



Clearwater Senior SCOOP

February 2026

Clearwater Senior Center

921 Janet Ave
Clearwater, KS
67026

Activities held at the Clearwater Senior Center are available to those 55 & older.

No membership fee is required to participate in most activities.

For more information on events or programs, please contact the Center coordinator at 620-584-2332.

Mission Statement

To provide services and programs for people 55 & older that promotes their well-being, supports their independence and encourages their involvement in community life.

Staff

Amber Ives
Coordinator

February is National Senior Independence Month

February is recognized as National Senior Independence Month, a time to celebrate the strength, wisdom, and self-reliance of older adults. Independence means something different to everyone—it can be staying active, making your own choices, continuing lifelong hobbies, or simply living life on your own terms.

At the Senior Center, we are proud to support independence in all its forms. Through educational programs, social activities, wellness opportunities, and community connections, we strive to provide a welcoming place where seniors can continue to grow, learn, and thrive.

Maintaining independence also means staying connected. Friendships, laughter, and shared experiences play an important role in emotional and mental well-being. Whether it's attending a class, enjoying a meal together, or participating in special events, every connection helps strengthen confidence and quality of life.

This month, we celebrate you—your resilience, your experiences, and your continued independence.

Thank you for being an important part of our community. We look forward to supporting you today and in the years ahead.



**SENIOR
INDEPENDENCE
MONTH**
FEBRUARY

BRING YOUR PROJECT

UNFINISHED



Bring what you've been avoiding or inching along on. Knitting, journaling, budgets, emails, craft. No teaching, no pressure.

First Monday of the month 10:00 AM - 11:30 AM

BYP



Mondays - Strength & Stability @ 1:00 PM

Tuesdays - Chair Yoga @ 9:00 AM

Calorie Burn @ 10:00 AM

Pickleball @ 6:30 PM at the Pickleball Courts

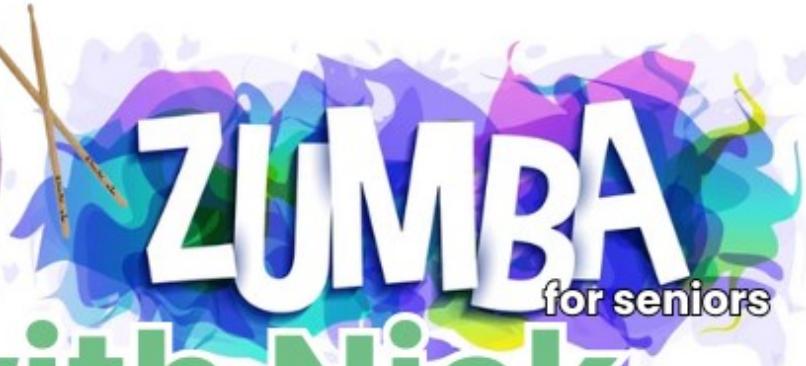
Wednesdays - Tai Chi @ 1:00 PM

Weight Training @ 1:30 PM

Fridays - Chair Yoga @ 9:00 AM

Calorie Burn @ 10:00 AM

Line Dancing @ 1:00 PM



**First Tuesday of the month
1:00 PM**

Sponsored By

Clearwater Recreation Commission
Clearwater Senior Center
Donuts, Coffee and Iced Tea will be provided
Decaf available upon request

Wednesday, February 4

10:00 AM

Location: Clearwater Senior Center

Speaker: American Legion Post 93

Coffee & Community



Thursday Snack & Game Day Sign-Up:

Why not join the fun and bring some treats for our snack-hungry crew of about 25 folks on a Thursday?

**One day - 3 great activites join
then stay and play games!**

February 5th



12:30 PM
Question & Answer
session with
Sam Warkins
regarding the
expansion project



1:00 PM
February Birthday
Celebration



2:00 PM
Cookie Decorating
(and tasting)
with Bre at
Inspired Advisors

Friday 2/6 is National Wear Red Day
Come to an activity wearing red for a chance to win a prize!



Monday, February 9

✗No Bridge ✗No Strength & Stability ✗No Afternoon Bible Study

 **LUNCH & LEARN**
Potluck
February 10 12:00 PM

The Center will be providing pulled pork
Please Bring a side dish or dessert to share
Topic: County Commissioner Blubaugh



WINTER CRAFTING WITH JEN

Tuesday, February 10

2:00 PM



Be Well Series

Sponsored by

Clearwater Recreation Commission

Clearwater Senior Center

Wednesday, Feb. 11th 10:00 AM

Guest Speaker: Stephanie Ricke

Natural Grocers - Nutrition Coach

Building Nutritious Meals &
Reading Nutrition Labels



*Central Plains
Area Agency on Aging*

Friendship Meal Time Change

Thursday, February 12th ONLY

11:30 AM



**Singo Bingo & Technology Help
with High School Leadership Kids**

Thursday, February 12
12:00 PM

VALENTINE'S PARTY & HEART HEALTH TRIVIA

FRIDAY, FEBRUARY 13
1:00 PM

CIMS STUDENTS WILL BE HERE TO HELP CELEBRATE WITH US!

Quick Reminder! ➡



**we will be
closed**

2026 Puzzle Challenge & Dinner

Monday, February 16

Clearwater Senior Center 921 Janet

2:00 PM

The Clearwater Recreation Commission & Senior Center are joining forces for an epic multigenerational showdown! Round up your squad of up to 4 puzzlers and let's piece this together. The team with the sharpest puzzle skills will snag ultimate bragging rights and a fabulous prize. Plus, fuel up with a sloppy joe feast at 5:00 PM. Don't miss out—sign up now!

All ages encouraged!

www.clearwaterrec.org/forms



MARDI GRAS PARTY

We've got the beads so come ready to play games & enjoy some snacks! Educational moments will happen too!

Tuesday February 17 at 1:00 PM



RANDOM ACTS OF KINDNESS DAY

FEBRUARY 17

THROWING KINDNESS AROUND LIKE CONFETTI!!

COMMODITY PICK UP

Wednesday, February 18

2:00 - 5:30 PM

921 E Janet (Senior Center)

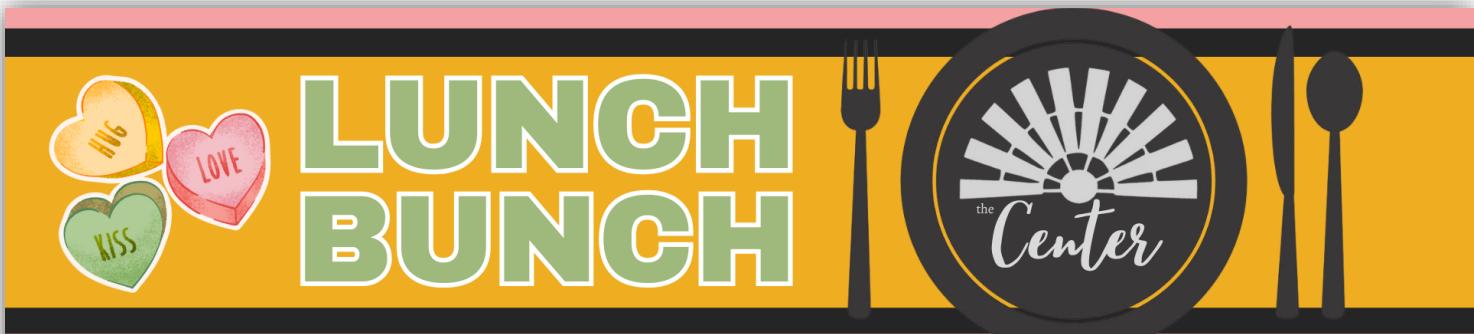
Income
Eligible
1 - \$2,413
2 - \$3,261
3 - 4,109
4 - 4,957
5 - 5,805
6 - 6,653
7 - 7,501
8 - 8,349



REACTION TRAINING WITH CAROL

WORK ON YOUR REACTION SKILLS

THURSDAY, FEBRUARY 19 AT 12:30 PM



LUNCH BUNCH

We are headed to Livingston Cafe
Friday, February 20 leaving the Center at 11:00 AM
Please Sign up by February 13



**Event: Benchmark & Goal Setting Session with
Harter Therapy**
Reschedule Date: Wednesday, February 25
Time: 10:00 AM

Join us for an opportunity to evaluate your skills and establish benchmarks for the goals you aim to achieve in 2026.



February 25 Walmart Run!
Please let Amber know by the Wednesday before.
We will be leaving at 11:30 AM and will enjoy lunch before returning home.



MOVIE DAY
WEDNESDAY, 2/25
2:00 PM

FEBRUARY

Clearwater Center Hours

Monday – Thursday 9:00 AM – 5:00 PM
 Friday 9:00 AM – 4:00 PM

*activity will be in the back room

**sign up required

CPAAA Meal Program
 Monday – Friday 12:00 PM
**Council Meetings are the
 2nd & 4th Tuesday of each month
 at 6:30 PM at City Hall**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Education Special Event 1	10:00 AM Bring a Project 1:00 PM Strength & Stability 1:00 PM Bridge* 2:00 PM Bible Study	9:00 AM Exercise 10:00 AM Calorie Burn 2:00 PM Drum Ball 3:00 PM Senior Zumba 6:00 PM Pickleball	10:00 AM Coffee & Community 1:00 PM Tai Chi 1:30 PM Weight Training	9:30 AM Coffee with Friends 10:00 AM Bible Study 12:30 PM New Build Q&A 1:00 PM February Birthday Celebration 1:30 PM Games	9:30 AM Coffee with Friends 10:00 AM Bible Study 1:30 AM Friendship Medi (new time for this day only) 1:20 PM Singo Bingo with High School Students 1:30 PM Games	National Wear Red Day 9:00 AM Exercise 10:00 AM Calorie Burn 1:00 PM Valentine's Party & Middle School Student activities
Groundhog Day 8	10:30 AM Olympic Games & History NO Bridge or Bible Study 1:00 PM Games in the backroom	9:00 AM Exercise 10:00 AM Calorie Burn 12:00 PM Lunch & Learn Commissioner Blubaugh 2:00 PM Craft Time 6:00 PM Pickleball	10:00 AM BeWell Series: Natural Grocers 1:00 PM Tai Chi 1:30 PM Weight Training	9:30 AM Coffee with Friends 10:00 AM Bible Study 1:30 PM Bingo with High School Students 1:30 PM Games	9:00 AM Exercise 10:00 AM Calorie Burn 1:00 PM Valentine's Party & Middle School Student activities	14
President's Day 15	16 10:00 AM Super Bowl Party & Football Trivia 2:00 PM Puzzle Challenge *Must register with the Rec	9:00 AM Exercise 10:00 AM Calorie Burn 1:00 PM Fat Tuesday Mardi Gras Event 6:00 PM Pickleball	9:00 AM Trash 1:00 PM Tai Chi 1:30 PM Weight Training 2:00 – 5:30 PM Commodity Pick Up	9:30 AM Coffee with Friends 10:00 AM Bible Study 1:30 PM Reaction Training 1:30 PM Afternoon Break 1:30 PM Games	9:00 AM Exercise 10:00 AM Calorie Burn 11:00 AM Lunch Bunch 1:00 PM Line Dancing 1:00 PM Quilting Queens	20
Random Act of Kindness Day 22	23 1:00 PM Strength & Stability 1:00 PM Bridge* 2:00 PM Bible Study	9:00 AM Exercise 10:00 AM Calorie Burn 1:00 PM Book Club 6:00 PM Pickleball	24 10:00 AM BeWell Series 2026 Benchmark Settings & Goal Setting Harter Therapy 11:30 AM Walmart Run 1:00 PM Tai Chi 1:30 PM Weight Training 2:00 PM Movie Time	9:30 AM Coffee with Friends 10:00 AM Bible Study 1:30 PM Afternoon Break 1:30 PM Games	9:00 AM Exercise 10:00 AM Calorie Burn 1:00 PM Line Dancing 1:00 PM Quilting Queens 2:00 PM Final Friday Ladies Round Table Talk**	26
March 1	10:00 AM Bring a Project 1:00 PM Strength & Stability 1:00 PM Bridge* 2:00 PM Bible Study	9:00 AM Exercise 10:00 AM Calorie Burn 1:00 PM Book Club 6:00 PM Pickleball	3 10:00 AM Trash 1:00 PM Tai Chi 1:30 PM Weight Training	9:30 AM Coffee with Friends 10:00 AM Bible Study 1:30 PM Afternoon Break 1:30 PM Games	4 9:00 AM Exercise 10:00 AM Calorie Burn 1:00 PM Line Dancing 1:00 PM Quilting Queens	27
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VALENTINE'S DAY WORD SEARCH

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A V U A N G C A N D Y Q E I Y N J E T F
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Valentine Cupid Be Mine Pink
Candy Cuddle Hearts Red
Chocolate Hug Card Roses
February Kiss Love I Love You
Flowers Love Arrow Sweet
Friend

