



Dangerous Heat Continues

August 24, 2023
3:36 AM

Combination of near-record temperatures and humid conditions

Maximum Heat Index Forecast

	8/24 Thu							8/25 Fri							
	3am	6am	9am	12pm	3pm	6pm	9pm	12am	3am	6am	9am	12pm	3pm	6pm	9pm
Dodgeville	79	87	102	107	107	99	85	73	70	70	77	85	87	85	73
Wisconsin Dells	85	90	103	107	105	97	83	72	69	70	77	86	87	86	74
Monroe	87	87	103	109	110	102	88	76	72	71	77	85	87	86	75
Madison	90	91	103	110	110	103	89	75	71	70	77	84	87	86	76
Montello	73	76	99	105	102	96	79	71	68	69	77	84	85	85	74
Janesville	89	90	106	111	111	105	88	74	70	70	77	84	87	86	75
Beaver Dam	78	79	102	107	107	96	77	71	69	69	74	82	84	83	74
Watertown	87	91	106	110	111	102	79	71	69	69	75	79	84	83	74
Fond du Lac	73	75	93	99	97	89	76	70	68	69	75	79	84	83	73
Lake Geneva	89	90	105	111	111	106	79	71	68	70	77	85	85	79	73
Waukesha	88	90	105	111	110	97	75	70	68	69	76	84	83	79	73
West Bend	74	76	100	106	103	92	73	68	67	68	75	79	82	78	71
Milwaukee	76	79	95	99	97	79	73	71	69	72	76	78	78	77	73
Port Washington	70	71	77	79	79	75	70	69	68	69	74	75	75	74	70
Kenosha	79	87	99	105	102	90	74	71	69	71	76	76	76	74	71
Racine	78	87	97	102	99	79	72	70	69	72	76	76	76	74	72
Sheboygan	68	69	72	74	75	71	70	69	67	69	74	76	76	73	71

HEAT EXHAUSTION

- Faint or dizzy
- Excessive sweating
- Cool, pale, clammy skin
- Nausea or vomiting
- Rapid, weak pulse
- Muscle cramps

HEAT STROKE

- Throbbing headache, confusion
- No sweating
- Body temperature above 103°
Red, hot, dry skin
- Nausea or vomiting
- Rapid, strong pulse
- May lose consciousness

- Get to a cooler, air conditioned place
- Drink water if fully conscious
- Take a cool shower or use cold compresses

CALL 9-1-1

- Move person to cooler place
- Cool using cool cloths or bath
- Do not give anything to drink

Heat Advisory

**Daytime Heat Indices of
100°F or higher.**

- or -

**If daytime Heat Indices are
expected to be 95°F to 99°F
for 4 consecutive days.**

Excessive Heat Warning

**Daytime Heat Indices $\geq 105^\circ\text{F}$,
and/or when nighttime Heat
Indices of $\geq 75^\circ\text{F}$ for at least a
48-hour period.**

- or -

**If daytime Heat indices of 100-
104°F are expected for 4 or
more consecutive days.**



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Hot Weather Expected through Today

NWS Heat Safety Page | www.weather.gov/safety/heat, CDC Extreme Heat Safety | www.cdc.gov/disaster/extremeheat

FEMA Ready Extreme Heat | www.ready.gov/heat, Local Forecast Information | www.weather.gov/forecastpoints

Why is Excessive Heat so Dangerous?

- Heat becomes especially dangerous if it lingers for more than one day.
- Hot days and warm nights don't give our bodies time to cool down.
- Heat islands can intensify extreme hot weather, which can cause breathing problems, heat cramps, heat stroke, and may lead to illness or even death.

What can You do?

- Check on your friends, family and neighbors during heat waves.
- Wear light, loose-fitting clothing and drink water often. Don't wait until you are thirsty.
- Avoid unnecessary hard work or activities if you are outside or in a building without air-conditioning.
- Stay in an air-conditioned area. Air conditioning is the strongest protective factor against heat-related illness.

HEAT WARNING

NWS

