

LLSTONE TOWNS Newsletter

DECEMBER 2018

2018 TOWNSHIP COMMITTEE

Gary Dorfman - Mayor Nancy Grbelja - Deputy Mayor

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Mike Kuczinski

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HIGHLIGHTS FROM THE TOWNSHIP CLERK'S OFFICE:

2019 DOG LICENSES: All dogs are to be licensed each year 7 months or older. The 2019 Dog Licenses can be purchased at the Municipal Building between 8:30 a.m. and 4:00 p.m. Monday through Friday in the Municipal Clerk's Office, Room 105 starting January 2, 2019. You may also mail your fee along with proof of rabies and neutering/spaying to 470 Stage Coach Road, Millstone Twp., NJ 08510. Neutered/Spayed dog fee is \$12.00 and Non-Neutered/Non-Spayed dog fee is \$15.00. A late fee of \$10.00 PER DOG goes in effect May 1, 2019 for all residents who have not renewed their dog's license for the current year.

RABIES CLINIC: Millstone Township will be holding a FREE Rabies Clinic on Saturday, January 19, 2019 from 1:00 - 2:00 p.m. at the Department of Public Works Garage located at 899 Perrineville Road. For more information call 732-446-7414.

RECYCLING DATES: December 5 & 19; January 2, 16 & 30

IMPORTANT ELECTION INFORMATION FOR **REGISTERED VOTERS IN DISTRICTS 3, 4, 5 & 6:**

Effective with the June 4, 2019 Primary Election, Districts 3, 4, 5 and 6 polling location will move from the Millstone Primary School to

Wagner Farm Park. Wagner Farm Park is located at 4 Baird Road at the corner of Woodville Road (County Route 527A and Baird Road). In early 2019, registered voters in Districts 3, 4, 5 and 6 will receive a letter from the Municipal Clerk's Office advising of this change.



MUNICIPAL OFFICES CLOSED:

December 24th - Day before Christmas December 25th - Christmas Day January 1st - New Year's Day January 21st - Martin Luther King Day in the second constitution of the second constit

Township Committee Reorganization Meeting will be held on January 2, 2019 at 7:00 p.m. at 215 Millstone Road

TOWNSHIP CLERK REPORTS HIGHLIGHTS OF RECENT TOWNSHIP COMMITTEE ACTIVITY: RESOLUTIONS ADOPTED:

- Approval to Submit a Grant Application and Execute A Grant Agreement With the New Jersey Department of Transportation for "Improvements to Disbrow Hill Road From Perrineville Road (Millstone Twp., Monmouth County Route 1) to North Perrineville Road (Monroe Township)
- · Approval to Submit a Grant Application and Execute a Grant Agreement With the New Jersey Department of Transportation for "Improvements to Nurko Road From Borough of Roosevelt to Imlayston Road (Township Of East Windsor)
- Payment of Vouchers for 10/17/18
- · Memorializing Agreement with the Millstone Township Board of Fire Commissioners Regarding SFSP
- · Agreement with Monmouth County Board of Chosen Freeholders to Provide Special Citizen Area Transportation Service
- · Authorizing Disposal of Surplus Property
- · Authorizing the Appointment of Individual to Perform Duties of a Municipal Court Administrator when the Municipal Court Administrator or Violations Clerk are Unavailable
- Transfer Funds on Current Year Appropriations #1
- · Appointing Temporary UCC Plan Official
- Authorizing Interlocal Shared Services Agreement with Monroe Township for Disbrow Hill Road Improvements
- Payment of Vouchers for 11/07/18

PLANNING BOARD 9-12-18 MEETING CANCELLED PLANNING BOARD 10-10-18 MEETING CANCELLED **BOARD OF ADJUSTMENT 10-24-18 MEETING**

Approval of Meeting Minutes: September 26, 2018 **Resolution:**

Z18-02 Noreika, Charles - Block 50, Lots. 1.01, 1.02, 1.03 & 2 located at Paint Island Spring Road and Millstone Roads consisting of 30.1 acres located in the R-80 zoning district. Applicant seeks Use ("D") variance on Lot 1.05 to increase number of commercial buildings with one (1) residential apartment upstairs. Gross Floor area of commercial space requested 9,950.00 s.f. with 6,200 s.f. for relocation of current business and office space. Parking spaces reduced to 63, no variance needed. Project is less than 2,000 gdp, no TWA needed. Variance needed for lot coverage on Lot 1.05. On Lot 1.04, variance needed for front yard setback for existing dwelling, variance also needed for side yard setback for an existing shed. Applicant seeks Preliminary and Final Subdivision approval to construct 8 new residential lots and one stormwater management lot. Deemed Complete 6-27-18. Date of Action: 10-25-18. Noticing required. Heard on 6-27-18 and 9-26-18. Application denied.

Z18-06 Goyanes, Elena Block 36.01, Lot 14.18 located at 2 Beacon Hill consisting of 4.09 acres in the R-80 Zoning district. Applicant seeks bulk variance relief to construct a swimming pool, fence and shed wherein parcel has three front yards. Deemed Complete 10-9-18. Date of Action: 2-16-19. Noticing required.

Application approved with conditions.



BECOME A MEMBER OF THE HISTORIC PRESERVATION COMMISSION

We are looking for potential members to join our Commission. If you are interested in history, heritage, research and education, then complete a Talent Bank Application located on the Township's website or in the Municipal Offices.



CHRISTMAS TREE PICK UP Please have trees out **PRIOR to January 14th** No Artificial trees, wreaths, trimmings or lights • Please place the tree at curb side, next to your driveway Only one pass will be made on each road No exceptions! For more information, please call the **Department of Public Works** at 732-446-6774





ADULT RECREATION **PROGRAMS**



Adult Volleyball	\$40.00			
Adult Soccer	\$40.00			
Men's Basketball	\$80.00			
All programs are held in Millstone Township Schools.				
Dates, times and locations vary.				

For a complete schedule, go to the Recreation Department website: www.millstonerec.org

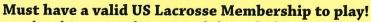


Girls 1st - 8th • Boys 2nd - 8th



REGISTRATION FEE:

Girls 1st - 2nd \$90 Boys 2nd - 8th and Girls 3rd - 8th \$140



This membership cannot be acquired through the recreation office. Become a member ONLY through www.uslacrosse.org The cost is an additional \$30 which must be renewed annually! Proof of membership is required prior to registering.

REGISTER ONLINE AT: www.MillstoneRec.org



IDEAS ALWAYS WELCOME

If you have an idea about a recreational activity that you would like to see implemented in Millstone, feel free to reach out to the Recreation Department at:

Recreation@millstonenj.gov

VISIT: WWW.MILLSTONEREC.ORG To see all the different programs available to Millstone Residents

RECYCLING

Official Notice: To Residents and Businesses of Millstone Township

Recycling is mandated by the State, County and Municipal Statutes.

Millstone Township must continue to recycle to meet aggressive recycling goals set by the State and County. As the Recycling Coordinator of the Township, my responsibility is to continue to strive to meet those goals by aggressively enforcing Township ordinances. Random inspections within the Township resulted in citations being issued for lack of compliance with Chapter 19, SOLID WASTE MANAGEMENT, of the Revised General Ordinances, Township of Millstone. Some brief passages from this section follow:

It shall be mandatory for all persons, who are owners, lessees, or occupants of residential property, to separate newspapers, glass bottles and jars, tin and bi-metal cans, plastic containers, aluminum cans, corrugated cardboard and electronics as hereafter defined from all other solid waste produced by such residence for collection and ultimate recycling of materials.

Solid waste: Solid waste shall mean and include all garbage and rubbish normally produced by the occupants of commercial, industrial and residential property and disposed of by private or public pick-up.

Proof of collection service: Proof of collection service shall mean a written record, log, bill or document evidencing receipt of service for the collection of solid waste for the preceding month from a person lawfully engaging in private solid waste collection services within the Township.

Violations and penalties: Any person, firm or corporation who violates or neglects to comply with any provision of this section or any rule or regulation promulgated pursuant thereto, shall be liable to the penalty stated in Chapter I, Section 1-5. (Fines could be as much as \$2,000.00 for non-compliance)

Note: Court appearance may be required for summons.

I urge you to continue to do your part in keeping Millstone Township clean and to show that we are an "Environmentally Concerned Community".

Dan Specht, Recycling Coordinator 732-917-2955

- Please place curbside on recycle days only before 5:00 AM
- Trash Hauler cannot pick up recyclables with trash.
- Recycling complaints / missed pick-up: Call Central Jersey Waste & Recycling, Judy Mavhue at 609-771-8005
- Corrugated cardboard is a designated recyclable.
 All cardboard must be placed curbside on designated recycling day.
- Monmouth County Reclamation Center is located at 6000 Asbury Avenue, Tinton Falls, NJ 07724. By appointment only call 732-683-8686.
- Monmouth County Household Hazardous Waste is located at 3211 Shafto Road, Tinton Falls, NJ 07724. The telephone # is 732-683-8686 (Press #1 and follow prompts).

MILLSTONE TOWNSHIP 2019 Recycling Collection Dates Every 2 weeks beginning 1/2/2019 **WEDNESDAY JANUARY** 2 16 30 **FEBRUARY** 13 27 **MARCH** 13 27 APRIL 10 24 MAY 8 22 JUNE 5 19 JULY 3 17 31 **AUGUST** 14 28 **SEPTEMBER** 11 25 **OCTOBER** 23

6

20

4

18

NOVEMBER

DECEMBER



THE TOWNSHIP OF MILLSTONE

For the convenience of the residents, the Recycling Center located at the Department of Public Works, 899 Perrineville Road, is now opened additional days during the week and will continue to be opened on the weekends.

Tuesday/Thursday: 11a.m. - 3 p.m. Saturday/Sunday: 8 a.m. to 1 p.m.

Closed on Christmas Day and New Year's Day

Items that are accepted at the Recycling Center are:Newspapers, magazines, cardboard boxes (MUST be flattened)



RECYCLE means to process old, used items in order that the material can be used to make new products. Examples of things that are often recycled are glass bottles and jars, plastic bottles, newpapers, aluminum cans and mixed papers.

REDUCE refers to lessening the amount of items or resources that are consumed, using only the amount that is needed, and looking for alternatives that will lessen our use.

REUSE means extending the 'life' or reusing an item rather than discarding or throwing it away.

What is SINGLE STREAM RECYCLING?

Single Stream Recycling reduces collection costs, permitting use of single-compartment trucks and automated handling of fewer, larger containers. Reduced sorting encourages residents' participation and may generate more materials. However, increased processing costs reduce the value of the collected materials and, without clear guidelines for those generating the recyclables, may increase contamination by unsuitable and food contaminated products (more residual waste created during processing). Please review the list of permitted recyclables to enter the single stream process. Workers for Millstone's Recycling Yard are going to be more vigilant with turning away non-recyclable items.

MANDATED RECYCLABLES



Bottles & Cans

Aluminum Cans: DO NOT INCLUDE FOIL, PIE TINS, TRAYS, COOKWARE

Tin & Bi-Metal Cans Glass Bottles & Jars:

DO NOT INCLUDE DISHWARE, LIGHT BULBS, CERAMICS, WINDOW GLASS, MIRRORS

Plastic "Pourable Containers": Neck of bottle smaller than body, #1 #2 ONLY **Remove Caps prior to recycling.**

Be careful to completely empty any container used for automotive fluids. Any leftover chemicals in containers can be disposed (call 732-683-8686 for appointment) at the Household Hazardous Waste Facility.



Newspapers

Newspapers and any inserts that come with the paper. DO NOT INCLUDE ANY NEWSPAPER USED FOR PET WASTE OR HOUSEHOLD PROJECTS



Corrugated Cardboard

Waffle section between layers. DO NOT INCLUDE FOOD CONTAMINATED CARDBOARD (e.g. pizza boxes) OR WAXED CARDBOARD. Flatten boxes.



Mixed Paper

Includes: letterhead, colored and white paper, junk mail, soft cover books, chipboard (e.g. ce-

real boxes). DO NOT INCLUDE FOOD WRAPPERS, PAPER CUPS OR PLATES OR ANY OTHER PRODUCT USED FOR FOOD OR PERSONAL HYGIENE. NO HARDCOVER BOOKS (UNLESS COVER & BINDER IS REMOVED)



Leaves and Grass Clippings

DO NOT DISPOSE WITH HOUSEHOLD TRASH. Grass clippings can be left on the lawn, added to compost piles, or brought to special drop-off at county landfill (for a fee).



Car Batteries & Motor Oil

Car batteries can be brought to a scrap yard. Motor Oil can be brought to Monmouth County Household Hazardous Waste Facility (call 732-683-8686 for ap-

pointment) or local service stations. Most common household batteries (A, AA, AAA, C, D, 9 Volt) **can be disposed in regular trash**. However, rechargeable bateries should be brought to retail store drops offs (check www.rbrc for locations). Silver "button batteries" should be returned to municipal or county sponsored drop offs. Millstone Township's Municipal Building located at 470 Stage Coach Road has a receiving bin for "button batterries" only, NO OTHER BATTERY TYPES WILL BE ACCEPTED.



Bulky Recyclables

Tree Parts (limbs, branches, trunks) can be brought to the Municipal Brush pile during drop-off events. See Millstonenj.gov for dates. NOTE: Stumps, roots,

vines and leaves are not accepted on site.



Computers/Electronics Recycling Drop-Off

Free drop-off bin located at rhe Recycling Center during normal recycling center hours.

HOW TO KNOW IF YOUR KID IS VAPING MARIJUANA AND WHAT TO DO ABOUT IT



One of the best resources for parents who want to stay on top of current drug trends and how to have important conversations with their children about their concerns and family rules regard ing substance use is The Partnership for Drug-Free Kids (www.drugfree.org). They are on top of the latest trends and

provide research based information and resources, as well as great advice for parents.

One of the trends they are following is E-cigarettes and Vaping. E-cigarettes, vaporize nicotine rather than burn tobacco. These have revitalized the tobacco industry by eliminating smoke and with it the carcinogens and lung irritants. E-cigarettes effectively deliver nicotine, which many people don't realize, and can cause or sustain nicotine addiction. E-cigarettes are safer than smoking tobacco but they are far from safe.

A recent article posted on their website highlighted how "vaping" is transforming the marijuana industry by delivering tetrahydrocannabinol (THC), the psychoactive chemical in marijuana, without smoke. Vape pens are the preferred mechanism for this type of marijuana use and vaping is the preferred term. "E-cigarette" is not used to describe this use, because it carries the negative associations with tobacco cigarettes while "vaping" carries no similar stigma. If you don't think that "Big Tobacco" is behind the push for marijuana legalization – guess again.

The word "vape" is new and chic and named "word of the year" by the Oxford Dictionary in 2014. If they were picking a word today, it would more likely be JUUL or Juuling, the wildly popular "stealth vape" of adolescents. Juuling kids are vaporizing flavored e-juices with nicotine, but what about vaping marijuana?

According to Monitoring the Future, an annual survey of nearly 50,000 adolescents, 3 percent, 8 percent and 10 percent of 8th, 10th, and 12th graders respectively had vaped marijuana in 2017.

According to a study published by the American Academy of Pediatrics, e-cigarettes use may lead to marijuana initiation. Their research shows that e-cigarette use may be a marker of risk-taking behaviors, and that e-cigarette users are more likely to smoke cigarettes and drink alcohol, which are associated with marijuana use.

There is also the concern that vaping nicotine, which is in Juuls and many other vaping devices, may pave the way to other substance use problems in the developing adolescent brain. Aggressive marketing in states where marijuana has been legalized may also contribute to increased curiosity about marijuana while at the same time reducing its perceived harm. Most teens today think that recreational marijuana is legal everywhere due to aggressive marketing and its presence on social media.

FIRST THINGS FIRST - HOW IS MARIJUANA VAPED?

While many young "vapers" say they inhale flavored liquids like Gummy Bear, German Chocolate Cake and Cotton Candy, youth can vaporize marijuana – either the ground plant itself, waxes often referred to as dabs, or THC and CBD oils. Selling equipment to vape marijuana in its leaf, dab or oil form is a booming business, with these items being available at any local vape shop already in many towns. One popular vaporizer, Pax 3, is described as the "I-Phone" of vaporizers, and includes a free Android or iOS app to control temperature, play free games, manage firmware and lock the device. In California, a company called EAZE sells disposable all-in-one marijuana vape pens and cartridges. Flavors include Blueberry Kush, Lemon OG and Mango Passion Fruit. They market these as wellness products with advertising that reads, "Hello Marijuana, Goodbye Insomnia" or "Hello Marijuana, Goodbye Hangover."

The Juul can also be used to vape marijuana, but the device has to be hacked in order to use it with THC oils and, as with most things, there are YouTube videos demonstrating how. There are also companies making pods that fit a Juul, so a THC oil pod may be in the future.

Marijuana is used recreationally and medicinally, so what's the big deal for adolescents and young adults?

According to the CDC, marijuana use may have long-lasting or permanent effects on the developing adolescent brain. Negative effects include:

- Difficulty with critical thinking skills like attention, problem solving and memory
- Impaired reaction time and coordination, especially as it relates to driving
- Decline in school performance
- Increased risk of mental health issues including depression or anxiety and in some cases, psychosis where there is a family history of it
- Research also shows that about one in six teens who repeatedly use marijuana can become addicted, as compared to one in nine adults

It's really important for parents and caregivers to note that these impacts of marijuana differ from the impacts on a fully mature adult brain. Delaying substance use of any kind, including marijuana, gives your child the best opportunity to have optimal brain functioning.

How can I recognize use, especially if there is no smoke and telltale smell?

Vaping can be difficult to detect as there is no smoke, minimal odor (although you may catch a whiff) and the vapor produced dissipates rapidly. However, just like smoking, vaping marijuana can result in bloodshot eyes, dry mouth and thirst, increased appetite and shifts in behavior and mood. Sometimes, there is a noticeable change in friends and a decrease in activities that were once enjoyed.

You may also find vaping paraphernalia such as devices that look like flash drives, gel jars that contain dabs, and pods or cartridges that contain THC oil. There's a lot of high-tech-looking equipment that can accompany vaping, so if you're not sure, it might be time to talk to your child about what you found.



What can I do if I suspect my child is at risk for vaping or is already vaping marijuana?

Given the growth of marijuana use and vaping among American youth, it's a good idea to explore your son's or daughter's views on vaping and perceptions of the risks.

- 1. **Have conversations often.** Before any talk, it helps to be able to share facts, but don't assume that an information download to your child will translate into healthy behaviors.
- 2. **Look for good opportunities to have a discussion.** You can do this when passing a vape shop, smelling marijuana on the street, seeing someone vaping on TV or in person or seeing one of the ads for vapes.
- 3. **Try to listen, rather than give a lecture.** Open-ended questions can be a great way to get your child's perspective, i.e. "I understand that some kids are vaping marijuana. What are your thoughts about it?" If you know they are already vaping marijuana, you might ask "What does vaping marijuana or THC oil do for you?" Perhaps it's a way to fit in, handle social anxiety or address boredom. Get to the root of "why."
- 4. **Set clear expectations.** Express your understanding of the risks, but also why a person may want to vape. Share why you don't want him/her vaping, and remember, it's important to avoid scare tactics. Be honest.
- 5. **Teach refusal skills.** It's likely that your teen or young adult will be introduced to vaping marijuana by a friend or older sibling. It helps to rehearse what he/she will say if that happens.
- 6 Have your loved one talk to other trusted adults who can reinforce your message. Sometimes, messages coming from your pediatrician, school counselor, favorite aunt or uncle, etc. can be more impactful.
- 7. **Model healthy behaviors**. If you come home from work and discuss what a tough day it's been while popping open a beer, pouring a glass of wine or smoking a joint, **you are conveying this is how you handle stress**. It's healthier for your child and you if you take a walk with the dog or a bath or go for a run rather than turn to substances as stress busters.

The Millstone Alliance to Prevent Substance Abuse has addressed this issue at a parent program held last spring. The Alliance also sponsored a student presentation at the middle school and maintains many resource materials that can help parents have "the talk" with their children.

FOR MORE INFORMATION AND PARENT RESOURCES

contact the Millstone Alliance at 732-446-4249, ext. 3106 or reach us at millstonealliance@gmail.com.

All Meetings Take Place In The Court Room At The Municipal Building, 215 Millstone Road, Unless Otherwise Stated.

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215 Millstone Road, Unless Oth MONTHLY MEETINGS FOR DEC. 2018 MON

MONTHLY MEETINGS FOR JAN. 2019 DATES ARE TENTATIVE

			DATES ARE TENTATIVE
3	Standardbred Pleasure Horse Organization -	2	Township Committee Reorganization Meeting7:00 p.m.
	Community Center	2	UFRSD Board of Education Reorganization Meeting
3	Recreation Commission		Newell Elementary School Board Room
4	Senior Executive Board Meeting -		Hospital Auxiliary
	Community Center	7	Standardbred Pleasure Horse Organization -
	Municipal Court4:30 p.m.		Community Center
4	VVnW & Veterans Coalition – Community Center7:30 p.m.		Senior Citizens Bingo/Lunch
5	Township Committee Meeting8:00 p.m.		Municipal Court
5	UFRSD Board of Education	8	Garden State Horse & Carriage Society -
	Newell Elementary School Board Room8:00 p.m.	0	Community Center
	Hospital Auxiliary		Shade Tree Commission
10	Environmental Commission		Planning Board
10	Millstone Township Board of Education -		Drug Alliance
	Middle School Library	14	Recreation Commission Reorganization Meeting 470 Stagecoach Road7:30 p.m.
	Fire Commissioners – Fire House8:00 p.m.	11	Environmental Commission
11	Senior Citizens Bingo/Lunch		
11	Garden State Horse & Carriage Society -		Fire Commissioners – Fire House
	Community Center	15	Horsemen's Association of Millstone Township - Community Center
	Planning Board	16	Senior Citizen's Crafts - Community Center 10:00 a.m 2:00 p.m.
12	2 Shade Tree Commission		Township Committee Meeting
13	B Drug Alliance		UFRSD Board of Education
17	7 Office of Emergency Management	10	Newell Elementary School Board Room
17	7 Historic Preservation Commission	17	Veterans Memorial Council – Community Center7:30 p.m.
18	Horsemen's Association of Millstone Township -		Monmouth County FREE Rabies Clinic -
	Community Center		899 Perrineville Rd
	9 Senior Citizen's Crafts - Community Center 10:00 a.m 2:00 p.m.	21	Martin Luther King, Jr. Day All Municipal Buildings are Closed
19	Agricultural Advisory Council - 470 Stage Coach Road6:30 p.m.	21	Office of Emergency Management7:00 p.m.
19	7 Township Committee Meeting	21	Historic Preservation Commission
19	UFRSD Board of Education	23	Agricultural Advisory Council - 470 Stage Coach Road6:30 p.m.
	Newell Elementary School Board Room8:00 p.m.	23	Board of Adjustment
20) Municipal Court		Open Space Farmland Preservation
20	Veterans Memorial Council – Community Center8:00 p.m.		Municipal Court
20	Open Space Farmland Preservation7:30 p.m.		Millstone Township Board of Education –
24	Fire Commissioners – Fire House		Middle School Library
20	5 Board of Adjustment7:30 p.m.	28	Fire Commissioners – Fire House

The Millstone Township Newsletter is published six times a year.

VISIT YOUR WEB SITE! www.millstonenj.gov

TO CONTACT THE TOWNSHIP COMMITTEE

Mayor: Gary Dorfman	732-446-4249 ext. 3200
Deputy Mayor: Nancy Grbelja	
Committeeman: Al Ferro	732-446-4249 ext. 3202
Committeeman: Michael T. Kuczinski	732-446-4249 ext. 3203
Committeeman: Fiore Masci	732-735-1872

2019

HAPPY NEW YEAR



TOWNSHIP OF MILLSTONE

Millstone Township Municipal Building 470 Stage Coach Road, Millstone Twp., NJ 08510 732-446-4249 • 609-208-2438 (Fax)

