

 **AND**

***FOR IMMEDIATE RELEASE***

Through the joint efforts of Lutheran Social Services and Meals on Wheels, if you are 60yrs of age and over you automatically qualify for a fresh, made daily meal delivered directly to your door right here in Motley! You choose your delivery schedule. You can choose to have a hot meal delivered daily by a friendly volunteer, or choose a combination of hot and frozen meals delivered on the days that work best for you.

\*Our focus is on individuals whose diminished mobility makes it hard to shop for food, prepare meals or socialize with others, generally serving adults 60 years of age and over. Meals may be provided on a sliding fee scale, from no cost to full price.

No one will be denied because of an inability to pay, though they may be asked to contribute voluntarily toward the cost of a meal.

**Registration is easy, call 1-800-448-4146.**

Pick-up a brochure at City Hall for more information.