



**MONTHLY EVENTS:**

Volume 6, Number 8

VH=Village Hall  
KPL=Kohler Public Library  
TBD=Location to be Determined

Mondays

Painting Group 9am-VH  
Ping Pong 1pm-VH

Tuesdays

Chair Yoga 8:15am-VH

Wednesdays

Kayaking 10am-TBD  
Pickleball 6:30pm-tennis courts

Thursdays

Study Group 9am-VH  
Hiking 9am-TBD  
2<sup>nd</sup> Thursday Book Club 1pm-KPL

Fridays

Lunch 11:30am (cards after)-VH

To register for classes, workshops or activities (unless otherwise noted) – email [cgamb@kohlervillage.org](mailto:cgamb@kohlervillage.org), call 920-459-3873 or stop at Village Hall.

If there are any classes or workshops you are interested in, please contact Jeanine Mullen 920-458-0313.

## MISSION

Klub 55 serves as a focal point for those aged 55 and over in the extended Kohler community, providing opportunities for fun, recreation, learning, and socialization in order to encourage physical, mental, spiritual, and social well-being.

What is the extended Kohler community? In short, it is Kohler and the surrounding areas! Anyone who can make it to Kohler, where most activities take place, is welcome! At this time we do not provide transportation.

### 2023 Memberships

**Klub 55 yearly membership is \$25. This membership entitles you to discounts on Friday lunches, trips, classes, activities and special events. All members who sign up for events are taken before non-members who will then be called on a first come first serve basis. Annual membership is from 1/1/2023-12/31/2023.**

### \*\*\*Become a Klub 55 Friend\*\*\*

Friend members can be ANY AGE (21 & over) and the membership entitles you to enjoy athletic programs such as pickleball, hiking, kayaking, ping pong and other educational events. This does not include lunches, parties or trips. Membership is \$10 annually (1/1-12/31) and may be purchased at Village Hall. Becoming a Friend of Klub 55 helps us support the programs and events we offer.

**A reminder to everyone: it is important to register in advance for all classes, events or trips. Nothing cancels a good class, event or trip quicker than everyone waiting until the last minute to register. If there are not enough registrants by a certain date, the class/event/trip may be cancelled.**

[www.kohlervillage.org/klub-55/](http://www.kohlervillage.org/klub-55/)



Follow Kohler Klub 55 on Facebook



**All Meals Served at 11:30 a.m. at Village Hall**  
**Cost per person: \$6 members, \$7 Klub 55 Friends/non-members**  
**(unless otherwise indicated)**

*Register for lunch by Wednesday - call 920-459-3873 or email [cgamb@kohlervillage.org](mailto:cgamb@kohlervillage.org) or stop at Kohler Village Hall*

August 4 - Cuban Sandwiches (Ham, Shredded Pork, Cuban Salami, Cheese, Havarti Cheese, Pickles) Pressed and Grilled, Soup, Root Chips with Salsa, Cuban Slaw, Ice Cream

August 11 – NO LUNCH

August 18 - Sloppy Joes on Hard Rolls, Soup, Broasted Potatoes, Salad, Dessert

*We will have Senior Care coming in at 10 a.m. to talk about what programs are out there to benefit Seniors. We will also be starting a new program that will meet once a month talking about topics that you are interested in. The name of the program is called Coffee Connections.*

August 25 - Marinated Pork Chops, Salad, Baked Potato, Green Beans, Soup, Fresh Bread, Dessert



### **Card Playing Fridays after lunch**

We will have coffee, and soda is available for purchase. Not playing cards, please feel free to stay for a little coffee and conversation or even a game of dominos.



### **August 10 Picnic at Lost Woods Park • 10:00 a.m.**

**This is a Thursday.** Come to Lost Woods Park, 495 Valley Road, Kohler at 10 a.m. Cost is \$15 for Klub 55 members and \$20 for Klub 55 Friends and nonmembers. If it is too hot or raining, the picnic will be at Village Hall. We will be playing trivia games with prizes. Door prizes too. Scenic Bar will be providing Barbequed Ribs and Chicken, Corn on the Cob, Fruit Salad, Broccoli Slaw, Variety of Fresh Vegetables, Chips and Dips, and Dessert. To sign-up call 920-459-3873 or email [cgamb@kohlervillage.org](mailto:cgamb@kohlervillage.org).



Escape Room August 16, 6 p.m. at Longhouse Sheboygan, 1133 Indiana Avenue. You must sign up in advance to attend, there is a limited group count. To sign-up call 920-459-3873 or email [cgamb@kohlervillage.org](mailto:cgamb@kohlervillage.org).



## Best Bar Food Competition • Meat's Opera House • August 22

**Time change to 3:00 p.m.** We are going to Meat's Opera Haus, 204 S 4th Avenue, St. Nazianz on Tuesday, August 22. After lunch we will be stopping at Lola's Tomcat Lounge in St Nazianz. Lola has been operating the bar since the 60's. A real blast from the past. Vintage Wisconsin bar. Can't miss the Marilyn Monroe room.



Hikers: we will be hiking in St. Nazianz that day. We will hike the old seminary and visit the old church that is being redone near the cemetery where the priests and nuns are buried, quite interesting.



**Bar Food Competition**



## Trip to Ten Chimneys September 6

"Ten Chimneys is more than a Great Museum. Ten Chimneys is an Experience."

Klub 55 will be taking a Discovery Coach to Ten Chimneys on September 6. The coach will leave Village Hall at 8:30 a.m. and will return about 4:30 p.m. The House has elevators for those who do not want to do steps. There are also places to sit and enjoy the gardens. Lunch will be on your own at The Delafield Brew House. Refreshments will be provided on the coach. Cost \$70 Klub 55 members and \$75 for Friends of Klub 55/Non-members. To sign-up call 920-459-3873 or email

[cgamb@kohlervillage.org](mailto:cgamb@kohlervillage.org).

## **FITNESS**



### **Ping Pong • Mondays 1p.m.**

Village Hall - No pre-registration required. *No cost for members/Klub 55 Friends, \$1.00 for non-members*



### **Chair Yoga • Tuesdays 8:15 a.m. • Village Hall**

5-week card \$40 for members and \$45 for non-members/Klub 55 Friends.



### **Kayaking • Wednesdays 10 a.m.**

Grab your kayak and paddle and join us on Wednesdays at 10:00 a.m. Destinations to be announced. No pre-registration required. *No cost for members/Klub 55 Friends, \$1.00 for non-members.*



### **Pickle Ball • Wednesdays, 6:30 p.m. • Tennis Courts**

Beginners Welcome! No pre-registration required. No fee but you must be a Klub 55 member/Klub 55 Friend to participate.



### **Hiking • Thursdays 9 a.m.**

Put on your hiking boots and join us on Thursdays at 9:00 a.m. Destinations to be announced. No pre-registration required. *No cost for members/Klub 55 Friends, \$1.00 for non-members.*



### **Adult Aquatic Exercise Classes at the Kohler Pool**

#### **Water in Motion**

A high energy complete 60-minute workout. Focusing on aerobic routines (raising our heart rates) and isolated muscle work. A variety of equipment will be used to strengthen the whole body. Swimming is not necessary.

M/W/F 8-9am

#### **A.M. Lap Swim**

M/W/F 8-9am

#### **Deep Water Aerobics**

Our instructor leads a powerful and challenging water workout using a variety of equipment.  
M/Th 5-6pm

#### **Saturday Morning**

#### **Water Aerobics**

A high-energy class will encompass the entire pool. Saturdays 10am

**Fees:** Kohler Village Resident \$2/Non-resident \$4 per class. Punch cards available for purchase at the pool. No pre-registration required.

# CLASSES/WORKSHOPS

To register for classes/workshops/activities (unless otherwise noted) – call 920-459-3873 or email [cgamb@kohlervillage.org](mailto:cgamb@kohlervillage.org).



## Painting Club • Mondays 9 a.m. • Village Hall

*No cost for members/Klub 55 Friends, \$3 for non-members, does not include materials.*



## Book Club • Thursday, August 10, 1 p.m. • Kohler Public Library

For more information, contact Erin at the Library, 240 School Street or call 920-459-2923.



## Study Group • Thursdays 9 a.m. • Village Hall

For more information, contact Jeanine Mullen, 920-458-0313.

