Newsletter





MONTHLY EVENTS:

VH=Village Hall
KPL=Kohler Public Library
TBD=Location to be Determined

Mondays
Painting Group 9am-VH
Ping Pong 1pm-VH

Tuesdays Chair Yoga 8:15am-VH

Wednesdays
Kayaking 10am-TBD
Pickleball 6:30pm-tennis courts

Thursdays
Study Group 9am-VH
Hiking 9am-TBD
2nd Thursday Book Club 1pmKPL

Fridays Lunch 11:30am (cards after)-VH

To register for classes, workshops or activities (unless otherwise noted) – email cgamb@kohlervillage.org, call 920-459-3873 or stop at Village Hall.

If there are any classes or workshops you are interested in, please contact Jeanine Mullen 920-458-0313. Volume 6, Number 7

MISSION

Klub 55 serves as a focal point for those aged 55 and over in the extended Kohler community, providing opportunities for fun, recreation, learning, and socialization in order to encourage physical, mental, spiritual, and social well-being.

What is the extended Kohler community? In short, it is Kohler and the surrounding areas! Anyone who can make it to Kohler, where most activities take place, is welcome! At this time we do not provide transportation.

2023 Memberships

Klub 55 yearly membership is \$25. This membership entitles you to discounts on Friday lunches, trips, classes, activities and special events. All members who sign up for events are taken before non-members who will then be called on a first come first serve basis. Annual membership is from 1/1/2023-12/31/2023.

Become a Klub 55 Friend

Friend members can be ANY AGE (21 & over) and the membership entitles you to enjoy athletic programs such as pickleball, hiking, kayaking, ping pong and other educational events. This does not include lunches, parties or trips. Membership is \$10 annually (1/1-12/31) and may be purchased at Village Hall. Becoming a Friend of Klub 55 helps us support the programs and events we offer.

A reminder to everyone: it is important to register in advance for all classes, events or trips. Nothing cancels a good class, event or trip quicker than everyone waiting until the last minute to register. If there are not enough registrants by a certain date, the class/event/trip may be cancelled.

www.kohlervillage.org/klub-55/

facebook.

Follow Kohler Klub 55 on Facebook



All Meals Served at 11:30 a.m. at Village Hall Cost per person: \$6 members, \$7 Klub 55 Friends/non-members (unless otherwise indicated)

Register for lunch by Wednesday - call 920-459-3873 or email cgamb@kohlervillage.org or stop at Kohler Village Hall

- July 7 Pulled Pork, Slaw, Fried Potatoes, Soup and Dessert
- July 14 Cindi Gamb's Prize Winning Rotisserie Chicken and Stuffing Casserole, Salad, Fresh Bread, Soup and Dessert
- July 21 Lasagna, Garlic Bread, Salad, Soup and Dessert
- July 28 Cost \$10 members/\$11 Klub 55 Friends & non-members Brats, Burgers, Chicken, Potato Salad, Beans, Veggies, Chips and Dessert

Card Playing Fridays after lunch

We will have coffee, and soda is available for purchase. Not playing cards, please feel free to stay for a little coffee and conversation or even a game of dominos.

Special Hike • Thursday, July 13 • Point Beach State Park

Thursday July 13, we are hiking at Point Beach State Park, Two Rivers. Bring you swim suit. We will eat lunch at the park. Meet at Village Hall to car pool.



Klub 55 Hikers enjoying the outdoors!

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Best Bar Food Competition • Big Billy's Bar and Grill • July 31

This month we are checking out the bar food at Big Billy's Bar and Grill, 437 E Mill St, Plymouth, on July 31. We will meet there at 11 a.m.



Some of the guys enjoying the great food at Nap's Place last month.

FITNESS



Adult Aquatic Exercise Classes at the Kohler Pool

Water in Motion

A high energy complete 60-minute workout. Focusing on aerobic routines (raising our heart rates) and isolated muscle work. A variety of equipment will be used to strengthen the whole body. Swimming is not necessary. M/W/F 8-9am

A.M. Lap Swim

M/W/F 8-9am

Deep Water Aerobics

Our instructor leads a powerful and challenging water workout using a variety of equipment. M/Th 5-6pm

Saturday Morning Water Aerobics

A high-energy class will encompass the entire pool. Saturdays 10am

Fees: Kohler Village Resident \$2/Non-resident \$4 per class. Punch cards available for purchase at the pool. No pre-registration required.



► Ping Pong • Mondays 1p.m.

Village Hall - No pre-registration required. No cost for members/Klub 55 Friends, \$1.00 for non-members



Chair Yoga • Tuesdays 8:15 a.m. • Village Hall

5-week card \$40 for members and \$45 for non-members/Klub 55 Friends.



Kayaking • Wednesdays 10 a.m.

Grab your kayak and paddle and join us on Wednesdays at 10:00 a.m. Destinations to be announced. No pre-registration required. *No cost for members/Klub 55 Friends, \$1.00 for non-members*.



Beautiful picture one of our kayakers took while out Paddling with Klub 55 Kayakers



Hiking • Thursdays 9 a.m.

Put on your hiking boots and join us on Thursdays at 9:00 a.m. Destinations to be announced. No pre-registration required. *No cost for members/Klub 55 Friends*, \$1.00 for non-members.



Pickle Ball • Wednesdays, 6:30 p.m. • Tennis Courts

Beginners Welcome! No pre-registration required. No fee but you must be a Klub 55 member/Klub 55 Friend to participate.

CLASSES/WORKSHOPS

<u>To register for classes/workshops/activities (unless otherwise noted) – call 920-459-3873 or email cgamb@kohlervillage.org.</u>



Painting Club • Mondays 9 a.m. • Village Hall

No cost for members/Klub 55 Friends, \$3 for non-members, does not include materials.



Book Club • Thursday, July 13, 1 p.m. • Kohler Public Library

For more information, contact Erin at the Library, 240 School Street or call 920-459-2923.



For more information, contact Jeanine Mullen, 920-458-0313.

Upcoming Events/Activities:

Who wants to spend the night in a submarine? Jeanine is planning an overnight. Please let her know if you are interested.

Klub 55 Picnic – Thursday, August 10. More details to come.

Trip to Ten Chimneys September 6

"Ten Chimneys is more than a Great Museum. Ten Chimneys is an Experience." Klub 55 will be taking a Discovery Coach to Ten Chimneys on September 6. The coach will leave Village Hall at 8:30 a.m. and will return about 4:30 p.m. The House has elevators for those who do not want to do steps. There are also places to sit and enjoy the gardens. Lunch will be on your own at The Delafield Brew House. Refreshments will be provided on the coach. Cost \$70 Klub 55 members and \$75 for Friends of Klub 55/Non-members.



Cindy Regan won the "Green Jacket" at the Golf Outing at Blackwolf Run. Congratulations Cindy!