

TRANSITIONS AND ACTIVE ENGAGEMENT

DID YOU KNOW?



Children act out in transitions because they feel uncertain, confused, or worried about what is next.

Actively engaged children develop better self-regulation and demonstrate less disruptive behaviors.

Greeting rituals set a positive tone that inspire trust and safety and promote a sense of belonging for children which facilitates learning.

Moving from one activity to the next is difficult for children. Warn them by ringing a bell, playing music, or turning lights on and off 10 and 5 minutes before the transition.

How do you re-engage children who lose interest in activities during transitions?



REFLECT ON THIS...

START YOUR JOURNEY!



Greet children by name with eye contact (e.g., high five, signs).

Limit the number of transitions (it facilitates cooperation).

Modify activities when children lose interest.

Allow children to lead and make choices when possible.

Praise children for their efforts!

Recommended Material: Visual Timer

Watch our Transitions and Active Engagement Video and...



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REMEMBER TO RELAX, REFLECT, AND THEN RESPOND