

Dark Sky
Astronomical
Wonder





Or not

80% of Americans cannot see the Milky Way from their homes

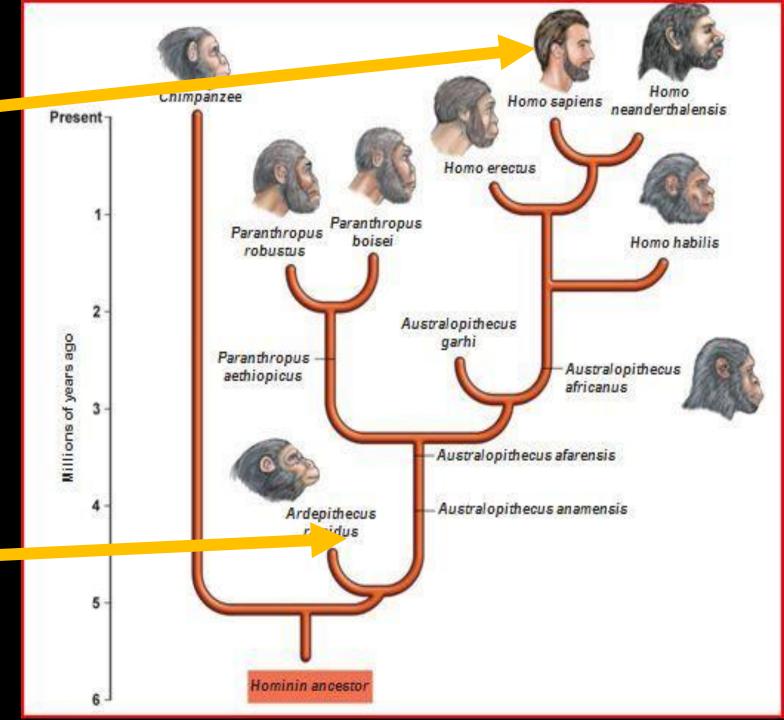
Thomas Edison – 1878

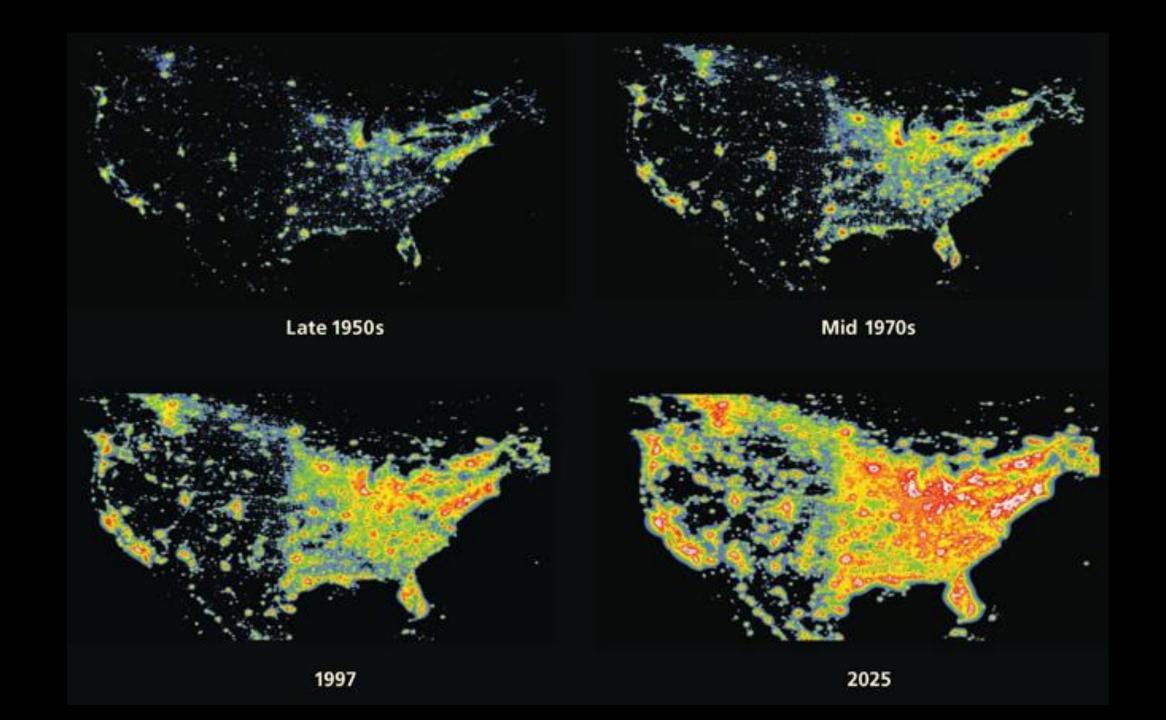
Sir Humphry Davy - 1802



Science







Artificial Light at Night Affects Dark Sky

Light Pollution

Human-caused, brightening of the night sky

Photons where they aren't intended

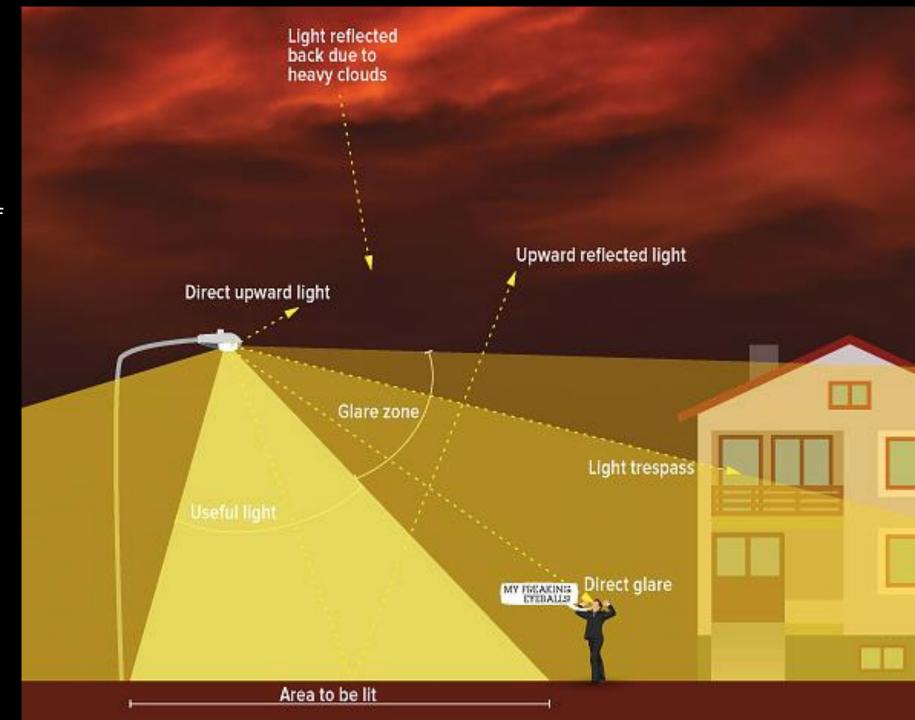
Light Trespass

Clutter

Reflected Light

Glow

Glare



How Light Polluted is Alta?



We measure light pollution using the Bortle Scale

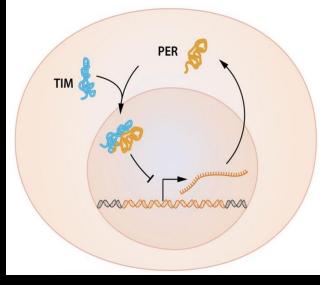
Dark skies matter for human health

Beginning to understand how this matters

NEWS | UNITED STATES 2 OCTOBER 2017

Nobel Medicine Prize goes to Hall, Rosbash and Young

Three US geneticists' discoveries identified genes that set 'circadian clock' which regulates sleep and eating patterns.



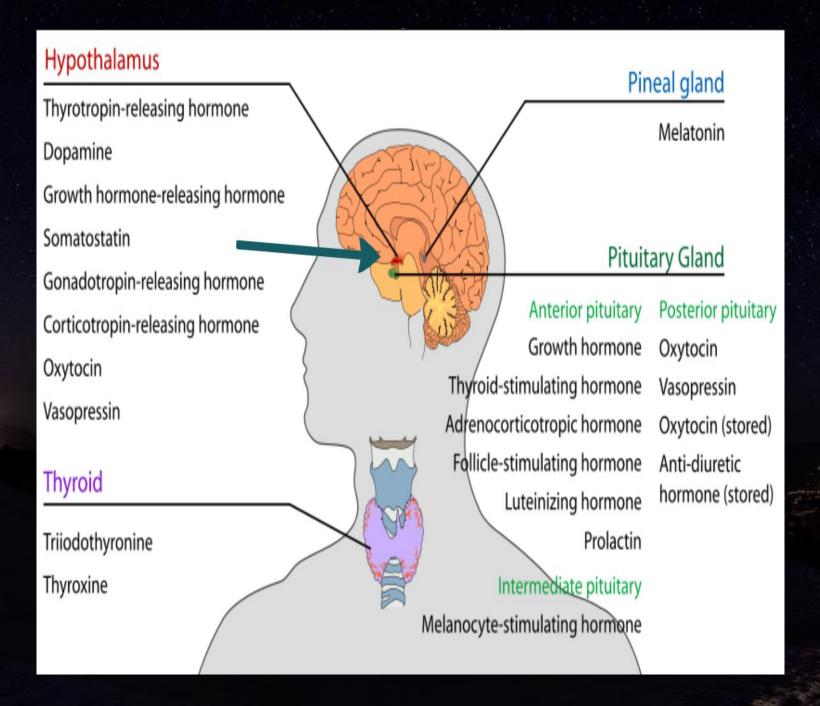






Hall, Rosbash, Young

Credit: Chinese University of Hong Kong, Chinese University of Hong Kong, Mario Margado/Rockefeller University



Human Health

Sleep Wake Cycle

Depression and Anxiety

Breast Cancer

Heart Disease

Blood Pressure



Fact or Fiction? More Lighting = Safer Places



Myth

Reality





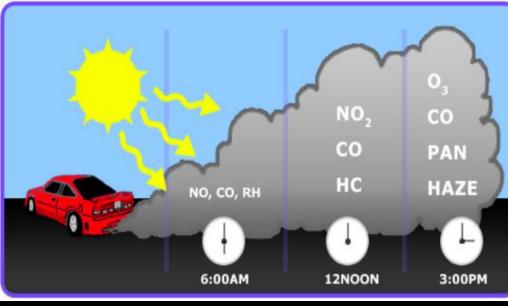
Problems With Black Out Curtains

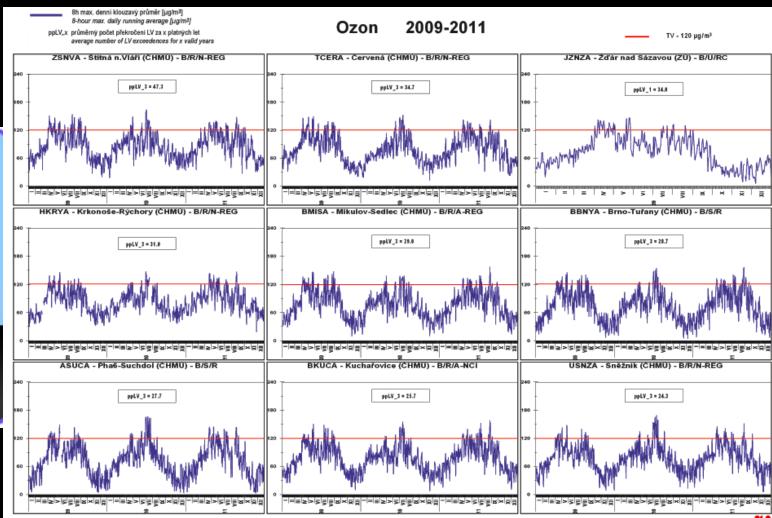


Dark skies matter for air quality



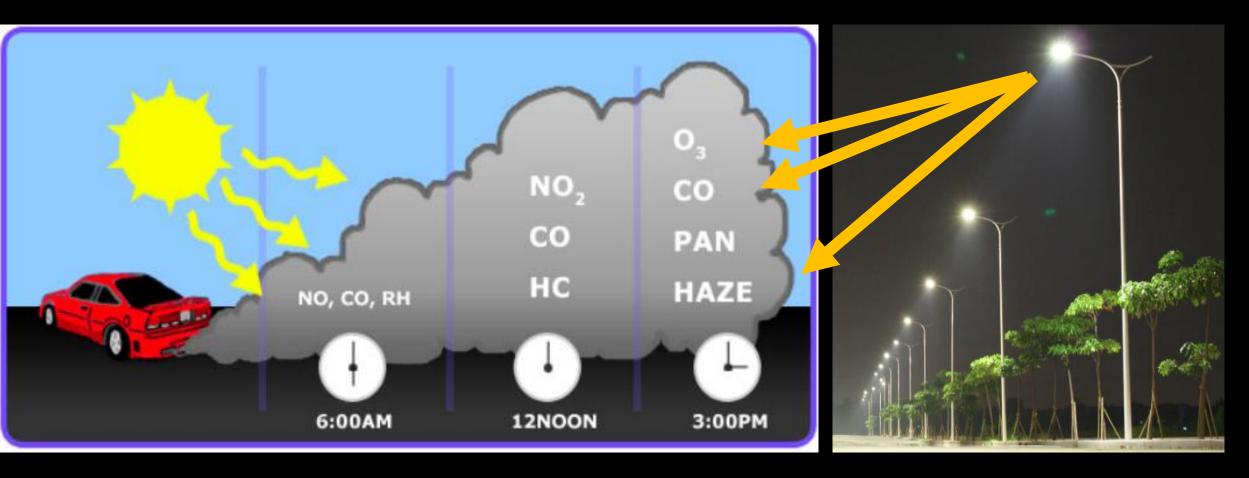
Air Quality Effects





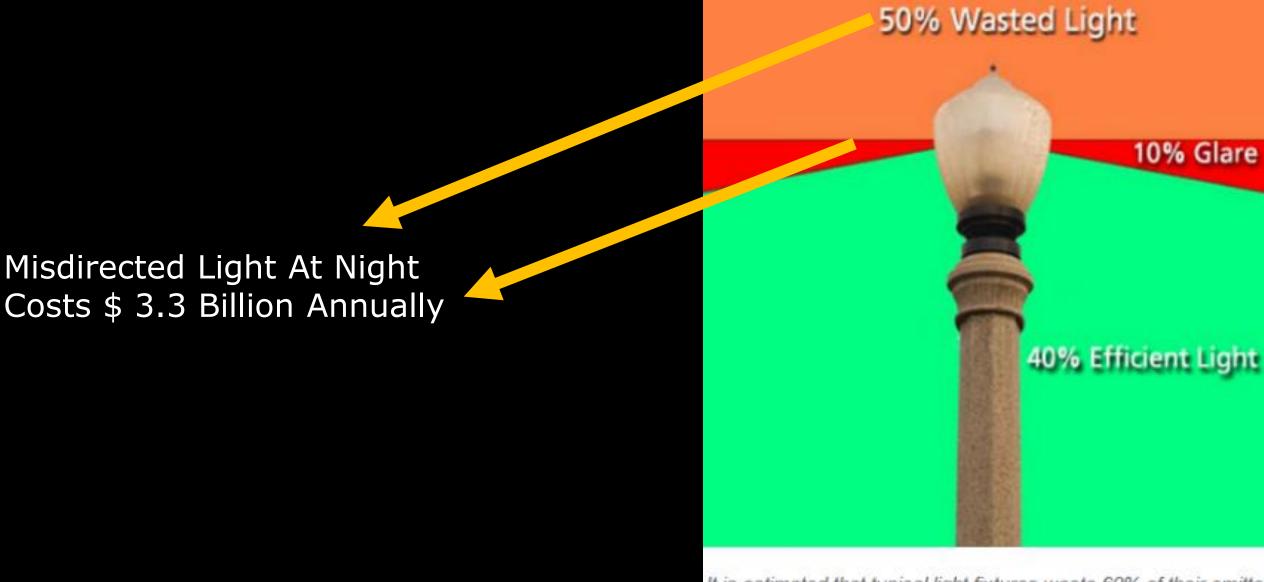
Photochemical smog usually "cleans up" at night.

But With Artificial Light...



Photon input around the clock = decreased air quality

Dark skies matter for fiscal responsibility



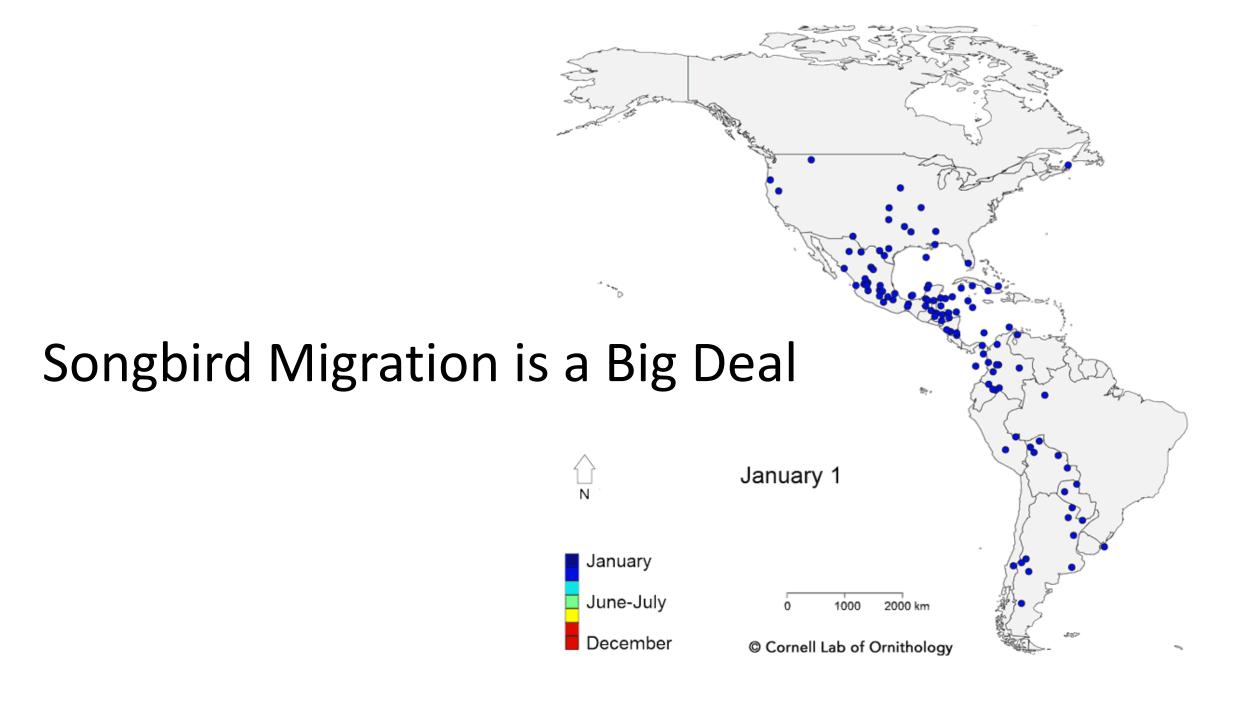
It is estimated that typical light fixtures waste 60% of their emitted light.

Tyler Nordgren, University of Redlands

Dark skies matter for nature

Time to Talk about the Birds!

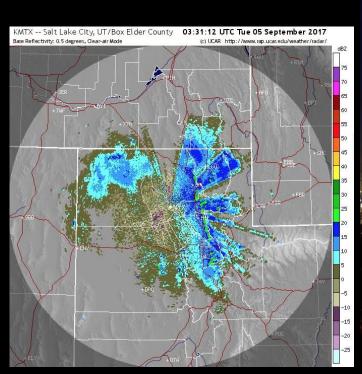




2/3 of Songbirds Migrate at Night



Cities and Lights Get in Their Way They Get Confused







Light Confusion Kills ~ 1 billion Songbirds in North America





Other
Elements
of Nature

Photo by Fraser Clarke

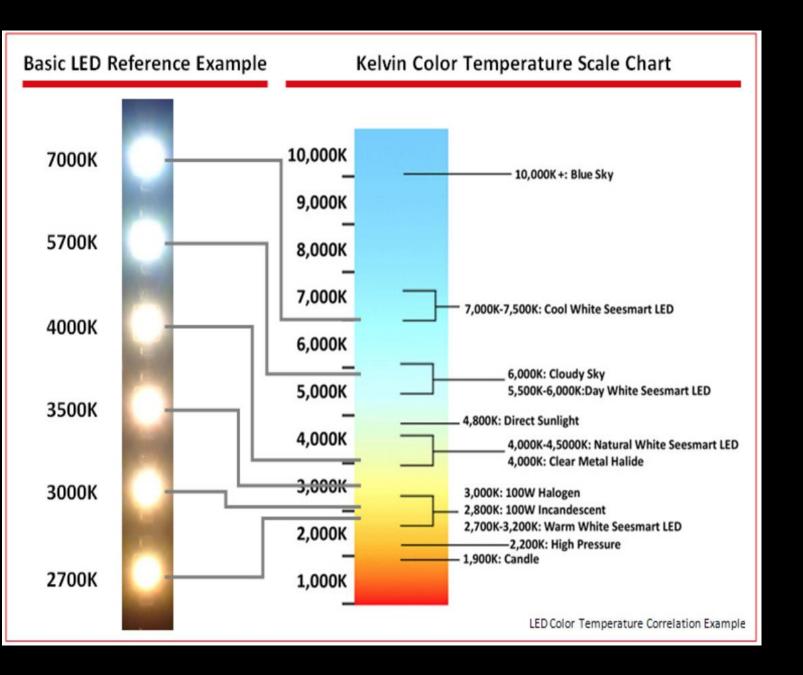
Nocturnal Wildlife



Food webs are complex. Impacts are hard to predict.



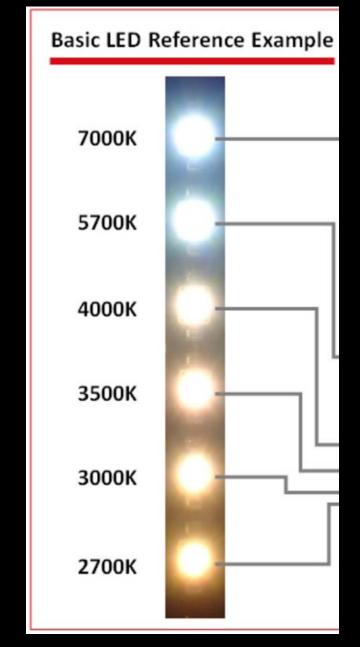




Artificial Light at Night + Caring for the Dark Sky

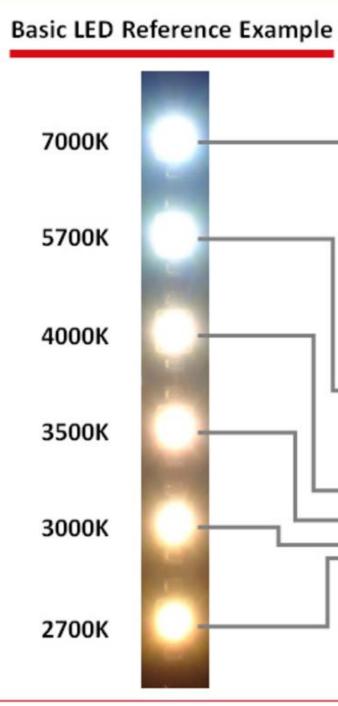
Lights Below 3000K are Best





Blue Light is Not So Good





What are Important Lighting Considerations for Dark Sky?

Lights should be

Warm White (color temp. below 2500 K)

Only on When Needed

Motion Sensing

Fully Shielded

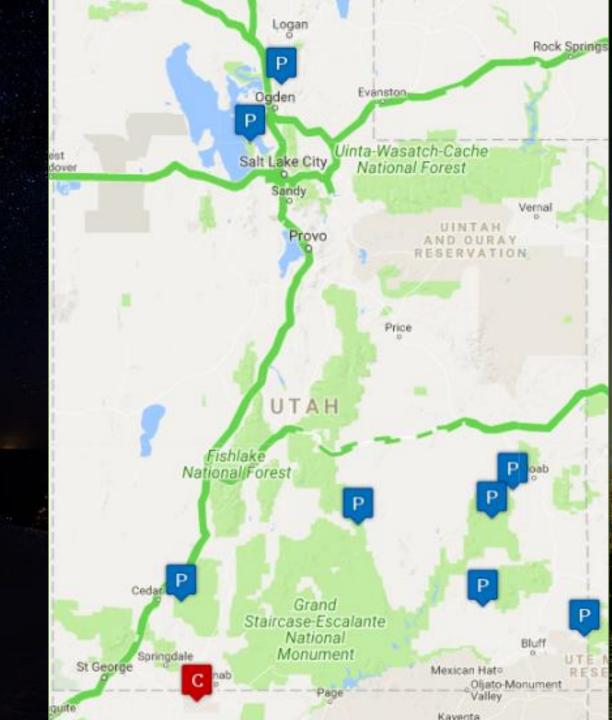
Advanced Controlled / Dimming



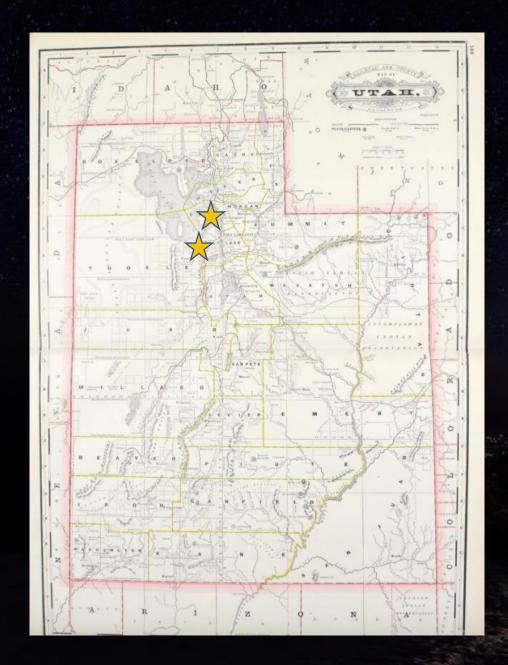
AWE of Dark Sky is Good for Us



Utah is An Important Dark Sky Place



Two
Dark Sky
Urban
Adjacent
Dark Sky
Parks



North Fork Park (Eden, Utah)

Antelope Island State Park

