

May 2022

Reedsville, Whitelaw, St. Nazianz and Valders
Dine In and Home Delivered Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
25	26	27	28	29
IMMUNE BOOSTING FOODS OF THE MONTH	BROCCOLI: Did you know broccoli contains more vitamin C than an equal serving of an orange?	ORANGES: Oranges and other citrus fruits also are a good source of vitamin C.	Menu subject to change without notice 	Suggested meal cost donation for 2022 is \$6.00. Actual cost is \$10.00
2	3	4	5	6
Meatloaf Diced Sweet Potatoes Broccoli WW Bread Chocolate Parfait	Philly Style Mac & Cheese Mediterranean Herb Veggies Peaches WW Roll Vanilla Pudding		Baked Chicken Mashed Potatoes & Gravy Carrots WW Bread Orange	
9	10	11	12	13
Baked Spaghetti Mixed Veggies Fruit Salad Oreo Torte	Tator Tot Casserole Broccoli Mandarin Oranges WW Bread Poke Cake		Sloppy Joe on WW Bun German Potato Salad Baked Beans Fresh Fruit	
16	17	18	19	20
Swedish Meatballs Mashed Potatoes California Blend Veggies WW Bread Strawberry Pretzel Bar	Egg, Ham, & Cheese Scramble Diced Sweet Potatoes Tropical Fruit Muffin Yogurt		Split Pea Soup Turkey on Wheat Romaine Salad Devil's Food Cake	
23	24	25	26	27
Hamburger on WW Bun Baked Beans Coleslaw Apple Bar	Cabbage Rolls Whipped Potatoes & Gravy Carrots WW Bread Fruited Jello		Spinach Ravioli Hot Veggie Chef Salad Dinner Roll Chocolate Mousse	
30	31	Notes		
ADRC CLOSED - Memorial Day - no dine in or home delivered meals	Pineapple Glazed Ham Scalloped Potatoes Broccoli Rye Bread Spice Cake			

Senior Nutrition Program –Manitowoc County

Dining Locations, Days and Meal Times

To make a **reservation** or cancel a meal please contact the ADRC of the Lakeshore at 920-683-4180 or 1-877-416-7083 (toll free) **no later than 11am the day before**. We are charged for all meals ordered so please cancel promptly. Suggested donation is \$5.25. Actual cost is \$8.75. Menu is subject to change. No eligible person will be denied a meal because of inability to donate.

Kiel – 920-894-7861

Monday through Friday – 11:30am
Kiel Community Center
510 Third St. Kiel

Manitowoc – 920-683-4384

Monday through Friday – 11:30am
Manitowoc Senior Center
3330 Custer St. Manitowoc
Do not need to be a Senior Center member to join us for this meal

Reedsville

Monday, Tuesday, Thursday– 11am
Reedsville Manor Apts
431 Madison St. Reedsville

Two Rivers – 920-793-5596

Monday through Friday – 11:30am
Two Rivers Senior Center
1520 17th St. Two Rivers
Do not need to be a Senior Center member to join us for this meal

**Closed major holidays.
Menu may be subject to change
without notice.**

Home Delivered Meals

If you are receiving home delivered meals and need to cancel a meal delivery please contact the ADRC of the Lakeshore at 920-683-4180 or 1-877-416-7083 (toll free) **no later than 11am the day before**. When a meal is undeliverable we will try to make contact with you or your emergency contact. If neither answer the police dept. will be contacted to check on you. We are charged for all meals ordered so please cancel promptly. Suggested donation is \$5.25. Actual cost is \$8.75. No eligible person will be denied a meal because of inability to donate. If you want more information about the home delivered meal program please contact the ADRC of the Lakeshore at 920-683-4180 or 1-877-416-7083 (toll free).

Kiel Home Delivered Meals

City of Kiel and rural Kiel area

- Monday through Friday

Manitowoc Home Delivered Meals

City of Manitowoc

- Monday through Friday
- Rural Cleveland – Thursday-hot/frozen meals

Reedsville Home Delivered Meals

Village of Reedsville, Whitelaw, St. Nazianz, Valders and surrounding area

- Monday, Tuesday, Thursday-hot/frozen meals

Two Rivers/Mishicot Home Delivered Meals

City of Two Rivers, Mishicot, Maribel, Kellnersville, Francis Creek and surrounding area

- Monday through Friday