



Clearwater Senior SCOOP

April 2026

Clearwater Senior Center

921 Janet Ave
Clearwater, KS
67026

Activities held at the Clearwater Senior Center are available to those 55 & older.

No membership fee is required to participate in most activities.

For more information on events or programs, please contact the Center coordinator at 620-584-2332.

Mission Statement

To provide services and programs for people 55 & older that promotes their well-being, supports their independence and encourages their involvement in community life.

Staff

Amber Ives
Director



Caring for

Your Mental Health



Taking care of your mind is just as important as your body. Small daily habits can help you feel happier, more connected, and mentally sharp.



Stay Connected

Call, visit, or join community groups.



Move Your Body

Walk, stretch, or try gentle exercise.



Keep Your Mind Active

Read, do puzzles, or learn something new.



Eat & Sleep Well

Nutritious meals and good rest.



Reach Out for Help

Talk to a friend, counselor, or doctor.



Remember: Staying engaged, active, and connected supports your mind, body, and spirit every day!



Your Clearwater Senior Center Friends and Senior Center Director are here for you!

Get active. Get involved!

See you this April!

Amber



Sponsored By

**Clearwater Recreation Commission
Clearwater Senior Center**

Donuts, Coffee and Iced Tea will be provided
Decaf available upon request

*Coffee &
Community*



Wednesday, April 1

10:00 AM

Location: Clearwater Senior Center

Speaker: Beard Bar

Come and celebrate all the April Birthdays
 **Thursday, April 2 at 1:00 PM**

Ladies Bible Study

New Time!

Monday Mornings at 9:30 AM

Current Study: James



Mondays - Strength & Stability @ 1:00 PM

Tuesdays - Chair Yoga @ 9:00 AM

Calorie Burn @ 10:00 AM

Pickleball @ 6:30 PM at the Pickleball Courts

Wednesdays - Tai Chi @ 1:00 PM

Weight Training @ 1:30 PM

Fridays - Chair Yoga @ 9:00 AM

Calorie Burn @ 10:00 AM

Line Dancing @ 1:00 PM



Easter Egg Hunt & Fun!
Friday, April 3
10:30 AM

The graphic features a white rounded rectangle with a drop shadow. At the top center are two white bunny ears with pink inner linings. To the right is a smiling yellow sun with rays. The main text is in a pink, bubbly font. Below the text is a row of colorful Easter eggs (yellow, pink, blue, green, pink, yellow, blue) sitting on a patch of green grass.



Come cheer on your favorite team for the FINAL game of March Madness

**Monday, April 6
7:00 PM**

We will gather for a Sliders Sandwiches meal and watch the championship game together and celebrate our bracket winners!





MOVIE DAY
TUESDAY, 4/7
1:30 PM



Morning Music with
Clearwater Intermediate-
Middle School
Wednesday
April 8
9:00 AM

Come and support these
kids who will be
making a trip in May
to World's Of Fun!

LUNCH
BUNCH



We are headed to Red Bird
Friday, April 10 leaving the Center at 11:00 AM
Please Sign up by April 7



LUNCH & LEARN

Potluck

April 14 12:00 PM

The Center will be providing HAM
Please Bring a side dish or dessert to share
Guest Speaker: Advanced Legal Services



REACTION TRAINING WITH THE REC

WORK ON YOUR REACTION SKILLS THURSDAY, APRIL 16 AT 12:30 PM

Reaction training strengthens more than just reflexes—it supports the brain, too. By improving focus, decision-making, and processing speed, it helps sharpen the connection between what we see and how we respond. These same skills play an important role in overall brain health and may help support memory and cognitive function as we age. Incorporating simple reaction activities into daily routines is a fun and effective way to keep both the body and mind active.



City of Clearwater

Curbside Clean-Up

April 18, 2026

Items Must Be at Curb
by 7:00 AM

ITEMS NOT ALLOWED

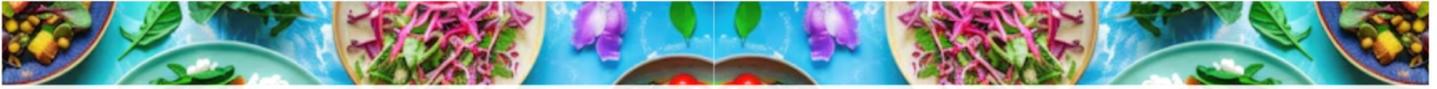
Car batteries, oil filters, fluorescent light bulbs, propane tanks, any asbestos materials, explosives, paint (will take empty & dried up paint cans with the lid off), no hazardous liquids (such as fertilizers, pesticides, herbicides, solvents, diesel fuel, gas, oil, transmission fluid, antifreeze, etc.) and no tires .

Please remember that the clean up is to help keep our community clean. It is not a way to circumvent the resident from getting an open top for his/her home remodel or construction job. If you need an open top for your project please call 316-838-4920 to get an open top from Waste Connections.

FOR MORE INFORMATION VISIT WWW.CLEARWATERKS.ORG



BINGO! TUESDAY, APRIL 21 AT 1:00 PM



SPRING SALAD

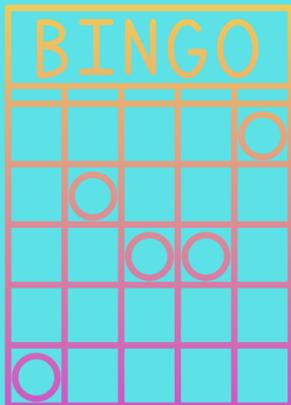
No NEED To HELP PROVIDE ANYTHING, JUST COME AND ENJOY.
ALL DONATIONS WILL GO DIRECTLY FOR OUR MANY DIFFERENT ACTIVITIES.

LUNCHEON

APRIL 23 12:00 PM



SINGO



**Singo Bingo
Friday, April 24
1:30 PM**



CIMS Students will be here to challenge you -
who will come out the winner?!

BOOK CLUB DISCUSSION 1:00 PM, TUESDAY, APRIL 28

APRIL

Clearwater Center Hours

Monday – Thursday 9:00 AM – 5:00 PM

Friday 9:00 AM – 4:00 PM

*activity will be in the back room

**sign up required

CPAAA Meal Program

Monday – Friday 12:00 PM

Council Meetings are the

2nd & 4th Tuesday of each month

at 6:30 PM at City Hall

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>5</p> <p>Education Special Event</p>	 <p>6</p> <p>9:30 AM Ladies Bible Study 1:00 PM Strength & Stability 1:00 PM Bridge* 3:00 PM Walk with Ease 7:00 PM NCAA Final Game & Sliders Dinner</p>	<p>7</p> <p>9:00 AM Exercise 10:00 AM Calorie Burn 1:30 PM Movie 6:00 PM Pickleball</p>	<p>8</p> <p>9:00 AM Morning Music with CIMS Choir 10:00 AM Trash 1:00 PM Tai Chi 1:30 PM Weight Training 3:00 PM Walk with Ease</p>	<p>9</p> <p>9:30 AM Coffee with Friends 10:00 AM Bible Study 1:30 PM Afternoon Break 1:30 PM Games</p>	<p>10</p> <p>9:00 AM Exercise 10:00 AM Calorie Burn 1:00 AM Lunch Bunch 3:00 PM Walk with Ease</p>	<p>11</p>
<p>12</p>	<p>13</p> <p>9:30 AM Ladies Bible Study 1:00 PM Strength & Stability 1:00 PM Bridge* 3:00 PM Walk with Ease</p>	<p>14</p> <p>9:00 AM Exercise 10:00 AM Calorie Burn 12:00 PM Lunch & Learn Advanced Legal Planning 2:00 PM Games 6:00 PM Pickleball</p>	<p>15</p> <p>10:00 AM Trash 1:00 PM Tai Chi 1:30 PM Weight Training 3:00 PM Walk with Ease</p>	<p>16</p> <p>9:30 AM Coffee with Friends 10:00 AM Bible Study 12:30 PM Reaction Training 1:30 PM Afternoon Break 1:30 PM Games</p> 	<p>17</p> <p>9:00 AM Exercise 10:00 AM Calorie Burn 1:00 PM Line Dancing 1:00 PM Quilting Queens 3:00 PM Walk with Ease</p>	<p>18</p> <p>City Wide Cleanup</p>
<p>19</p>	<p>20</p> <p>9:30 AM Ladies Bible Study 1:00 PM Strength & Stability 1:00 PM Bridge* 3:00 PM Walk with Ease</p>	<p>21</p> <p>9:00 AM Exercise 10:00 AM Calorie Burn 1:00 PM BINGO 2:00 PM Games 6:00 PM Pickleball</p>	<p>22</p> <p>10:00 AM Trash 1:00 PM Tai Chi 1:30 PM Weight Training</p>	<p>23</p> <p>9:30 AM Coffee with Friends 10:00 AM Bible Study 12:00 PM Spring Salad Luncheon 1:30 PM Afternoon Break 1:30 PM Games</p>	<p>24</p> <p>9:00 AM Exercise 10:00 AM Calorie Burn 1:00 PM Line Dancing 1:30 PM Singo Bingo with CIMS</p>	<p>25</p>
<p>26</p>	<p>27</p> <p>9:30 AM Ladies Bible Study 1:00 PM Strength & Stability 1:00 PM Bridge*</p>	<p>28</p> <p>9:00 AM Exercise 10:00 AM Calorie Burn 1:00 PM Book Club 6:00 PM Pickleball</p>	<p>29</p> <p>10:00 AM Trash 1:00 PM Tai Chi 1:30 PM Weight Training</p>	<p>30</p> <p>9:30 AM Coffee with Friends 10:00 AM Bible Study 1:30 PM Afternoon Break 1:30 PM Games</p>	<p>MAY 1</p> <p>9:00 AM Exercise 10:00 AM Calorie Burn 1:00 PM Line Dancing 1:00 PM Quilting Queens</p>	<p>2</p> <p>Biscuits & Gravy 8:00 AM – 10:00 AM</p>

Clearwater Senior Center
921 E Janet
Clearwater, KS 67026
620.584.2332
seniorcenter@clearwaterks.org
<https://www.facebook.com/ClearwaterSeniorCenter/>



find us on
Facebook

COMING IN

MAY

**CITY WIDE BREAKFAST OPPORTUNITY!
ALL AGES WELCOME!**



Biscuits & Gravy Breakfast

Saturday, May 2

8:00 AM - 10:00 AM

ONLY \$5

*Come support the Senior Center!
921 E Janet*

5th ANNUAL
TACO BAR
Senior Center
All Ages Welcome!
May 5 12:00 - 1:00 PM
Donation Only
Come enjoy great food, fun, and community!