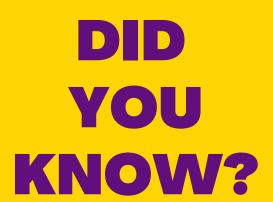


An Initiative of





HOW TO TEACH CHILDREN PROBLEM-SOLVING SKILLS





Teaching children that problems have a solution empowers them to independently solve them.

Before teaching children to problem-solve help them recognize and regulate their emotions.

Teach children the <u>problem-solving steps</u>:

- (1) "What is the problem?"
- (2) "What are possible solutions?"
 - (3) "What would happen if...?" (4) "Give it a try!"

How do you stay calm as you





Help children label their feelings and identify the problem.

Create scenarios for children to practice problem-solving skills (use role-play or visuals).

Encourage children to think how others would feel.

Celebrate children's problem resolution!

Recommended Material: Turtle Hand Puppet, Best Behavior Book Series

Watch our **Prosocial Skills** Video and...



In Collaboration with

START YOUR

JOURNEY!







