhana Kaphanasaka
Aja dughda			Sarva vyadhi hara	



Figure 1: Piper longum



Figure 2: Piper nigrum



Figure 3: Rasanjana



Figure 4: Glycyrrhiza glabra



Figure 5: Terminalia bellirica



Figure 6: Mnahashila



Figure 7: Shankh nabhi



Figure 8: Aja dughda

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Method of preparation^[3]

- 1. The *Chandraprabha Varti*(Ointment) was prepared by the classical method of *Ghana satva*.
- 2. For *Ghana satva*, all the herbal drugs i.e *Rasanjana*, *Shweta marich*, *pippali*, *Mulethi*, *bibhitaka*, *shankha nabhi*, *manahshila* were taken in equal amount in dry form.(1kg each).
- 3. It was kept in 8 times of water (56 litre) for overnight.
- 4. Then the decoction was prepared till it reduced to $1/4^{th}$ (14 litre) of total quantity.
- 5. The part of decoction was filtered and subjected to boil again till it became thicker.

- 6. After obtaining the *Ghana satva* it was kept into tray drier at 35-40 °C until completely dry and then was powdered.
- 7. Ajadughda was added in adequate amount.
- 8. Obtained powdered was sieved through mesh no.120 and then emulsified bee wax *sikhtha* was used as the base ingredient.
- 9. Drug to base ratio was kept as 3:2 for obtaining desired semi-solid consistency.
- 10. Final product was then packed in sterile ointment tubes of 5ml each under complete aseptic conditions.

Pharmacodynamics of chandraprabha varti (Ointment)

Table 2: Pharmacodynamics of Chandraprabha Varti (Ointment). [4-5]

Dravya	Rasa	Guna	Virya	Vipaka	Part used	Ratio
Rasanjana	Tiktakashaya	Laghu snigdha Mridu	Ushna	Katu	Ghana satva	1 Part
Shweta maricha	Katu	Laghu,tikshana	Ushna	Katu	Phala	1 Part
Pippali	Katu	Laghu,snighdha ,tikshana	Anushna sheeta	Katu	Phala	1 Part
Mulethi	Madhur	Guru,snighdha	Sheeta	Madhur	Moola	1 Part
Bibhitaka	Kashaya	Ruksha ,laghu	Ushna	Madhur	Phala	1 Part
Shankhnabhi	Kasay katu kshariya	Laghu sheeth	Sheeta	Madhur	Nabhi	1 Part
Manah shila	Tikta ,katu	Snighdha	Ushna	-	-	1 Part
Aja dughda	Madhur	Snighdha	Sheeta	katu	-	1 Part

Organoleptic properties of chandraprabha varti (Ointment)

Organoleptic characters for various sensory characters like appearance, colour and odour etc were carefully noted down.

Table 3: Organoleptic properties of Chandraprabha Varti (Ointment).

Organoleptic properties	Results
Appearance	A brown coloured semisolid mass
Roopa(colour)	Brown
Gandha(smell)	Characteristic
Consistency	Semi-solid

Physiochemical analysis of chandraprabha varti (Ointment)

Sample was subjected for physicochemical analysis such as loss on drying at 105-degree Celcius, total ash, acid insoluble ash, alcohol soluble extractive, water soluble

extractive and pH was analysed and found to be within normal range. The ointment was evaluated by employing parameters mentioned in *Ayurvedic* Pharmacopoeia of India and Protocol of *Ayurvedic* drug testing of PLIM, *Gaziabad*, UP, India.^[6]

Table 4: Physicochemical parameters of Chandraprabha varti (Ointment).

Parameters	Result
Loss on drying at 105°C	1.68%
Total ash	1.52%
Acid-insoluble ash	0.25%
Alcohol-soluble extractive	5.86%
Water soluble extractive	12.21%
pH	4.15

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Microbiological limit test

The ointment was evaluated for total bacterial and fungal count .total bacterial count was carried out by plate count

method, which is mentioned in A.P.I, Part II,Vol-1, Appendices 2.4

Table 5: Microbiological limit test of Chandraprabha varti (Ointment).

Microorganism	Result
Total viable aerobic count	200 cfu/g
Total fungal count	<10 cfu/g
E.Coli	Absent
Salmonella	Absent
Staphylococcus aureus	Absent
Pseudomonas aeruginosa	Absent

Aflatoxin

Table 6: Aflatoxins in Chandraprabha varti (Ointment).

(B1, G1)	Nil
(B2, G2)	Nil

Heavy metals in chandraprabha varti (Ointment)

Spectrometry was carried out for the existence of heavy metals like Lead(Pb), Cadmium(Cd), Mercury(Hg) and

Arsenic(As). All the heavy metals in ointment are within normal range.

Table 7: Heavy metals in Chandraprabha varti (Ointment).

Total Heavy metal (mg/kg)	Result
Lead	4.6 ppm
Cadmium	< 0.30
Arsenic	<10
Mercury	<1



Figure 9: Analytical report.

RESULT AND DISCUSSION

The pharmacological analysis of the drug was prepared on the final form of drug i.e *Chandraprabha varti* (Ointment). The analytical study carried deals with both physical and chemical properties of the drug prepared. Although values found were in their normal limits. As the product prepared is to be used directly on eyes these were major factors that will ensure safety while applying the product.

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