



Casella Donates to Efforts at Father Tom Campsite

by Eileen Quinn

The Cheshire Appalachian Trail Committee is pleased to announce more great news from the Father Tom Campsite located where the Appalachian and Ashwillticook trails cross in Cheshire.

Thanks to the generosity of Casella Waste Systems - Cheshire, MA Hauling Division, there will now be recycling at the campsite! Casella has graciously offered to provide separate containers labeled for trash and recyclable materials, along with picking up the contents each week, all as a donation to the AT Community and Town.

Big props are given by the Cheshire AT Community to Steve Haeder and John Griffin from Casella for their interest in supporting their efforts, and to Justin (pictured at left) who is pleased to be servicing the campsite and all the good that happens there.



Justin of Casella Waste Systems is shown here with the two bins to separate the trash from the recyclables at Father Toms Campsite on the Appalachian Trail in Cheshire.

Community House / Town Office Move Update

By Jennifer Morse

The transition of Town Offices to the Community House (former elementary school) located at 191 Church Street is almost complete. The following departments can be found at the new location:

Board of Assessors, Board of Health, Building Department, Tax Collector, Treasurer, Municipal Clerk, Town Administrator, DPW, and Cemetery.

The TOWN CLERK office will remain at the Town Hall (first floor) at 80 Church Street until renovations are complete.

The Town also has a new phone system to reach any of the departments please call 413-743-1690 you will be prompted to listen, as the extensions have changed. Please take note of those new extensions for future reference.

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Brenda's Thoughts

That was a fast couple of months!

Fall was ushered in by September, but the true fall leaf colors didn't begin to show until the end of September/beginning of October. The rains affected the outcome, but there were still some pretty spectacular displays of color if you were lucky enough to catch a glimpse. The colors have now peaked and the leaves are falling at a pretty rapid rate.... Which brings on a whole new aspect of the leaves; piles of brightly colored leaves to jump into!

The CHP Mobile Health Van had a really good turnout in September with people coming to get their flu shots and again in October to get the latest Covid vaccination.

A reminder, also, that blood pressure readings are available at the Senior Center on Monday, Wednesday, and Friday from 10-11am.

Haircuts will be offered every four weeks from 9-11am. The ladies from Meraki Salon of Adams can take two at a time in their room here at the Center and they work quickly with most patrons only taking 15-20 minutes to complete. Call the center to get on the schedule: 743-1690 extension 107.

In October, we worked in a couple more activities

including Cardmaking with Lorraine where participants were able to each make six beautiful Christmas cards. The group is growing and everyone seemed to have a really good time.

Then we switched gears and made a fun fall gnome door decoration, hosted by Faye. We wanted to do something a little different instead of the usual fall wreath or table decor.

There are a more crafting events scheduled over the next couple of months, plus there is always the possibility of a "pop-up" event.

The Center is continuing with the homemade soup and sandwich lunches twice a month through November and December. Check the calendars and event pages for dates!

See the picture pages for other events that have been held at the Center over the past couple of months. AND be sure to sign up for any future events that might strike your fancy.

COA Board Members

Robert Balawender413.743.3356
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 Mal Gwozdz 413.743.9356
 Liseann Karandisecky413.743.7244
 Barbara Proper413.743.4945
 Peter Traub413.743.3496

Alternate Board Members

Suzanne Boyle413.743.5187
 Val Tyska413.743.3802

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 Director
 Van Transport.....413.446.2559
 Car transport (Adams COA)413.743.8333
 Medical appointments

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Please let our advertisers know that you appreciate their support of the Cheshire Council on Aging whenever you visit their establishments.



Participants were able to make two each of three beautifully designed cards (at left) under the tutelage of Lorraine Faucher and her assistants.

The gnome door hanger was a cute project for crafters, under the guidance of Faye Williamson, Brenda Caufield and Stephanie Bordeau. While putting the project together was a little challenging, everyone put their own spin on their gnome and took home a charming door/wall hanger.



Cheeso - 100 Years and Counting

It was a great celebration of a landmark birth year for Cheeso. Massaconi. The event was held on Wednesday, October 11th. His Birthday was actually on October 9th. Many well wishers were on hand to wish Cheeso a very happy 100th birthday. Food, drink, and surrounded by friends and family; for what more could one ask?



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Sharing Kindness Through the Generations

by Mark Bissaillon

Two weeks ago I got a text from a hiker who had stayed here two years ago. He asked me if he and his girlfriend could stay one night. I said, "Please do; you're more than welcome to."

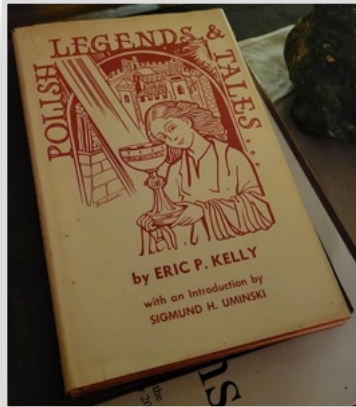
So, he arrived here with his friend. As soon as he walked in the door, I remembered him. A very nice man who was thankful for the kindness I gave to him when he was hiking the trail.

So the next morning, I surprised he and his girlfriend with breakfast served on Mom's Polish pottery. She would be so happy to meet such a nice caring person.

We talked about life and religion. He said he was Jewish. I said my DNA said I was 5% Jewish also. I went on to tell him about the story my Babcia (grandmother in Polish) had told me many years ago that her Mom had told her about what had happened one night back in Poland.

There was a Jewish man being chased through her village of Trzciana, by whom I do not know, but they were going to kill him as the story was told.

He ran into my great grandmother's house and said, "Can you help me?" She took him into the kitchen and quickly dressed him in a woman's clothes, put a babushka on his head and placed my grand-



*Polish Legends & Tales
By Eric P. Kelly*

mother, who was a baby, in his arms and said, "Sit there by the fire and hold my baby close to you and pretend that you are caring for her like all mothers do."

The men that were looking for him stormed the house and said they were looking for a man. They checked for him all over the house. They only saw a woman with a baby in her arms. They left without finding him. "Just two women and a baby in that house," they said

He handed back the baby and said to my great grandmother, "Thank you for your kindness, without your help I surely would be dead. You risked your family for helping me. I am thankful for the



Breakfast was served on Mother Bissaillon's beautiful Polish Dishes

help and ask the Lord for blessings for you and your family to the end of time."

This was the story I was told many years ago.

The young man staying at my home this night smiled and said, "Thanks for the kindness, you are quite a caring man. I am betting that your grandmother is very proud of you. Thank you for all the good deeds that you do."

The Polish Hermit

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New Employees for Town of Cheshire

By Jennifer Morse



Shown here are the latest additions to the Town of Cheshire: Edward Bunn (at right), Primary Water Operator and Bailey Disanti (at left), Facilities Maintenance Technician.

Edward Bunn was hired by the Board of Selectmen to serve as the Primary Water Operator. He comes to Cheshire from the City of North Adams. He is a licensed Water Distribution Level 1 (D1) Operator in Massachusetts, a Certified Backflow Tester & Cross Connection Surveyor and is OSHA Certified. Ed Bunn lives with his family in North Adams.

Bailey DiSanti was hired by the Board of Selectmen to serve as the Facilities Maintenance Technician. He graduated from McCann Technical School electrical program, then spent time in Colorado working with a Water Department, as well as the Sheriff's Department. Bailey works under the direction of the DPW Director, his various skills make him asset to multiple departments in town.

Become a Friend of the Cheshire Council on Aging

The Friends of the Cheshire Council on Aging provide financial and other support serving the needs of the senior population of Cheshire. By become a "Friend" and paying a ten-dollar annual membership fee, you will be supporting the activities of our seniors.

All non-profits are receiving less money from the government so the need to provide financial support from other sources has become critical. The "Friends" support activities that the Town is unable to finance. Here is a partial list of activities the "Friends" have helped financially support this past year:

- A presentations by local authors, speakers and entertainers.
- The annual nonagenarian birthday party.
- The monthly birthday lunches.
- The Cheshire Food Pantry.
- Cultural events such as plays at local theatres and trips to area museums.
- The purchase of ice cream certificates in support of the annual flag ceremony.

As a "Friend," any monetary support provided is most appreciated. For further information, please contact Ed or Pam St. John in one of the following ways:

Mail: 4 Edmunds Street, Unit N101,
Adams, MA 01220

Phone: 413.743.5603

E-mail: estjohn1@roadrunner.com

BE IN THE KNOW!

Sometimes events get added after publication, or for reasons beyond the control of the COA, dates or times get changed. BUT, you can always be in the know by visiting the Cheshire COA Facebook PAGE. While you are there, check out the pages and groups of other local organizations and businesses!

Stewart White House

by Barry Emery

I am trying to find the location of this painting. It was photographed around 1938 by William B. Browne.

The notation on the bottom of the mounting gives additional information. The house was on Stewart White Rd in Cheshire.

It was painted by a member of the Potter family who are related to the Anthony family.

Below is a photo from 1938 of painting done much earlier. It is of the house Stewart White lived in on the road named after him.

I am trying to find the original so I can take a color photo of it. In the lower left corner, the name Potter appears and research revealed she married an Anthony. Please contact me if you have any idea where the painting may be. Thank you, Barry Emery

Editor's Note: Our sincere apologies to Mr. Emery for inadvertently leaving off his by-line on the content he submitted regarding the history of Cheshire School Buildings in the September/October 2023 issue.



Northern Berkshires Beekeepers Hold Final 2023 Meeting

by T.F. Williamson



The Cheshire Northern Berkshires Beekeepers Association (NBBA) held their annual banquet and honey tasting at the Cheshire COA Center, recently.

Photo by Brenda Caulfield

The Cheshire Northern Berkshire Beekeepers Association had two events in October as they make ready for the end of the season and prepare for the start of the new year.

First, the association held their annual banquet and honey tasting where they enjoyed a catered meal, held officer elections, awarded prizes. Everyone tasted and voted on the various honeys presented at the banquet. The winner of the honey tasting was Charlene Gennari.

The next meeting, and last meeting of the year, was held on Wednesday, October 25th at the Cheshire COA Center at 119 School Street.

As part of the evenings events, Kim Skyrms served as Guest Speaker. Skyrms is the chief apiary inspector and

apiary program coordinator for the Massachusetts Department of Agriculture Resources.

Additionally, Election results were announced and end of year preparations were discussed.

NBBA members and non-members enjoyed light refreshments, as well as a raffle that was held at the end of the evening.

The NBBA will not meet for November and December, but meetings will resume in January. The group meets on the 4th Wednesday of each month at the Cheshire COA, 119 School Street.

For more information about the Beekeepers Association come to a meeting or call 413-743-3356.

Shuffleboarders Take Advantage of Good Weather



In the shade of a big tree, shuffleboard games take place at the Cheshire COA Center. The beautiful days are dwindling and the shuffleboard court gets covered by leaves, but as long as there is good weather, the competition among friends and piers will continue.

To find out when the shuffleboard sessions happen, call the center at 743-1690 extension 107.

ST. MARY OF THE ASSUMPTION

Christmas
BAZAAR

159 CHURCH STREET | CHESHIRE

DAY #1
SATURDAY, DECEMBER 2ND
9:00 - 4:00

& **LIVE AUCTION**

DAY #2
SUNDAY, DECEMBER 3RD
DOORS OPEN @ 9:30
AUCTION REGISTRATION @ 10:00
AUCTION BEGINS @ 11:00

ALL MAJOR CREDIT CARDS ACCEPTED!!!!

I Hope to see you there!

TOWN OF CHESHIRE ANNUAL
Festival of Trees
 & TOWN TREE LIGHTING



Sunday, December 3rd

CHESHIRE COMMUNITY HOUSE | 191 CHURCH STREET

4:30 - FESTIVAL OF TREES OPENS TO PUBLIC

5:30 - HAYRIDES TO TOWN CENTER FOR TREE LIGHTING

6:00 - TREE LIGHTING IN TOWN CENTER

6:30 - HAYRIDES RETURN TO COMMUNITY HOUSE FOR CELEBRATION

*Festival of Trees | Cookies & Cocoa | Bonfire | Smores | Santa
 Raffle Basket Auction | Wreath Display & Contest | Caroling*

TREE SPONSORS

LOCAL BUSINESSES MAY SPONSOR A TREE FOR \$40
 RESERVATIONS DUE BY NOVEMBER 13TH
 THEMED TREES NEED TO BE SET UP AND DECORATED BY DECEMBER 2ND

WREATH CONTEST

EVERYONE IS WELCOME TO DECORATE A WREATH FOR THE DISPLAY & CONTEST
 WREATHS W/ SUPPLIES ARE \$25 - RESERVATIONS DUE BY NOVEMBER 13TH
 DECORATING WILL BE HELD ON NOVEMBER 28TH AT THE COMMUNITY HOUSE

Questions & Reservations - Contact Corey McGrath at DPW@cheshire-ma.gov
 or Whitney Flynn at 413-743-1690 ext. 101 adminasst@cheshire-ma.gov

All event proceeds will benefit the new Cheshire Town Ice Skating Rink

SPECIAL EVENTS

NOVEMBER

Wednesday, November 8th

Hilltown Travelers Trip to Country Jamboree
See Community Notes for details

Monday, November 13th

Hilltown Travelers Trip to MGM Casino See Community Notes for details

Wednesday, November 15th & Tuesday, November 28th • 11 am

Homemade Sandwiches and Soup at the Cheshire COA Center. Call ahead if attending.

Thursday, November 16th • 9am-1pm

Elder Services Shine Representative at the Cheshire COA Center. for medicare open enrollment assistance. Call for an appointment. There is no cost

10am-12pm

CHP VAN at the Cheshire COA Center.

Monday, November 20th • 11:30am-12:30pm

Brown Bag at the Cheshire COA Center. **PLEASE NOTE** pickup is on a Monday for November due to the holiday.

Wednesday, November 27th • 12:30pm

Crafting Event at the Cheshire COA Center. Advanced registration recommended. This will be a tabletop decoration made from pinecones into the shape of a Christmas Tree. (Picture on Dec. Calendar)

Thursday, November 30th • 11:00 a.m.

A Tea Towel stamping workshop with Lynda Bianchi will be conducted at the Center. *Space is limited to the first 12 individuals to register with Brenda at the Center.* The workshop is sponsored and paid for by The Friends of the Cheshire Council on Aging.



Samples of tea towels stamped by Lynda Bianchi

DECEMBER

Saturday, December 2nd • 9am-4pm

St. Mary's Annual Christmas Bazaar at 159 Church Street, Cheshire.

Sunday, December 3rd • 9:30am

St. Mary's Annual Live Auction at 159 Church Street, Cheshire. See flyer on page 8 for more details.

Sunday, December 3rd

• starts at 4:30pm

Annual Festival of Trees and Town Tree Lighting Ceremony

begins with Community House doors opening for viewing of Festival of Trees.

5:30 - Hayrides to Town Center for Tree Lighting

6:00 - Tree Lighting in Town Center

6:30 - Hayrides return to Community House for Celebration. See flyer on page 9 for details.



Thursday, December 7th &

Tuesday, December 19th • 11 am

Homemade Sandwiches and Soup at the Cheshire COA Center. Call ahead if attending.

Monday, December 11th • 11:30am-12:30pm

Brown Bag at the Cheshire COA Center. **PLEASE NOTE** pickup is on a Monday for December due to the holiday.

Thursday, December 14th • 10am-12pm

CHP VAN at the Cheshire COA Center.

Thursday, December 21st • 11am

Cookie Swap/Luncheon at the Cheshire COA Center. Call Brenda to signup and for more details. Deadline to signup is December 11th.

COMMUNITY NOTES

Cheshire Library - Story Hour is every Tuesday from 11:00 am to 12:00pm, stories and a craft each week. Library hours: Monday 9:30 to 2:30; Tuesday 12:00 to 7:00 and Wednesday 11:00 to 3:00.

Drop-in Lego STEM/STEAM nights Third Tuesday each month 5:30-7pm. For ages 3 and up

Monthly Raffle for various items each month. Read TWO books and earn a ticket to win fun giveaways.

Monthly "take a guess" candy raffle. Continuing To celebrate our 125th anniversary.

Story Time will continue at 11 am on Tuesdays for preschoolers and home schoolers. no sign up necessary.

Keep an eye out for future 125th Celebrations like an afternoon tea, guest speakers, community holiday events.

Cheshire Ladies' Reading Club meeting since 1879, will begin its fall meeting bi-monthly schedule, alternating between members' homes starting September 7th. As we are a reading club, books are read at the meetings themselves.

If you have an interest in helping to continue a long Cheshire tradition contact club president Pat Gebarowski @ 413-743-2177 for information.

Hilltown Travelers

The following bus tours have been created by the Hilltown Travelers for the months of November and December. If interested in going on a trip please contact the listed COA Planner.

Wednesday, November 8 - Trip to see the Country Jamboree show at the Storowtown Carriage House, West Springfield, MA. Lunch included. Cost \$98. Contact Karen Oak at 413-684-3233 for details.

Monday, November 13 - Trip to MGM Casino in Springfield, MA. Cost \$35. Contact Barbara Proper, 743-8333 for details.

Historical Commission - The Cheshire Historical Commission is again accepting donations of items or documents relating to our town's history. Please call 743-5423 for details.

The Cheshire Community Book Club met on October 12th to consider and recommend books for future meetings. Proposed consensus recommendations are:

Thursday December 14, 2023

Lessons in Chemistry by Bonnie Garmus

Thursday January 11, 2024

Demon Copperhead by Barbara Kingsolver

Thursday February 8, 2024

The Island of Sea Women by Lisa See

Thursday March 14, 2024

The Light We Carry by Michelle Obama

Thursday April 11, 2024

Mad Honey by Jennifer Boylan and Jodi Picoult

The next meeting is December 14 at the Center at 6 PM. If anyone has read the January selection and is interested, read/re-read/review *David Copperfield* by Charles Dickens for comparison. Everyone is invited.

The Cheshire Senior Club meets every Wednesday at 12:30 at the Cheshire Senior Center. The group goes out to a different area restaurant once a month for lunch on either the 3rd or 4th Friday.

Stop by any Wednesday and chat with some friends. If you think you would like to dine out once in a while, but don't like to eat by yourself, this group may be of interest to you. No long-term commitments, come when you like.

For more information drop by one of the meetings or call Gene @ 413-743-2177.

PLEASE NOTE:

The Cheshire Ladies Reading Club and the Cheshire Community Book Club are two separate groups. The Ladies Club read the books at their meetings while the Community Club read the books beforehand and discuss at the meetings.

Cheshire COA Center for Active Living

CHP Mobile Health Van - At Center on Thursday, November 16th and Thursday, December 14th 10-12. Please follow our Facebook page for dates and times as they sometimes change. CHP Mobile Health Unit staff offers blood pressure checks, A1C screenings, cholesterol checks and "sick" visits on top of typical and annual vaccinations. No appointment needed and open to anyone. You may also call Brenda with any questions at the COA office @ 413-743-1690 extension 107



Cheshire COA Van

-The COA Cheshire Center for Active Living van is available Mondays, Tuesdays, and Wednesdays. Please call 24 hours before to schedule a ride. A \$3.00 donation is appreciated. Call: (413) 446-2559.

The Café at 119 School Street, Cheshire

- Hot Lunch for Seniors - The Elder Services lunches will be served Mondays, Tuesdays, and Wednesdays inside at 11:30am with the Grab n Go meals to continue five days a week if there is a need. To reserve your meal, call 413-743-1690 extension 107 at least 24 hours in advance. Suggested Meal Donation of \$3.00 for 60 and over.



Bingo- Every Tuesday at 12:15, \$1 per card

Brown Bag - Free paper bag of food available on Monday, November 20th and Monday, December 11th, between 12:30am and 1:30pm. Contact Brenda to sign up.

Morning Exercise - 9am -10am Mondays, Wednesdays, and Fridays

Chair Yoga - 10am -11am Fridays, Led by Maryann Kuffs

Blood Pressure Readings - 10am -11am Mon., Wed., and Fri.; performed by Mal & Carol

Foot Clinic - The Foot Clinic will be scheduled for Thursday, November 16th • 8:30am - 1pm. Sorry, no walk-ins - appointments only. It is held inside the Center. Call Brenda @ 413-743-1690 ext 107 to schedule an appointment and for protocol. There is a \$35 fee for this clinic.

Quilting - Quilting and all stitchers are welcome on the second and fourth Thursday of the month (unless it falls on a holiday like it does in November), 1pm-3:30pm led by Betty King. (\$5 suggested donation to benefit the Cheshire Pantry.)

Cheshire Senior Club - Members meet every Wednesday after lunch about 12:30 PM at the Senior Center. Drop by and hang out for a meeting, they're fun and you can be yourself. Questions, or for information call Gene @ 743-2177.

The Community Book Club - meets at the COA Senior Center every second Thursday of the month at 6:00 PM. If you enjoy discussing books you've read or just enjoy listening to discussions about books in the current orbit of attention, please join us. Bring a friend.

Senior Haircuts - 9 a.m. - 11 a.m.. Haircuts by Meraki Salon of Adams. Discounted Senior cost is \$20. Call center to book your appointments for Monday, November 27th and Monday, December 18th.

Cheshire Northern Berkshire Beekeepers Association - 6 p.m. at the Cheshire COA Center on the 4th Wednesday of every month except November and December. Meetings will restart in January 2024.

NOVEMBER 2023

October							December						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7	3	4	5	6	7	8	9
8	9	10	11	12	13	14	10	11	12	13	14	15	16
15	16	17	18	19	20	21	17	18	19	20	21	22	23
22	23	24	25	26	27	28	24	25	26	27	28	29	30
29	30	31					31						

Cheshire COA & Community Calendar of Events



Jack O'Lantern is
Guarding the harvest

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2	3	4
			Exercise 9-10 Coffee Hour 10-11 Lunch 11:30 Senior Club 12:30	Grab-n-Go 10-12	Grab-n-Go 10-12 Exercise 9-10 Chair Yoga 10-11	Cheshire Pantry 11-12
5	6	7	8	9	10	11
	Exercise 9-10 Lunch 11:30	Lunch 11:30 Bingo 12:15	Exercise 9-10 Coffee Hour 10-11 Lunch 11:30 Senior Club 12:30	Grab-n-Go 10-12 Quilting 1 pm Community Book Club 6pm	Grab-n-Go 10-12 Exercise 9-10 Chair Yoga 10-11	Veterans Day
12	13	14	15	16	17	18
	Exercise 9-10 Lunch 11:30	Lunch 11:30 Bingo 12:15	Exercise 9-10 Coffee Hour 10-11 Lunch 11:30 Homemade Soup & Sandwich Day 11:30 Senior Club 12:30	Grab-n-Go 10-12 CHP VAN 10-12 Shine Rep 9-11 Foot Clinic 8:30-1	Grab-n-Go 10-12 Exercise 9-10 Chair Yoga 10-11	
19	20	21	22	23	24	25
	Hair Cuts 9-11 Exercise 9-10 Lunch 11:30 Brown Bag 12:30-1:30	Lunch 11:30 Bingo 12:15	Exercise 9-10 Coffee Hour 10-11 Lunch 11:30 Senior Club 12:30	Happy Thanksgiving	Grab-n-Go 10-12 Exercise 9-10 Chair Yoga 10-11	
26	27	28	29	30	31	2
	Exercise 9-10 Lunch 11:30 Haircuts 9-11 Pinecone Craft 12:30p	Lunch 11:30 Homemade Soup & Sandwich Day 11:30 Bingo 12:15	Exercise 9-10 Coffee Hour 10-11 Lunch 11:30 Senior Club 12:30	Grab-n-Go 10-12 Tea Towel Stamping 11am	Grab-n-Go 10-12 Exercise 9-10 Chair Yoga 10-11	Blood pressure readings available @ Senior Center M-W-F 10-11

DECEMBER 2023

Cheshire COA & Community Calendar of Events

November							January						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
5	6	7	8	9	10	11	1	2	3	4	5	6	
12	13	14	15	16	17	18	7	8	9	10	11	12	13
19	20	21	22	23	24	25	14	15	16	17	18	19	20
26	27	28	29	30			21	22	23	24	25	26	27
							28	29	30	31			



The tradition of bringing a tree into the home by devout Christians at Christmas time began in Germany in the 16th Century.

For additional information regarding calendar events, check out the Special Events, Community Notes, and COA Page inside this issue of the Chatter. The little tree shown above is similar to the ones that will be crafted on November 23rd at the Center.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1	2
					Grab-n-Go 10-12 Exercise 9-10 Chair Yoga 10-11	St. Mary's Bazaar Cheshire Pantry 11-12
3	4	5	6	7	8	9
Town Tree Lighting and Festival of Trees	Exercise 9-10 Lunch 11:30	Lunch 11:30 12:15 Bingo	Exercise 9-10 Coffee Hour 10-11 Lunch 11:30 Senior Club 12:30	Grab-n-Go 10-12 Soup & Sandwich Day 11:30 Community Book Club 6pm	Grab-n-Go 10-12 Exercise 9-10 Chair Yoga 10-11	
10	11	12	13	14	15	16
	Exercise 9-10 Lunch 11:30 Brown Bag 12:30-1:30	Lunch 11:30. Bingo 12:15	Exercise 9-10 Coffee Hour 10-11 Lunch 11:30 Senior Club 12:30	Grab-n-Go 10-12 Quilting 1-3:30 CHP VAN 10-12	Grab-n-Go 10-12 Exercise 9-10 Chair Yoga 10-11	
17	18	19	20	21	22	23
	Hair Cuts 9-11 Exercise 9-10 Lunch 11:30	Lunch 11:30 Homemade Soup & Sandwich Day 11:30 Bingo 12:15	Exercise 9-10 Coffee Hour 10-11 Lunch 11:30 Senior Club 12:30	Grab-n-Go 10-12 Cookie Swap/ Luncheon 11am	Grab-n-Go 10-12 Exercise 9-10 Chair Yoga 10-11	
24	25	26	27	28	29	30
Christmas Eve	Merry Christmas	Lunch 11:30 Bingo 12:15	Exercise 9-10 Coffee Hour 10-11 Lunch 11:30 Senior Club 12:30	Grab-n-Go 10-12 Quilting 1-3:30		Blood pressure readings available @ Senior Center M-W-F 10-11
31						
New Years Eve						