

Patient Protection Notice

Highmark generally allows the designation of a primary care provider. You have the right to designate any primary care provider who participates in our network and who is available to accept you or your family members. You can still use out-of-network providers, but it may cost you more. For information on how to select a primary care provider, and for a list of the participating primary care providers, go to highmark.com/find-a-doctor or call 1-844-639-2441.

For children, you may designate a pediatrician as the primary care provider.

You do not need prior authorization from Highmark or from any other person (including a primary care provider) in order to obtain access to obstetrical or gynecological care from a health care professional in our network who specializes in obstetrics or gynecology. The health care professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals. For a list of participating health care professionals who specialize in obstetrics or gynecology, contact highmark.com/find-a-doctor or call 1-844-639-2441. You may also call for Baby Blue Prints at 1-866-918-5267 for the no cost program that provides you with educational resources and personalized attention from a health coach.