

KIDS' HEALTH CONNECTION

Presented by the Hales Corners Health Department
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COVID-19 Update

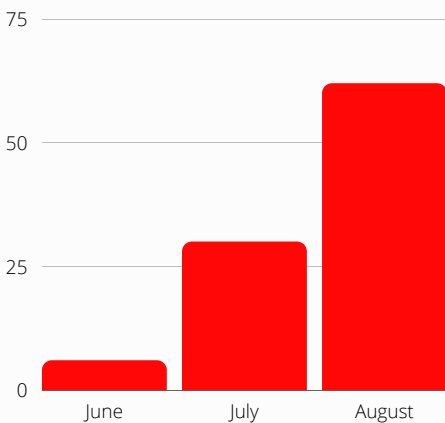
Like the rest of the world, The Hales Corners Health Department continues to respond to the COVID-19 pandemic. Positive cases continue to rise in Hales Corners and unfortunately we are seeing an uptick in the number of kids testing positive. Even though COVID fatigue has set in, let's continue to stay vigilant in our health and safety practices.

We recommend the following best practices:

- Those 12 and up who are medically able should be vaccinated
- Wear a mask indoors regardless of vaccination status
- Be diligent in hand washing
- When gathering, choose outdoor settings
- Maintain social distance (6 feet) from individuals outside your household

For up to date COVID-19 information visit <https://www.dhs.wisconsin.gov/>

COVID-19 Cases in Hales Corners



Where to get vaccinated or tested?

To find options for vaccination and/or COVID-19 testing locations go to:

www.healthymke.com

What is Influenza (Flu)?

COVID-19 has caused a lot of respiratory illnesses this year but the Flu is still around. The flu is a contagious respiratory illness caused by influenza viruses that infect the nose, throat, and sometimes the lungs. Flu symptoms include:

- Fever or feeling feverish/chills
- Cough
- Sore throat
- Runny or stuffy nose
- Muscle or body aches
- Headaches
- Fatigue

If you have flu symptoms:

- Stay home when you are sick. If possible, stay home from work, school, and errands when you are sick. You will help prevent others from catching your illness.
- Avoid touching your eyes, nose, or mouth. Germs spread this way.
- Clean and disinfect surfaces or objects. Clean and disinfect frequently touched surfaces at home, work or school, especially when someone is ill.

The best way to prevent flu is by getting a flu vaccine each year. For more information on the 2021/2022 flu vaccine visit <https://www.cdc.gov/flu/season/faq-flu-season-2021-2022.htm>



Family Fall Checklist

- Stock up: Include hand sanitizer, masks and tissue in your back to school supplies.
- Plan: If your child needs to stay home because of illness or quarantine, who will take care of them and where?
- Communicate: Let your child's teacher and school know about any health related conditions.
- Vaccinate: Make sure your family is up-to-date on all routine vaccinations.
- Schedule: Stay on top of routine health visits and well child check ups.
- Chat: Talk to your kids about important issues such as; mental health, bullying, and the dangers of drug and alcohol use.

Community Health Assessment

The Health Department wants you to share your voice on the health of our community. If you live, work and play in Hales Corners, share your voice as we start planning for the next Community Health Improvement Plan (CHIP).

Responses will be kept confidential and will help determine which areas we should focus on for the next 5 years.



Take the 10 minute survey using one of the links below

tiny.one/HCSurvey

-or-

halescorners.org

-or-

