

MEDWAY COUNCIL ON AGING MEETING JANUARY 13, 2015

Mary Lou opened the meeting at 2:00 p.m. Mary Lou, Chairman, Vonnie Clark, Vice Chairman, Judy Lane, Secretary, Grace Rossetti, Mary Anderson, Nanette Glenn, Siri Krishna Khalsa, Charlene Saunders, Frank Saunders, John Wooster, and Paul DeSimone were present. Staff members present were Missy Dziczek, Director of the Center and Pauline Russo, Outreach Worker. Therese Kinnane and Grace Rossetti were the Housing Reps present. Vonnie made a motion to accept the secretary's report, Frank seconded the motion. The word contains was misspelled. Once the correction was made the motion passed.

Missy gave her Director's report. She found an income eligible woman with prior commercial kitchen experience who is interested in the twenty hour a week position. This woman's responsibility will be to keep the kitchen clean and stocked. We may be able to extend the lunch program at the Center. Someone noted that Missy should notify the Milford News that there are no longer lunches on Mondays. Nancy Campana is redoing all the posters at the Center and working on the newsletter. People over the age of seventy will receive the newsletter free thanks to the Friends of Elders. Kate, the new outreach worker will be sending out a survey to people in town sixty-five and older as to what they would like for programs and activities at the Senior Center. The budget for the Center will not be changing in the New Year. Missy and Judy will be out of town for the next meeting. Charlene volunteered to act as secretary. Vonnie motioned that the report be accepted as read; John seconded the motion. It passed.

Missy's treasurer's report stated we started the month with \$78,000+ in the budget account; the state grant contains \$9,000 and there is \$5,000+ in general donations. There appears to be a problem with the electric bill. It seems low. Missy will continue to investigate. Grace made a motion to accept the report as given; Charlene seconded. The motion passed.

Pauline reported that Fuel Assistance continues to keep her busy. There appear to be fewer calls than in the past. It has been a difficult winter for many seniors health wise. She has been making more weekly home visits. She has also been making referrals for services as needed. She and Charlene Tingley will be expanding their workshop on communicating with a person with Alzheimer's to include people who are not caregivers. They plan to run this workshop in March. They will be having Janice's lunch on January 20th

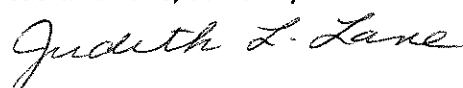
Therese reports all is well at Lovering Heights. Grace claims the same is true at Mahan Circle.

John asked when people can renew their B.J.s cards. Missy said most cards run out in February. She will renew the Center's card soon. Frank asked if we could or would present a program about Medicare Fraud. He will give Missy more information.

Vonnie made a motion to close the meeting. Mary Lou closed the meeting at 2:30 p.m.

Respectfully submitted,

Judith L. Lane, Secretary



MEDWAY COUNCIL ON AGING MEETING DECEMBER 8, 2015

Mary Lou opened the meeting at 2:00 p.m. Those in attendance included: Mary Lou Staples, Chairman, Vonnice Clark, Vice Chairman, Judy Lane, Secretary, Mary Anderson, Charlene Saunders, Nanette Glenn, John Wooster, and Paul DeSimone. Grace Rossetti, Siri Krishna Khalsa, and Frank Saunders had excused absences. Staff members present were Missy Dziczek, Director of the Senior Center and Kathryn Bullock, Craft and Day trips Director. Housing Representatives were Therese Kinnane and Paul DeSimone.

John made a motion to accept the secretary's report which Vonnice seconded. The motion passed.

The treasurer's report included that we have \$88,000+ after last month's expenses. There is more than \$11,000 left in the state grant and more than \$4500 in general donations. Judy made a motion to accept the treasurer's report which Charlene seconded. The motion passed.

Missy gave the Director's report. The Code of Conduct is posted in the vestibule. Missy has notified the Town Administrator that she will be retiring after July 1, 2016. He would like a full time Director for the Senior Center. The Center's holiday party will be held next Wednesday. There will be no craft programs Christmas week and no lunches will be served after Tuesday of Christmas week. The Center will be closed December 24th and December 25th. It will also be closed December 31st and January 1st. Vonnice made a motion to accept the Director's report as given. Mary seconded the motion. It passed.

Kathy's report told of the Craft Groups' projects for the Fall. The Christmas snowman wall hanging and the Fall felt table runner are complete. The group has also made seasonal favors for Meals on Wheels.

The autumn trips included a foray to Mason, N.H. with lunch at Pickity Place, a mystery stop and a stop at Bolton Orchards. A second October trip was a foliage tour of the Mohawk Trail with stops at the Yankee Candle flagship store and the Bridge of Flowers. In November there was a mini trip to the Christmas Craft Festival at the World Trade Center. The final fall trip was to the North Shore where we enjoyed an excellent production of "Sister Act".

Therese reports all is well at Lovering Heights; Paul claims the same is true at Mahan Circle.

Paul has been circulating a petition about getting a building for Camp Sunshine. Senator Karen Spilka has put aside money toward the building. The money is currently tied up. Paul has collected over two hundred signatures toward getting the money released. His committee has located a site for the building.

Vonnice made a motion to conclude the meeting which Charlene seconded. The motion passed. Mary Lou closed the meeting at 2:30.

Respectfully submitted,

Judith L. Lane, Secretary

MEDWAY COUNCIL ON AGING MEETING MARCH 10, 2015

Mary Lou opened the meeting at 2:00p.m. Mary Lou Staples, Chairman, Vonnie Clark, Vice Chairman, Judy Lane, Secretary, Grace Rossetti, Mary Anderson, Siri Krishna Khalsa, Charlene Saunders, Frank Saunders, and John Wooster were present. Nanette Glenny and Paul DeSimone had excused absences. Missy Dziczek, Director of the Center and Pauline Russo, Outreach Worker represented the staff. Therese Kinnane and Grace Rossetti were the Housing Representatives.

Mary made a motion to accept the secretary's report from January. Frank seconded ; the motion passed. The bad weather eliminated the February meeting.

Missy gave her Treasurer's report. The budget account contains \$55,400+, the state grant has \$9,000+ and the general donations fund still has \$5,000. John made a motion to accept the treasurer's report; Vonnie seconded the motion. It passed.

Missy gave her Director's report. She would like us to invest in new doors and shades for the dining room and an automatic door for the lady's room. Nancy, our new kitchen person, is serving lunches Monday and Tuesday. Tri Valley serves lunch on Wednesday and Friday. Breakfast is served on Thursday and Mary serves lunch with her movie on Friday. If Mary doesn't have a minimum number of people signed up and paid by Wednesday, she cancels the Friday meal. These lunches cost \$3 per person. People are supposed to sign up and pay for the lunches in advance. Ethel, who helps with the Tri Valley lunches, is leaving. Kathy, our Crafts leader, dislocated her shoulder. She will be back in two weeks. Nancy has stepped up and has been teaching a painting class. Spring will bring new activities: Pauline and Linda will present a lunch and learn class—balance, being positive, speech and swallowing, decluttering, and writing your story—are some areas to be explored. The sheriff's office will be making a presentation tomorrow. The corned beef and cabbage luncheon will be held on St. Patrick's Day. Missy cut off the attendance at eighty people. Nancy was hired by the Senior Aides to run the kitchen. She has organized the kitchen and is planning meals a month in advance. If people are unhappy with the food selections, they should contact Nancy. Mary suggested setting up a suggestion box for menu selections. **Missy will do this. She will be sending out a survey to the towns' people to determine what they would like to see happening at the Senior Center.** Missy would like to see the Thursday breakfast morph into a brunch. There are plans for a senior driving class to be held later this spring. Insurance will cover much of the damage caused by the winter storms. Grace motioned that we accept Missy's report; Charlene seconded the motion, It passed,

Pauline gave her Outreach report. Smoc applications continue to be processed. This year seems slower than those past. There will be a presentation about the ten warning signs of Alzheimer's disease on March 26 at 6:00 p.m. Early detection matters! Charlene Tingley and Pauline will be having an open discussion about Talking to Alzheimer's. It will be to help non caregivers talk to people who have Alzheimer disease. This discussion will be held on April 30th at 11 a.m.. It has been a very difficult winter with much sickness for our senior citizens. Home visits and referrals continue on an as needed basis.

Therese reports all is well at Lovering Heights. Grace reports the same is true at Mahan Circle. There has been damage to some apartments from the storms.

Vonnie made a motion to adjourn the meeting which Frank seconded. Mary Lou closed the meeting at 2:30 p.m..

Respectfully submitted,

A handwritten signature in cursive script that reads "Judith L. Lane".

Judith L. Lane, Secretary

MEDWAY COUNCIL ON AGING APRIL 14, 2015

The Council on Aging held its regular meeting on Tuesday April 14, 2015. John Wooster had an excused absence. Members in attendance included: Mary Lou Staples, Chairman, Vonnie Clark, Vice Chairman, Judy Lane, Secretary, Mary Anderson, Grace Rossetti, Nanette Glenney, Sari Krishna Khalsa, Charlene Saunders, Frank Saunders, and Paul DeSimone. Missy Dzikczek, Director of the Center represented the staff. Housing Rep present were Therese Kinnane and Grace Rossetti.

Mary Lou called the meeting to order at 2:00 p.m.

Vonnie made a motion to accept the March minutes. Charlene seconded the motion, which passed.

Missy gave the Treasurer's report. The budget account contains \$43,000+, the Executive Office for Elder Affairs' grant contains \$7700 and the general donations account has \$5000+. Charlene made a motion to accept the Treasurer's report, Judy seconded the motion. It passed.

Missy gave her Director's report. She will be meeting with Tom Holder on Thursday. She wants the front door to be fixed. She will learn what needs to be done while she waits for the insurance money to fix the front hall. She will inquire about getting a new roof and blown in insulation. The Monday and Tuesday lunch programs are doing very well. Attendance is increasing. We owe the Friends of Elders a thank you shout out for their generous donation toward initiating the program. The people who wish to participate in the Friday lunch program must sign up and prepay by Tuesday. It was suggested that Mary try to do one Friday lunch during the month of May. Wednesday lunches have seen declines. Therese will keep track of the numbers. Missy would rather we not have to cancel the Tri Valley lunches. There will be training for C.O.A. board members on May 19th at the Franklin Senior Center. Missy suggested that any member who has not had the training try to attend, Vonnie motioned that the board accept Missy's report, Frank seconded. The motion passed.

Therese reported that all is well at Lovering Heights. There are empty apartments available. Grace reported all is well at Mahan Circle.

Next month we'll need to appoint a nominating committee. Frank said Lucille from the Senior Medicare Patrol located in Lawrence, MA would be willing to speak to us about what scams have been plaguing seniors in the state. The sheriff would also like to make a presentation. Paul reported Camp Sunshine will be located at the Senior Center this summer. The governor is holding the money that was to be used to link Camp Sunshine with an autism program. Karen Spilka suggested we lobby for the money. There is a proposal to link Camp Sunshine with a local soccer program and build a new building somewhere on Oakland Park.. Missy will buy new shades for the door. Vonnie made a motion to close the meeting, Charlene seconded the motion which passed. Mary Lou adjourned the meeting at 2:30 p.m.

Respectfully submitted,

Judith L Lane,
Secretary

MEDWAY COUNCIL ON AGING SEPTEMBER 8, 2015

The Council on Aging held its regular meeting on Tuesday September 8, 2015. Members in attendance included: Mary Lou Staples, Chairman, Vonnie Clark, Vice Chairman, Judy Lane, Secretary, Mary Anderson, Grace Rossetti, Nanette Glenney, Sari Krishna Khalsa, Charlene Saunders, John Wooster, Frank Saunders, and Paul DeSimone. Staff members present were Missy Dziczek, Director of the Center and Kate Fennyery, Outreach worker. Housing Rep present was Therese Kinnane.

Mary Lou called the meeting to order at 2:00 p.m.

Missy introduced Kate Fennyery, our new outreach worker to the Council.

Grace made a motion to accept the minutes of the June meeting which Vonnie seconded. The motion passed.

Missy gave her Treasurer's report. We have \$119,000+ in the treasury, \$18,000+ in the state grant and \$4,000+ in the general donations account. Frank motioned we accept the treasurer's report which Mary seconded; the motion passed.

Missy's Director's report included the following. Nancy has been serving lunches Monday, Tuesday, Thursday and Friday. Missy requested that Tri Valley return to offer lunches on Wednesday. Tri Valley won't commit to returning until we guarantee them more than ten participants a week. Camp Sunshine worked out well. The children spent most of their time outside this summer. New programs include: weekly visits from new local assisted living facilities, memory classes, and speakers about dementia. She would like to continue Pauline's birthday party for those town's people ninety years old or older. Mary, Grace, Charlene, and Judy volunteered to work as a committee toward setting up the party. Missy would mail out the invitation. Kate has been busy working fifteen hours a week at the Center. Pauline is working twenty hours a week at the housing developments. Vonnie made a motion to accept Missy's report, Mary seconded the motion. It passed.

There was a problem between the poker players and the knitters this summer. The knitters were subjected to nasty language by the card players about territorial rights. Nanette feels the knitters deserve an apology. Missy will address the issue. We should post a Code of Conduct somewhere in the Center. If people treat others disrespectfully, they can be asked to leave.

Therese reported that all is well at Lovering Heights. Grace stated that everything is fine at Mahan Circle.

Vonnie made a motion to end the meeting. Frank seconded the motion. Mary Lou concluded the meeting at 2:30 p.m.

Respectfully submitted,

Judith L. Lane,
Secretary

MEDWAY COUNCIL ON AGING MEETING OCTOBER 13, 2015

Mary Lou Staples opened the meeting at 2:00 p.m. Those in attendance included: Mary Lou Staples, Chairperson, Vonnie Clark, Vice Chair, , Judy Lane, Secretary, Mary Anderson, Siri Krishna Khalsa, and John Wooster. Missy Dziczek, Grace Rossetti, Charlene and Frank Saunders, Nanette Glenney and Paul DeSimone had excused absences. Staff people present included Kathryn Bullock and Kate Fenney. Therese Kinnane was the housing representative present.

John made a motion to accept the Secretary's report; Vonnie seconded the motion. It passed.

Mary Lou read Missy's Treasurer's report. There is \$119,000+ in the treasury, \$15,000+ in the state grant, and \$4,000+ in the general donations account. John motioned that we accept the report which Judy seconded; the motion passed.

Missy's Director's report included: both Blue Cross and Harvard Pilgrim Health will be presenting Medicare discussions this month at the Center. She also lauded Mrs. Roy our SHINE representative for making Medicare more easily understandable. Missy updated our Senior Center Code of Conduct. After a discussion of the Code, a motion was made by Vonnie and seconded by Mary to accept said Code of Conduct. The motion passed. Mary made a motion to accept the Director's report; Vonnie seconded the motion, which passed.

Kate will check with the Medway Boy Scout troop to see whether the boys would shovel walks for Seniors (not driveways) this Winter. When questioned about the possibility of the Boy Scouts putting on a Thanksgiving dinner for the seniors, Kate stated she doubts they'll do it this year, but will check on the matter..

Therese reported that many new people have moved in to Lovering Heights.

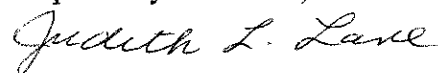
Kathy Bullock reported the Craft Group met during the summer in the Bingo Room while Camp Sunshine occupied the Craft Room. The Craft Group is growing. The long term craft projects included: two quilting wall hangings, a bluebird and a snowman, and a painting of the Wayside Inn stone mill. The ladies made seasonal favors to be delivered with Meals on Wheels.

Kathy's summer trips included: a PawSox game, a Portsmouth N.H. Harbor cruise, a tour of the Commonwealth Museum in Boston and a trip to Castle Island, a day trip to Martha's Vineyard, the annual Lobster bake and stop in Freeport, Maine, The Hall at Patriot Place, a Boston Harbor Cruise, and trips to two musical shows.

Mary Anderson reported she and Charlene have begun working on the birthday party for Seniors reaching their ninetieth birthdays (and beyond). The group would like to have the party in June. They have approached the Medway Café who will give us a favorable price to cater the event—more to follow.

Vonnie made a motion to conclude the meeting at 2:25 p.m. Mary seconded the motion, which passed. Mary Lou closed the meeting at 2:25.

Respectfully submitted,



Judith L. Lane, Secretary

MEDWAY COUNCIL ON AGING MEETING NOVEMBER 10, 2015

Mary Lou Staples opened the meeting at 2:00 p.m. Those in attendance included: Mary Lou Staples, Chairperson, Vonnie Clark, Vice Chairman, Judy Lane, Secretary, , Mary Anderson, Nanette Glenney, Charlene Saunders, Grace Rossetti, Siri Krishna Khalsa, and John Wooster. Frank Saunders and Paul DeSimone had excused absences. Staff person present was Missy Dziczek, Director of the Senior Center . Housing Representatives present were Therese Kinnane and Grace Rossetti.

Vonnie made a motion to accept the Secretary's minutes as read. Mary seconded the motion; which passed.

. Missy read the Treasurer's report. We began the month with more than \$97,000; the state grant contains \$12,500+ and the general donations' account has more than \$4,000. Charlene made a motion to accept the treasurer's report; Grace seconded the motion. It passed.

Missy's Director's report noted a Veterans' Day Breakfast will be held tomorrow. On Thursday, Nancy will provide a lunch for the town's veterans. The town's Neighborhood Brigade will provide Thanksgiving meals to seniors and other individuals in town, while the police department will provide Thanksgiving baskets to families. Lunches are currently served Monday, Tuesday, and Thursday at the center by Nancy. Barbara Vincent provides Wednesday lunches. Those who participate say the meals are very good. The building has been insulated and wires have been placed on the roof to eliminate last winter's ice dam problems. Kate has been working with those needing fuel assistance. Judy made a motion which Grace seconded that the Director' report be accepted. The motion passed.

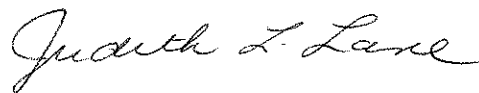
Nanette questioned whether the Code of Conduct we recommended had been posted . Missy will post it in a prominent spot in the Center.

All is well at Mahan Circle and Lovering Heights.

Vonnie made a motion; Charlene seconded the motion to close the meeting.

Mary Lou concluded the meeting at 2:30 p.m.

Respectfully submitted,

A handwritten signature in cursive script that reads "Judith L. Lane".

Judith L. Lane, Secretary