A RARE PROVEN DRUG IN HOMOEOPATHY: CASSIA SOPHERA

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ABSTRACT

Research in field of medicinal plants has gained renewed focus recently, mainly because the prime reason is that other system although effective comes with innumerable side effects that often leads to serious complications. Since plant based system does not pose any serious problems. These days’ people are approaching traditional herbal medicine due to side effects of synthetic chemical medicines. In India over 3000 plants are officially recognized for their medicinal value and over 6000 plants are used as traditional herbal medicine. The plant of Cassia Sophera obtains from deciduous and mixed monsoon forest throughout greater part of India. This plant is widely used in traditional medicinal system as analgesic, anticonvulsant, antioxidant, anti-inflammatory, hepatoprotective and antiasthmatic etc. Cassia Sophera is represented in total 890 rubrics in entire Synthesis Repertory. This medicine is widely used for its anti-allergic properties, but still its clinical use remains restricted. It needs further study and verification to prove its usefulness in day to day clinical practice.

KEYWORDS: Cassis Sophera, Medicinal Properties, Proving symptom.
INTRODUCTION
Cassia sophera also known by the name kasondi, banar, kasunda is a medium in size reaching 0.7 to 0.3m. They are found throughout India ascending the Himalayas. Part of the plant use is root. Some chemical constitution are present emodin, chrysoanol, chrysophanicacid, sopherantin, chrysophanol, rhamnentic-3-o-beta-D-glucophanoside and sennosides. The medicine is protect Broncho-constriction in guinea pig against the histamine induce bronchospasm due to ethanolic extraction of the leaves. They also act on hepatoprotective activity in rats and inhibitory activity against ringworm is reported by root extract. Aqueous and methanol extract of seed is exhibit the hypoglycemic activity in rabbit.\(^1,2\)

Botanical name: senna sophera\(^3\)
Synonyms: cassia sophera L.\(^3\)
Family: caesalpiniaceae\(^3\)
Common name: kasund\(^3\)
English name: pepper leaved Senna.\(^3\)
Sanskrit name: kasamanda\(^3\)

**Figure: 1: Morphological description of C. Sophera Plant.\(^4\)**
Medicinal properties

MEDICINE SYMPTOM: These symptom is prove during proving and clinical verification.[1] Cassis sophera is mention in 890 rubric in synthesis repertory but is rare medicinal literature.[12]

Proving symptom
- Vertigo < on standing
- Headache, frontal region, < from sunlight > by pressure, occipital headache, better from lying down.
- Throbbing pain especially in frontal region < from heat to sun > from pressure.
- Coryza, profuse, bland, with thin or thick discharge and sneezing worse at night and after bathing.
- Nasal obstruction, < morning and brushing the teeth
- Toothache < after eating
- Pain in throat < on swallowing
- Horseness of voice
- Loss of appetite
- Flatulence and heaviness in abdomen with nausea
- Constipation with thin white discharge < before menses
- Asthmatic breathing
• Dyspnea < in morning, evening and night associated with dyspnea
• Dry cough; with irritation ; throat < in morning, evening, night from cold and > warmth
• Cough paroxysmal < in evening
• Cough barking with thick white expectoration
• Cough with thick white yellow expectoration
• Pain in chest <on inspiration after coughing
• Palpitation < on waking
• Pain in nape of neck and lumbar region
• Pain in shoulder joint > from pressure
• Backache < from movement, changing position and lying down; > from pressure and lying down
• Pain in joints tearing in character
• Pain in knee joint with tearing pain < on first movement > from continued motion and pressure
• Pain in legs > on sitting and by pressure
• Pain in calf muscles tearing < on movement
• Pain in lower limb < during day time, rest; > information
• Fever with chill and body ache; < in evening and night.[2]

CONCLUSION
The plant of Cassia Sophera obtains from deciduous and mixed monsoon forest throughout greater part of India. This plant is widely used in traditional medicinal system as analgesic, anticonvulsant, antioxidant, anti-inflammatory, hepatoprotective and antiasthmatic etc. Cassia Sophera is represented in total 890 rubrics in entire Synthesis Repertory and some symptom is reprove in clinical verification. Its therapeutic effect in the treatment of various disease like arthritis, hypertension, analgesic, pain abdomen, diarrhea, allergic condition. The drug was used in mother tincture, 6th and 30th potencies in clinical verification but due to lack of literature it is very rarely use in clinical practice. To ascertain its effectiveness in above mention disease for advance systemic researches should be conducted.

REFERENCE
1. Center Council of Research in Homoeopathic Cassia Sophera Study of Homoeopathic Medicine through Clinical Verification a New Prospective Volume 1 New Delhi India, 2011; 149.


