

HOW TO TEACH CHILDREN PROBLEM-SOLVING SKILLS

DID YOU KNOW?



Teaching children that problems have a solution empowers them to independently solve them.

Before teaching children to problem-solve help them recognize and regulate their emotions.

Teach children the problem-solving steps:

- (1) "What is the problem?"
- (2) "What are possible solutions?"
- (3) "What would happen if...?"
- (4) "Give it a try!"

How do you stay calm as you help children resolve problems?



REFLECT ON THIS...

START YOUR JOURNEY!



Help children label their feelings and identify the problem.

Create scenarios for children to practice problem-solving skills (use role-play or visuals).

Encourage children to think how others would feel.

Celebrate children's problem resolution!

Recommended Material: Turtle Hand Puppet, Best Behavior Book Series

Watch our Prosocial Skills Video and...



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REMEMBER TO RELAX, REFLECT, AND THEN RESPOND