

CULTURAL AWARENESS AND INCLUSIVITY

DID YOU KNOW?



Reflection involves self-examination to understand how one's beliefs, biases, and assumptions influence interactions and decisions.

Reflection can improve performance by considering alternative approaches and incorporating other's feedback.

Reflective supervision involves collaborative discussions about work experiences, challenges, and professional development.

Teachers can use reflection to evaluate their practices, understand children's needs, and improve behavior management by addressing any racial, ethnic, and gender biases.

How do biases related to culture influence your interaction with children and families?



REFLECT ON THIS...

START YOUR JOURNEY!

Write about your daily experiences, thoughts, and feelings.

Share your experiences with others and get different perspectives.

Participate in supervision or mentoring to get guidance and feedback.

Practice mindfulness to improve your self-awareness and emotional regulation.

Recommended Material(s): Diversity Dolls, The Big Umbrella Book

Watch our DEI: Implicit Bias, Disabilities, and Gender Stereotypes Videos and...



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