

MEDWAY COUNCIL IN AGING MEETING NOVEMBER 14TH 2017

Mary Lou opened the meeting at 2:03 PM. Those in attendance include Mary Lou Staples, Chairperson, Vonnie Clark, Vice Chair Person, Mary Anderson, Bill Caton, Paul DeSimone, Grace Rossetti, Charlene Tingley and Siri Krishna Khalsa. Judy Lane, Secretary, Ron Lane and Nanette Glenney were on an excused absence. Staff include Courtney Riley, Director, Kate Fenneyery and Marcia Lombardo. Guest Susan (Suzy) Affleck-Childs, Glenn Trindade and Rita Larrabee

Mary Lou Opened Meeting with moment of silence for John Wooster.

Glenn came thank Board for their support on Parks Project and let Board know it passed at Town meeting. He expects the work to start this summer.

Motion was made to accept Secretary's report (Vonnice) and was seconded (Grace). Approved.

Courtney read the Treasurer's report. We began the month with \$180,000+, have spent \$60,000 and have \$120,000 available. The State grant is at -\$5994.48. The new Elder Affairs contract is out and we will be receiving \$9.70 per senior (2003 amount of elders) for an amount of \$19,000+. Will be applying for this next month. Donation account is at \$ \$64,213.40. Vonnice made a motion to accept the report, Grace Seconded it, and it passed.

Directors Report: Courtney gave a brief overview of what the Open Space Committee Plan is and how it affects the Center and parking lots. Largest change is that the Sunshine Camp will have their own area and Center will have its own entrance off of Oakland St. Courtney than turned time over to Suzy.

Suzy was there as a representative of the Planning Board Master Open Space and Plan for town. Every eight years they update the plan, by asking question and reviewing the answers. Question 1: "What are some of your favorite open places in Medway for Parks?" Answer: Choate Park Trails, Oakland Senior Center. Suzy mentioned that on town website under open space there is a map that shows all the town trails Question 2: "Have any of you gone to the little trail by the Amphitheater??" Answer: Some of the Board remembered this area but have not walked it. Question 3: "Any Areas you think have problems?" Answer: Idle Brook is not easy to navigate. Question 4: "Any issues or concerns about the parks we do have??" Answer: Parking at Medway Community Farms is difficult. Question 5: "Any one thing you wish Medway had that we don't?" Answer: Public Swimming Pool. Question 6: "Are there any more concerns or ideas you have about Open Space areas or recreational areas?" Answer: Are trails going to be paved at parks? Suzy responded generally speaking not being paved.

Suzy than asked questions about Community Transportation Needs for this region. Question: What are some of the needs or concerns? Answer: Transportation on Friday would be nice. Courtney responded by saying currently there is no van on Friday as Town Facility building are open half day. So people would not have rides after noon. Board member said would like to see a Van (instead of a bus). Question: Many people who have appointments after 1 PM what do they have transportation? Courtney responded by saying Center always try best to transport all seniors to appointments, just ask people to keep in the AM so drivers are not waiting around for appointments. However, does not mean they won't receive transportation after 1:00 PM. Question: Is there a need for Sunday Driving? Courtney respond saying they have not heard of this need. Question: Is there a need to Food pantry driving? Suzy than update about some changes taking place in town. That Country Cottage Day care will be relocating further up the road. That O'Reilly Auto parts will being moving into 109 shopping mall area. Traffic lights

will be added at the plaza across for the mobile station. They will be adding a direct entrance to Choate Park.

Courtney closed the Director report by giving another update on Kitchen timeline. Vonnie approved Directors report Siri Krishna seconded.

Outreach: It has been a very busy and productive fall season with the Outreach Department. In August, Marcia and I received training and we are now both "Certified Dementia Practitioners". In September we coordinated a trip to the State House, hosted by Representative Roy and Senator Spilka, with the help of Representative Roy's assistant and Medway resident Ryan Arego. We also coordinated 4 really great lectures this fall, including : 1) "Healthy Eating on a Budget", presented by Julie Ferrer, Nutritionist with the Milford Hospital 2) "Hearing Loss", presented by Jonathan O'Dell, technology specialist with the Mass Commission for the Deaf and Hard of Hearing 3) "Be a Good Ancestor", presented by genealogist Seema Jayne certified from BU and 4) "JFK at 100", presented by Dr. Gary Highlander, professor of history at Framingham State College.

We have also been very busy this fall in assisting people with outreach needs, including home visits, applications for heating assistance, mass health, food stamps and referrals to such agencies as Tri-Valley, WIC, New Hope/Domestic Violence Advocates and the RSVP program that assists Veterans with transportation. We have also worked with the Medway Board of Health and the Police Department, to assist with cases of homelessness and/or cases of concern.

Marcia and I have also attended several conferences this fall, including the MCOA conference, a program on intergenerational programming, a hoarding lecture and a lecture on homelessness. We also sought out instruction from the Milford Housing Authority on Section 8 Vouchers and Family Housing and we learned how to complete paperwork to assist people with these applications.

In October Marcia and I, along with our colleagues, were trained and are now CPR certified.

Upcoming: In November Marcia will again be coordinating the Veteran's project, where we connect Veterans with High School students, to record their stories and present them at a special event before Veteran's day.

Housing: Rita came from Housing to update the Board. She said everything is good. She also mention that she does not know why more people from housing don't come to the Center, but it's not because they are not aware of programs.

Motion was made and seconded to close the meeting. Mary Lou closed the meeting at 3:12 PM

Respectfully Submitted

Courtney Riley